



NEUROTOXIN POST TREATMENT INSTRUCTIONS

- Avoid touching the treatment area for at least 4 hours post procedure. Touching the area may result in neurotoxin migration into unexpected areas.
- Avoid lying down, resting hand in face, or leaning face against pillow/chair for at least 4 hours post procedure. This may also result in neurotoxin migration into unexpected areas.
- Gentle facial exercise of the treatment area is recommended. For example, raise the forehead, furrow the brow, and open/close the eyes.

Note: These measures should reduce the risk of ptosis (eyelid drooping)

- Cold compresses may be used immediately after the procedure to reduce swelling and bruising. Remember to use light pressure to avoid neurotoxin migration.
- Bruising may occur 1 to 2 days post treatment at the injection sites. If you take blood thinners or anti-inflammatories regularly, you may experience increased bruising. Bruising should improve in 7-10 days.
- Slight redness and swelling can be expected post treatment near the injection sites. This should improve in about 7 days. Cold compresses as discussed above may help this improve sooner.
- In the event of any serious complications – difficulty breathing, swallowing, etc. – please seek emergency medical attention at the nearest facility or dial 911.
- It generally takes 10-14 days for neurotoxin to reach peak effectiveness. A touch up may be needed at this point if results are not satisfactory. A follow up appointment should have been made before you left your treatment today. It is important to keep your follow up appointment to assess the need for touch up. If you do not keep your follow up appointment, we will assume you are satisfied with the results.
- Neurotoxin effects may last 3-6 months with the average being 3-4 months. Some clients have found with more treatments the effects are longer lasting.

**If you have any questions or concerns give us a call
(704) 868-6100**