

The Ranger Report Raymond Park Middle School

Raymond Park Middle School 8575 E. Raymond Street Indianapolis, IN 46239 Phone – (317) 532-8900 fax – (317) 532-8999 Principal – Dr. John Kleine



Important Dates to Remember:

- February 26 through March 9th: Part one of ISTEP
- March 5: 7:00 pm Choir concert
- March 6: 7:00 pm Band & Orchestra concert
- March 7: Late Start for Students (one hour delay-8:30 am start)
- March 8– March 15: Scholastic Book Fair 10:00-1:45 during all lunches in the LGI room
- March 14th: Skating Party @ Roller Cave 6:00–8:00 pm
- March 16th—CORE Carnival Celebration (during school hours) & Last Day Before Spring Intersession
- March 17: PTSA March Movie (see flyer for more information)
- March 19: Start of Intersession/Two Week
 Break
- April 2: School Reconvenes
- April 3: Community Dialog for Warren Schools 6:30-7:30 RPMS
- April 6: Yearbook order deadline

Healthy Eating at RPMS

The breakfast and lunch prices are as follows: Breakfast-FREE Lunch-American Classics \$2.30, Grilled and 2 Mato \$2.85, So Deli, On the go & Wild Greens \$3.10 Reduced .40 cents Please visit our web-site for the menu: http://warren.nutrislice.com/menu/raymondpark/lunch/



8th Grade Celebration

While still a few months away, RPMS teachers and administration realize that the 8th grade Celebration is quickly approaching. This year's event will take place on Friday, May18th, from 6:00-8:30 p.m. at Raymond Park Middle School. This event should not be confused with a graduation ceremony or a prom/formal event. Rather, this event is a semi-formal event composed of a dinner, fun awards, and a dance to serve as a celebration to end your student's middle school academic career. Tickets will cost \$20.00 to cover the cost of dinner and DJ. In order to allow adequate time for parent, guardians, and student's to coordinate the attire to be worn to this event, please use the general dress guidelines of wearing clothes that one would wear to church or a nice dinner. More specific guidelines will be provided to students prior to Spring Intersession. If you have specific questions and/or clarifications about the 8th grade Celebration apparel, please contact Assistant Principal Leondra Radford at 317-532-8983. General questions about the 8th grade Celebration should be directed to: 317-532-8900 X8950, Mr. Ross 317-532-8900 X8918 or Mr. Coblentz 317-532-8900 X 8921 or Mrs. Bouie.

Counselor's Corner

March 2018 Mrs. Hankley, 317-532-8900 EXT. 8910 thankley@warren.k12.in.us

This school year continues to move at a fast pace and our Rangers are racing along and keeping stride. Parents there are a few items to keep in mind as this school year kicks into high gear!!!

- Keep in contact with your child's teachers. The power of communication and monitoring of academic progress is essential.
- 2. Have your student pull up their student portal and look together to be sure they have all work completed and turned in.
- 3. Encourage your child to go to bed at an early enough time that they are getting enough sleep.
- 4. Offer rewards to when they do well and consequences for when they are not.

21st Century Scholars Program

Important information for 7th and 8th grade parents: There is a great opportunity for your child to have help in paying for college. Indiana's 21st Century Scholars Program offers income-eligible students up to 4 years of paid tuition at an eligible Indiana college or university upon graduation from high school. In order to take advantage of this great program, an <u>application must be completed by</u> <u>June 30th of your students, 8th grade year</u>. You can apply online at Scholars.IN.gov or complete an application and return it to Mrs. Hankley at RPMS. Please feel free to contact Mrs. Hankley 317-532-8900

X8910 with any questions.

Need Free Homework Help?

Rose-Hulman Institute of Technology's



Homework Hotline is a **free** math and science tutoring service for Indiana students in grades 6-12. Students can call

1-<u>877-ASK-ROSE</u>,

email, or chat live with a friendly tutor to work through and better understand homework assignments. Home work Hotline (1-877-275-7673) Sunday-Thursday nights from 7:00-10:00p.m. EST



Who: All RPMS students are invited to audition! What: RPMS The lion King Jr. play Workshop When: Wednesday March 7th Please contact Mrs. Weingartener at 3 17-532-8900 X8991 for more information. Official auditions will be on Wednesday March I 4th. Rehearsals will begin after spring break Tuesday through friday 3:00-5:00 p.m.



Raymond Park Middle School Home of the Rangers

March 1.2018

Ranger Patrons,

Student achievement is Raymond Park Middle School's academic mission, but student safety and security is a priority. This month's Ranger Report letter from the principal will focus on student safety. Research supports that schools continue to represent a safe location for students. However, one does not have to search exhaustively to find incidences that threaten student safety and security at school. These incidences should not be seen as a reason to panic. Rather, the incidences serve to remind us that safety and security are not to be taken for granted.

Raymond Park Middle School's existing safety practices include the frequent execution of emergency drills that are conducted as recommended by the State. Timely to the season and in recognition of the ever-changing weather patterns of Indiana, Raymond Park conducts two severe weather drills per semester along with monthly fire drills. RPMS also conducts a minimum of one intruder drill each semester.

Full cooperation is demanded of all students during an emergency drill due to the need to respond without confusion or delay during a real emergency. Prior to most drills, students are reminded of both procedures and expectations associated with the emergency situation. Drills are then completed with the expectation that students remain quiet, focused, and not engage in any act that takes the attention of others away from the emergency situation at hand.

Parents are asked to support school safety and security by reinforcing the importance of emergency drills with students. Further parental support can be demonstrated through understanding that part of the learning curve may include the assignment of consequences for disruption that is caused by a student during a drill. While simulation of emergency circumstances will never serve to equal the intensity of a true emergency situation, practicing emergency protocol on a regular basis will give our students the sense of confidence through repetition of safety procedures that the emergency situation may require.

Parking lot safety is also an area where procedures are in place to prevent injury from occurring. Getting 1200+ middle school and intermediate academy students in and out of the building on time is no simple task. Thank you in advance for your understanding that student safety in the parking lot is best insured by following the existing policies and procedures, even when you may be running behind your intended schedule.

The value placed on safety and security of students at Raymond Park may sometimes create minor inconveniences for our parents. Parents are required to check in at the main office when entering Raymond Park. A visitor badge will be issued that assures students and staff that visitors are safe. Adults are also asked for identification when signing a student out for an appointment. Should a pick-up or visit occur during a drill situation, parents are asked to show patience for the school to complete the drill prior to summoning the requested student or escorting the visitor to a classroom.

As principal of Raymond Park Middle School, I consider your student's safety and security a prime responsibility. Please contact me at 317-532-8904 with questions or concerns.

Sincerely

John Kleine Principal

Raymond Park Middle School 8575 East Raymond Street Indianapolis, Indiana 46239-9426 (317) 532-8900 Fax: (317-532-8999 http://raymondpark.warren.k12.in.us/



METROPOLITAN SCHOOL DISTRICT OF WARREN TOWNSHIP

Hello Families,

March 2018

My name is Bill Halpin and I'm the Athletic Director at Raymond Park. I'm writing this letter to you because <u>athletic physicals are going to expire soon</u>. The expiration date of athletic physicals is the end of the 2017-18 school year. For our 8th Graders / Incoming Freshman, any summer training and or summer activities relating to the school sport will require a new physical. This date often proposes a dilemma for families because they often have questions about athletic physicals and their validity.

Sometimes during this time of year, parents will take their student to the doctor for an athletic physical so the child can participate in a spring sport. This physical will make them eligible for participation in the spring sport, however, it will not be valid for the next school year. The date on the physical next must be April 1, 2018 or after in order for it to be valid for the 18-19 school year. See below for some common scenarios that coaches and athletic directors address each Spring Season and upcoming Fall Season.

Sincerely,

Bill Halpin

Scenario #1....

Parent: My student turned in his physical in March so he/she could run track. Why is it not good his/her Fall Sport? The physical was given only four months ago?

Answer: The IHSAA rule is April 1. A physical dated March 31 or before will not be valid for the 2018-19 school year. This is an IHSAA Rule. The physical examination must be performed on or after April 1 by a physician holding an unlimited license to practice medicine, a nurse practitioner or a physician assistant to be valid for the following school year.

Scenario #2...

Parent: My insurance plan only pays for my student athletic physical once per year. My son/daughter didn't want to play any other sport besides a spring sport. This doesn't make sense.

Answer: I understand your frustration, however, you may want to consider thinking of it this way. Once you get the physical again, after April 1, 2018, it will be valid for the Fall Season and the Spring Season for 18-19 school year. The April 1^{er} rule is the IHSAA policy and schools are required to enforce it. One way to cut costs since insurance companies only pay for 1 well-visit physical per year is to get a sports physical on or after April 1. These are not as comprehensive or costly as a well-visit physical, so until you can change to well-visit physicals to on or after April 1, they can get a sports physical at the high school on April 19 for \$20, or any Community Med-check, CVS, Walgreens, etc., for \$45-\$50.

RAYMOND PARK MIDDLE SCHOOL

8575 East Raymond Street Indianapolis, IN 46239-9426 (317) 532-8900, Fax: (317) 532-9999



MSD Warren Township Community Dialogue: You are Invited!

Who: All Community Stakeholders in Warren Township (Parents, Students, Staff, Community Members, Business Owners in Warren Township)

What: Focusing on the Future of Warren Township

- Why: Seeking community feedback and input on the future of Warren Township. There will be a brief presentation and then an opportunity for community dialogue.
- When/Where: Community Dialogue Sessions will be scheduled throughout the district in March and April to provide several opportunities for community feedback and input.

Have a Voice!

Warren Township Community Dialogue Dates / Times

March 5, 2018 6:30 – 7:30 PM @ Creston Intermediate / Middle School 10925 E. Prospect 46239 April 3, 2018 6:30 – 7:30 PM @ Raymond Park Intermediate / Middle School 8575 E. Raymond St. 46239 April 10, 2018 5:30 – 6:30 PM @ Warren Central High School 9500 E. 16th St. 46229

April 24, 2018 6:30 – 7:30 PM

6:30 – 7:30 PM
 @ Stonybrook
 Intermediate /
 Middle School
 11300 Stonybrook Dr.
 46229



MARCH RAYMOND PARK MOVIE

Sponsored by your RPMS PTSA & AMC Washington Square 12

A Wrinkle In Time Saturday, March 17th at 2:30 PM

S7 tickets for everyone!



One student will win the poster displayed in the RP cafeteria at this movie showing.

Watch a newly released movie at AMC Washington Square 12 (10280 Washington Street) in the company of your Raymond Park family and friends! We have reserved a theater just for our group! No tickets will be sold to the public by the movie theater. You must purchase all of your tickets for your family from our RPMS PTSA during lunch the week leading up to the movie.

Ticket Sale Times at Raymond Park:

Monday 12th—11:15 am to 1 pm Tuesday 13th—11:15 am to 1 pm Wednesday 14th—10 am to 2 pm Thursday 15th—11:15 am to 1 pm Friday 16th—10 am to 2 pm

\$6 snack pack offer!

Interested in purchasing an AMC kid's pack for a discount? We have got you covered! Purchase an AMC kid's pack which includes a kid sized popcorn and fountain drink and fruit snack package for just \$6.

Fill out the bottom portion of this flyer and submit it with your CASH or CHECK (made payable to RPMS PTSA) payment to our PTSA during lunch hours Monday, March 12th— Friday, March 16th. We will send home the special RP tickets with your student in a sealed envelope.

Student's Name:	amo
Home Phone Number:	\leq
Number of Tickets: Number of kid's Combo Snack packs:	\bigcirc
Payment due:	
PTSA USE ONLY: amount received: payment type:collected by: date:	

Questions? Please contact your RPMS PTSA at rpmsptsa@gmail.com or on Facebook at Raymond Park Middle School PTSA



February 28, 2018 6- 8:00pm Parent Meeting: Voc Rehab 101 and Medicaid Waivers All are invited 9651 E. 21st Street Indianapolis, IN 46219 Door 1/Media Plex 317-532-6150 *5618

Spend this informal evening discussing:

- Order of selection and pre- Employment services
- · How these changes affect your son or daughter?
- · Applying for the Medicaid Waiver
- · Services available through the Medicaid Waiver
- How these services prepare you for Transition after High School

All are invited-Receive a prize just for coming, extra chance for a door prize when you bring a guest, door prizes and babysitting (Ages 0-99, with and without disabilities)

March 2018

Raymond Park Middle School

Short Stops

Savvy shopper

Show your tween that she can use math to be a smart

consumer and save money. In a store, have her compare sale items. Say two brands of shirts cost the same, but one brand is "buy one, get one half off," and another is 40 percent off. Which is the better deal if she buys two shirts?

How-to for parents

If you have parenting questions, you may get answers at free workshops in your community. Speakers might focus on topics like how to ease your child's transition to high school or help him cope with anxiety. To find out about upcoming events, read emails from the school and look for flyers at the library or recreation center.

Lights, camera, action

Many tweens love to make videos and that can be a great study method. Encourage your middle grader and her friends to record each other reading class notes, demonstrating science experiments, or acting out historical events. They could use props, add music, or think of other creative ways to review the material.

Worth quoting

'If you want children to keep their feet on the ground, put some responsibility on their shoulders." Abigail Van Buren

Just for fun



© 2018 Resources for Educators, a division of CCH incorporated

Planning for standardized tests

When your middle grader takes a standardized test, having a plan will boost his confidence and help him do his best. Here are strategies to use every step of the way.

The week before...

Encourage your child to try his hardest on practice tests. Even if they're not graded, the results can reveal what he needs to brush up on. Suggest that he try to figure out where he went wrong on incorrect

answers and ask his teacher if he's not sure. This may prevent him from making similar mistakes on the actual test.

The day before...

Being well rested and well fed can keep your tween focused and alert. Before bedtime, help him plan a breakfast with protein and whole grains. You might hard-boil eggs while he sets out a cereal box, bowl, and spoon. Then, he'll need a good night's sleep (at least 9–11 hours). *Tip:* Have him pack a healthy

Bonding with your tween

Spending time with your child opens the door to conversation and keeps you involved in her life. Plus, it can be fun! Consider these ideas:

Create a family photo album. While you work, talk about memories the pictures bring to mind. *Tip*: When your middle grader has a rough day, flipping through the album together may encourage her to sr



the album together may encourage her to smile and perhaps talk.

■ Have monthly living room campouts. Put out sleeping bags and popcorn. Then, take turns reading aloud or telling stories by flashlight. *Tip:* Your tween may be more likely to chat in the dark. When you turn out the lights, share something about your day, and she might follow suit. Eⁿ



Working Together for School Success

snack like an apple, whole-grain crackers, and water, if allowed.

The day of...

Your middle grader should think carefully about how to approach different types of questions. If he's given a passage to read, he might skim the questions first so he knows what information to focus on. For multiple-choice math problems, he could solve first, then look to see if his solution is among the choices—if so, it's likely correct.

Middle Years

Be an active reader

Does your middle grader ever turn the page of a book only to realize she's not sure what she's just read? Reading more mindfully can help her understand and remember important information. Try these tips.

Preview. Suggest that your tween scan for "coming attractions" before she reads. Skimming subheads, captions, charts, or diagrams can tell her what to expect. That way, her mind will be better prepared to take in the material.

This day in history

Your tween can learn about the past-and discover that history is being made every day----with these activities.

Research the past

Encourage him to find out what happened on today's date in previous years. He could check

the library or search "on this day in history" online. Then, ask him to share the "old news" with your family at dinnertime. For example, on March 1, he might report that the Peace Corps was established on this day in 1961.

Capture the present

Suggest that your middle grader make a record of the immediate past by starting his own "Today in History" calendar. When he learns about an event (say, a record-breaking blizzard or the release of a new cell phone model), have him jot it down on the correct day. Then, he might add a brief explanation or draw a symbol to represent it.

Ш To provide busy parents with practical ideas that promote school success, parent involvement, and more effective parenting. Resources for Educators, a division of CCH Incorporated 128 N. Royal Avenue • Front Royal, VA 22630 800-394-5052 • rfecusiomer@wolterskluwer.com www.tfeonline.com ISSN 1540-5540

© 2018 Resources for Educators, a division of CCH Incorporated



I had always believed the saying "Leaders are born, not made." So at a recent work seminar, I was surprised to discover that leadership can be learned.

My son Jack had been wanting to start a neighborhood baseball team, and I realized it would be a good way for him to practice leadership skills. I suggested he call the local

league and ask what to do first. They told him that he needed to find players and a coach and then get a local business to pay the league fees (in exchange for putting the company logo on the players' jerseys).

When I explained that a good leader delegates tasks, he asked three neighborhood kids to help him hang flyers and recruit players. Jack has been working hard on this project, and he has enough kids for a team now. Next, he will call a players' meeting to work on finding a coach and a sponsor.

The dangers of internet challenges

I I've been hearing about "internet challenges" where kids dare each other to do dangerous things.

How can I keep my daughter from getting involved in these kinds of risky games?

In today's online world, dares can spread like wildfire. Chil-

dren may be encouraged to post videos of themselves eating hot peppers or being ducttaped to a pole, for example. Other kids see the videos and might be tempted to copy them.

Keep an eye on your daughter's online activities, and make sure to stick to websites' age limits. For instance, you must be 13 to post on YouTube and most other social media sites.

Also, ask your daughter to tell you when she hears about a challenge. Explain that some can cause serious injury or even

death, such as the "choking game" or "blackout game," where participants cut off their own air supply. Be

sure she knows she can come to you if she ever feels pressured to do something that makes her uncomfortable.

Apply. Doing something with the information as she reads can keep your middle grader engaged. She might draw a map showing locations of the scenes in a novel. for instance. Or she could make an outline of a textbook chapter. That will help her remember key details and see how facts are related.

Tip: When your child reads online, suggest that she turn off any notifications and close all windows except for the one she's reading so she won't get distracted. ₽



earning to lead

Marzo de 2018

Trabajando para el éxito escolar

Notas Breves

Compradores avezados Demuéstrele a su hija

que puede usar las matemáticas para consumir con astucia y ahorrar dinero. Dígale que compare los precios rebajados en una tienda. Digamos que dos marcas de camisas cuestan lo mismo, pero una es a "compre una, llévese la segunda a mitad de precio" y la otra tiene un 40 por ciento de rebaja. ¿Cuál es el mejor precio si compra dos camisas?

Manual para padres

Si tienen preguntas sobre la crianza de sus hijos, quizá consigan respuestas en los talleres gratuitos que se ofrecen en su comunidad. Los oradores podrían tratar de temas como la transición de su hijo a la escuela secundaria o cómo ayudarlo a sobrellevar la ansiedad. Para enterarse del calendario de eventos, lean los correos electrónicos de la escuela y busquen hojas informativas en la biblioteca o en el centro recreativo.

Luces, cámara, acción

A muchos preadolescentes les gusta filmar vídeos y eso puede convertirse en un estupendo método de estudio. Anime a su hija y a sus amigas a que se graben leyendo apuntes de clase, haciendo experimentos de ciencias o representando acontecimientos históricos. Podrían usar decorados, añadir música o pensar en otras formas creativas de repasar el material.

Vale la pena citar

"Si quiere que sus hijos tengan los pies en el suelo, póngales algo de responsabilidad en los hombros". Abigail Van Buren

Simplemente cómico



© 2018 Resources for Educators, a division of CCH Incorporated

Planes para los test estandarizados

Cuando su hijo toma un test estandarizado en la escuela media, si tiene un plan previo tendrá más confianza en sí mismo y conseguirá mejores resultados. He aquí algunas estrategias para cada paso del proceso.

La semana previa...

Recomiende a su hijo que se esfuerce al máximo en los test de práctica. Aunque no se los califiquen, los resultados

pueden revelar lo que necesita repasar. Sugiérale que intente averiguar los errores que cometió en las respuestas incorrectas y que pregunte a su maestro si no está seguro. Así quizá consiga evitar errores semejantes en el test de verdad.

El día anterior...

El descanso y la buena alimentación pueden contribuir a que su hijo se concentre y esté alerta. Antes de que se acueste, preparen un desayuno rico en proteína y cereales integrales. Usted podría cocer huevos mientras que él saca la caja de los cereales, un tazón y una cuchara. Luego necesita dormir bien (9–11 horas de sueño por lo menos). Consejo: Dígale que prepare y se lleve un tentempié sano como una manzana, galletitas integrales y agua si se lo permiten.

El día de...

Su hijo debe reflexionar sobre el modo de afrontar los distintos tipos de preguntas. Si le dan un pasaje de lectura, en primer lugar podría echar un vistazo a las preguntas para saber en qué información ha de concentrarse. Podría resolver los problemas matemáticos de elección múltiple primero y luego ver si su solución se halla entre las opciones: en ese caso, lo probable es que sea correcta.

Cómo intimar con los preadolescentes

El tiempo que pasa con su hija abre la puerta a las conversaciones y consigue que usted se implique en su vida. ¡Y puede ser divertido! Tenga en cuenta estas ideas:

Creen un álbum de fotos familiar. Mientras lo hacen, comenten los recuerdos que les traen las fotos. *Consejo*: Cuando su hija pase un mal día, echar un vistazo con usted al álbum podría animarla a sonreír y tal vez a hablar.



Hagan acampadas mensuales en el cuarto de estar. Saquen los sacos de dormir y las palomitas. Luego lean en voz alta por turnos o cuenten historias a la luz de una linterna. Consejo: Es probable que a su hija le apetezca hablar en la oscuridad. Cuando apaguen la luz, comente usted algo de su día y es probable que ella haga lo mismo.



Lectores activos

Al leer, ¿suele su hija pasar las páginas de un libro, pero se da cuenta de que no está segura de lo que ha leído? Leer más conscientemente puede contribuir a que entienda y recuerde la información importante. Ponga a prueba estas ideas.

Vista previa. Sugiérale a su hija que, antes de leer, escanee el texto en busca de "futuras atracciones". Un vistazo a los subtítulos, los pies de foto, las gráficas o los diagramas puede darle una idea de lo que le espera. Así su mente se preparará mejor para entender el material.

Este día en la historia

.....

Investiga el pasado

Anímelo a que averigüe lo que sucedió en la fecha de hoy en años anteriores.

Podría consultarlo en la biblioteca o buscar "este día en la historia" en la red. A continuación, que comparta las "viejas noticias" con su familia durante la cena. Por ejemplo, el 1 de marzo podría informar de que el Peace Corps fue fundado este día en 1961.

Captura el presente

Sugiérale a su hijo que haga un registro del pasado inmediato creando un calendario propio y titulándolo "Hoy en la Historia". Cuando se entere de un acontecimiento (por ejemplo, un temporal de nieve más fuerte de lo normal, el lanzamiento de un nuevo modelo de celular), dígale que lo anote en el día correcto. Luego podría añadir una breve explicación o dibujar un símbolo que lo represente.

NUESTRA FINALIDAD Proporcionar a los padres ideas prácticas que

romusevan ef éxito escolar, la participación de los padres y un mejor entendimiento entre padres e hijos. Resources for Educators, una filial de CCH Incorporated 128 N. Royal Avenue • Front Royal, VA 22630 800-394-5052 • rfecustomer@wolterskluwer.com www.feonline.com ISSN 1540-5559

© 2018 Resources for Educators, a civision of CCH incorporated

a padre presión "Los líderes nacen, no se hacen". Sin em-

Siempre me había creído la expresión "Los líderes nacen, no se hacen". Sin embargo, en un seminario de trabajo reciente, me sorprendió descubrir que el liderazgo puede aprenderse.

Mi hijo Jack quería organizar un equipo de béisbol en nuestro vecindario y se me ocurrió que sería un buen modo de que practicara des-

que sería un buen mouo de que practicara des trezas de liderazgo. Le sugerí que llamara a la liga local y les preguntara qué debía hacer primero. Le dijeron que tenía que encontrar jugadores y un entrenador y luego conseguir que un negocio local pagara las cuotas de la liga (a cambio de poner el logotipo de la compañía en las camisetas de los jugadores).

Cuando le expliqué que un buen líder delega ocupaciones, mi hijo pidió a tres niños del barrio que le ayudaran a colocar volantes y a reclutar jugadores. Jack se ha implicado en este proyecto y ya tiene suficientes niños para un equipo. A continuación convocará una reunión de jugadores para buscar un entrenador y un patrocinador.

Los peligros de los desafíos de internet

He oldo que existen "desaflos de internet" en los que los niños se retan a hacer cosas peligrosas. ¿Cómo puedo evitar que mi hija participe en estos arriesgados juegos?

En el mundo digital de hoy, los retos

se extienden como un fuego en el bosque. Se anima a los niños a que publiquen fotos de ellos comiendo chiles picantes o atados con cinta gris a un poste, por ejemplo. Otros niños ven los vídeos y sienten la tentación de copiarlos. Vigile las actividades en línea de su hija y cerciórese de que respeta los límites de edad de los sitios web. Por ejemplo, hay que tener 13 años para publicar cosas en You-Tube y en la mayoría de las redes sociales.

Así mismo, dígale a su hija que le comunique si se entera de un reto. Explíquele que algunos pueden causar daños serios e incluso la muerte, como el "juego del estrangulamiento" o el "juego del desmayo", en los que los participantes cortan su propia respiración. Cerciórese de que sepa que puede acudir a usted si se siente presionada a hacer algo que la incomoda.



Consejo: Cuando su hija lea en la red, sugiérale que apague las

Aplicar. Hacer algo con la información que lee puede interesar a su hija en la lectura. Podría dibujar un mapa con la situación de las escenas de una novela, por ejemplo. También podría hacer un esquema de un capítulo de un libro de texto. Así recordará detalles clave y verá cómo se relaciona la información.

notificaciones y que cierre todas las ventanas excepto la que está leyendo, a fin de no distraerse.















Girls Rock! Indianapolis is a 501(c)3 not-for-profit that hosts an annual summer day camp for girls (including female-identified and trans youth) ages 9-16 years old, teaching them positive self-esteem and self-expression through music education and mentoring. Campers do not need to have any prior music experience, and instruments will be provided.

During this exciting and immersive week-long course, each camper will learn:

HOW TO PLAY AN INSTRUMENT
 SONGWRITING SKILLS
 MUSICAL COLLABORATION
 CONFIDENCE BUILDING
 EMPOWERMENT
 LEADERSHIP SKILLS

Camp culminates with a Saturday Showcase in which campers will perform their original song with their band on-stage before a live audience with room for plenty of friends and family to attend. They even get their hair and makeup done by professionals!

2018 CAMP DATES AND INFO

Camp takes place at the IUPUI Campus in downtown Indianapolis, Indiana. Monday through Friday, 8:00 am-4:30 or 5:00 pm (depending on age group,) plus the Showcase on Saturday (time TBD.)

Session 1: Monday, July 9 – Saturday, July 14 OR

Session 2: Monday, July 16 – Saturday, July 21

Tuition is \$325.00 for one camper to attend one week.

Financial aid is available for those who qualify.

Please visit **girlsrockindy.org** for full information. Or contact **camp@girlsrockindy.org** with any questions.

Applications are open now until Sunday, March 18, 2018 at **girlsrockindy.org**



