

2018 SPRING **AFTER SCHOOL ENRICHMENT**

REGISTRATION DATES:

Tuesday, April 3rd thru Sunday, April 8th

NO LATE REGISTRATIONS.

TO ENROLL:

Enroll at www.stluke.org (see details below).

SPRING SESSION DATES:

April 23rd thru May 31st

Please see below for class descriptions, days classes are offered and prices. The class price is listed for those who have paid their PTO DUES for this school year. For families who have not paid their PTO DUES, please add \$5 to the cost of the class or visit www.stluke.org to pay your dues.

You will receive a confirmation email after registration is closed detailing the room assignment and class.

Financial Aid is available for all Arts and Enrichment After School Classes. If you have many questions or would like to apply for assistance, please contact Sue Reynolds in the Parish Office at 259-4373 ext. 217.

Please contact Emi Osterhaus at eosterhaus1980@gmail.com
or 317.727.6765 with any questions.

Please note that these classes are not for babysitting. If your child is continuously disruptive, the instructor has the right to remove your child from the class and no reimbursement will be given.

REGISTRATION INSTRUCTIONS:

- Go to www.stluke.org and click on OUR SCHOOL at the top of the page.
- Select the PARENT RESOURCES tab and then Select PTO After School Enrichment from the drop down menu
- Select the After School Enrichment box.
- Scroll down to read class descriptions and click on the class for which you want to enroll.

NOTE: This will bring you to the login page for your St. Luke account. If you do NOT already have a St. Luke account for your family, please create an account (directions below).

To create a St. Luke's account:

- On the login page, click on "Create an Account" on the right side of the page.
- Follow outlined steps, adding each child in the family to the account, even if they are not participating in ASE at this time.

You should receive a confirmation email after you have set up your family account.

IT MAY TAKE UP TO 24 HOURS FOR YOUR ST. LUKE ACCOUNT TO BECOME ACTIVE. PLEASE FACTOR THAT TIME IN WHEN REGISTERING FOR CLASSES.

Please contact Sue Reynolds in the Parish Office with any difficulties with your online account at 259-4373 ext. 217.

MONDAY CLASSES

Chess (Lunch-time/Recess class)

Do your kids like chess or do you think they would? Chess is a great tool to teach decision making mathematics and logic. Taught by the Indiana famous Learning Through Games Group that is known for their child friendly style! Come learn techniques that helped previous students become the 2011 and 2012 Indiana Primary Chess Champions. This class is for all skill levels and ages and is taught in a kid friendly way. This class will be during your child's recess and lunch time on Mondays.

Instructor: Aaron Dean - Head Teacher @ Learning Thru Games
Grade Levels: All (class will be broken down into groups, if needed)
Time: 10:30 – 12:50pm
of Sessions/Dates: 5 Mondays:
April 23, 30
May 7, 14, 21
Cost: \$59

LEGO BRICK City Engineers

Let's build a CITY! There are many different types of engineering jobs, and building is one of the most fun! What would a city be without the architects and engineers who come up with the ideas, plans and building skills to make it all come together? Students will put their engineering and architecture skills to work as they build city themed models using LEGO® Bricks. Working with a partner, students experience the hands-on fun of model building, from concept to completion. Our classes follow the Bricks 4 Kidz® motto: We Learn, We Build, We Play with... LEGO® Bricks.

Grade Level: K – 5th
Time: 3:15 – 4:15
of Sessions/Dates: 5 Mondays:
April 23, 30
May 7, 14, 21
Cost: \$65
Min:10/Max: 20

HIP HOP- The Sho'time Dance Company

All levels of hip hop offer dancers of all ages the opportunity to discover what the hip hop dance craze is all about. Class members learn the very latest hip hop/street style moves to today's hottest dance music. If you've seen it on TV, you'll learn it in this class. No prior dance experience needed. Levels are grade based and music is age appropriate.

The Sho'time Dance Company Philosophy: At Sho'time we believe that to be a dancer all you need is a passion for dance. We work with each child to discover their strengths through our dance instruction. At Sho'time we are more than just a team-we are a family. Through our dance program we teach respect for others, encouragement, perseverance and dedication. At Sho'time, no prior dance experience is required no matter what your age. We will help you develop your dance skills and provide you the opportunity to learn about all the dance disciplines and then perform what you have learned. Our main objective at Sho'time is FUN!

Shoshanah Riley (Sho) has been performing since the age of three. A Carmel native, Sho has studied at various dance and gymnastics schools over the years including competitive dance programs with Barb & Company and at Carmel Dance Center as an Indiana Dance Ambassador. Sho has served as head instructor and co-director of Indiana Cheer Camps (ICC) and has coached competitive dance and cheer for schools/teams throughout Indiana. Sho'time Dance Company has been established since 2004.

Grade Levels:	K-8th
Location/Time:	3:15-4:15pm
# of Sessions/Dates:	5 Mondays: April 23, 30 May 7, 14, 21
Cost:	\$52
Min: 10/Max: 20	

TUESDAY CLASSES

FUN! FUN! FUN!

Your child will have fun, fun and more fun participating in an hour of active games and activities. This class encourages cardiovascular fitness and positive interactions with others. Duck-Duck-Goose, Sharks and Ships, Red Light-Green Light, What Time is it Mr. Fox, One-Headed Monster, Sharks and Minnows, Doctor Dodge Ball, Dodge Ball games, Army, Navy and Marines, Octopus, Spider and Flies, Parachutes games, relays, tag games, Steal the Bacon, Pac Man, Poison Stick, Dog Catcher, Capture the Flag, etc....And let's not forget about the Treasure Hunt!

Instructor: Mrs. King – Physical Education Teacher
Grade Levels: K-5th
Location/Time: Gym/3:15-4:15pm
of Sessions/Dates: 6 Tuesdays:
April 24
May 1, 8, 15, 22, 29
Cost: \$19
Max number of students is 35

INTRO TO ROBOTICS

Open to third grade boys and girls. Students will form three groups (sign-up with a friend!). Each group will work on designing and building a robot using Vex IQ parts, motors, and sensors to accomplish a defined task and score points. Students will have opportunities to operate their robot with a controller and program it with a computer. Creativity, problem-solving, and teamwork is a must in order to create this robot! At the end, students will have a greater understanding of Vex IQ Robot parts, how to program using blocks of code, and have a stronger background in robotics should they choose to join the competitive level in the future.

Instructor: Mr. Daniel Fleming
Grade Levels: 3rd grade
Location/Time: 3:15-4:15pm
of Sessions/Dates: 6 Tuesdays:
April 24
May 1, 8, 15, 22, 29
Cost: \$104
Min: 10 Max: 15

WEAVING

Is your child creative? Does your child like hand's-on activities? If so, this is the class you need to sign up for! In this beginning weaving class, students will create a variety of patterns on burlap with yarn. They will learn to make simple designs with lines as well as more specific shapes and creatures. The kids will create 6 different designs and be encouraged to make each one their own personal creation! This class is appropriate for all ages. However, please keep in mind we will be working with needles (large plastic ones for children) and the kids will need to be able to sit and focus on the task at hand. We will be actively engaged, but not up moving about during this class. Any questions please contact krees@stluke.org.

Instructor: Mrs. Kelly Rees
Grade Levels: K-8th
Time: 3:15-4:15pm
of Sessions/Dates: 6 Tuesdays:
April 24
May 1, 8, 15, 22, 29
Cost: \$104
Max number of students is 14.

LITTLE SCHOLARS: SCIENCE EXPLORATORIUM

Come discover, experiment, and create as we learn about the colliding worlds of art and science in this STEAM-based class. We will create simple machines, learn about crystals and minerals, and dabble in the world of robots. Put on your lab coat and grab your art supplies because this STEAM class will rock your world.

Instructor: Little Scholars
Grade Levels: K-3rd
Time: 3:15-4:15pm
of Sessions/Dates: 6 Tuesdays:
April 24
May 1, 8, 15, 22, 29
Cost: \$75
Min: 10 Max: 15

Relax, Its Just Yoga!

Join us on Tuesdays for Yoga! This class is a great way to build inner strength and outer flexibility while increasing breath awareness and movement. A beginner yoga class that will work towards more physically challenging postures and flowing sequences. This class will promote self-confidence, awareness and control.

Instructor:	Ashley Dirks
Grade Levels	5 th – 8 th
Time:	3:15-4:15pm
# of Sessions/Dates:	6 Tuesdays: April 24 May 1, 8, 15, 22, 29
Cost:	\$63
Min: 5/no max	

WEDNESDAY CLASSES

MyArt: Rock Garden and Nature Art

The mountains are calling and I must go! Adventure awaits outside with our nature art class. Create an adorable rock garden featuring painted rocks with croaking frogs on lily pads, little lady bugs, and other tiny garden creatures. Let's sleep under the stars and draw a camp out scene with oil pastels and water color, a pastel and colored pencil bear in the mountains, fluttering butterflies and a gorgeous mixed media firefly acrylic painting!

Zionsville studio owner and teacher, Buffe Challand, is the instructor for the class. She has an MFA in painting and graphic design from Boston University and a BA in journalism from Butler University and has been teaching the Monart method for 10 years. Please visit our website at myartindy.com to learn more about all we offer at MyArt.

Ages: 1st -5th
Time: 3:15 to 4:15pm
of Sessions/Dates: 5 Wednesdays:
April 25
May 2, 9, 16*, 23
* Spirit Day is 5/16. Class will run for two hours from 2-4 pm that day.
Cost: \$98
Min: 3/Max: 10

Karate

Join us for karate in a fun environment. This class will teach basic karate knowledge. Skills developed include self-defense, coordination, patience, respect, self-confidence, kicking, blocking, and rolling. Students from other programs or with prior training are welcome to attend. Fee includes a belt. Uniforms are optional and are available for an additional \$25 from the instructor.

Sensei Vince Hernly is a 4th degree black belt in Shorei Goju Ryu. He has been training since 2006 and teaches at several after school programs. He and his family operate Hernly Family Karate, find him on Facebook!

Ages: 1st and up
of Sessions/Dates: 6 Wednesdays:
April 25
May 2, 9, 16*, 23, 30
* Spirit Day is 5/16. Class will run from 2-3 pm that day.
Cost: \$63
Min: 2/Max: 20

Watch Me Sculpt!!!

Do you want to have loads of fun sculpting characters from StarWars, MineCraft, Frozen, Inside Out, Super Mario Bros, SpongeBob, Moana and others?! If so, Watch Me Sculpt is for you! WMS is a fun and exciting after school sculpting program offered immediately following the school day for one hour in the art room. Each week, students create masterpieces sure to impress friends and family. Projects are prepared by professional artists specifically for elementary students with simple, step by step instructions using the same clay animation studios use in Hollywood. Ready to make some sculpting magic?! All materials are provided.

Grade Levels: K-8th
Time: 3:15-4:15pm
of Sessions/Dates: 6 Tuesdays:
April 25
May 2, 9, 16*, 23, 30
* Spirit Day is 5/16. Class will run from 2-3 pm that day.
Cost: \$88
Min: 8 Max: 30

THURSDAY CLASSES

FUN! FUN! FUN!

Your child will have fun, fun and more fun participating in an hour of active games and activities. This class encourages cardiovascular fitness and positive interactions with others. Duck-Duck-Goose, Sharks and Ships, Red Light-Green Light, What Time is it Mr. Fox, One-Headed Monster, Sharks and Minnows, Doctor Dodge Ball, Dodge Ball games, Army, Navy and Marines, Octopus, Spider and Flies, Parachutes games, relays, tag games, Steal the Bacon, Pac Man, Poison Stick, Dog Catcher, Capture the Flag, etc....And let's not forget about the Treasure Hunt!

Instructor: Mrs. King – Physical Education Teacher
Grade Levels: K-5th
Location/Time: Gym/3:15-4:15pm
of Sessions/Dates: 6 Thursdays:
April 26
May 3, 10, 17, 24, 31
Cost: \$19
Maximum number of students is 35

SAFE SITTER

Safe Sitter Basics, an up-to-date and well-rounded youth development program with a medical basis, teaches young teen babysitters everything they need to know to keep themselves and the children in their care safe. The nationally-recognized, pediatrician developed program includes child care techniques, basic first aid, rescue (such as choking infant and child rescue), babysitting as a business and online and cell phone safety. The program is for young teens, ages 11 and up. Parents are invited to the last class to receive information.

Instructor: Nurse Toni Gillig
Ages: 11+
Time: 3:15 to 4:15pm
of Sessions/Dates: 6 Thursdays
April 26
May 3, 10, 17, 24, 31**
**Class on 5/31 will run from 3:15 to 5:15 pm.
Cost: \$58
Min: 5 Max: 8

LITTLE SCHOLARS: BUILDERS

Calling all inventors, creators, builders, and designers! Come build awesome creations with us! We will create our own designs and build structures using recyclable materials, Legos, and many other interesting items. No skills necessary! Skills gained: communication, problem solving, reasoning, developing creativity, and team work.

Instructor: Little Scholars
Grade Levels: K-3rd
Location/Time: 3:15-4:15pm
of Sessions/Dates: 6 Thursdays:
April 26
May 3, 10, 17, 24, 31
Cost: \$75
Min: 10/Max: 15

MINI-RAMS CHEERLEADERS!

This class is designed to improve self-confidence, physical health, and teamwork skills all while having a ton of fun! Learn and perfect arm movements, cheers, chants, and choreography that are full of excitement and energy. Please note: this is not a tumbling class.

Instructor:
Shoshannah Riley, owner of Sho'time Dance Company 2004-present, Indiana Pacemate 1999-2004, former Ball State University & Carmel High School cheerleader

Grade Levels: K-5th
Location/Time: 3:15-4:15pm
of Sessions/Dates: 6 Thursdays:
April 26
May 3, 10, 17, 24, 31
Cost: \$63
Min: 10/Max: 15

FRIDAY CLASSES

Tennis Fun with Mrs. King

Join Mrs. King for a mini-session to play fun tennis related games to enhance skill development. Correct technique, form and having tennis fun are the main emphasis of the class. Tennis racquets and balls will be provided.

Grade Levels: K-5th
Location/Time: 3:15-4:15pm
of Sessions/Dates: 5 Fridays:
April 27
May 4, 11, 18, 25
Cost: \$35
Maximum number of students is 16

Thank you,
PTO
Arts and Enrichment Committee
Alyssa Wagner, Emi Osterhaus, Mary Peterman, Liz Held, Kelly Rees