***MARK YOUR CALENDAR...***

**St. Luke Blood Drive**

**Sponsored by the Knights of Columbus**

**Sunday, February 10, 8 AM - 1 PM, St. Luke Cafeteria**

The annual Winter Blood Drive is just around the corner. As we start a new year, please consider adding one more resolution to your list - joining your St. Luke neighbors and becoming a donor on February 10. It's easy, takes less than an hour of your time and makes a critical impact on our community.

***Some interesting facts:***

* Each day the blood bank needs 500 donated units of blood to insure a 3 day supply.
* Donating 1 unit of blood burns 650 calories, more than a 30 minute run.
* 1 pint of blood can save up to 3 lives.
* Studies have shown that donating blood can help in lowering cancer, heart and liver ailments.

Stop by our table in the narthex after all Masses the weekends of Jan 26 and Feb 3 and pick your time slot.

So, roll up that sleeve and give...it could mean a lifetime for someone in need.