

Important Dates to Remember:

- **May 4:** Honor Roll Breakfast 6:30am-Fieldhouse
- **May 7-11:** Teacher Appreciation Week
- **May 8:** National Teacher Day
- **May 9:** National School Nurse Day
- **May 10:** 8th grade ELA Night 6:00-7:30pm-LGI
- **May 14-18:** Book Fair-Mediaplex
see attached flyer (buy one get one free)
- ***revised* May 14 & 15:** RPMS School Musical “Lion King Jr.” 7:00-8:00pm-Fieldhouse
- **May 17:** Family Science Night 6:00-8:00pm--Fieldhouse
- **May 18:** 8th grade dance 6:00-8:30pm (flyer attached)
- **May 22:** Incoming 6th Grade Parent Meeting 6:00-6:30pm-cafeteria
- **May 22:** Band Concert 7:00-8:00pm-Fieldhouse
- **May 23:** Choir Concert 6:00-7:00pm-LGI
- **May 23:** Orchestra Concert 7:00-8:00pm-Fieldhouse
- **May 23:** Healthy Smiles (see attached flyer)
- **May 28:** Memorial Day-no school
- **June 1:** Rangers to the CORE “Jump” Party at Sky Zone
- **June 1:** 8th grade awards program 12:15pm-Fieldhouse
- **June 1:** 7th grade awards program 1:30pm-Fieldhouse
- **June 4:** Student Activity Day
- **June 4:** Last full day of school 1:30 dismissal



The first week of May is dedicated to Teacher Recognition. RPMS joins our community in wishing our First Class Ranger Staff a happy Teacher Appreciation Week. “Teaching is the profession that teaches all other professions.”

From Assistant Principal Dr. Radford:

End of year-Finish Strong

As we near the end of the school year, parents, please help us to remind students to FINISH STRONG! There are a lot of fun and exciting things ahead of us as we close out the school year, but there is always the mindset of EDUCATION FIRST. Please encourage your student's to conduct themselves in a manner that will allow them to participate in all the activities designed to celebrate the Ranger to the CORE way. Please ensure that as your child leaves the house for school each day that they are well rested, on time, in dress code, and ready to learn and exhibit CORE.

The 8th Grade Dance will be held Friday, May 18th, from 6:00-8:30pm. We look forward to students enjoying this celebration as a mile stone to the end of their middle school career. Please be advised that students must attend school all day on May 18th in order to be eligible to attend the dance.

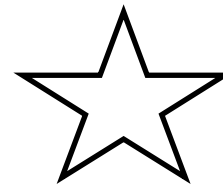
Thank you for entrusting your child's educational well being with RPMS Teachers and staff.

Counselor's Corner

May 2018

Mrs. Hankley, 317-532-8900 EXT. 8910

thankley@warren.k12.in.us



From: Principal
Dr. John Kleine

Free College Tuition – How?
Through the 21st Century Scholars Program. If your 7th or 8th grade student is income eligible, they may receive up to four years of undergraduate college tuition to an Indiana college. The income guidelines and how to apply can be found in the link in this article. You can also complete a paper application and return it to RPMS and we will enter it for you. Should you choose this option please be sure all information on the application is complete. Please don't miss out on this amazing opportunity. Applications are due by June 30th of the students 8th grade year to be eligible. Applications and more information can be found on the Warren webpage or at www.in.gov

I hope students and families have a relaxing and enjoyable summer. I would like to say best wishes to the 8th graders as you enter a new and exciting chapter in your lives. I wish you much success at the high school. To all 7th graders, I look forward to seeing you back next year at the Park as you move into being the leaders and role models as our 8th grade students.

Raymond Park's cooling system is going down, with replacement as a much better option than repair. The good news in this matter is that a new system will be both more proficient and more reliable. The timeline for replacement will begin as early as this week, and RP will be without air conditioning for the rest of this school year. Air handlers will continue to circulate air during this time, and MSD Warren will be providing fans to help further keep the air circulating. When the weather gets warm, there may be some afternoons of 80-degree temperatures ahead. However, tackling this project now will allow the new system to be fully operational when we return to school in July. This should not require a modification in standardized wear as students are already able to wear skirts/shorts of appropriate length and short-sleeved collared shirts.

FINISH STRONG!

From Mrs. Simala, Mr. Ward and Mr. Bragg:



The physical education department at RPMS would like to thank all of their students for a FABULOUS year!!! We will be collecting PE locks on Thursday, May 24th this will also be the last day students need PE/swim clothes. Students that have lost their lock will need to bring their PE teacher a \$5 replacement fee before Wednesday, May 30th.

From: Ms. Bouie and Mr. Coblentz

8th grade Social Studies



William Victory

William created a working Banjo from various materials. This instrument has a long history that spans multiple continents.



Macy Straber

Macy created a model of the White House, the home of United States Presidents while in office.



Shelby Marie Hall

Shelby created a diorama that represents a Native American camp in North America.



Elijah Settles

Elijah Created a model of a cannon that would have been used in wars from The American Revolution and the War of 1812



Jalise Price

Jalise created a model of the White House as it was burning during the War of 1812

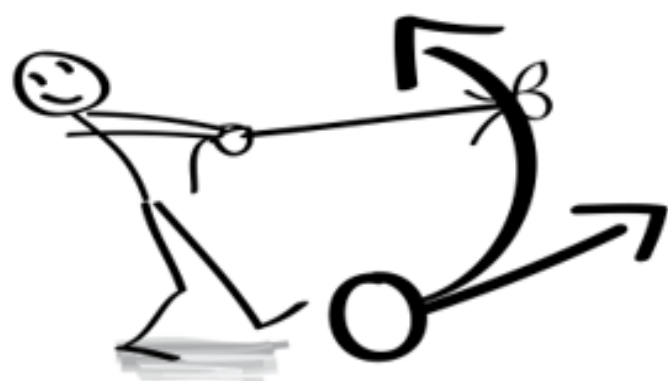


Kenny Merino

Kenny created a replica of a musket used during the Revolutionary War and the War of 1812



TIME FOR CHANGE



8TH GRADE ELA LITERACY NIGHT

RPMS LGI Room- Thursday, May 10; 6:00PM-7:30PM

Teen Change Agents

What motivates people to create social change, and how do they accomplish their goals? Through reading Claudette Colvin's overlooked example of taking a stand against injustice, students have conducted research on other teens in history that have taken a stand for social issues in their own communities and the world. Through independent research, our students have worked to identify a teen change agent and are presenting their findings!

Special Guest: Brandon Warren, We LIVE Inc., Founder & CEO

Eighteen-year-old Brandon Warren is a senior at Warren Central High School and an active member of the National Honor Society, as well as a Student Council Representative. The Warren community suffered a tragic loss in May 2017. Three Warren Central students were shot, and two of which lost their lives. In order to memorialize his peers and bring awareness to teens and violence, Brandon started, WE LIVE Inc. LIVE stands for Linked to Intercept Violence Everywhere. This student organized and operated organization has already gained local, state and national recognition and participation.

A Showcase of EXCELLENCE

Don't miss this
opportunity to meet
Warren Central's
Teen Change Agent

Attendance is
mandatory

(25% of grade)

Light refreshments
will be served

RAYMOND PARK MS

8575 E. Raymond Street
Indianapolis, IN 46239

Parents, Students, Community
Members are all invited

Thursday, May 10, 2018





From: Nurse Lisa Stewart
317-532-8900 X8912
lwalsh@warren.k12.in.us

All Medications must be picked up by a parent/guardian by the end of the school day on Monday June 4, 2018.
Any medications not picked up will be destroyed.
Medications will not be stored for the next school year.
Below are your students immunization requirements
Please contact Nurse Stewart if you have any questions.

INDIANA 2018–19 Required and Recommended School Immunizations



	REQUIRED		RECOMMENDED
3-5 years old	<ul style="list-style-type: none"> • 3 Hepatitis B • 4 DTaP (Diphtheria, Tetanus & Pertussis) • 3 Polio 	<ul style="list-style-type: none"> • 1 Varicella (Chickenpox) • 1 MMR (Measles Mumps & Rubella) 	<ul style="list-style-type: none"> • Annual Influenza
K-4th grade	<ul style="list-style-type: none"> • 3 Hepatitis B • 5 DTaP • 4 Polio 	<ul style="list-style-type: none"> • 2 MMR • 2 Varicella • 2 Hepatitis A 	<ul style="list-style-type: none"> • Annual Influenza
5th grade	<ul style="list-style-type: none"> • 3 Hepatitis B • 5 DTaP • 4 Polio 	<ul style="list-style-type: none"> • 2 MMR • 2 Varicella 	<ul style="list-style-type: none"> • Annual Influenza • 2 Hepatitis A
6th grade	<ul style="list-style-type: none"> • 3 Hepatitis B • 5 DTaP • 4 Polio • 2 MMR 	<ul style="list-style-type: none"> • 2 Varicella • 2 Hepatitis A • 1 MCV4 (Meningococcal) • 1 Tdap (Tetanus, Diphtheria & Pertussis) 	<ul style="list-style-type: none"> • Annual Influenza • 2 HPV (Human Papillomavirus)
7th-11th grade	<ul style="list-style-type: none"> • 3 Hepatitis B • 5 DTaP • 4 Polio • 2 MMR 	<ul style="list-style-type: none"> • 2 Varicella • 1 MCV4 (Meningococcal) • 1 Tdap (Tetanus, Diphtheria & Pertussis) 	<ul style="list-style-type: none"> • Annual Influenza • 2 Hepatitis A • 2/3 HPV
12th grade	<ul style="list-style-type: none"> • 3 Hepatitis B • 5 DTaP • 4 Polio • 2 MMR 	<ul style="list-style-type: none"> • 2 Varicella • 2 Hepatitis A • 2 MCV4 • 1 Tdap 	<ul style="list-style-type: none"> • Annual Influenza • 2 MenB (Meningococcal) • 2/3 HPV

Hep B: The minimum age for the 3rd dose of Hepatitis B is 24 weeks of age.

DTaP: 4 doses of DTaP/DTP/DT are acceptable if 4th dose was administered on or after child's 4th birthday.

Polio: *3 doses of Polio are acceptable for all grade levels if the third dose was given on or after the 4th birthday and at least 6 months after the previous dose with only one type of vaccine used (all OPV or all IPV).

*For students in grades K–8th grade, the final dose must be administered on or after the 4th birthday and be administered at least 6 months after the previous dose.

Varicella: Physician documentation of disease history, including month and year, is proof of immunity for children entering preschool through 10th grade. Parental report of disease history is acceptable for grades 11–12.

Tdap: There is no minimum interval from the last Td dose.

MCV4: Individuals who receive dose 1 after their 16th birthday only need 1 dose of MCV4.

Hep A: The minimum interval between 1st and 2nd dose is 6 calendar months. 2 doses of Hep A is required for grades K–4, 6 and 12.

*For grades 5, and 7–11, 2 doses of Hep A vaccine are recommended.



**INDIANA
IMMUNIZATION
COALITION**

To learn more about vaccines,
visit vaccinateindiana.org

Number under vaccine denotes the number of cumulative doses needed.

These materials were created by the Indiana Immunization Coalition, Inc. and were funded by the Indiana State Department of Health through a grant from the Centers for Disease Control and Prevention (Award No: 5H231P000723).

Come to our

**BUY ONE,
GET ONE FREE***

BOOK FAIR!

Dates / Times / Place

May 14-18

7:30-2:50

Media Plex

It's **BOGO** Time!

 **SCHOLASTIC**

Credit cards accepted at participating schools.



*All free items must be of equal or lesser value than the ones you buy. Titles vary by Book Fair. All items at your Book Fair are available while supplies last!

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Get your 2017/18 Yearbook!

Reserve your copy today!

ATTENTION ALL STUDENTS: There will be a *limited number* of yearbook copies to sell when they arrive in May and you can reserve your very own copy today!

FIRST COME, FIRST SERVE!

Just complete this form and return it to the RPMS main office with \$20 (cash or check payment made payable to Lifetouch). Quantities are limited so don't delay get your order in today!

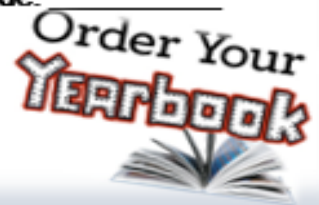
Don't miss out on the last opportunity to get your own *yearbook!

Student Name: _____ Grade: _____

Payment: \$20 (cash or check made payable to Lifetouch)

Contact number: _____

**No add-ons will be available*



OPEN HOUSE

WALKER CAREER CENTER CONSTRUCTION TRADES PROGRAM

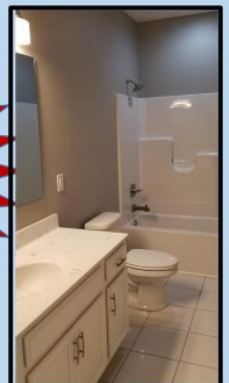
What: Come see the home built by our students!

When: Wednesday, May 9, 2018

Time: 3-5pm

Where: 9835 Warren Place

**VISITORS CAN
ENTER A
RAFFLE TO
WIN PRIZES!!**




Healthy Smiles of Indiana

317-894-8370 • 1-800-317-2434



PLEASE COMPLETE ALL INFORMATION IN INK

1 PATIENT INFORMATION

Child's Name _____ ☐ M ☐ F
Date of Birth _____
Parent Name _____
PARENT SIGNATURE  _____
Address _____
CITY _____ STATE _____ ZIP _____
Phone # _____
HOME _____ CELL _____
Parent Email _____
Employer _____
Work Phone _____
Last time child saw dentist? _____

2 HEALTH HISTORY

	YES	NO
Heart Problems	_____	_____
Heart Murmur	_____	_____
Rheumatic Fever	_____	_____
Diabetes	_____	_____
Hepatitis	_____	_____
Lung Disease	_____	_____
HIV/AIDS	_____	_____
Organ Transplant	_____	_____
Artificial Joint	_____	_____

Please list any medications child is taking _____

Please list any allergies _____

3 DENTAL INSURANCE / MEDICAID INFORMATION

Policy Holder's Name and Date of Birth _____

Insurance Company _____

Phone # _____

Address _____

Policy # _____

Medicaid Number _____

* Most insurance companies require the social security number of the employee to file a claim. We will call for this information. See reverse side for privacy policy.

* Signature above will give Healthy Smiles of Indiana permission to provide preventive services and file with Medicaid or your insurance.

_____ No insurance or Medicaid, but will pay \$50.00 for Exam, X-Rays, Cleaning and Fluoride.

**** Please return \$50 check with registration form.****

**** Make check payable to Healthy Smiles of Indiana.****

_____ No insurance or Medicaid and cannot pay for dental treatment (exam, x-rays, cleaning and fluoride).

Please list any service you would NOT like your child to receive: _____

Name of Your Child's School _____ Grade _____ Teacher's Name _____

DENTAL HEALTH RECORD – FILLED OUT BY HEALTHY SMILES DENTIST

Tx: Exam _____ X-rays _____ Prophyl _____ F12 _____

Sealants # _____

Restoration # _____

Soft Tissue

Healthy _____

Lt. Plaque/Gingivitis _____

Heavy Plaque/Tartar _____

Hard Tissue

Healthy _____

Decay _____

Fracture _____

Abscess _____

Ortho _____

Notes: _____

Existing

Needs

Dear Parent/ Guardian (s):

RPMS teachers and administration have begun the planning for the 8th Grade Dance. This year's event will take place on Friday, May 18, 2018 from 6:00 pm to 8:30 pm at Raymond Park Middle School. The dance is a semi-formal event composed of a dinner, fun awards, and a dance to serve as a celebration to end your student's middle school academic career. The theme this year is "A Ticket To Paris."

Attendance at the event is a privilege, and students must maintain a grade of C or better during the 4th Term in Citizenship and attend school for the full day on May 18th in order to attend the dance. An explanation of Citizenship grades and how they are figured is outlined on page 14-15 of the Student Handbook. Specific eligibility information will be shared with students prior to tickets being sold and any student whose Citizenship grade falls below a C after purchasing a ticket **WILL NOT** receive a refund due to the need to finalize the numbers for food, a DJ, and all the things that will make this a memorable event.

Tickets are \$20 per student and will be sold during lunch April 10-14.

This permission slip with your signature must be turned in at the time of purchase. Please read this form entirely prior to signing.

I, _____,

Parent/Guardian

give my student _____,

permission to attend the 8th Grade Dance. My signature indicates that I understand my student's Citizenship grade must be in good standing for the 4th Term and should it drop below a C I will not receive a refund. Additionally, my student must attend the full day of school on May 18th.

Additional Information:

Prior to Spring Break your student should have brought home a form with dress guidelines for the dance. Please use the general dress guidelines of wearing clothes that one would wear to church or a nice dinner. Please find more specific guidelines provided below:

Attire	Acceptable	Unacceptable
Color/pattern/material	All colors/semi-formal patterns/most materials	Denim, leather, and denim/leather look alikes, tape, chains
Boys shirts/tops	Collars, ties, sweaters (with collar) suit jackets	t-shirts, collarless shirts
Pants/bottoms/skirts	Dress pants, suit pants, belts (mandatory), skirts	Shorts, Sagging, Skirts must extend past fingertips
Girls shirts/tops	Dress with straps, blouse, suit jacket, sweater	Strapless
Shoes	Dress shoes	Athletic shoes, flip flops
Accessories	See Standardized Wear "Accessories" in Student Handbook	See Standardized Wear "Accessories" in Student Handbook

**** Please address questions and clarifications about the 8th Grade Dance dress guidelines to Assistant Principal, Dr. Radford at 532-8983.**



Educating Our Young People and Keeping Them Safe... Our #1 Priority

MSD of Warren Township Board of Education Members

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President
jfrench@warren.k12.in.us

Terri Amos
Vice President
tamos4@warren.k12.in.us

Lynn Matchett
Secretary
lmatchet@warren.k12.in.us

Randy George
rgeorge@warren.k12.in.us

Anthony R. Mendez
tmendez@warren.k12.in.us

Gloria Williams
gwilliam2@warren.k12.in.us

Michelle R. Wright
mwright@warren.k12.in.us



We are 100% committed to making sure that our young people receive a quality education and that they are safe while attending our schools. That is why the Metropolitan School District of Warren Township is moving ahead with \$140M of capital improvements that will be done without raising taxes. Thanks to frugal business practices, negotiations with our contractors and innovative financial management, our improvements will include:

DISTRICT-WIDE SAFETY & SECURITY UPGRADES

- Improvements to secure our facilities
- Ensuring that all vehicular access and circulation is designed with safety as the #1 priority
- Updates to video surveillance at all buildings

FACILITY UPDATES

- Drainage and infrastructure improvements
- Improvements in building circulation
- Updates to our classrooms and performing arts areas
- Improved learning environments

K-12 STEM IMPROVEMENTS

- Modern classroom designs
- New and improved furniture in our classrooms
- Improvements in sound management for each building

WALKER CAREER CENTER

- Updates to prepare our students for the 21st Century
- Expanded and flexible instructional spaces
- Renovations throughout the Center

ELEMENTARY EQUALIZATION

- Drainage and infrastructure improvements
- Expanded Multipurpose areas
- Renovations throughout to prepare for the challenges of tomorrow

"Doing more with less.... making the right investments for the future...being open with you and all taxpayers. Those will remain our goals as we move forward. Many of you have told us that property values are directly tied to the quality of schools. We want you to know that we are your partners and your neighbors as we work together for a better Warren Township."

Dena Cushenberry

Superintendent Dena Cushenberry



METROPOLITAN SCHOOL DISTRICT OF
WARREN TOWNSHIP
RACE TO THE TOP DISTRICT

975 North Post Road • Indianapolis, IN 46219
Phone: (317) 869-4300 • Fax: (317) 869-4399
www.warren.k12.in.us



Warren Township Schools ... The Right Investment ... For Our Future

With almost 13,000 students, teachers, staff, parents and most importantly, you the taxpayers of the Metropolitan School District of Warren Township, we have made our school district one of the best in Indiana. Programs like the Walker Career Center are helping prepare this and future generations for the jobs of the future...jobs that will require employees to be ready to work on day one. Our graduation rate continues to improve as we prepare students for the challenges of college and post high-school life. And, with the State's largest ROTC unit we are producing graduates who are proud to serve in our military.

Making sure that we continue these, and other programs is why our locally-elected School Board approved a referendum for the May 8th Primary Election.

The proposed Operating Referendum will generate \$5M per year for eight (8) years, and will be used to :

- Increase programming for safety and security.
 - Example: Enhancements to visitor management processes
- Expand student programming during and after school.
 - Example: Increased after school experiences for students to be engaged
- Direct resources to Science, Technology, Engineering and Math courses.
 - Example: Providing all K-12 students with access to hands on STEM experiences
- Retain our outstanding teachers and staff.
 - Example: Providing competitive salaries and benefits
- Make major improvements and upgrades to technology.
 - Example: Maintaining equal access to technology for students and staff
- Expand college and career readiness services to our students.
 - Example: Expanding and enhancing our current K-12 counseling program
- Provide safe transportation of our students for afterschool programs.
 - Example: Providing activity buses for extracurricular activities
- Establish a Virtual Learning Academy.
 - Example: Creating online learning opportunities for students to compliment our traditional courses
- Continue student enrichment opportunities for all grades.
 - Example: Maintaining our positive student experiences like Robotics, Fine Arts, and Athletics

We have been transparent and open in all our actions. That's why we wanted to make sure that the choice is yours on May 8th. Please know that we have done more with less---time and time again.

To learn more about how your investment in our community's future impacts your property taxes, please go to www.warren.k12.in.us/referendum-2018 to view our Tax Calculator. If you would rather talk with someone from the District, please call Mr. David Holt at (317) 869-4300.

Thank you for making Warren Township your home. Please remember that the school referendum will be on the May 8, 2018 ballot.

Dena Cushenberry

Superintendent Dena Cushenberry



METROPOLITAN SCHOOL DISTRICT OF
WARREN TOWNSHIP
RACE TO THE TOP DISTRICT

975 North Post Road • Indianapolis, IN 46219
Phone: (317) 869-4300 • Fax: (317) 869-4399
www.warren.k12.in.us



METROPOLITAN SCHOOL DISTRICT OF WARREN TOWNSHIP

Hello Families,

March 2018

My name is Bill Halpin and I'm the Athletic Director at Raymond Park. I'm writing this letter to you because **athletic physicals are going to expire soon**. The expiration date of athletic physicals is the end of the 2017-18 school year. For our 8th Graders / Incoming Freshman, any summer training and or summer activities relating to the school sport will require a new physical. This date often proposes a dilemma for families because they often have questions about athletic physicals and their validity.

Sometimes during this time of year, parents will take their student to the doctor for an athletic physical so the child can participate in a spring sport. This physical will make them eligible for participation in the spring sport, however, it will not be valid for the next school year. **The date on the physical next must be April 1, 2018 or after in order for it to be valid for the 18-19 school year.** See below for some common scenarios that coaches and athletic directors address each Spring Season and upcoming Fall Season.

Sincerely,

Bill Halpin

Scenario #1....

Parent: My student turned in his physical in March so he/she could run track. Why is it not good his/her Fall Sport? The physical was given only four months ago?

Answer: The IHSAA rule is April 1. A physical dated March 31 or before will not be valid for the 2018-19 school year. This is an IHSAA Rule. The physical examination must be performed on or after April 1 by a physician holding an unlimited license to practice medicine, a nurse practitioner or a physician assistant to be valid for the following school year.

Scenario #2...

Parent: My insurance plan only pays for my student athletic physical once per year. My son/daughter didn't want to play any other sport besides a spring sport. This doesn't make sense.

Answer: I understand your frustration, however, you may want to consider thinking of it this way. Once you get the physical again, after April 1, 2018, it will be valid for the Fall Season and the Spring Season for 18-19 school year. The April 1st rule is the IHSAA policy and schools are required to enforce it. One way to cut costs since insurance companies only pay for 1 well-visit physical per year is to get a sports physical on or after April 1. These are not as comprehensive or costly as a well-visit physical, so until you can change to well-visit physicals to on or after April 1, they can get a sports physical at the high school on April 19 for \$20, or any Community Med-check, CVS, Walgreens, etc., for \$45-\$50.

RAYMOND PARK MIDDLE SCHOOL

8575 East Raymond Street
Indianapolis, IN 46239-9426
(317) 532-8900, Fax: (317) 532-9999

Middle Years

Working Together for School Success



Short Stops

Imaginary language

Using a pretend language can sharpen your tween's listening and critical thinking skills. Have her make up nonsense words for actions (like *blergle* for *point* and *troni* for *sit*). Then, you do the same. Take turns using your languages—and motions—to communicate. Can you figure out what each other's words mean?

Attending concerts

If your middle grader asks to go to a concert, consider his request carefully. Ticket prices may be high, and the atmosphere might not be kid-friendly. Check into the act online or talk to other parents. If you allow him to go, avoid school nights, and have an adult attend, too.

DID YOU KNOW? Your child's body clock shifts during puberty, making her naturally want to stay up later. Yet she needs 9–11 hours of sleep daily to support her memory, regulate hormones, and guard against stress. Discourage late-day naps, and avoid caffeine. Also, doing a quiet activity before bed, such as drawing, can signal to her body that it's time to sleep.

Worth quoting

"I declare after all there is no enjoyment like reading! How much sooner one tires of anything than of a book!"
Jane Austen

Just for fun

Q: Why aren't zebras good dancers?

A: Because they have two left feet.



Social summer learning

Summer alert! Did you know that students can lose up to two months of skills during the break from school? Keep that from happening to your child with these suggestions for learning the tween way—with friends.



Reading exchange

Let your middle grader create a shared document online where he and classmates list books they have read and share recommendations. They could summarize the books, rate them from 1 to 5 stars, and explain their opinions. They might even read together at a park or at each other's homes.

Baseball math

Play ball—with a math twist. During weekly get-togethers, friends can pitch to each other (three pitches per turn) and tally swings, hits, and misses. Have them calculate stats. What percentage of the

time did players hit the ball (total hits + swings x 100)? Who had the best "batting average" (hits + at-bats)? Let them graph their progress over the summer.

Map making

Encourage your child to turn a trip to the park into a geography expedition. Suggest that he and his friends each make a map, using a compass to label it north, south, east, and west. They could add landmarks like a basketball hoop, a slide, or a trail. Then, they take turns secretly choosing a landmark and using their maps to guide others to it. ("Walk north to the pond, then turn east.")

1-2-3 Kindness

Being a kind person helps children form strong relationships and enjoy a greater sense of belonging at school and at home. Try these steps to encourage kindness.

1. Develop ideas. Together, brainstorm ways to show kindness. Examples: Ask an older relative to tell a story from his past. Send an inspirational quote to someone who's struggling.

2. Track actions. Divide a sheet of paper into boxes, and write an idea in each square. Now look for opportunities to perform these acts of kindness. For each one completed, "x" it out.

3. Repeat. When the sheet is filled, make a new one. There are always more ways to be kind—and discovering them will help your youngster make kindness a regular part of her life.



Home safe

You may not always be home while your child is out of school. Consider these ideas for handling summer supervision.

Stay alone? Decide whether your tween is ready to be home alone. Think about how responsible and resourceful she is—and whether she would be comfortable by herself. You'll want to get her input, too. *Note:* Check your state's age guidelines for leaving kids alone.



Buddy up. Talk to other parents about swapping supervision times, whether that means checking in on kids home alone or watching ones who aren't ready yet. Another idea is to look for another tween who would also be home alone and let them spend time together at one of your houses.

Set clear rules. Be firm about expectations. For instance, you might not allow your child to open the door, answer the phone unless she recognizes the name or number, or leave home without your approval. Explain that she shouldn't let callers know she's alone, and give her written instructions on who to contact and where to go in an emergency. 🙌

If an elephant brushed its teeth...

This science activity creates foam that looks like toothpaste the size an elephant would need! It also demonstrates an exothermic reaction, or a chemical reaction that releases energy. Share these directions with your middle schooler.

Mix

Place an empty 20-oz. plastic water bottle in the sink. Pour in $\frac{1}{2}$ cup hydrogen peroxide and $\frac{1}{4}$ cup dishwashing soap. (Tip: For colorful "toothpaste," he can add food coloring.) Gently swish the mixture around, being careful not to create too many bubbles.



Combine

In a separate cup, mix $\frac{1}{4}$ cup warm water with 1 packet (about 2 $\frac{1}{2}$ tsp.) dry yeast. Stir until the yeast dissolves. Pour the solution into the bottle. What happens?

React!

The yeast acts as a catalyst, causing the hydrogen peroxide to break down faster than normal. Oxygen is released and combines with the dish soap, resulting in overflowing foam. 🙌



Parent to Parent

A positive outlook

My employer recently brought in a motivational speaker who said a positive attitude could help us perform better. As I was listening, it dawned on me that trying her tips with my son might help him, too.

I shared what I learned with Ben—when your attitude is "up," your brain is more creative and productive. We tried two exercises the speaker had suggested: First, we stared into each other's eyes. Then, I broke into a big smile while Ben had to try to keep a neutral expression. It's almost impossible! We both ended up laughing. Next, we each wrote about a positive experience from the last 24 hours. Reliving it brought back the good feelings.

Now, we're going to try another activity—choosing three things we're grateful for each day. I'm hoping it will help to keep both of our outlooks bright. 🙌



Q&A

On track toward a goal

Q My daughter has set goals in the past and then forgotten about them in a few weeks. How can she stay focused and see them through?

A When your daughter sets goals, it's important to make them specific and measurable so she'll be able to tell if she has reached them. Giving herself deadlines for each one will help her keep moving toward them, too.

For instance, instead of saying, "I want to get in shape," she could say, "I want

to be able to run 5 miles by September." Then, she needs to name specific steps to take each week, such as, "First week: Alternate walking 1 minute and running 1 minute for 1 mile."

At the end of each week, suggest she look over the steps to see how she did. If she didn't follow through, encourage her to make revisions if needed, recommit to her goal, and keep going. 🙌



OUR PURPOSE

To provide busy parents with practical ideas that promote school success, parent involvement, and more effective parenting.
Resources for Educators,
a division of CCH Incorporated
128 N. Royal Avenue • Front Royal, VA 22630
800-394-5052 • rfecustomer@wolterskluwer.com
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Mayo de 2018

Middle Years

Trabajando para el éxito escolar



Notas Breves

Idioma imaginario

Usar un idioma inventado puede conseguir que su hija escuche con más atención y agilizar su pensamiento crítico. Dígale que se invente palabras sin sentido para las acciones (como *bleggle* para *punto* y *truni* para *sentarse*). Haga usted lo mismo. Usen por turnos su idioma—y gestos—para comunicarse. ¿Pueden adivinar lo que significan las palabras de la otra persona?

Asistir a conciertos

Si su hijo le pide permiso para ir a un concierto, considere con cuidado su petición. Los precios de los boletos pueden ser caros y el ambiente quizá no sea apto para niños. Infórmese sobre el espectáculo en la red o hable con otros padres. Si le da permiso, eviten las noches con escuela al día siguiente y procuren que un adulto vaya también.

¿SABÍA USTED? El cuerpo de su hija cambia durante la pubertad y uno de los efectos es que quiera por naturaleza acostarse más tarde. Pero sigue necesitando de 9 a 11 horas de sueño diario para apoyar la memoria, regular las hormonas y protegerse del estrés. Convénzala de que no duerma siestas al final del día y de que evite la cafeína. Así mismo, realizar una actividad tranquila antes de acostarse, como dibujar, puede indicarle a su cuerpo que es hora de dormir.

Vale la pena citar

"¡Declaro que no hay placer mayor que el de la lectura! ¡Uno se cansa de cualquier cosa mucho antes que de un libro!" Jane Austen

Simplemente cómico

P: ¿Por qué no bailan bien las cebras?

R: Porque tienen dos pies izquierdos.



Aprender y sociabilizar en verano

¡Atención este verano! ¿Sabía usted que los niños pueden perder hasta dos meses de destrezas durante las vacaciones escolares? Evite que esto le suceda a su hijo con estas sugerencias para aprender al modo de los preadolescentes: con sus amigos.



Intercambio de lectura

Sugiera a su hijo que cree en la red un documento compartido en el que él y sus compañeros de clase hagan una lista con los libros que han leído e intercambien recomendaciones. Podrían resumir los libros, calificarlos de 1 a 5 estrellas y explicar sus opiniones. Podrían también leerlos juntos en un parque o en sus casas.

Matemáticas de béisbol

Jueguen a la pelota con una variación matemática. Durante los encuentros semanales los amigos pueden lanzarse la pelota (tres lanzamientos por turno) y anotar cuántas veces hacen swing, los batazos y las fallas. Díganles que calculen las estadísticas. Por término medio, ¿cuántas veces golpearon los jugadores la pelota (total de

bateos + swings x 100)? ¿Quién tiene el mejor "promedio de bateo" (batazos + turnos al bate)? Díganles que hagan una gráfica con sus progresos a lo largo del verano.

Hacer mapas

Anime a su hijo a que convierta un viaje al parque en una expedición geográfica. Sugiera que cada uno de sus amigos y él hagan un mapa, usando una brújula para colocar el norte, el sur, el este y el oeste. Podrían añadir puntos de referencia como una canasta de baloncesto, un tobogán o un sendero. Luego pueden elegir en secreto y por turnos un punto de referencia y con sus mapas guiar a sus compañeros hasta ese lugar. ("Camina en dirección norte hacia el estanque, luego gira al este".) 🙌

1-2-3 Bondad

Ser bondadosos ayuda a los niños a formar relaciones sólidas y a sentirse más centrados en la escuela y en casa. Estimulen la bondad dando estos pasos.

- 1. Desarrollen ideas.** Piensen en modos de mostrar bondad. Ejemplos: Pedir a un familiar mayor que cuente una anécdota de su pasado. Enviar una cita edificante a alguien con problemas.
- 2. Lleven la cuenta de sus actos.** Dividan un folio en recuadros y escriban una idea en cada recuadro. Luego busquen ocasiones para hacer estos actos bondadosos. Marquen con "x" los que hagan.
- 3. Repitan.** Cuando hayan llenado todo el folio, hagan uno nuevo. Siempre hay formas de ser bondadoso y descubrirlas ayudará a que la bondad sea una constante en la vida de su hija. 🙌



Seguros en casa

Es posible que usted no esté siempre en casa cuando su hija no esté en la escuela. Tenga en cuenta estas ideas para gestionar durante el verano la vigilancia de su hija.

¿Se queda sola? Decida cuándo está lista su hija para estar sola en casa. Piense en lo responsable y capaz que es y en si se sentiría cómoda quedándose sola. Pídale también opinión a su hija. *Nota:* Consulte la normativa de su estado para dejar a los niños solos en casa.



Busquen compañeros.

Hable con otros padres sobre la posibilidad de turnarse en la vigilancia de sus respectivos hijos, tanto echando un vistazo a los niños que están solos o cuidando a los que no están todavía listos para ello. Otra idea es buscar a otra preadolescente

que pueda estar ya sola para que sus dos hijas puedan pasar tiempo juntas en una de sus casas.

Dé normas claras. Sea firme en cuanto a sus expectativas. Por ejemplo, podría no permitirle a su hija abrir la puerta, contestar el teléfono excepto si reconoce el nombre o el número o salir de casa sin su permiso. Explíquele que no debería decirle a quien llame que está sola y dele instrucciones por escrito con contactos y dónde ir en caso de emergencia. 🙌

Si un elefante se lavara los dientes...

Esta actividad de ciencias crea espuma ¡que parece pasta de dientes del tamaño que usaría un elefante! También demuestra una reacción *exotérmica*, o una reacción química que despidе energía. Comparta estas instrucciones con su hijo.

Mezcla

Coloquen una botella vacía de plástico de 20 onzas en el lavabo. Pongan en ella $\frac{1}{2}$ taza de agua oxigenada y $\frac{1}{4}$ de taza de detergente para platos. (Consejo: Si quieren "pasta de dientes" de colores, su hijo puede añadir colorante alimentario.) Agiten con cuidado la mezcla, procurando que no se hagan demasiadas burbujas.



Combina

En una taza mezclen $\frac{1}{2}$ de taza de agua templada con 1 paquete (aproximadamente $2\frac{1}{2}$ cucharaditas) de levadura en polvo. Disuelvan la levadura. Viertan esta solución en la botella. ¿Qué sucede?

¡Reacciona!

La levadura actúa como *catalista*, haciendo que el agua oxigenada se desintegre más rápidamente de lo normal. Emite oxígeno que al combinarse con el detergente produce espuma que termina por salirse de la botella. 🙌

NUESTRA FINALIDAD

Proporcionar a los padres ideas prácticas que promuevan el éxito escolar, la participación de los padres y un mejor entendimiento entre padres e hijos.

Resources for Educators,
una filial de CCH Incorporated
128 N. Royal Avenue • Front Royal, VA 22630
800-394-5052 • rfeustomer@woliceskluwer.com
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De padre a padre

Una actitud positiva

En mi trabajo trajeron hace poco a una conferenciante que nos dijo que una actitud positiva podría ayudarnos a rendir más en nuestro trabajo. Mientras escuchaba se me ocurrió que sus consejos podrían también ayudar a mi hijo.

Compartí lo que aprendí con Ben: cuando tu actitud es positiva tu cerebro es más creativo y productivo. Hicimos dos ejercicios que nos había sugerido la conferenciante: En primer lugar, nos miramos a los ojos. Luego yo sonreí con una sonrisa enorme mientras que Ben intentaba mantener una expresión neutra. ¡Es prácticamente imposible! Los dos terminamos a carcajadas. A continuación, cada uno describimos una experiencia positiva de las últimas 24 horas. Revivirla nos devolvió las buenas sensaciones.

Ahora vamos a hacer otra actividad: elegir tres cosas que agradecemos cada día. Espero que esto nos ayude a los dos a mantener el optimismo. 🙌



PAR Hacia una meta

P En el pasado mi hija se ha puesto metas que se le olvidan en unas pocas semanas. ¿Cómo puede mantener su enfoque y alcanzar sus objetivos?

R Cuando su hija se pone metas, es importante que sean específicas y medibles para que sepa si las ha alcanzado. Ponerse fechas tope para cada una también podría contribuir a que se esfuerce por lograrlas.

Por ejemplo, en lugar de decir "Quiero ponerme en forma", podría decir "Para septiembre quiero ser capaz de

correr 5 millas". A continuación tiene que especificar los pasos que dará cada semana como "Primera semana: En una caminata de 1 milla, alternar el paso normal durante 1 minuto y la carrera durante 1 minuto".

Al final de cada semana, sugírela que repase sus pasos para ver qué tal lo hizo. Si no fue constante, anímela a que haga las revisiones necesarias, a que vuelva a comprometerse con su meta y a que siga adelante. 🙌



MSD of Warren Township School Calendar 2018-2019



July 2018						
M	T	W	T	F	S	S
2	3	4	5	6		
9	10	11	12	13		
16	17	18	19	20		
23	24	25	26	27		
30	31					

July 2018
4 - July 4 Observed (No school for Students and Staff)
24 - New Staff Report
25 - New Staff Report
26 - Certified Staff
27 - Opening Day Activities @ WPAC for Staff
30 - First Day for All Students (Full Day)

January 2019
7 - School Reopens
21 - Martin Luther King Day
(No School for Students and Staff)

January 2019						
M	T	W	T	F	S	S
		1	2	3	4	
7	8	9	10	11		
14	15	16	17	18		
21	22	23	24	25		
28	29	30	31			

August 2018						
M	T	W	T	F	S	S
6	7	8	9	10		
13	14	15	16	17		
20	21	22	23	24		
27	28	29	30	31		

August 2018
8 - Late Start for Students

February 2019
6 - Late Start for Students
18 - Presidents' Day
(No School for Students and Staff)

February 2019						
M	T	W	T	F	S	S
4	5	6	7	8		
11	12	13	14	15		
18	19	20	21	22		
25	26	27	28			

Grading Periods - PreK-8	
July 30 - Sept. 26	42.0
Sept. 27 - Dec. 21	47.0
Jan. 7 - March 8	43.0
March 11 - May 30	48.0
TOTAL	180.0

September 2018						
M	T	W	T	F	S	S
3	4	5	6	7		
10	11	12	13	14		
17	18	19	20	21		
24	25	26	27	28		

September 2018
3 - Labor Day
(No School for Students and Staff)
12 - Late Start for Students

March 2019
6 - Late Start for Students
18 - Start of Intersession/Two-Week Break
18 - 7th Designated Make-Up Day
19 - 8th Designated Make-Up Day

March 2019						
M	T	W	T	F	S	S
4	5	6	7	8		
11	12	13	14	15		
18	19	20	21	22		
25	26	27	28	29		

Grading Periods - 9-12	
July 30 - Sept. 28	44.0
Oct. 1 - Dec. 20	45.0
Jan. 7 - March 15	48.0
April 1 - May 30	43.0
TOTAL	180.0

October 2018						
M	T	W	T	F	S	S
1	2	3	4	5		
8	9	10	11	12		
15	16	17	18	19		
22	23	24	25	26		
29	30	31				

October 2018
2 - PreK-8 Parent Teacher Conferences
(No School for PreK-8 Students)
(High School Students Attend)
8 - Start of Intersession/Two Week Break
22 - School Reopens

April 2019
13 - School Reopens
10 - Late Start for Students

April 2019						
M	T	W	T	F	S	S
1	2	3	4	5		
8	9	10	11	12		
15	16	17	18	19		
22	23	24	25	26		
29	30					

November 2018						
M	T	W	T	F	S	S
5	6	7	8	9		
12	13	14	15	16		
19	20	21	22	23		
26	27	28	29	30		

November 2018
6 - Professional Development for Teachers
(No School for All Students)
21/22/23 - Thanksgiving Holiday
(No School for Students and Staff)

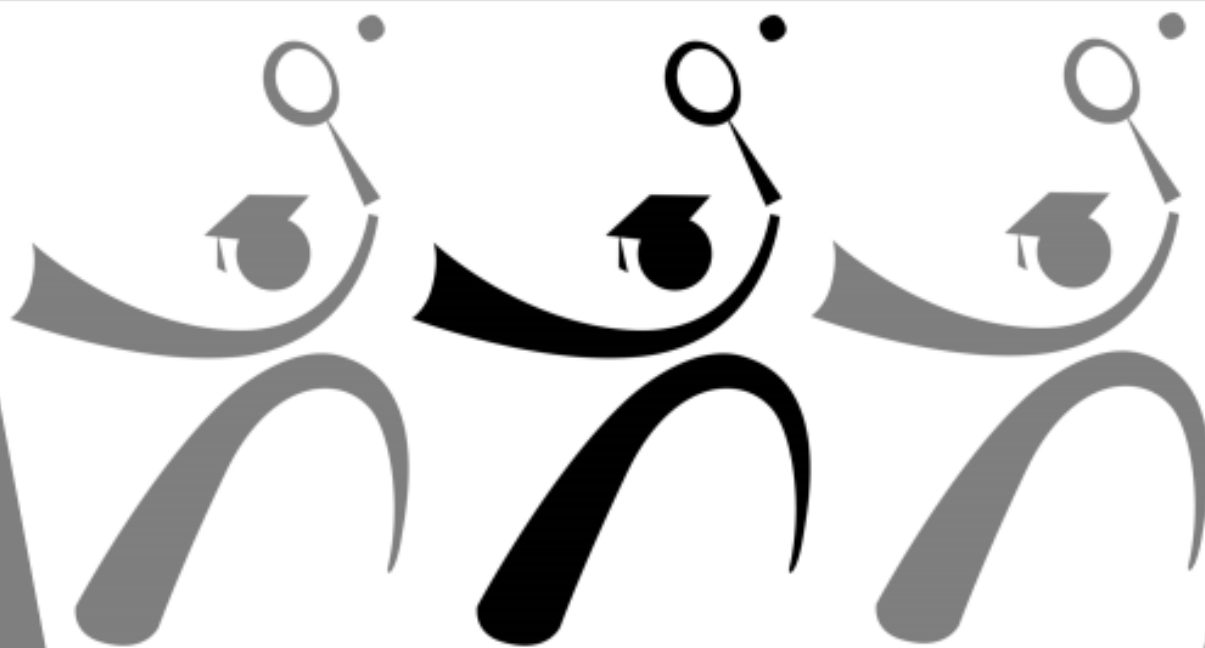
May 2019
27 - Memorial Day Holiday
(No School for Students and Staff)
29 - Early dismissal for WCHS/WCC
30 - Last Day for All Students & PreK-8 Teachers
Last Day will be early dismissal for all students.
Grades 5-12 Dismissal 1:30 p.m.
Grades K-4 Dismissal 2:30 p.m.
31 - Last Day for WCHS/WCC Teachers
.5 Record Day for WCHS/WCC Teachers
31 - 1st Designated Make-Up Day

May 2019						
M	T	W	T	F	S	S
6	7	8	9	10		
13	14	15	16	17		
20	21	22	23	24		
27	28	29	30	31		

December 2018						
M	T	W	T	F	S	S
3	4	5	6	7		
10	11	12	13	14		
17	18	19	20	21		
24	25	26	27	28		
31						

December 2018
12 - Late Start for Students
19 - Early dismissal for WCHS/WCC
20 - WCHS/WCC Students: Last Day Before Winter Recess.
Early dismissal for WCHS/WCC Students. End of First Semester
21 - .5 Record Day for WCHS/WCC Teachers
21 - K-8 Students: Last Day Before Winter Recess; Full Day for PreK-8 Students. End of First Semester
December 24 - January 4 - Winter Break

June 2019						
M	T	W	T	F	S	S
3	4	5	6	7		
10	11	12	13	14		
17	18	19	20	21		
24	25	26	27	28		



Summer Tennis

Who

Youth ages
5-18

When

June 11
through
July 21, 2018

Where

14 locations
around
Indianapolis

Cost

\$75 for the
entire summer
for beginners!

New

More evening
classes!

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Creston MS
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Ben Davis HS
Riverside Park
Tarkington Park
Beech Grove HS
Ellenberger Park
Broad Ripple Park
Perry Meridian MS
Decatur Central HS

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Student Must Register and attend the MECEC

Students must be present at the MECEC to receive the Scholarships

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