

2017 FALL **AFTER SCHOOL ENRICHMENT**

REGISTRATION DATES:

Tuesday, September 5th thru Sunday September 10th

NO LATE REGISTRATIONS.

TO ENROLL:

Enroll at www.stluke.org (see details below).

FALL SESSION DATES:

September 18th thru December 15th

Please see below for class descriptions, days classes are offered and prices. The class price is listed for those who have paid their PTO DUES for this school year. For families who have not paid their PTO DUES, please add \$5 to the cost of the class or visit www.stluke.org to pay your dues.

You will receive a confirmation email after registration is closed detailing the room assignment and class.

Financial Aid is available for all Arts and Enrichment After School Classes. If you have any questions or would like to apply for assistance, please contact Sue Reynolds in the Parish Office at 259-4373 ext. 217.

Please contact Emi Osterhaus at eosterhaus1980@gmail.com
or 317.727.6765 with any questions.

Please note that these classes are not for babysitting. If your child is continuously disruptive, the instructor has the right to remove your child from the class and no reimbursement will be given.

REGISTRATION INSTRUCTIONS:

- Go to www.stluke.org and click on OUR SCHOOL at the top of the page.
- Select the PARENT RESOURCES tab and then Select PTO After School Enrichment from the drop down menu
- Select the After School Enrichment box.
- Scroll down to read class descriptions and click on the class for which you want to enroll.

NOTE: This will bring you to the login page for your St. Luke account. If you do NOT already have a St. Luke account for your family, please create an account (directions below).

To create a St. Luke's account:

- On the login page, click on "Create an Account" on the right side of the page.
- Follow outlined steps, adding each child in the family to the account, even if they are not participating in ASE at this time.

You should receive a confirmation email after you have set up your family account.

IT MAY TAKE UP TO 24 HOURS FOR YOUR ST. LUKE ACCOUNT TO BECOME ACTIVE. PLEASE FACTOR THAT TIME IN WHEN REGISTERING FOR CLASSES.

Please contact Sue Reynolds in the Parish Office with any difficulties with your online account at 259-4373 ext. 217.

MONDAY CLASSES

Chess (Lunch time/Recess class)

Do your kids like chess or do you think they would? Chess is a great tool to teach decision making mathematics and logic. Taught by the Indiana famous Learning Through Games Group that is known for their child friendly style! Come learn techniques that helped previous students become the 2011 and 2012 Indiana Primary Chess Champions. This class is for all skill levels and ages and is taught in a kid friendly way. This class will be during your child's recess and lunch time on Mondays.

Instructor: Aaron Dean - Head Teacher @ Learning Thru Games
Grade Levels: All (class will be broken down into groups, if needed)
Time: 10:30 – 12:50pm
of Sessions/Dates: 13 Mondays:
September 18, 25
October 2, 9, 16, 23, 30
November 6, 13, 20, 27
December 4, 11
Cost: \$125
Min/Max: n/a

LEGO Bricks 4 Kidz

Using LEGO Bricks, children will learn, build, and play in a way that engages and introduces them to important concepts of science, technology, engineering, and math (STEM). They won't even realize they're learning! Students construct a new model each week based on exciting themes from space to sports, amusements parks to interesting inventions. Students will learn about everything from gears, torque and friction, to geography, fractions, space exploration, weather and MORE. Working with a partner, students experience the hands-on fun of model building, from concept to completion. Our classes follow the Bricks 4 Kidz® motto: We Learn, We Build, We Play with... LEGO® Bricks.

Our Bricks 4 Kidz classes last one hour. All lessons are curriculum-based, and we have different levels of build plans to fit your child's ability. After completing our LEGO build, we challenge kids to improve or change their model. We give them time to play and explore with their creation.

Grade Level: K – 5th
Time: 3:15 – 4:15
of Sessions/Dates: 12 Mondays:
September 18, 25
October 2, 9, 23, 30
November 6, 13, 20, 27
December 4, 11
No class on 10/16
Cost: \$136
Min:10/Max: 20

HIP HOP- The Sho'time Dance Company

All levels of hip hop offer dancers of all ages the opportunity to discover what the hip hop dance craze is all about. Class members learn the very latest hip hop/street style moves to today's hottest dance music. If you've seen it on TV, you'll learn it in this class. No prior dance experience needed. Levels are grade based and music is age appropriate.

The Sho'time Dance Company Philosophy: At Sho'time we believe that to be a dancer all you need is a passion for dance. We work with each child to discover their strengths through our dance instruction. At Sho'time we are more than just a team-we are a family. Through our dance program we teach respect for others, encouragement, perseverance and dedication. At Sho'time, no prior dance experience is required no matter what your age. We will help you develop your dance skills and provide you the opportunity to learn about all the dance disciplines and then perform what you have learned. Our main objective at Sho'time is FUN!

Shoshanah Riley (Sho) has been performing since the age of three. A Carmel native, Sho has studied at various dance and gymnastics schools over the years including competitive dance programs with Barb & Company and at Carmel Dance Center as an Indiana Dance Ambassador. Sho has served as head instructor and co-director of Indiana Cheer Camps (ICC) and has coached competitive dance and cheer for schools/teams throughout Indiana. Sho'time Dance Company has been established since 2004.

Grade Levels: K-8th
Location/Time: 3:15-4:15pm
of Sessions/Dates: 11 Mondays:
September 18, 25
October 2, 16, 30
November 6, 13, 20, 27
December 4, 11
No class on 10/9 and 10/23
Cost: \$115
Min: 10/no Max

Book It, Cook It

Book it, Cook it is a literature based cooking class for your child. In order to motivate your young reader, we will be reading a different children's book each week and involving him/her in hands-on cooking experiences. Your child will have a fun and exciting time cooking and making art projects (shhshh... don't tell they will also be practicing their math, science and reading skills, but that is our secret.)

Instructor: Jen Schaefer and Kelly Rees
Grade Levels: K-2nd
Time: 3:15-4:15pm
of Sessions/Dates: 9 Mondays:
September 18, 25
October 2, 9, 16, 23, 30
November 6, 13,
Cost: \$130
Min: 8 Max: 20

TUESDAY CLASSES

FUN! FUN! FUN!

Your child will have fun, fun and more fun participating in an hour of active games and activities. This class encourages cardiovascular fitness and positive interactions with others. Duck-Duck-Goose, Sharks and Ships, Red Light-Green Light, What Time is it Mr. Fox, One-Headed Monster, Sharks and Minnows, Doctor Dodge Ball, Dodge Ball games, Army, Navy and Marines, Octopus, Spider and Flies, Parachutes games, relays, tag games, Steal the Bacon, Pac Man, Poison Stick, Dog Catcher, Capture the Flag, etc....And let's not forget about the Treasure Hunt!

Instructor: Mrs. King – Physical Education Teacher

Grade Levels: K-5th

Location/Time: Gym/3:15-4:15pm

of Sessions/Dates: 12 Tuesdays:

September 19, 26

October 3, 10, 17, 24

November 7, 14, 21, 28

December 5, 12

****No Class on 10/31****

Cost: \$38

Max number of students is 35

Watch Me Sculpt – Pokemon!

Watch Me Sculpt provides an entertaining and educational experience for elementary age children using the art of sculpting. While enjoying the art of sculpting, instructors introduce concepts covering a wide range of educational fields such as science, history, math, technology, geography, and engineering. Lessons are prepared by professional artists using the same clay used in Hollywood animation studios. Moreover, projects are always new! WMS develops self-confidence by providing students with an engaging activity that also teaches a useful skill while increasing fine-motor coordination. WMS promotes parent-child interaction after class through discussing each week's sculpture and completing the optional firing process, using our oven-bakable clay, at home. Lessons are taught by skilled, inspiring instructors who love teaching and excel working with elementary kids. All materials are provided by the instructor.

Grade Levels: K-8th (older kids will get more complicated projects)

Time: 3:15-4:20pm

of Sessions/Dates: 12 Tuesdays:

September 19, 26

October 3, 10, 17, 24

November 7, 14, 21, 28

December 5, 12

****No Class on 10/31****

Cost: \$163

Min: 6 Max: 30

Relax, Its Just Yoga!

Join us on Tuesdays for Yoga! This class is a great way to build inner strength and outer flexibility while increasing breath awareness and movement. A beginner yoga class that will work towards more physically challenging postures and flowing sequences. This class will promote self-confidence, awareness and control.

Instructor: Ashley Dirks
Grade Levels 5th – 8th
Time: 3:15-4:15pm
of Sessions/Dates: 10 Tuesdays:
October 3, 10, 17, 24
November 7, 14, 21, 28
December 5, 12
Class starts on 10/3. No Class on 10/31
Cost: \$84
Min: 5/no max

WEDNESDAY CLASSES

MyArt

Join MyArt for our “Painting Party-Paint Alongs”! Inspired by artist Anna Barlett’s “Shiny Happy Art,” students will complete projects learning the basics of acrylic painting spanning a variety of whimsical subjects from butterflies, flowers, guitars, to Monet’s bridge using beginners Impressionism, painting wet-paint-into-wet-paint technique and negative painting.

Zionsville studio owner and teacher, Buffe Challand, is the instructor for the class. She has an MFA in painting and graphic design from Boston University and a BA in journalism from Butler University and has been teaching the Monart method for 10 years. Please visit our website at myartindy.com to learn more about all we offer at MyArt.

Ages: 1st -5th
Time: 3:15 to 4:15pm
of Sessions/Dates: 11 Wednesdays:
September 20, 27
October 4, 11, 25,
November 1, 8, 15, 29
December 6, 13
No classes 10/18 and 11/22
** Spirit Days 10/11, 11/15 &12/13. Class is from 2-3:00 pm**
Cost: \$215
Min: 3/Max: 10

World of Wizards

Calling all wizard fans! This is like no other class you have ever experienced. We will take a magical journey into the world of wizards. We will design trading cards, make a personal crest, create a treasure hunt, have a Triwizard tournament, and participate in activities that will astound all Muggles.

Grade Levels: K-2
Location/Time: 3:15-4:15pm
of Sessions/Dates: 11 Wednesdays:
September 20, 27
October 4, 11, 25,
November 1, 8, 15, 29
December 6, 13
No classes 10/18 and 11/22
** Spirit Days 10/11, 11/15 &12/13. Class is from 2-3:00 pm**
Cost: \$138
Maximum number of students is 15

Theater 101

The Basics and Beyond. In this workshop style class, students will learn the basics of acting in a stage production. Through activities, games, and small projects, students will practice proper vocal and movement technique, how to create a character, how to play with others, how to improvise, and how to interpret a script. Students will rehearse scenes and monologues as a part of their activities and have a chance to perform for one another. This class is a great way to sharpen existing skills or hone new ones while preparing for upcoming auditions and productions.

Chelsea Anderson, director of the spring musical, teaches the class. Chelsea has a Bachelor's and Master's degree in theatre and teaches theatre to students of all ages throughout the year. She is actively involved in the Indy theatre scene as an actor, playwright, director and serves as Company Manager at the Phoenix Theatre. You can learn more about Chelsea by visiting her website: www.ChelseaBAnderson.com.

Class requirements: a notebook and pencil, a positive attitude, a sense of adventure, and, above all else, respect for others.

Grade Levels: 5th -8th
Time: 3:15-4:15pm
of Sessions/Dates: 11 Wednesdays:
September 20, 27
October 4, 11, 25,
November 1, 8, 15, 29
December 6, 13
No classes 10/18 and 11/22
** Spirit Days 10/11, 11/15 &12/13. Class is from 2-3:00 pm**
Cost: \$115
Min: 8 Max: 20

THURSDAY CLASSES

FUN! FUN! FUN!

Your child will have fun, fun and more fun participating in an hour of active games and activities. This class encourages cardiovascular fitness and positive interactions with others. Duck-Duck-Goose, Sharks and Ships, Red Light-Green Light, What Time is it Mr. Fox, One-Headed Monster, Sharks and Minnows, Doctor Dodge Ball, Dodge Ball games, Army, Navy and Marines, Octopus, Spider and Flies, Parachutes games, relays, tag games, Steal the Bacon, Pac Man, Poison Stick, Dog Catcher, Capture the Flag, etc....And let's not forget about the Treasure Hunt!

Instructor: Mrs. King – Physical Education Teacher
Grade Levels: K-5th
Location/Time: Gym/3:15-4:15pm
of Sessions/Dates: 10 Thursdays:
September 21, 28
October 5, 12
November 2, 9, 16, 30
December 7, 14
No classes 10/19, 10/26 and 11/23
Cost: \$32
Maximum number of students is 35

Science Exploratorium

Come discover, experiment, and create as we learn about the colliding worlds of art and science in this STEAM-based class. We will create simple machines, learn about crystals and minerals, and dabble in the world of robots. Put on your lab coat and grab your art supplies because this STEM class will rock your world.

Grade Levels: K-3rd
Location/Time: 3:15-4:15pm
of Sessions/Dates: 10 Thursdays:
September 21, 28
October 5, 12
November 2, 9, 16, 30
December 7, 14
No classes 10/19, 10/26 and 11/23
Cost: \$125
Maximum number of students is 15

Karate

Join us for karate in a fun environment. This class will teach basic karate knowledge. Skills developed include self-defense, coordination, patience, respect, self-confidence, kicking, blocking, and rolling. Students from other programs or with prior training are welcome to attend. Fee includes a belt. Uniforms are optional and are available for an additional \$25 from the instructor.

Sensei Vince Hernly is a 4th degree black belt in Shorei Goju Ryu. He has been training since 2006 and teaches at several after school programs. He and his family operate Hernly Family Karate, find him on Facebook!

Ages: 1st and up
of Sessions/Dates: 10 Thursdays:
September 21, 28
October 5, 12
November 2, 9, 16, 30
December 7, 14
No classes 10/19, 10/26 and 11/23
Cost: \$104
Min: 2/Max: 20

Thank you,

PTO

Arts and Enrichment Committee

Alyssa Wagner, Emi Osterhaus, Mary Peterman, Liz Held, Kelly Rees