May 2019

St. Luke Catholic School





May 15 Early Release 2PM May 24 Walk-A-Thon May 27 Memorial Day (No School) May 31 Early Release



Fitness Tip: MyPlate recommends:

- Children need at least 60 minutes of physical activity every day.
- Be active together as a family.Physical activity should be fun and offer variety.

		Choosenyratelgov		
Monday	Tuesday	Wednesday///	Thursday	Friday
	Lunch \$3.00 Extra Entree \$1.15 Entree Only \$2.00 Extra side \$0.50 Yogurt \$0.70 Water \$0.70	Corn Dog Tater Tots Milk	Meatball Hoagie Oven Roasted Carrots Milk	Grilled Cheese Sandwich 3 Tomato Soup Milk
Chicken Nuggets Smiley Potatoes Milk	French Toast Sticks Sausage Hash Browns Milk	Hot Dog Baked Beans Milk	Chicken & Noodles Mashed Potatoes Milk	Cheese Pizza Breadstick Milk
Pepperoni Calzone Milk	Spaghetti w/ Meatballs 14 Milk	Pulled Pork Sandwich Curly Fries Milk	Oven Baked Chicken Mashed Potatoes w/ Gravy Milk	Tortellini w/ Marinara 17 Milk
Teriyaki Chicken w/ Rice 20 Milk	French Toast Sticks Sausage Hash Browns Milk	Breaded Chicken Sandwi 22 Tater Tots Milk	Bosco Sticks w/ Marinara 23 Milk	Hot Dog Chips Milk
Memorial Day 27	Chicken Nuggets Smiley Potatoes Milk	Pepperoni Pizza Breadstick Milk	Corn Dog Tater Tots Milk	This institution is an equal opportunity provider