

Breakfast Sandwiches

Served until 11am

All Paninis are Whole Wheat Bread

Organic Egg \$.50 extra

Egg Whites Available for extra Charge

Egg & Cheddar Cheese Panini: Reg. \$3.89 Lg. \$5.99

Sausage, Egg & Cheddar Cheese Panini: Reg. \$4.09 Lg. \$5.99

Ham, Egg & Cheddar Cheese Panini: Reg. \$4.29 Lg. \$6.19

Bacon, Egg & Cheese Panini: Reg. \$4.09 Lg. \$5.99

Regular Breakfast Sandwiches also Available on a Croissant (\$1 extra) or Gluten Free Bread (\$1.50 extra)

Sweet Apple Panini

Egg Topped with Bacon, Grilled Sweet Apples, Fresh Mozzarella Cheese & Spinach, Pressed to Perfection! **\$4.29**

Criss Cross Breakfast Sandwich on Toasted 8 Grain Bread:

- *Eggs, Avocado, Onions, Tomato, Provolone Cheese & Chipotle Sauce \$5.99*
- *Eggs, Portabella, Cheva Cheese, Fresh Basil & Chipotle Sauce \$5.99*
- *Eggs, Fresh Mozzarella, Spinach, Tomato and Chipotle Sauce \$5.99*

Breakfast Fantasy Wrap

Eggs, chopped onions, tomatoes, and Provolone cheese in a Tomato Basil Wrap (Choice of Sausage, Bacon, Ham or Turkey). **\$6.29**



Spinach Parisian Panini

A Savory Potato Cake (made with fresh eggs, Yukon gold potato, olive oil & natural spices), Topped with spinach, tomato, chipotle sauce & Provolone cheese, Pressed to Perfection! **\$5.99**

Bacon Parisian Panini

A Savory Potato Cake (made with fresh eggs, Yukon gold potato, olive oil & natural spices), Topped with Smoked Applewood Bacon, chipotle sauce & Cheddar cheese, Pressed to Perfection! **\$5.99**

All Paninis are Available on Gluten Free bread for and extra charge

B.L.T

Grilled on White Bread with Mayo **\$6.19**

Smoked Fresh Scottish Salmon on Toasted Bagel

Salmon with caper cream cheese, lettuce, tomato & onion **\$6.99**

Quiche Slices \$5.49

(Served w/ a side of coconut bread)

HAM & SWISS QUICHE SLICE

OR

GARDEN VEGETABLE QUICHE SLICE

Spinach, mushrooms, tomatoes & Asiago cheese

Ice Blended Espresso Drinks

Small \$3.89 Medium \$4.49 Large \$4.89

16 Flavors Available!

Fruit Smoothies

Strawberry Banana, Strawberry, Wildberry, Mango, Peach, APB

Small \$3.69 Medium \$4.29 Large \$4.69

Ice Drinks

Iced Tea Soft Drinks

Small \$1.79 Large \$2.09

Ice Brewed Coffee

Small \$1.79 Large \$2.09

Add Flavor..... \$0.50 per pump

Wine by the Glass:

Riesling, Chateau Ste Michelle, Washington \$6

Chardonnay, Oyster Bay, Marlborough, New Zealand \$7

Merlot, Chateau Ste Michelle Indian Wells, Columbia Valley, Washington \$7

Pinot Noir, Mark West, California \$7

Bottled Beer:

Bud or Bud Light \$3.99

Corona or Corona Light \$4.99

Fl Ave. Pale Ale \$4.99 Beach Blonde \$4.99

Espresso Coffees (Served Hot or Over Ice)

Espresso Single \$1.69 Double \$2.29

Latte Regular Cappuccino Chai Tea Latte

Small \$2.99 Medium \$3.59 Large: \$4.09

Mocha Latte ~ Vanilla Latte ~ Caramel Latte

White Chocolate Latte

Small \$3.29 Medium \$4.09 Large \$4.49

Americano

Small \$2.19 Medium \$3.09 Large \$3.59

Brewed Coffee & Teas

Frida's House blend Frida's Dark Roast

Decaf Hot Teas

Small \$1.69 Medium \$2.09 Large \$2.29

Hot Chocolate

Made with fresh milk & chocolate syrup

Small \$2.39 Medium \$2.59 Large: \$2.89

Bottled Milk \$1.58 Bottled Orange Juice or

Apple Juice \$1.99 Bottled Water \$1.69

Prices and menu items subject to change without notice*

Check us out and tell your friends about us!

www.fridascafe.com