Governance Update

Nominating Committee Chairperson, Boyd R. Buser, DO, sent a solicitation to the Academy’s leadership requesting suggestions for candidates, whom the Committee might approach for consideration of placement on the March 2009 election ballot at the Annual Business Meeting. The Nominating committee consisting of Chair, Dr. Buser; John C. Glover, DO, FAAO; Immediate Past President, Claudia L. McCarty, DO, FAAO; Karen M. Steele, DO, FAAO; and Melicien A. Tettambel, DO, FAAO; will hold its annual teleconference at the end of this month to review these suggestions. At this meeting the committee will prepare the slate of nominees for all open positions, including president-elect, secretary-treasurer, two trustees, ten governors, and four nominating committee members; to be approved at the fall Board of Trustees meeting at the AOA Convention at the end of October.

AAO Offers Osteopathic Diagnosis and Treatment Education

Each year at the AOA convention, the American Academy of Osteopathy (AOA) offers its free osteopathic diagnosis and treatment education sessions to convention goers, including guests and exhibitors. These sessions are provided for educational purposes only. DOs from all specialties are invited to volunteer to provide care for the AAO program. The AAO welcomes osteopathic physicians who want to volunteer. One half-hour Category 1A CME credit is given for each person the physician sees. The AAO prefers advance notice from osteopathic physicians who want to volunteer but will accept on-site registration. The dates and times of the sessions are as follows: Monday, October 27 — 9 am to noon, 3 pm to 5 pm; Tuesday, October 28 — 9 am to noon, 2 pm to 5 pm; and Wednesday, October 29 — 9 am to noon, 2 pm to 5 pm. The OD&TE Service will be located in Marco Polo 804 of the Congress Center. Volunteers must have their own professional liability coverage. If you are interested in volunteering, please contact Diana Finley, Director of Education at (317) 879-1881 or dfinley@academyofosteopathy.org.
2008 Membership Directory

The 2008 Membership Directory is near completion. AAO headquarters plans to place the directory in an electronic format and place on the website. You can look for the newest directory in the members only section in early October. Be sure to look at your personal information and submit the change in information form with your current contact information.

PAAO Resident of the Year Award

Watch for information about the PAAO Resident of the Year Award. For questions, please contact Kelli Bowersox, Director of Donor and Member Services at 317-879-1881 or kbowersox@academyofosteopathy.org

Component Society Relations

The Cranial Academy Board of Directors will be conducting a Strategic Planning session in mid-October in conjunction with our fall Board meeting.

The Cranial Academy is offering the following courses.


February 14-18, 2009, “Osteopathy in The Cranial Field” (a 40-hour Introductory Course) at the Marriott Hotel in Burlingame, California.

February 19-22, 2009, “The Cranial Base” also in Burlingame, California (Intermediate Course). Course Directors will be R. Paul Lee, DO FAAO and Paul E. Dart, MD, FCA.

In late April or early May, the Cranial Academy again will offer an Intermediate Course, “Brain Parenchyma, Nuclei and Fluid” with Bruno Chikly, MD, DO tentatively scheduled for Arizona College of Medicine at Midwestern University in Glendale, Arizona.

Those interested in any of the Cranial Academy's courses can refer to their website at: www.cranialacademy.org.

New from the Membership Department

The Membership Committee meet via a teleconference call on September 17, 2008. Kelli Bowersox, Director of Donor and Member Services advised the committee of upcoming projects including a UAAO/PAAO mailer, creation of the membership directory to be placed on the AAO website early October, preparing a mailing to archived members, and the development of a membership survey.

New in AAO Communications

The communications department is continuing to work with Promethius Consulting to upgrade the AAO website. It has been a tireless effort, but could not have been done without the thorough review of our current site and development of a detailed report provided by the IT committee. We hope that you will see the work of the IT committee shine through as the renovated AAO website is launched in early October.

We are continuing to work on ways to improve communications with AAO members and those outside of the organization who may be interested in joining the family. We are continuing the work related to publishing AAO newsletters in an electronic format as an additional benefit for members.

C-NMM/OMM Committee Update

The C-NMM committee is working to address the needs of C-NMM holders to have an accessible reference that states the role of C-NMM. These top roles include: C-NMM is one of 18 AOA board certifications and C-NMM is a primary certification that allows one to practice osteopathic medicine and receive consultations from other physicians. Committee Chair Dr. Warner forwarded options to the AAO Board of Trustees for the review at the October Board of Trustees’ meeting in Las Vegas, NV.

Members include Michael J. Warner, DO, Chair; Charles A. Beck, DO; Jonathan N. Bruner, DO; Gail L. Dudley, DO; Hugh M. Ettlinger, DO, FAAO, Vice Chair; Pamela L. Grimaldi, DO; Jeannie E. Heyer-Easterly, DO; Virginia M. Johnson, DO; G. Bradley Klock, DO, FAAO; George J. Pasquarello, DO, FAAO; Michael P. Rowane, DO, FAAO; Karen M. Steele, DO, FAAO; and Joel D. Stein, DO, FAAO.
Reason Number 4 You Want to Go to the AAO Annual Convocation in Little Rock

William J. Clinton Presidential Library and Museum

Beginning a tradition that continues to this day, President Franklin D. Roosevelt raised private funds and built a library, which he gave to the U.S. government for operation through the National Archives. In 1955, this process became law when the U.S. Congress passed the Presidential Libraries Act.

The archival and museum holdings at the Clinton Presidential Library and Museum are the largest within the Presidential Library system. Included in these collections are approximately 76.8 million pages of paper documents, 1.85 million photographs and over 84,600 museum artifacts. Presidential Libraries are not libraries in the usual sense. They are archives and museums, preserving the written record and physical history of our presidents, while providing special programs and exhibits that serve their communities. These libraries, described by President Reagan as “classrooms of democracy,” belong to the American people. The American Presidency is part of a unique heritage that is yours to explore through archives, museums, and special programs. Presidential Libraries preserve the documents and artifacts of our Presidents and provide insight into the times in which these Presidents lived and served the nation.

Hours
Monday – Saturday: 9:00 a.m. – 5:00 p.m.
Sunday: 1:00 p.m. – 5:00 p.m.

Admission
Adults (18-61) $7.00
Senior citizens (62+) $5.00
College Students (w/ Valid ID) $5.00
Retired Military (w/ Valid ID) $5.00
Children (6-17) $3.00
Children under 6 Free
UACS Faculty and Staff Free
School Groups w/ Reservations Free
All Active Duty Military are Free

For more information, please visit: http://www.clintonlibrary.gov/

Reason #3: Arkansas Arts Center

“Experience the excitement that Arkansas’ leading cultural institution has to offer. Located in historic MacArthur Park in Little Rock, the Arkansas Arts Center features elegant art galleries that showcase the Center’s acclaimed collection. For over 30 years, the Arkansas Arts Center has been steadfastly committed to building a collection of unique works on paper, primarily American and European, from the Renaissance to the present. Among the most recognizable works in the collection are sheets by Cézanne, Van Gogh, Jackson Pollock, Georgia O’Keeffe, Alison Saar, Rembrandt and Rubens. The collection also features 135 drawings and watercolors by the Post-Impressionist Paul Signac, over 100 Post-Minimalist drawings, Arthur Dove’s Sketchbook “E”, and nearly 80 works by Will Barnet. Masterworks in the collection include paintings by Diego Rivera, Odilon Redon and Francesco Bassano; sculpture by Henry Moore, Louise Nevelson and Roy Lichtenstein; and prints by Rembrandt, Whistler and Dürer. The second major area of the collection is contemporary objects in craft media, including teapots by Contemporary artists, contemporary baskets, turned wood objects, studio glass, ceramics, metalwork and toys designed by artists. Among the highlights are works by Dale Chihuly, Albert Paley, Peter Voulkos and Dorothy Gill Barnes.”

Admission to the Arkansas Arts Center Foundation collection is free for all visitors.
Hours: Tuesday - Saturday 10 a.m. until 5 p.m. and Sundays 11 a.m. until 5 p.m.

Reason #2: Fantastic networking with your peers
Reason #1: Great Educational Opportunity
AAO Programs

October 9-11, 2008 Prolotherapy Weekend
University of New England College of Osteopathic Medicine, Biddeford, ME
Program Chair: Mark S. Cantieri, DO, FAAO
Additional Faculty: George Pasquarello, DO, FAAO
Course brochure

October 25, 2008 Flu Pandemic Pre-Convention Workshop Las Vegas, NV
Program Chair: Dennis J. Dowling, DO, FAAO
Course brochure

November 6-8, 2008 Muscle Energy: Three Visions
Midwestern University Arizona College of Osteopathic Medicine, Glendale, AZ
Course brochure

December 5-7, 2008 Cranial Nerve Dysfunction
Western University of Health Sciences College of Osteopathic Medicine of the Pacific, Pamona, CA
Course brochure

The following programs were confirmed for the 2009 calendar year.

January 9-11, 2009 – Fundamentals of OMM at NOVA Southeastern University College of Osteopathic Medicine (NSUCOM)
Course brochure coming soon!

January 23-25, 2009 – Fundamentals of OMM at Midwestern University/ Arizona College of Osteopathic Medicine (AZCOM)
Course brochure coming soon!

February 28-March 1, 2009 – Dr. Fulford's basic percussion: A Systematic Approach to the Whole Body at Tucson Osteopathic Medical Foundation, Tucson, Arizona
Course brochure coming soon!

March 25, 2009 – PINS Workshop at Little Rock, AR
Course brochure coming soon!

Course brochure coming soon!

March 29-31, 2009 – Osteopathic Considerations in the Foregut in Little Rock, AR
Course brochure coming soon!

May 1-3, 2009 – Evidenced-Based Manual Medicine at Western University of Health Sciences College of Osteopathic Medicine of the Pacific (COMP).
Course brochure coming soon!

May 15-17, 2009 – The Still Technique at New Jersey School of Osteopathic Medicine (UMDNJ/SOM).
Course brochure coming soon!

The July through December courses will be confirmed at the October Education Committee Meeting in Las Vegas, NV.

New from the Education Department

The Education Committee will convene a meeting on Tuesday, October 28, 2008 at the Congress Center (connected to the Venetian Hotel in Las Vegas, NV). The meeting room name is Bassano 2706 (Level 2). Dr. DeStefano will bring the committee up-to-date on the final program for both physicians’ and the students’ programs. Dr. Mason will engage in a discussion with the committee his plans for the 2009 Convention program in New Orleans and Dr. Newman will forward her comments to the members of the committee regarding the 2010 Convocation program in Colorado Springs. A Speaker Agreement form and a Program Chair Agreement form have been created by the AAO staff and will be presented to the Education Committee members for discussion and approval.
The Postdoctoral Standards & Evaluations Committee

The PS&E Committee met via a conference call on September 3, 2008. Members present included Doris B. Newman, DO, Chair; Laura E. Griffin, DO, Vice Chair; Michael Carnes, DO, FAAO; Wm. Thomas Crow, DO, FAAO; Lisa A. DeStefano, DO; Lori A. Dillard, DO; David C. Eland, DO, FAAO; Hugh M. Ettlinger, DO, FAAO; Heather P. Ferrill, DO; Jeanne E. Heyser-Easterly, DO; David C. Mason, DO; Natalie A. Nevins, DO; George J. Pasquarello, DO, FAAO; Michael P. Rowane, DO, FAAO; E. Hunter Sharp, DO and Eric J. Snider, DO. Diana Finley staffed the teleconference.

Resolutions were sent to the Postdoctoral Training Review Committee for approval of the Maine-Dartmouth NMM Plus One program and the Plus One Program at the Oklahoma State University College of Osteopathic Medicine.

Drs. Pasquarello, Crow and Rowane volunteered to inspect a residency program before the end of the year. This would bring the committee up-to-date with inspections for the calendar year 2008.

The program directors’ workshop during the 2009 AAO Convocation is slated for Saturday, March 28, 2009. Drs. Nevins, Rowane, and Carnes volunteered to present. The potential topics include: "Research 101 in Residency Programs", "Billing and Coding", and "How to Review a Resident’s Paper".

Following thorough discussion, the committee voted on and approved a $30.00 per resident exam fee would be assessed to the residency program for every resident taking the mandatory in-service exam beginning with the next exam, March 25, 2009. This $30.00 fee will be charged whether the resident is taking the exam at the AAO Convocation site or at the residency training program site. The $30.00 exam fee which will be used to supplement the AAO’s general fund for reimbursement of AAO staff time and supplies used to conduct this exam.

Residents and Residency Program Directors should be advised that in the approved 2008 updated Basic Standards Documents, it is a requirement that all 2-year NMM/OMM and NMM Plus-One residents attend the AAO convocation annually, and the Integrated NMM/FP residents attend convocation at least two times during the OGME2 through OGME4 years. These documents have been approved by the AAO’s PS&E committee in June of 2008 and will be considered by the AOA's PTRC in October of 2008 with full expectations of approval. They will begin to be enforced no later than July 2009.

Drs. DeStefano and Dillard are heading a PS&E subcommittee for the 2009 residents` in-service residents’ exam. All committee members participate in the item writing process.

Dr. Newman will convene a PS&E Committee meeting on Monday, October 27, 2008 at the Congress Center (connected to the Venetian Hotel in Las Vegas, NV). The meeting room name is Bassano 2707 (Level 2).

New Ideas Forum– Call for Papers

The Academy’s Education Committee has directed that the AAO’s Annual New Ideas Forum be included in the 2009 Convocation in Little Rock. Program Chairperson Lisa DeStefano, DO has scheduled the New Ideas Forum as a workshop from 2:00 pm - 5:00 pm on Saturday, March 28. The committee has issued this “Call for Papers” to be submitted for consideration at their winter meeting.

Presentations by leading clinicians and researchers are planned for the main sessions at the annual Convocation. It is the policy of the Education Committee to invite additional contributions for possible consideration at the annual Convocation from all interested parties. Paper presentations are designed to allow presenters to show, tell, and question a large audience of peers on (1) new ideas, (2) new presentations of old ideas in a new context, (3) or forgotten ideas for resurrection. Each of the four presenters will be allotted a maximum of 15 minutes, including discussion.

Presenters receive no honorarium or reimbursement of expenses, only a listing of the title of their presentation in the Convocation workbook and a maximum of 15 minutes (including discussion) on the agenda. Written abstracts of ideas/papers should be directed to the AAO Education Committee, 3500 DePauw Boulevard, Suite 1080, Indianapolis, IN 46268. Deadline for receipt of written abstracts is Friday, December 26, 2008. Education Committee Chairperson Jane E. Carreiro, DO will formally notify those presenters who have been selected immediately following the Committee's winter meeting.
Vicki E. Dyson Scholarship (For Students)

Vicki E. Dyson (1937-1990) put her heart and soul into her role as AAO Executive Director. She truly loved her job and all the people that make up the Academy. She took great pride in serving every individual with whom she came in contact and was very proud of her association with the osteopathic profession. She was a special and caring person who touched many lives in many wonderful ways.

In her honor, the Undergraduate American Academy of Osteopathy (UAAO) has developed a scholarship program. Each year UAAO members completing a four week elective rotation in Osteopathic Manipulative Medicine will be eligible for this $400 scholarship. One scholarship is available to each school. This elective must be completed outside of your university with a physician that participates as a Vicki E. Dyson preceptor. Required OMM rotations are not eligible for this scholarship. A list of physician preceptors is available to UAAO members ONLY from the AAO/UAAO Coordinator at the AAO office. An essay about your experience is to be submitted to the AAO office upon completion of your rotation. This essay will be used to decide the winners of this scholarship should there be more applicants than funds allocated. Essays of scholarship winners will be posted on the website.

UAAO members may request that a physician be added to the list of preceptors. The applications are voted on quarterly by the Board of Trustees. In order to qualify for this scholarship the preceptor must be approved before the rotation takes place. It is therefore recommended to contact the AAO office about adding new physicians well in advance to the rotation dates. To qualify as a preceptor for the Vicki E. Dyson Scholarship the physician must meet three basic requirements:

• The physician must be a D.O.
• The physician must be a member of the American Academy of Osteopathy (AAO)
• The physician’s practice must be composed of at least 50% osteopathic manipulative medicine. –OR–
• The physician must treat at least 20 patients per week with osteopathic manipulative medicine.

Preceptor applications can be obtained from the AAO/UAAO Coordinator at the AAO office.

DEADLINE FOR SUBMISSION is June 30th. Any scholarship application received after June 30th will be held over for the next year’s scholarship.

If you have questions, please contact AAO/UAAO Coordinator
Phyllis McNamara
American Academy of Osteopathy®
3500 DePauw Blvd. Suite 1080
Indianapolis, IN 46268
Phone: 317/879-1881
Fax: 317/879-0563
Email: pmcnamara@academyofosteopathy.org

Golden Ram Society
2008-2009 Campaign Donor Categories
Career donors also receive recognition when they reach the $5,000, $10,000 and $20,000 in lifetime contributions to the AAO’s Golden Ram Society.

President’s Club – $2,500 or more
Club members receive recognition on the AAO website, the AAO annual report, AAO Leadership Newsletter, AAO Newsletter and acknowledgement as a Golden Ram contributor at the Academy’s Annual Convocation as well as at the Gavel Club Reception.

A. T. Still Club – $1,000 – $2,499
Club members receive recognition on the AAO website, the AAO annual report, AAO Leadership Newsletter, AAO Newsletter and acknowledgement as a Golden Ram contributor at the Academy’s Annual Convocation.

T. L. Northup Club – $500 - $999
Club members receive recognition in the AAO annual report and the AAO Leadership Newsletter, AAO Newsletter and acknowledgement as a Golden Ram contributor at the Academy’s Annual Convocation.

Louisa Burns Club – $250 - $499
Club members receive recognition in the AAO annual report and the AAO Newsletter and acknowledgement as a Golden Ram contributor at the Academy’s Annual Convocation.

Vicki Dyson Club – $100 - $249
Club members receive recognition in the AAO annual report and acknowledgement as a Golden Ram contributor at the Academy’s Annual Convocation.

Supporter – $99 or less
Club members receive recognition in the AAO annual report and acknowledgement as a Golden Ram contributor at the Academy’s Annual Convocation.

We Want to Know!
What type of information are you looking for in your membership newsletter? We want to hear from you!
Send your thoughts and ideas to jtaylor@academyofosteopathy.org. Make your voice heard!
AAO 2008-2009 Golden Ram Society
Annual Campaign is Underway!

The Golden Ram Society is a vehicle to enable members and friends of the AAO to provide an annual tax-deductible contribution to support the work of the AAO. Members of the Gold Ram Society are recognized both for their annual contributions as well as for their lifetime contributions to the Society. If you would like to donate, contact Kelli Bowersox at (317) 879-1881 or kbowersox@academyofosteopathy.org.

Contributors to the 2008-2009 Golden Ram Society

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**AT Still Club**
Brian McDevitt, DO
David B. Hagie, DO
David R. Boesler, DO
Gary Ostrow, DO
Hollis Heaton King, DO, PhD, FAAO
John Balmer, DO & Patricia Balmer, RN
John G. Hohner, DO, FAAO
Jonathan E. Fenton, DO
Karen M. Steele, DO, FAAO
Quoc L. Vo, DO
Robert E. McAlisted, MD
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Stephen D. Blood, DO, FAAO
S. Agnello, DO
Robert N. Agnello, DO & Kerry S. Agnello, DO

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G. Bradley Klock, DO, FAAO
Gregory Craddock, DO
Guy A. DeFeo, DO

As of September 26, 2008

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Visiting Faculty

As of September 26, 2008

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Grace R. Willis, DO
Haifan Chen, DO

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Visiting Faculty

As of September 26, 2008
Fit and Healthy: An Osteopathic Approach to Fitness and Obesity

Natalie Nevins, DO, program chair has themed the Academy’s program as, “Fit and Healthy: An Osteopathic Approach to Fitness and Obesity”. She has been able to obtain co-sponsorship with the American Osteopathic Academy of Sports Medicine; American College of Osteopathic Pediatricians, American Osteopathic Association of Medical Informatics; American Osteopathic College of Physical Medicine and Rehabilitation; and the American Osteopathic College of Physical Medicine and Rehabilitation. Dr. Nevins is looking forward to greeting you at the AAO Program in Las Vegas.

Did you know?
Regardless of the registration category selected, registrants are entitled to attend ANY of the didactic sessions planned by ANY of the participating organizations. On the AOA Convention registration form, The “Practice Group Categories” (Section 1) are for those who choose to register in a specialty category. If you desire to register with more than one participating practice affiliated organization, you may do so. Please indicate your PRIMARY CHOICE. You will receive an affiliate ribbon for each choice, and your name will appear on the attendance roster of each practice organization selected.
The Leadership and Dr. Nevins asks that you please be sure to REGISTER AS AN ACADEMY MEMBER since the AAO's only revenue from the Convention accrues from attendees who check the AAO on their registration forms. Tell your AAO non-member colleagues that they do NOT have to BE an AAO member to REGISTER as an AAO MEMBER. They just may want to support the Academy.

Click HERE for a Convention Registration Form.

The Palazzo Hotel Resort Casino and the Sands Convention Center, Las Vegas, Nevada

Registration is open for the AOA’s 113th Annual Convention and Scientific Seminar, October 26-30, 2008, in Las Vegas, Nevada. Registration after September 4 will be held for onsite pick up. If you have not already done so, complete your registration form (HERE) TODAY.

Program Goals and Objectives for the AAO Program
• Attendees will learn how to educate their patients on choosing and implementing an exercise program.
• Attendees will learn some of the barriers in creating a healthy lifestyle and how to overcome them.
• Attendees will learn about the special needs of geriatric, pediatric, and OB patients in creating an overall fitness plan.
• Attendees will learn appropriate manipulation techniques useful in the treatment of pediatric, geriatric and OB patients.
• Attendees will learn how to evaluate exercise footwear and how to help patients choose the right ones.
• Attendees will learn methods of identifying key somatic dysfunctions and techniques for the treatment of athletes and weekend warriors.
• Attendees will be exposed to the use of EMR and how to utilize it in their practice.

Be sure to visit us at the AAO Booth (number 648) and spin the wheel for a chance to win exclusive AAO prizes! See you in Las Vegas!
American Osteopathic Association  
113th Annual Convention and Scientific Seminar  
Sunday, October 26 – Thursday, October 30, 2008 – Las Vegas, NV  
ADVANCE REGISTRATION

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City/State/Zip

Credit Card No.

Bus Telephone

Expiration Date

E-mail

Name on Card

Fax

Check here if paying by check

Signature of Cardholder

Alumni Luncheon: (Specify college)

Check here if address is NEW

AOA Member: Yes ☐ No ☐

PRACTICE GROUPS – SECTION 1
If you register here, do not register in Section 2
(Multiple selection permitted here for DOs only)

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DO & OTHER CATEGORIES – SECTION 2
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GUEST NAMES: (Guests without payment are automatically registered as a "No Fee" guest)

(1) ___________________________ (2) ___________________________ (3) ___________________________ (4) Juvenile name(s)

KEY TO SYMBOLS FOR TICKETS

* Ticket for one person to attend the AOA/AAOA Presidents’ reception and one alumni luncheon ticket.
** Ticket for one person to attend the AOA/AAOA Presidents’ reception.

TOTAL FEE $_______

FOR OFFICE USE ONLY

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☐ Check box if you do NOT want to receive promotions of any kind.
**Board & Committee Meeting Calendar**

For questions regarding your committee meeting schedule, please contact your AAO staff liaison.

**September 2008:**
Nominating Committee Meeting: Tuesday, September 30, 2008 at 8:00 pm via Teleconference

**October 2008:**
Postdoctoral Standards and Evaluation: Wednesday, October 1, 2008 at 5:30 pm via Teleconference
Board of Trustees: Sunday, October 26, 2008 at 8:00 a.m. in Las Vegas, NV
Education Committee Meeting: Tuesday, October 28, 2008 at 12:00 noon in Las Vegas, NV
PS&E Committee Meeting: Monday, October 27, 2008 at 6:30 (PT) in Las Vegas, NV

**January 2009:**
Education Committee Meeting: Friday-Saturday, January 30-31, 2009 in Indianapolis, IN

**February 2009:**
PS&E Committee Meeting: Wednesday, February 25, 2009 at 6:00 pm (EST) phone conference

**March 2009:**
Board of Trustees: Wednesday, March 25, 2009 12:00 pm-5:00 pm and Saturday (March 29, 2009) luncheon
Board of Governors: Wednesday, March 25, 2009 8:00 am-12:00 pm
Fellowship Committee: Tuesday, March 24, 2009 8:00 am-5:00 pm
Publications Committee
PS&E Committee Meeting: Thursday, March 26, 2009 at 6:30 pm (CST) in Little Rock, AR

**June 2009:**
Board of Trustees
PS&E Committee Meeting: Wednesday, June 3, 2009 at 6:00 pm (EST) phone conference

**August 2009:**
Education Committee

**September 2009**
PS&E Committee Meeting: Wednesday, September 9, 2009 at 6:00 pm (EST) phone conference

**October 2009**
PS&E Committee Meeting: Monday, November 2, 2009 at 6:30 am (CST) in New Orleans, LA

**Staff Liaisons**

Board of Trustees - Harriet O'Connor
Board of Governors - Harriet O'Connor
Bylaws - Harriet O'Connor
C-NMM/OMM - Diana Finley
Education - Diana Finley
External Fund Raising - Kelli Bowersox
Fellowship - Diana Finley
Informational Technologies - Jennifer Taylor
International Affairs - Harriet O'Connor
Investment - Kelli Bowersox
Louisa Burns Osteopathic Research - Jennifer Taylor
Membership - Kelli Bowersox
Nominating - Harriet O'Connor
OPTI Liaison Committee - Diana Finley
Osteopathic Diagnosis and Treatment Education - Diana Finley
Osteopathic Medical Economics - Harriet O'Connor
Postdoctoral Standards and Evaluation - Diana Finley
Publications - Jennifer Taylor
Undergraduate Academies - Phyllis McNamara
Postgraduate American Academy of Osteopathy - Kelli Bowersox
Members in the News

AAO members are constantly honored for their efforts and strides in osteopathy. In an effort to honor those members, we have included their announcement here in Body, Mind, & Osteopathy.

When available, we will provide to the link to the full article in its original publication. You are encouraged to follow the link in the blurb to read the full article. Items without an available link are printed in their entirety.

Stephen Swetech, DO Honored

Clinton Township family doctor Stephen M. Swetech was recently honored by the township's Board of Trustees for his many services to the community and for receiving the Governor's Award for Excellence…

To continue reading this article, please click HERE to be directed to this article’s home publication.


Osteopathy and Childhood with Eric Dolgin, DO, FCA

According to The New York Times, osteopathic medicine is one of the fastest-growing medical professions in the United States. More than 50,000 osteopathic physicians practice in recognized specialties such as obstetrics, neurosurgery, cardiology, and internal medicine. Just a fraction of them are certified to practice cranial osteopathy because only licensed physicians who have completed additional training in this specialty may provide this drugless, non-invasive medical treatment.

“I like to treat problems no one else can help,” says Dr. Eric Dolgin, DO, F.C.A., an osteopathic physician whose expertise in cranial osteopathy is attracting patients from all over the country. Dolgin is recognized as one of the top practitioners in this field in California. During his 25 years in practice, Dr. Dolgin has proven that cranial osteopathy can achieve positive results in many cases where other approaches have failed. He has made breakthroughs in the treatment of children with mild to moderate autism, learning disabilities, and other difficult to treat conditions.

To continue reading this article, please click HERE to be directed to this article’s home publication.


Dr. Blood Recognized in Alumni Magazine

Stephen D. Blood, DO, FAAO, recently received the 2008 Andrew Taylor Still Medallion of Honor from the American Academy of Osteopathy. The academy presents the medallion to deserving members who have exhibited an exceptional understanding and application of osteopathic principles and of the concepts that are the outgrowth of those principles.

To continue reading this article, please click HERE to be directed to this article’s home publication.


Mark S. Cantieri, DO, FAAO and Doug J. Jorgensen, DO Published in Fibromyalgia Aware Magazine

AAO Board of Trustee mebers, Mark S. Cantieri, DO, FAAO and Doug J. Jorgensen, DO, have been published in the August 2008 volume 17 Fibromyalgia Aware Journal. Click HERE to be connected with the National Fibromyalgia Association.
Keith R. Barbour, DO, Selected As Team Physician For ‘09 US Disabled Water Ski World Championship

The Water Skiers with Disabilities Association (WSDA) is sending a team to represent the U.S. at the Disabled Water Skiers World Championship in France in 2009. Dr. Keith R. Barbour, owner of Rehabilitation Specialists of Monroe, Michigan, has been asked to join them again as the official Team Physician. Having worked with the team for more than twenty years, Dr. Barbour is thrilled with the opportunity and is dedicated to raising $5,000 for the team by April 1st. U.S. Disabled Water Ski “Life is Good” T-Shirts are available at the Rehabilitation Specialists location for $25.00 of which $10.00 will go directly to the team.

According to team members, Dr. Barbour plays a critical role in determining the level of success of each athlete and the overall team. According to team member Stephany Glassing: “I credit his therapy with my success at being an Elite Athlete…” Bill Furbish, C7 quadriplegic and spinal cord injury, world record holder in water ski jump and slalom recounts: “I injured my elbow in the preliminary event and thought I was out of the competition. Fortunately for me, Dr. Barbour was there to help. After several treatments and some Ibuprofen, I was back in action for the finals and placed first in the event. I have been a believer in his techniques ever since.”

The money Dr. Barbour is raising for the team will help send them to France to win back the gold taken by Britain in the 2007 World Championship in Australia. Dr. Barbour became involved with disabled sports when he saw how this activity brought newly disabled individuals back into the swing of life, becoming self sufficient and productive members of society.

People or organizations interested in donating to the team can contact Jean at Rehabilitation Specialists (734) 241-0560, or send a check, made out to “USA Water Ski”, with “Disabled Team” on the notation line. Checks should be mailed to “USA Water Ski c/o Rehab Specialists of Monroe”, 975 S. Monroe St., Ste C., Monroe, MI 48161. USA Water Ski is a 401C corporation. Any donations are tax deductible.

Donations to the WSDA make many things possible, like the world travel competitors experience. Being a part of the WSDA has allowed Craig Timm, president of the organization and arm amputee, the chance to give back to the community, create awareness and educate. “The perception that a person with a disability can’t contribute to society or isn’t a whole person; that’s not the case,” he said. To learn more about the WSDA, visit “http://www.usawaterski.org/” and click on the “Disabled” division.

The Crazy Wisdom Interview with Dr. Jay Sandweiss

Synergizing Western and Eastern Approaches to Healing the Whole Person

Dr. Jay Sandweiss is one of the best-known, liveliest and most respected practitioners of integrative medicine in the Ann Arbor region. He is widely considered to be a gifted healer, and his medical practice has been overflowing almost since he opened his doors. He is Ann Arbor’s quintessential raconteur as healer, or healer as raconteur. Either way, he is known as a highly capable physician with a talent for synergistic thinking and innovative treatment plans. He is also known as a guy who brings humor, a zest for living, lots of knowledge, skillful means, and compassion to his medical practice.

Sandweiss graduated from Michigan State’s College of Osteopathic Medicine in 1988, and he is board certified in neuromusculoskeletal medicine and osteopathic manipulative medicine by the American Osteopathic Association. He is also board certified in medical acupuncture. He is extensively trained in Osteopathy, Applied Kinesiology, Applied Nutrition and Chinese Medicine. He has been practicing and teaching Japanese and Chinese martial arts for over thirty years, holding high black belt ranks in both Karate-do and Aikido.

To continue reading this article, please click HERE to be directed to this article’s home publication.

Brooks Blake, DO, Honored as TOMA’s “New Physician of the Year”

Marble Falls physician Brooks M. Blake, D.O., has received the Texas Osteopathic Medical Association’s New Physician of the Year Award for 2008. The award is presented to an osteopathic physician in practice five years or less, and recognizes outstanding community service, excellence in osteopathic medical practice, and contributions to public health, medical education and service to the osteopathic profession in Texas. The award was announced June 21 during the Joint Annual Convention of TOMA and the Texas ACOFP in Addison, Texas.

A specialist in Osteopathic Manipulative Medicine, Dr. Blake was honored for outstanding community service in Marble Falls. He has actively worked to further the quality of life for the poor and underserved in the area, and recently made the decision to open a new clinic to better serve their needs. That building is presently under construction.

He was also recognized for donating his services as a monthly volunteer at a free tattoo removal clinic in Austin for three years, driving over 40 miles each way. The clinic provides tattoo removal services at no cost for youth with gang-related tattoos. He has helped hundreds of young people erase the visible symbols of a life they no longer choose which, for many of them, is the final step in turning away from gang-related activities…

To continue reading this article, please click HERE to be directed to this article’s home publication.


Articles of Interest in Other Publications

“Our best thoughts come from others.” Ralph Waldo Emerson

The following information has been identified as possible items of interest found in related osteopathic publications. When available, we will provide the link to the full article in its original publication. You are encouraged to follow the link in the blurb to read the full article.

New Direction for Primary Care

As a reimbursement consultant that has worked with thousands of Osteopathic physicians since the middle 80’s of the last century (that sounds so weird!), I have seen the business of the medical profession deteriorate from a point where the patients paid the physician and received a receipt and filed their own insurance, expecting that the insurance carrier would reimburse them… and they did… to where we are today. So, where are we? ….

To continue reading this article, please click HERE to be directed to this article’s home publication.

Puente de Comunicación Osteopática”

As osteopathic physicians, our tagline is “Treating Our Family and Yours.” This reflects how DOs treat their patients as though they were part of their own family, which includes communication. By utilizing simple Spanish translations, you will be establishing a more comfortable and family-like environment for your patients, which will also complement the osteopathic tagline. The “Puente de Comunicación Osteopática” is an idea whose time has come.

Translation topic: Seizure disorders

To continue reading this article and learn phrases related to seizure disorders in the Spanish language, please click HERE to be directed to this article’s home publication.


Pennsylvania Blues Merger Could Hinge on Definition of Market

Regulators examine whether the combined company would be a huge player in a local market or a smaller player in a national market. As the proposed merger between two Pennsylvania Blue Cross Blue Shield-affiliated plans comes closer to resolution, the answer to one question could determine its approval or rejection: What is a market? Whether nonprofits Independence Blue Cross and Highmark Inc. are allowed to combine could come down to which perspective regulators believe is more germane: the distinct local markets each Blues plan works in now, or the regional and national markets in which the combined plan wishes to compete…

To continue reading this article, please click HERE to be directed to this article’s home publication.


Bruised and bleeding: Watching for von Willebrand disease

The National Heart, Lung and Blood Institute recently issued guidelines to raise awareness about this often overlooked bleeding disorder.

The simplest of assaults -- a nick while shaving or a too-close encounter with the bread knife -- starts a coagulation cascade, sending help to the endothelial wound. A few seconds of pressure or a piece of wet tissue on the gash and the cut seems fine. It's often an automatic response, rarely triggering any thought of the complicated clot-forming process. But even when this process consistently fails to happen, a bleeding disorder often is not considered…

To continue reading this article, please click HERE to be directed to this article’s home publication.

The Most Relevant PDA Software for Osteopathic Family Physicians

The amount of medical software available to use with personal digital assistants (PDAs) is available at a staggering level. Despite the plethora of PDA software options, many physicians do not use their PDA for much beyond its most basic functions.

To help assist you progress beyond using PDAs as a paperweight, 10 software PDA resources most relevant to practicing osteopathic family physician have been defined and summarized.

To continue reading this article, please click HERE to be directed to this article’s home publication.


Physicians Impacting Public Health: Current Approach to Physical Activity

Abstract: The sedentary lifestyle more than half of all Americans choose to lead is contributing to increased obesity and obesity-related chronic diseases. Physical activity can be a useful tool to prevent and treat these diseases but, for various reasons, many family physicians do not provide exercise counseling to their patients. The family physician serves as both a role model and a trusted source of information, acting as a catalyst to help patients become more physically active and improve their health. Though several barriers to providing exercise counseling may exist, current data indicates that these barriers can be overcome and physicians can play a significant role in providing patients with simple suggestions and guidelines aimed at helping them lead healthier, more physically active lifestyles.

Statement of the Problem
According to the Behavioral Risk Factor Surveillance System, less than one half of U.S. adults are engaged in the recommended levels of physical activity. Specifically, 49.7 percent of adult men and 46.7 percent of adult women participate in moderate intensity physical activity for at least 30 minutes per day, five days per week or vigorous intensity for at least 20 minutes per day, three days per week. ..

To continue reading this article, please click HERE to be directed to this article’s home publication.


ATSU Offers New Online Doctorate Degree

This program is one of only two in the country ATSU is set to fill a need in health education this fall with the introduction of its Doctor of Health Sciences (D.H.Sc.) program. Only the second of its kind in the United States, this innovative program addresses the needs of clinician educators, academic healthcare professionals, administrators, and healthcare practitioners by providing them with the project management and decision-making skills necessary to combat the challenges presented by current healthcare systems worldwide. ASHS Dean Randy Danielsen, Ph.D., PA-C, anticipates the greatest interest from physician assistants, nurses, physical therapists, military personnel, lab techs, dental hygienists, and those in the public health services.

To continue reading this article, please click HERE to be directed to this article’s home publication.

Overweight Adolescents with Type 2 Diabetes Underestimate Their Weight Problem, As Do Their Parents

Over 80 percent of children with type 2 diabetes are overweight or at risk for becoming overweight. These excess pounds increase their risk of developing diabetes-related complications, such as eye or kidney disease. Yet, severely overweight adolescents (mean body mass index, BMI, of 36.4 kg/m²) and their parents tend to underestimate the seriousness of their weight problem, finds a new study.

This misperception is also linked to poorer diet and more perceived barriers to healthy exercise and diet behaviors, note the researchers. They interviewed 104 adolescents (ages 12 to 20) and their parents about perceptions of the adolescents’ weight, diet, and exercise behaviors, as well as barriers to engaging in these behaviors. They also calculated the child’s BMI based on weight documented in their clinical records…

AHRQ and AARP Team to Help Adults over 50 Stay Healthy

The Agency for Healthcare Research and Quality (AHRQ) and the AARP have released two new checklists designed to help men and women over the age of 50 learn what they can do to stay healthy and prevent disease. AHRQ and AARP also released an accompanying wall chart that provides information about recommended preventive services and can be posted in both clinical and community settings.

The three publications—Men: Stay Healthy at 50+, Checklists for Your Health; Women: Stay Healthy at 50+, Checklists for Your Health; and the Staying Healthy at 50+ timeline—show at a glance the evidence-based recommendations from the U.S. Preventive Services Task Force regarding screening tests, preventive medicines, and healthy lifestyle behaviors for people 50 and older…

E-prescribers see Medicare Bonus, but Late Adopters Will Face Pay Cut

Meanwhile, the government proposes new rules that would lift the ban on e-prescribing of controlled substances.

Washington -- The Bush administration is running a full-court press on physicians to get them to embrace electronic prescribing well ahead of a new Medicare mandate that is a little more than three years away. Under the Medicare payment bill that became law in July, doctors who prescribe electronically for Part D patients in 2009 will get an incentive payment equal to 2% of all the Medicare services they provide for the year. This bonus will phase down over five years and disappear at the beginning of 2014.
Kansas Court Enforces Noncompete Clause

The court looked at a number of factors in weighing the contract's impact on the doctor, the employer and patient care. A Kansas appeals court recently affirmed the enforceability of noncompete clauses in a ruling that puts the spotlight on issues that can arise in drafting or signing the employment contracts. Kansas is among a majority of states that consider noncompete clauses legal, with varying case law or statutes as to when and how the provisions can be used. Eight states (Alabama, California, Colorado, Delaware, Massachusetts, North Dakota, Tennessee and Texas) have been known to outlaw or significantly restrict such clauses. In June, the Kansas Court of Appeals upheld a contract that restricted a family physician from practicing for three years in the same county as the group she left unless she paid the clinic 25% of her earnings during those three years after her termination...

To continue reading this article, please click HERE to be directed to this article’s home publication.

Do you need an MBA, or are there alternatives?

The American College of Physician Executives says that at any one time, at least 2,000 physicians are enrolled in its affiliated master's degree-level programs to improve their business and management skills. The number of physicians who are returning to the classroom to get physician executive MBAs has spiked in the past couple of years, as has the number of medical students who are pursuing a combined MD/MBA degree. Other doctors are getting advanced business degrees from programs that cater to the general student. Does that mean that every doctor needs a business degree?

To continue reading this article, please click HERE to be directed to this article’s home publication.

A.T. Still University
Kirksville College of Osteopathic Medicine
Founder’s Day Program

KCOM’s annual Founder’s Day continuing medical education program will provide an osteopathic manipulative treatment update for primary care physicians wishing to integrate osteopathic techniques into their patient care.

For more information, please visit: http://www.atsu.edu/kcom/cme/upcoming_programs/PDFs/FoundersDayCME08Web.pdf