



LASER HAIR REMOVAL/REDUCTION POST TREATMENT INSTRUCTIONS

- Immediately after treatment there may be mild redness and swelling at the treatment site.
- Apply ice or gel packs to the area for the first few hours after treatment to reduce discomfort or swelling. Do not directly apply ice to the area, use packs only.
- There are no restrictions on bathing post treatment. It is recommended to treat the area gently, as if it was sunburned
- Treatment site redness may last up to 2-3 days.
- Make up can be used immediately following treatment, unless there are blisters present
- Avoid sun exposure until the skin has returned to its baseline – no redness or swelling

- Avoid picking or scratching the treated skin
- Do not use other hair removal treatment products or services (waxing, electrolysis, tweezing, etc.) that will disturb the hair follicles in the treatment area

- Start gently scrubbing/exfoliating the treated area on the 4th day post treatment
- Shredding of surface hair may occur anywhere from 5-10 days post treatment. This appears as new hair growth, but it is not. This process is the hair shaft that was below the skin being expelled. It may take 7-10 days for the shafts to be fully expelled

If you have any questions or concerns give us a call
(704) 868-6100