

St. Luke Catholic Church



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Confirmation Program 2017-2018

"When the day of Pentecost came, they were all together in one place. And suddenly from heaven there came a sound like the rush of a violent wind, and it filled the entire house where they were sitting.

Divided tongues, as of fire, appeared among them. All of them were filled with the Holy Spirit and began to speak in other languages, as the Spirit gave them ability." Acts 2:1-4

NAME OF CONFIRMATION CANDIDATE

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**St. Luke Parish
Confirmation Preparation Program
Candidate and Family Handbook
2017-2018**

Introduction to Parents

Preparation for Confirmation should aim at leading your son or daughter toward a more intimate union with Christ and active participation in the Church. This preparation is also designed to give your child a greater familiarity with the Holy Spirit, especially with regard to the Spirit's gifts. In focusing on the Holy Spirit and your child's response to the graces offered, your child will be encouraged to assume his or her apostolic responsibilities in the Christian life.

Attendance

During the immediate preparation for the sacrament of Confirmation, only three excused absences are permitted for candidates attending the SMRE (Sunday Morning Religious Education) classes. Immediate preparation begins with the retreat on **Saturday, March 25 through the end of May sessions**. Of course, good attendance is expected throughout the year starting in August when SMRE begins.

If your child must be absent from religious instructions on Sunday, a note should be submitted to the director of religious education. This note may be mailed, emailed. You may also call Sister Diane at 317-259-4373, ext. 259.

The standards for good attendance at St. Luke School will be binding for the candidates in grade 8.

Participation at Mass

There is the **expectation** that candidates for Confirmation will participate at Mass every Sunday and holyday of obligation. The fulfillment of their obligation to worship God rests with the willingness of the parents to follow through on the promise they made to God to raise their children as practicing Catholics. This promise was made at the child's baptism.

Retreat

The Confirmation Retreat officially launches the Confirmation Program. The retreat will be conducted on **Saturday, February 24, from 8:30 a.m. to 3:30 p.m. at Fatima Retreat House, 5353 E.56 Street, Indianapolis. Details about all-day retreat will be provided later in the fall at the parent meeting Thursday, September 21, from 7:00 to 8:00 p.m. , in the Parish Hall Meeting Room.**

Christian Service Projects

The Church teaches us that it is the responsibility of the baptized to live the Gospel in the world. Young Christians should actively preach and spread the Gospel through their daily activities at home, as students and as members of St. Luke Parish.

As we believe that the sacrament of Confirmation empowers a person to live the faith in a very public way, each candidate is asked to engage in Christian service projects. *Candidates are required to complete community by the last week of May.*

Adults who supervise the candidates for service projects sign the Christian Service Project Form.

What about the service projects?

The students will need to complete **25 hours** of Christian service, which they will record on forms that will be provided. The form detaches from the Handbook. Put in a plastic sleeve and bring it with you when are scheduled to do service.

Service needs to be completed in the following three areas: **1. Prayer and Witness, 2. Parish and/or School and 3. Community. The hours should be completed by May 20 for SMRE students and May 25 for St. Luke School students.**

Each category for service should be selected. Of the total **25 hours**, no category should have less than 4 hours. For example, a student may choose 11 hours of Parish service, 10 hours for Prayer and Witness and 4 hours for a Community service. Other combinations are quite possible. A student may even exceed the 25 hours of service!

Throughout the year, there will be service projects offered in the parish and school that count toward the service requirement. The service component of the Confirmation program encourages the students to practice the virtues in the ministry of service. **Service is one of the six tasks of catechesis. Of course, the service project is not an end in itself, rather it is an effective part of catechesis when acts of charity are performed out of love.**

No money may be received for the service offered.

Prayer and Public Witness Opportunities

Public displays of our faith that are planned in the archdiocese or parish may be attended for service credits. See below the suggested opportunities:

- **The Respect Life Sunday Mass** is usually celebrated in SS. Peter and Paul Cathedral in Indianapolis on the first Sunday of October. The archbishop usually celebrates the Mass. It marks the beginning of the Respect Life Program for the archdiocese. Information about the Mass can be found at <http://www.archindy.org>.
- **Lifechain** follows the Respect Life Mass. This is an ecumenical event. The faithful line up along North Meridian Street with signs in favor of life. Lifechain is a peaceful and prayerful public witness in favor of the dignity and sanctity of human life. The publicity for the event can be found by visiting the archdiocesan website.
- **The Local Solemn Observance of *Roe v. Wade***. The March for Life calls for an end to legalized abortion. For local activities check the archdiocesan website at <http://www.archindy.org/plfl/>. Other observances are scheduled by Right to Life of Indianapolis. Check out their website at <http://rtlindy.org4>.
- Volunteer services for the Women's Care Center on 86th Street in Indianapolis. For more information, visit their website at <http://www.womenscarecenter.org/locations/indianapolis/>.
- 40 Days for Life (log on to <http://40daysforlife.com/indianapolis/>). Also check out the website for the Great Lakes Gabriel Project for other volunteer initiatives such as collecting clothing for pregnant women and their babies. Go to <http://glgabrielproject.org>.
- Participation in youth events and retreats sponsored by St. Luke Parish or the archdiocese.
- Altar serving.
- Singing in the parish and school choirs.
- Eucharistic adoration in the perpetual adoration chapel. A supervisor may be a parent, family member or parishioner who is present while the candidate is in adoration.
- Weekday Masses – **School Masses are not included!**

Service to Parish

- Service hours in the school and parish may be gained through **all types of approved service**. If there is a question about the type of service, please consult Sister Diane.
- For opportunities in St. Luke School, please consult teachers and school staff.
- Diane Schafer, director of spiritual life and formation, will offer opportunities throughout the year for Christian service. Cleaning, decorating and serving meals are some of the projects that may be chosen. Her telephone number is 259-4373, extension 218.
- Mary Ann Noble is the cafeteria manager and may be contacted at 259-4373, ext. 221.
- Special projects to help the elderly or infirm in the parish may be arranged, with the approval from Sister Diane. Parents or teachers must be personally involved in all special projects involving parishioners at their homes. Examples: racking leaves, cleaning out garages, etc.

Service to Community

With close supervision of parents, the following are examples of community service that are approved:

- Serving in local soup kitchens
- Helping at the St. Vincent de Paul warehouse
- First Sunday Sharing
- Thanksgiving Baskets
- Beggars for the Poor
- The Humane Society

Choosing a Confirmation Name

Complete Confirmation Name Form on pages 35-36.

In the Catholic Church, we have a tradition of taking the name of a saint for our own Confirmation name. If the baptism name is not a Christian name, the candidate should select the name of a saint who serves as an inspiration to living out the Christian faith.

A good place to *start* researching saints is the Catholic Online website, www.catholic.org/saints/. The link includes an alphabetical index of saints, an index of patron saints, and a calendar with saints' feast days.

As the candidates consider a Confirmation name, the following questions may be considered:

- How and why did your parents choose your Christian baptismal name?
- What does your baptismal name mean?
- Are there any biblical references to your baptismal name?
- What activities, places, people, etc. interest you? Is there a patron saint associated with any of these activities, places, people, etc.?
- Which saints have their feast day on your birthday?
- Which saints inspire you? Why?
- When and where did the saint you are interested in live? When was he/she canonized? By which pope?
- How did this saint die? Was he/she persecuted and/or martyred for his/her beliefs?
- What was this saint's occupation?
- What did this saint's mission look like?
- What virtues did this saint practice in his/her life? Did this saint always practice these virtues? Did this saint experience a conversion?
- How would you describe this saint's personality?
- What miracles did this saint perform?
- Are there any symbols associated with this saint? What are their meanings?
- In what ways is this saint a model for Christians today?
- How would this saint act/react if he/she were living in today's world?

After reflecting on the above questions, the candidate should explain why he or she is retaining the Christian name given at baptism or taking a new name for Confirmation. A form will be provided in the handbook.



Choosing a Confirmation Sponsor

See page 31 for more details about sponsors. Complete Sponsor Form on page 33-34.

Candidates are free to choose their own Confirmation sponsor. According to canon law, sponsor should be:

- a confirmed Catholic in good standing with the Church.
- at least 16 years of age
- a registered member of a Catholic parish.

The sponsor should know the candidate well and be willing to serve as a Christian

guide and role model for the candidate.

With the parents, the sponsor should be willing to support the young person being confirmed in his/her commitment to living a Christian life.

The Sponsor should be confident enough in his or her own faith commitment to be able to support a young person in his/her faith commitment.

Candidates may choose one of their baptismal godparents to be their Confirmation sponsor, emphasizing the important relationship between the two sacraments.

**Please note that parents may not serve as their
child's Confirmation sponsor.**

Once the Sponsor is chosen, the candidate needs to fill out the form explaining his or her choice.

Miscellaneous Information

Registration Fees

**The SMRE registration fee per child is \$85.
St. Luke School students pay \$45 per child.**

Check List for Parents

- Have you submitted the registration sheet?
- Have you submitted a copy of your child's baptism certificate or provided the date if your child was baptized at St Luke?
- Have you paid the Confirmation fee?
- Have you marked your calendar for the parent meeting on Thursday, September 21, from 7 to 8 p.m. in the Parish Hall Meeting Room? The meeting room is near the school library and down the same hallway as the cafeteria.

Materials and Requirements

What textbooks will be used during the year?

The catechetical series for grades 1 through 8 is *Faith and Life* by Ignatius Press. The textbook for the eighth grade is *Our Life in the Church*. To read more about the *Faith and Life* series, log on to <http://www.ignatius.com/promotions/FaithAndLife/>. *Our Life in Christ* is the textbook that is used starting in August. However, when preparation for the sacrament of Confirmation begins in February, the textbook that

will be the second edition of *Confirmation: Spreading and Defending the Faith* by John Sondag. The book is part of the *Image of God* Series, Ignatius Press. Log on to <http://imageofgod.net/news.pdf> to read more about the *Image of God* Series. To learn more about the Confirmation textbook, log on to http://www.ignatius.com/promotions/imageofgod/images/edition2/IGC_S2-PSample.pdf.

What is the notebook?

In addition to the two textbooks, there is a Confirmation notebook that offers additional exercises and supplementary information to reinforce and further explain the teachings and lessons in *Spreading and Defending the Faith*. The notebook has appendices that contain information, special assignments and the requirements in the following areas:

- Prayers to be memorized
- Form for the Confirmation Sponsor
- Form for the Confirmation Name
- Forms for Christian Service

Are there other resource materials?

The YOUCAT, which stands for Youth Catechism, is edited by Cardinal Christoph Schonborn and recommended by Pope Benedict XVI. It is a youth-friendly version of the Catechism of the Catholic Church and is used as a resource for the students. References to YOUCAT are made in exercises in the notebook.

Are there tests?

The students will be quizzed regularly. There is a comprehensive test before Confirmation preparation begins in February. The test covers the material in *Our Life in the Church*. The second comprehensive test follows the immediate preparation for Confirmation. Interviews with each student will also be conducted at the conclusion of the Confirmation sessions. There will be a final interview designed to determine the readiness of each student to receive the sacrament of Confirmation.

2017-2018 Confirmation Calendar Check

CONFIRMATION	DATE	TIME	PLACE	OTHER
Parents and Candidates	Thursday, September 21	7 to 8 p.m.	Parish Hall Meeting Room	Baptism certificates, registration forms and fees should be submitted
Confirmation Retreat for candidates only	Saturday, February 24	8:30 – 3:30 p.m. arrival at the Willows no later than 8:10 a.m	Parents drop off students at The Willows	Catechists/ Teachers
The Willows, 6729 Westfield Blvd., 46220				
Sponsor Paper due	Wednesday, March 1			See Confirmation Notebook pages 32-33
Confirmation Name Paper due	Friday, March 22			See Confirmation Notebook pages 34-35
Christian Service Project papers due	May 20 for SMRE Last day for 8th grade at St. Luke school			See Confirmation Notebook pages 37-40
Celebration of Confirmation	Confirmation Date TBA PRACTICE TBA	10 Ministers of Hospitality at 5:15- 5:30 p.m. at Baptismal Font Servers at 5:45 p.m. in the sacristy <i>Candidates and Sponsors at 6 p.m. in the Cathedral to their seats</i> Photo Op with Archbishop and Pastor at 6:10 p.m. EMHCs at 6 p.m. at North side of sanctuary Lectors at ambo 6:15 p.m. p.m. Readers of the Prayer of the Faithful at ambo at 6:15 p.m. Deacons in sacristy at 6:30 p.m.	SS. Peter and Paul Cathedral	GUIDELINES FOR CELEBRATING CONFIRMATION AT SS. PETER AND PAUL CATHEDRAL NO FLASH PHOTOGRAPHY OR VIDEOGRAPHY WITH LIGHTS PERMITTED DURING THE LITURGY. PHOTOGRAPHERS SHOULD BE ADVISED NOT TO INTERRUPT THE FLOW OF THE LITURGY OR DISTRACT OTHER PARTICIPANTS. NO ONE SHOULD BE IN THE FRONT ROW. NO FLIP-FLOPS, BACKLESS SANDLES, TENNIS SHOES OR SNEAKERS ARE PERMITTED. MODEST DRESS FOR GIRLS. NO STRAPLESS, SLEEVELESS TOPS OR SHORT SKIRTS. DRESSES

Chapter 1: The Early Church

YOUCAT References

Please note that the paragraphs in YOUCAT should be read in light of the material presented in the chapters indicated.

Pentecost #118

Holy Spirit's action in the Church #119

What does the Holy Spirit do in my life? #120

Sacraments of the Church #172-178

What does it mean to say that the Church is the "Temple of the Holy Spirit?" #128

Church infallibility #143

What is the task of the Church? #123

Chapter 2: The Sacrament of Confirmation

References in YOUCAT

What is Baptism? #194

What happens in Baptism? #200

What is Confirmation? #203

What happens at Confirmation? #205

What does Sacred Scripture say about Confirmation? #204

Who can be confirmed, and what is required? #206

What happens when the Church celebrates the Eucharist? #217

How does the Eucharist change us? #221

Chapter 2: Apologetics Exercise

YOUCAT References

Who is God? #30-32

Why do we say “God is love?” #33

Why do we call God our “Father?” #37

What is the Trinity? #36

Who is the Holy Spirit? #38

Is Jesus God? #39

Who created the world? #44

Check out YOUCAT and answer the following questions:

Who is God?

What is the Trinity?

What do you know about the Father?

What do you know about the Son?

What do you know about the Holy Spirit?

What do you know about creation?

Exercise: After completing your notes above, imagine that you meet a person who knows little or nothing about God. What would you say to this person about God? What would you say about our Triune God?

Chapter 3: The Mystical Person—Christ and the Church

YOUCAT References

What is a virtue? #299

Why do we have to work to form our character? #300

Cardinal Virtues:

How does a person become prudent and just? #301-302

What does it mean to have fortitude? #303

What does it mean to be moderate? #304

Theological Virtues:

What are the three supernatural virtues? #305-306

What is faith? #307

What is hope? #308

What is charity? #309

Priestly vocations: 250-251

Lay vocations: #139

Married vocations: #265

Religious vocations: #145

For Review

Define Virtue:

List the 3 Theological Virtues below:

1.

2.

3.

List the 4 Moral Virtues below:

1.

2.

3.

4.

Chapter 3: What Kind of Person Am I Becoming?

The major moral questions that each of us has to answer are:

- What kind of person am I becoming?
- What kind of person do I want to become?

Morality is about making decisions that shape our character and reflect our understanding of the meaning and purpose of life.

You probably will not decide what kind of person you want to become at one moment or even in a year. You may choose to go in one direction in your life and then change direction at another time. Sometimes, you can make a decision that alters your life forever. But usually we make small decisions on a daily basis that determine the kind of life we will live.

The kind of person you want to become is usually answered day-to-day, and through many small decisions. Taken together, these decisions create the kind of person you are becoming and will become.

A wise saying captures this truth:

Plant an act; reap a habit
Plant a habit; reap a virtue or vice
Plant a virtue or vice and reap a character
Plant a character, reap a destiny

Understanding words

GIVE ONE EXAMPLE

HABIT	A regular pattern of acts
VIRTUE	A firm disposition to do good
VICE	Habitual practice of sin
CHARACTER	A combination of our virtues and vices
DESTINY	What finally becomes of us, which depends on the character we build with God's grace

Chapter 4: The Holy Spirit and the Truth

Introduction: God imparts His truth to us. God also allows us to be part of His mission to bring His truth to others by what we say and do. Many times, because we choose to do the right thing or do some good action, we are witnesses to the goodness of God. Many people take notice of the truths of the Catholic faith because they have witnessed the goodness of people who believe in Jesus and His Church. That goodness moves the hearts of others to listen to the truth. As baptized and confirmed Catholics, we need to be able to speak intelligently about the Faith and to live out the Faith, so that we can give witness to Christ and His Church.

The Truth

- 1. Define truth. (Read YOUCAT #452.)**
- 2. How do we live out our lives in truth? (Read YOUCAT #453)**
- 3. How would you respond the following statement:
“There is no God. But if you believe God exists than he exists only for you and not for me.”**
- 4. What is the most effective way to teach the truth of the Catholic faith?
Give an example. (Read YOUCAT #454).**

Four Gifts of the Holy Spirit—briefly define each gift. (Read YOUCAT 7 #310.)

- 1. Wisdom**
- 2. Understanding**
- 3. Counsel**
- 4. Knowledge**

Teaching the Truth

Our class studied five outstanding teachers of the Catholic faith: Pope John Paul II, Saint Elizabeth Ann Seton, Saint John Baptist la Salle, Saint Angela Merici and Saint John Bosco. Choose three of these teachers and explain why they are outstanding teachers of the faith.

- 5. Give one example from your life of an outstanding teacher of the Catholic faith. Explain why this person is a good witness to the faith.**

Chapter 5

Part I: Defending the Faith

The Holy Spirit is given to us at Confirmation not only to spread the Catholic Faith, but also to defend it. In Baptism, we were made prophets, that is, heralds of the Good News; and in confirmation, the Holy Spirit enlivens our prophetic calling. As prophets, we must be willing to defend the message of Christ against the attacks of those who defame or distort the truths of God.

YOUCAT References

What is the Communion of Saints? #146
Why do Catholics have a devotion to Mary? #147-149
Can people be forced to believe in God? #354
Why can there be only one Church? #129
What is freedom? #286-287
Can freedom be used for evil? #289

1. What does it mean to be a “soldier of Christ?”

2. Choose two examples of Defenders of the Faith and describe their contributions to the Church:
 - A. St. Paul

 - B. St. Dominic

 - C. St. Thomas More

 - D. Name another Saint and explain his or her contribution

3. “Always be ready to give an explanation to anyone who asks you a reason for your hope.” (1 Peter 3:15) Review the definitions on pages 44-45. Write a response to the challenges below:

A. I believe in Jesus, but why should a person be a Catholic?

B. I want to be a free person. Why does the Catholic Church have so many rules?

C. Why do you Catholics worship Mary and the saints?

D. I’m a Christian and I believe the Bible is the Word of God, and that’s all the authority I need. Why do Catholics believe in a Pope? Don’t you believe the Bible?

Chapter 5 Part II: Personal Defense Against the Devil

1. Satan Continues to Tempt Us. (Page 47) Explain why Satan may be very strong:

A.

B.

2. C.S. Lewis' *The Screwtape Letters* perfectly describe Satan's methods.

"A masterpiece of satire, this classic has entertained and enlightened readers the world over with its sly and ironic portrayal of human life from the vantage point of *Screwtape*, a highly placed assistant to "Our Father Below." At once wildly comic, deadly serious, and strikingly original, C.S. Lewis gives us the correspondence of the worldly-wise devil to his nephew Wormwood, a novice demon in charge of securing the damnation of an ordinary young man. *The Screwtape Letters* is the most engaging and humorous account of temptation—and triumph over it—ever written."

3. How do we overcome Satan? (p. 47)

- What do we do when tempted to sin?
- What does Confirmation do for us to battle evil?
- When we overcome sin in our lives, what are the results?

4. How do we "Put on the Armor of God?" (p. 48)

What spiritual armor can we use against the devil?

What is the devil's goal?

How do we counteract that goal?

Chapter 6 Spreading the Faith

Fortitude, Piety, and Fear of the Lord

YOUCAT References

What are the seven gifts of the Holy Spirit? #310

What are the Fruits of the Holy Spirit? #311

Gifts of the Holy Spirit for our wills (p. 58)

The seven gifts of the Holy Spirit are given in Baptism, and they are deepened and strengthened in the sacrament of Confirmation. The Holy Spirit strengthens these gifts in us so that we can spread and defend the Faith by what we say and do.

How can these gifts help us in our faith?

Which gift do you personally wish to strengthen the most? Why?

The gift of the Holy Spirit in confirmation produces good qualities in the life everyone who cooperates with the graces of the sacrament. These qualities are called the 12 fruits of the Spirit, and they are signs that the Holy Spirit is operating in a person's life.

Circle three or four fruits and write how these fruits are manifested or shown in the life of your sponsor or patron saint.

*I choose my patron saint (name) _____
I choose my sponsor (name) _____*

LOVE

JOY

PEACE

PATIENCE

KINDNESS

GENEROSITY

FAITHFULNESS

GENTLENESS

FAITH

MODESTY

SELF-CONTROL

CHASTITY

Chapter 7: Responding to the Holy Spirit

The Spirit Moves our Hearts in Prayer

YOUCAT References

What is prayer? #469

Why do we pray? #470

Does God hear all our prayers? #478

What are the five main types of prayer? #473

What is a prayer of blessing? #484

Why should we adore God? #485

Why should we pray to God? #486

Why should we pray to God for other people? #487

Why should we thank God? #488

What does it mean to praise God? #489

Why do we need the Holy Spirit when we pray? #496

1. Define prayer.
2. What are the five methods of prayer?
3. Give examples of Liturgy or Communal Prayer.
4. What is the Liturgy of the Hours? (YOUCAT #188)

5. Circle the prayer style that you prefer. Explain what it is. If you have another prayer style not listed that you prefer, write it in and explain.

Adoration

Lectio Divina

Rosary

Stations of the Cross

6. Prayer is learned. How can we improve our prayer lives?
7. List the concrete steps will you will take to pray every day.
8. Prayer should prompt us to serve our brothers and sisters, especially those in need. Have you considered doing concrete things to help alleviate the suffering of the poor and needy? Explain.

Chapter 8: The Rite of Confirmation Review

The rite for celebration of Confirmation usually takes place at Mass. One reason for this is that Christian initiation reaches its culmination in the communion of the Body and Blood of Jesus, our Lord.

The bishop is the ordinary minister of Confirmation. However, he may delegate a priest to administer the sacrament.

Sacrament of Confirmation

Presentation of the Candidates—this takes place after the Gospel. The candidates for Confirmation are called by name. They stand and acknowledge that they are present.

Homily

Renewal of Baptismal Promises—after the homily, the candidates stand and the bishop questions them.

The Laying on of Hands—the bishops and concelebrating priests use this biblical gesture and invoke the gift of the Holy Spirit.

Anointing of Chrism—following the Laying on of hands, the candidate and sponsor appear before the bishop. The sponsor places his or her right hand on the candidate's shoulder and announces the candidate's Confirmation name to the bishop. The candidate is then anointed with Chrism—a perfumed oil. The baptized receives the indelible character, the seal of the Lord, together with the gift of the Holy Spirit that conforms them more closely to Christ.

The bishops: (Name), be sealed with the gift of the Holy Spirit.

Newly Confirmed responds: AMEN.

The bishop: Peace be with you.

Newly Confirmed responds: AND WITH YOUR SPIRIT.

The General Intercessions follow as usual.

Appendix A: Prayers and Teachings to KNOW

Check the prayers and teachings that you know by heart. Memorize the ones you don't!

__1. The Sign of the Cross

In the name of the Father, and of the Son, and of the Holy Spirit, Amen.

__2. GRACE BEFORE MEALS Bless us, oh Lord, and these thy gifts, which we are about to receive from thy bounty, through Christ, our Lord, Amen.

__3. THE LORD'S PRAYER Our Father, who art in heaven, hallowed be thy name. Thy Kingdom come, thy will be done on earth as it is in heaven. Give us this day our daily bread, and forgive us our trespasses as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. Amen.

__4. HAIL MARY Hail, Mary, Full of grace, the Lord is with thee! Blessed are you among women and blessed is the fruit of your womb, Jesus. Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death, Amen.

__5. GLORY BE Glory Be to the Father, and to the Son, and to the Holy Spirit, as it was in the beginning, ever shall be, world without end, Amen.

__6. ACT OF CONTRITION

My God, I am sorry for my sins with all my heart. In choosing to do wrong and failing to do good, I have sinned against you whom I should love above all things. I firmly intend, with your help, to do penance, to sin no more, and to avoid whatever leads me to sin. Our Savior Jesus Christ suffered and died for us. In His Name, my God, have mercy. Amen.

__7. Rite of Confession

Make the Sign of the Cross and say:

1. "Bless me Father, for I have sinned. It has been ___ since my last confession, and these are my sins."
2. Confess your sins.
3. Following your confession, say, "I am sorry for these and all my sins."
4. Say an act of Contrition.

5. The priest gives you absolution. Say "Amen."
6. Complete your assigned penance.

___8. TEN COMMANDMENTS

1. I am the Lord, your God. You shall have no other gods besides me.
2. You shall not take the name of the Lord, your God, in vain.
3. Remember to keep holy the Sabbath day.
4. Honor your father and your mother.
5. You shall not kill.
6. You shall not commit adultery.
7. You shall not steal.
8. You shall not bear false witness against your neighbor.
9. You shall not covet your neighbor's wife.
10. You shall not covet your neighbor's goods.

___9. Order of the Mass

1. Introductory Rites
2. Liturgy of the Word
3. Liturgy of the Eucharist
4. Concluding Rites

___10. Seven Sacraments Baptism, Confirmation, Eucharist, Reconciliation, Marriage, Holy Orders, Anointing of the Sick

___11. MORNING OFFERING

O my God, I offer You all my prayers, works, joys and sufferings of this day, for all the intentions of Your Sacred Heart, in union with the Holy Sacrifice of the Mass throughout the world, in reparation for my sins, for the intentions of all our associates, and in particular for the intentions of the Holy Father. Amen.

___12. HAIL, HOLY QUEEN Hail, holy Queen, Mother of mercy; our life, our sweetness and our hope. To you do we cry, poor banished children of Eve. To you do we send up our sighs, mourning and weeping in this valley of tears. Turn then, most gracious Advocate, your eyes of mercy toward us. And after this our exile show unto us the blessed fruit of your womb, Jesus. O clement, O loving, O sweet Virgin Mary.

V. Pray for us, O holy Mother of God.

R. That we may become worthy of the promises of Christ.

___13. Corporeal Works of Mercy Feed the hungry. Give drink to the thirsty. Clothe the naked. Shelter the homeless. Visit the sick. Visit the imprisoned. Bury the dead.

___14. Spiritual Works of Mercy Help the sinner. Teach the ignorant. Counsel the doubtful. Comfort the sorrowful. Bear wrongs patiently. Forgive injuries. Pray for the living and the dead.

___15. **Mysteries of the Rosary**

The Five Luminous Mysteries

The Baptism in the Jordan
 The Wedding at Cana
 The Proclamation of the Kingdom
 The Transfiguration
 The Institution of the Eucharist

The Five Joyful Mysteries

The Annunciation
 The Visitation
 The Birth of Our Lord
 The Presentation of Our Lord
 The Finding of Our Lord in the Temple

The Five Sorrowful Mysteries

The Agony in the Garden
 The Scourging at the Pillar
 The Crowning with Thorns
 The Carrying of the Cross
 The Crucifixion and Death of Our Lord

The Five Glorious Mysteries

The Resurrection
 The Ascension
 The Coming of the Holy Spirit
 The Assumption of our Blessed Mother into Heaven
 The Coronation of our Blessed Mother

Appendix B1: Guidelines for Confirmation Sponsors

Godparent/Sponsor Selection (Taken from Canon Law and the *Catechism of the Catholic Church*)

ROLE OF GODPARENT/SPONSOR

1. It is the responsibility of the sponsors to furnish the candidate with a strong witness to the faith, to assist them in dealing with doubts and anxieties, and to guide the personally in their Christian lives after Baptism.
2. CCC 1309-11: Preparation for Confirmation should aim at leading the Christian toward a more intimate union with Christ and a more lively familiarity with the Holy Spirit—his actions, his gifts, and his biddings—in order to be more capable of assuming the apostolic responsibilities of Christian life. To this end catechesis for Confirmation should strive to awaken a sense of belonging to the Church of Jesus Christ, the universal Church as well as the parish community. For this, candidates for Confirmation, as for Baptism, fittingly seek the spiritual help of a sponsor.

REQUIRMENTS FOR GODPARENTS/SPONSORS

1. A Sponsor must plan to be present if possible and be a guide and example of the Catholic faith.

Can. 892 Insofar as possible, there is to be a sponsor for the person to be confirmed; the sponsor is to take care that the confirmed person behaves as a true witness of Christ and faithfully fulfills the obligations inherent in this sacrament.

2. Every sponsor must meet specific requirements. These requirements insure that the role of sponsor is fulfilled well.

Can. 874 §1 To be admitted to undertake the office of sponsor, a person must:

1° be appointed by the candidate for baptism, or by the parents or whoever stands in their place, or failing these, by the parish priest or the minister; to be appointed the person must be suitable for this role and have the intention of fulfilling it;

2° be not less than sixteen years of age, unless a different age has been stipulated by the diocesan Bishop, or unless the parish priest or the minister considers that there is a just reason for an exception to be made;

3° be a catholic who has been confirmed and has received the blessed Eucharist, and who lives a life of faith which befits the role to be undertaken;

4° not labor under a canonical penalty, whether imposed or declared;

5° not be either the father or the mother of the person to be baptized.

§2 A baptized person who belongs to a non-Catholic ecclesial community may be admitted only in company with a catholic sponsor, and then simply as a witness to the baptism.

*If a sponsor is unable to be present for the sacramental celebration, a *proxy* must be selected.

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