



VEIN REMOVAL POST TREATMENT INSTRUCTIONS

- Cold compresses may be applied to reduce redness and swelling immediately post treatment
- It is common to experience redness and swelling in the treatment area which may convert to “cat scratch” scabbing for 8-12 weeks post treatment
- The treatment area should be gently washed twice daily with tepid water and mild soap
- Wear support hose 20-30 PSI continuously for 3-5 days post treatment. You may purchase these at any medical supply store or pharmacy

- Do not exercise for 3 days post treatment
- Do not use alcohol, Aspirin, Advil, or any blood thinners for 5 days post treatment
- Do not take hot showers/baths or use hot tubs/saunas for 5 days post treatment

- Avoid direct sun exposure at least one-month post treatment. Wear at least SPF 30 for at least one-month on all treated areas that may be exposed to the sun

- Leg vein resolution usually takes 8-12 weeks. At the end of this process, some vessels may be gone while others may be lighter or not affected. You may need multiple treatments to achieve your desired results

**If you have any questions or concerns give us a call
(704) 868-6100**