



HAIR RESTORATION WITH PRP POST TREATMENT INSTRUCTIONS

- Redness is typical at the injection sites. Severity will depend on how aggressive the treatment was performed and how your skin reacts.
- Do NOT apply sunscreen to the scalp the same day as treatment, unless it is paraben free. Undesirable chemicals in most sunscreens can penetrate the skin increasing irritation and possible breakouts.
- Avoid exercise and alcohol consumption for at least 6 hours following the procedure.
- After 24 hours you may gently wash your hair with a mild shampoo and conditioner. There may be some dried blood that you can remove at this time.
- You may develop a post treatment headache. This should be temporary and can be managed with over-the-counter headache relievers if needed.

- Cold compresses may be used immediately after the procedure to reduce swelling and bruising.
- You may notice increased bruising 1 to 2 days post treatment. If you take blood thinners or anti-inflammatories regularly, you may experience increased bruising. Bruising should improve in 7-10 days.
- Avoid sun exposure and extreme heat/cold until any redness or swelling is resolved.
- Avoid using topical treatments for hair restoration (Minoxidil, Rogaine™, etc.) for 1-2 weeks post treatment.

- New hair growth is expected in 3-6 months post procedure. The recommended regimen is 3 treatments in series, spaced 4-6 weeks apart for maximum results.

**If you have any questions or concerns give us a call
(704) 868-6100**