President’s Message

Michael A. Seffinger, DO

ume ga ka ni—In plum blossoms’ scent (5 syllables)
notto hi no deru—The sunrise pops up ahead (7 syllables)
yamaji ka na—Mountain path appears (5 syllables)

This famous haiku poem by Matsuo Basho depicts the inventor of the haiku style of Japanese poetry in a moment of enlightenment, a feeling of unity with nature. He captures the wonderment and heightened awareness engendered by the sudden view of the sunrise as he is walking along a mountain path in the middle of winter, while smelling the sweet scent of the plum blossoms in the air. The plum trees blossom in the middle of winter, hinting at the coming of spring just around the corner. With their five petals and subtle, alluring scent, they symbolize the thriving human spirit that overcomes the darkness and cold of winter. The sun suddenly appears and illuminates the mountain path on which he is walking. He feels one with nature. The life FORCE of nature is felt, inspires him deeply, and he captures the moment for all time in an eloquent, minimalistic series of short phrases.

I have been walking on the mountain path with you for many months now. We have accomplished a great deal together. The sun has popped out and illuminated the path as we walked. Looking back, where have we been? What have we done? Remember how Past President Richard Feely, DO, FAAO, led us in the Spirit of Osteopathy? This provided the symbolic scent of the plum blossoms. The theme for this year has been the Mind, with a focus on research and education, illuminating us like the sun that provided Basho with a sense of heightened awareness and understanding of the FORCE of nature.

We created the Foundation for Osteopathic Research and Continuous Education (FORCE) and received pledges of more than one million dollars in such a short time that we have caught the interest of other foundations that have struggled to raise money as rapidly. We pushed the agenda on a national level to develop relevant research that directly affects clinical practice and patient care—that engenders educational programs which teach all clinicians the best practices and most efficacious methods of osteopathic manipulative medicine (OMM) for various clinical conditions.

We identified and shared published research related to osteopathic philosophy, principles and practices, from around the world through our weekly Osteoblast e-mails and quarterly “The Somatic Connection” column in the Journal of the American Osteopathic Association. Through published, evidence-based research, we will improve the reimbursement for our services and the access of our patients to the expert care we offer.

AAO members participated in identifying, critiquing and funding research in osteopathic manipulation through the AAO, as well as within the American Osteopathic Association (AOA). Altogether, they allocated about $500,000 to researchers at our American colleges of osteopathic medicine this year. Practice-Based Research Networks were developed through the leadership of Brian Degenhardt, DO, Founding Director of the A.T. Still Research Institute at A.T. Still University in Kirksville, MO, and John Licciardone, DO, MPH, Executive Director of the Osteopathic Research Center (ORC) at the University of North Texas Health Science Center in

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February 2012 AAO Member Newsletter 1
Ft. Worth, TX. (By the way, the ORC is co-sponsoring an international, interprofessional research conference, *Using Manual and Conventional Therapies to Enhance Musculoskeletal Health*, which will be held at the Hilton Hotel in downtown Fort Worth April 27-29. Several of our members have received grants from both the Heritage Foundation and the AOA to explore OMM research questions pertinent to our practices.

Our Louisa Burns Osteopathic Research Committee members are organizing a hands-on OMM research booth for your interactive edification at Convocation. Join in the fun and amazement of discovering nature’s truths, often popping up as unforeseen consequences of well-designed research inquiries.

Many members have demonstrated continuous education by attending our highly-acclaimed Continuing Medical Education (CME) courses and participated in our beta testing of the Web-based osteopathic continuous certification module created by Michael Warner, DO. By this time next year, our NMM/OMM specialty board diplomats will be required to demonstrate annual CME participation in these types of programs geared toward proving practice pattern improvement (usually via chart review and response to questions) through education and training in state-of-the-art, up-to-date, best practices. The AAO is taking the lead in providing updates in OMM best practices through novel, Web-based and hands-on educational programs for the practicing clinician throughout this and next year, and well into the future. Have you been keeping abreast of the latest developments in OMM? Stop procrastinating and treat yourself to a dose of enlightenment at one or several of our top-notch CME courses.

The recently-completed, e-mail-linked (Survey Monkey) membership survey showed that our student members are actively participating in our electronic communications and desire more research and education in best practices. There was a cry for advocacy of the AAO leadership in legislative and policy arenas in support of the practice of OMM and its appropriate reimbursement. About five percent of our members responded, implying that most members are not interacting readily via electronic media. I propose presenting written surveys at convocation to obtain a more representative response, since about 15 percent of our members attend the event annually.

Our NMM/OMM residencies have continued to grow and develop under the direction of our members at these sites and through oversight of our members who travel as inspectors to these sites around the country.

Our Web site is being updated and redesigned to facilitate ease of utilization and access to pertinent information. Our staff is working diligently to organize committee meetings, prepare for the 75th Anniversary Convocation in Louisville, KY, March 21-25, and keep us all focused on the strategic plan approved by the Board of Trustees throughout this year and for the next three years. Pay close attention to Web site content during convocation to get in the spirit of the Convocation anniversary theme.

The *AAO Journal* editor Murray Berkowitz, DO, MA, MS, MPH, is preparing a special anniversary-themed publication for next month, and Past President Anthony Chila, DO, FAAO, Executive Editor of our anniversary book, will present the completed work to the members attending next year’s convocation in Orlando, FL.

Kenneth Lossing, DO, Program Chair of the Diamond Anniversary Convocation, will help us recycle the best of our accomplishments over the past 75 years, as well as propel us toward our next milestone—our centennial anniversary in 2037—with the theme, “The Unified Osteopathic Field Theory.”

Medicare increased the value of Osteopathic Manipulative Treatment (OMT) reimbursement this year, in spite of proposed overall cuts in reimbursement to physicians in general. Momentum is building for standard credentialing for OMT privileges for DOs who practice in hospitals across the country, and I hope to soon see OMT back in all hospitals where DOs attend patients.

I will soon pass the gavel to President-Elect Jane Carreiro, DO, who will take us further along the path, which is representative of the Body, completing the proverbial triad of the tripartite human being espoused in our first osteopathic tenet “…the person is a unit of body, mind and spirit.” I am proud to state that we are living AOA President Martin Levine’s theme, “Think Osteopathically: Practice it, Prove it, Publish it and Promote it.” It has been a pleasure and an honor to be of service to the Academy as President during this landmark year, and at such an exciting and vibrant time in our history.

I look forward to seeing many of you at Convocation, and am excited to see what the students bring to the dance floor in the second annual dance-off competition to be held immediately following the President’s Banquet on March 24. Last year, Touro California impressed us with their intricate and creative routines, and the lone contestant from Kirksville
stole the show with his pop-and-lock technique and ability to improvise to any song. Who will bring the house down this year? Bring your dancin’ shoes and strut your stuff!

*Amongst our colleagues
*Inspiring lectures and labs
*Cutting Edge Convo

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**CLASSIFIED ADVERTISEMENTS**

**SEATTLE PHYSICIAN OPPORTUNITY**
Contact Stephen Cavanaugh, DO, at seattledo@gmail.com or (206) 834-5438. Web site for the practice is SeattleDO.com.

**PRACTICE AVAILABLE IN VIRGINIA**
Osteopathic practice for sale in McLean, VA, 22101. Established and long-standing patient base. Patients are most familiar with being treated using Fulford percussion technique, cranial osteopathy (standard and Jealous-biodynamic) and ME. Expected income from practice approximately $200,000 plus. Sale price $100,000. Reason for sale is relocation. If interested, e-mail lillyarm1360@gmail.com or call Lillian Somner, DO, at (301) 305-1119 (cell).

**NEW NMM PLUS 1 RESIDENCY PROGRAM**
There is a new NMM Plus 1 Residency at Southampton Hospital in beautiful Southampton, Long Island. Applications are currently being accepted. If interested, please contact Program Director Denise K. Burns, DO, FAAO, at drdenise@optonline.net or Education Department Secretary Karen Roberts at (631) 726-0409.

**DO/MD/NP WANTED IN NEBRASKA**
For Omaha, NE, wellness center offering Christian-based prayer and emotional conflict resolution, cranial osteopathy, nutritional/homeopathic/herbal support, ondamed, lymphstar, sauna, intravenous therapies and natural skin aesthetics, etc., for all types of conditions. Four-day work week, no hospital call. “Fee for service,” no third-party contracts. Send resume to kay@cph.omhcoxm.com or call (402) 343-7963.

**PRACTICE OSTEOPATHY IN BEAUTIFUL COLORADO**
Successful integrative practice seeks a board-certified/eligible NMM/OMM physician for its busy Denver office. Preferably someone comfortable with a broad variety of techniques. Very competitive compensation. Friendly and professional atmosphere. Please call (303) 781-7862 or e-mail CV to mgentile@cointegrative.com. Our Web site is www.cointegrative.com.

**PHYSICIAN NEEDED AT COLORADO CLINIC**
Busy western Colorado specialty OMM clinic seeking third (3rd) physician. Prefer board certification in NMM/OMM, but not a must. Salary very competitive. Pleasant working conditions in a 4000 sq. ft. clinic. Four (4) day work week (full- or part-time). No on call. Please call (970) 874-9595 or e-mail resume to: osteopathictxctr@qwestoffice.net.

**LOCUM TENENS DOCTOR SOUGHT IN COLORADO**
Busy western Colorado specialty OMM clinic is seeking a locum tenens doctor from March 12, 2012, through April 6, 2012. Board certification in NMM/OMM preferred. Pleasant working conditions, four (4) day work week, no on call and very competitive salary. Please call (970) 874-9595 or e-mail CV/resume to: osteopathictxctr@qwestoffice.net.
Education Committee to meet in Indianapolis

Chairperson David C. Mason, DO, will convene the Academy’s Education Committee on February 10 at University Place Conference Center & Hotel in Indianapolis. The agenda for the meeting will include a review of the 2012 CME calendar and development of the schedule of CME programs for 2013. The committee will also review a number of abstracts, from which they will select topics to be presented as part of the New Ideas Forum at the 2012 Annual AAO Convocation in March.

To commemorate the 75th anniversary of the AAO, the Education Committee has already scheduled 11 CME programs for the 2012 calendar year, which all feature extensive, hands-on practice of osteopathic manipulative treatment in patient care. Please look over these programs on the Calendar of Events on page 7 of this newsletter and reserve your space in a program of your choice today!

Dr. Mason and the Education Committee welcome input from all AAO members regarding the Academy’s educational programming. If you would like to share your suggestions, please contact AAO Executive Director Diana Finley via e-mail at dfinley@academyofosteopathy.org or by calling the AAO office at (317) 879-1881.

Why Louisville for the AAO 75th Anniversary Convocation?

The possibilities are endless in Louisville, KY. With more than 100 driver-friendly attractions, many of them one-of-a-kind, Louisville has numerous affordable options for sports fanatics to art lovers and everyone in between. Discover Louisville’s rich history by visiting the Falls of the Ohio. Experience the traditions of the Kentucky Derby. Watch the legendary Louisville Slugger bat take shape. Only in Louisville can you celebrate the Greatest, Muhammad Ali, see the collection of British Royal Armouries at the Frazier, or ride the oldest Mississippi-style steamboat in the United States, the Belle of Louisville. Art lovers can enjoy theatre in the round at the Derby Dinner Playhouse or a Broadway production at the Kentucky Center for the Arts. Add to your trip a visit to the zoo to see the new Glacier Run exhibit, or take in some of Kentucky’s native spirit by visiting a bourbon distillery, such as Heaven Hill or Jim Beam.

Click here to learn more about Louisville attractions

Named for King Louis XVI of France in appreciation of his assistance during the Revolutionary War, Louisville was founded by George Rogers Clark in 1778. While its initial growth was slow, the advent of the steamboat in the early 1800s sparked booming industrial development, and by 1830, Louisville had secured its place as the largest city in Kentucky. During the Civil War, Louisville was an important Union operations base and a major military supply center. In the postwar era, the city emerged even more prosperous than before. Owing to its strategic location at the Falls of the Ohio, Louisville was a major commercial center for merchants and manufacturers. River transportation was supplemented by the construction of the Louisville & Nashville Railroad, which was chartered in 1850. Joseph E. Seagram & Sons opened the world’s largest distillery in Louisville following the repeal of prohibition. Thanks to companies such as Dupont, the city became the world’s largest producer of synthetic rubber during World War II. It has also been home to a number of men and women who changed the face of American history.

Click here to learn about famous Louisvillians

Source: Louisville Convention & Visitor’s Bureau
Course Description
This two-day intensive course will provide participants with an osteopathic approach to common sports injuries in young athletes, focusing on the lower extremity. It will also present discussions on the influence of growth and development on movement patterns and training practices, in addition to osteopathic diagnosis and techniques.

Topics Covered
Common ethesopathies and aphositis in the lower extremities; overuse syndromes; muscle strains; meralgia parastetica; compartment syndrome; postural imbalances; foot mechanics; patella-femoral syndrome; Osgood Schlater syndrome; tibia and fibula dysfunction; and ligamentous injuries.

Hotel Information
Galt House Hotel
140 N. Fourth St., Louisville, KY 40202
Reservations Phone: 1-800-843-4258 or (502) 589-5200
www.galthouse.com

Flight Reservations
Globally Yours Travel
Please call Tina Callahan at 1-800-274-5975

Faculty
Doris Newman, DO, graduated from the University of New England College of Osteopathic Medicine (UNECOM) in 1998. She completed a traditional rotating internship and a year-long internal medicine residency at Saint Vincent’s Hospital in Worcester, MA. Back at UNECOM, she completed an NMM/OMM residency, and was Chief Resident her final year. Following her certification by the American Osteopathic Board of Neuromusculoskeletal Medicine, Dr. Newman was appointed Assistant Professor in the Department of Osteopathic Principles and Practices (OPP) at UNECOM, where she served on numerous committees and in several leadership roles, including as Residency Program Director and interim Director of Medical Education. She currently works in the OPP Department at NOVA Southeastern University College of Osteopathic Medicine.

Prerequisites
The participant should have a basic understanding of functional anatomy.

CME
16 hours of Category 1-A CME credit are anticipated.

Registration Form
Pediatric Sports Medicine: The Young Athlete
March 19-20, 2012, 8:00 am - 5:30 pm

Name: ___________________________________________ AOA#: _____________
Nickname for Badge: _________________________________________________
Street Address: _______________________________________________________
_________________________________________________________________________
City: __________________________________   State: ________   Zip: ___________
Phone: _______________________________   Fax: ___________________________
E-mail: ________________________________________________________________

By releasing your fax/e-mail, you have given the AAO permission to send marketing information regarding courses to your fax or e-mail.

Billing Address (if different than above): __________________________________
_________________________________________________________________________

Registration Rates

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<th>On or before 2/20/2012</th>
<th>After 2/20/2012</th>
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<tbody>
<tr>
<td>AAO Member</td>
<td>$650.00</td>
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<tr>
<td>Member with Convo Reg.</td>
<td>$585.00</td>
<td>$685.00</td>
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<tr>
<td>AAO Non-Member</td>
<td>$750.00</td>
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<tr>
<td>Non-Member with Convo Reg.</td>
<td>$685.00</td>
<td>$785.00</td>
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The AAO accepts check, Visa, Mastercard or Discover payments in U.S. dollars

Credit Card #: ________________________________________________________
Cardholder’s Name: _____________________________________________________
Expiration Date: __________ 3-digit CVV#________________

I hereby authorize the American Academy of Osteopathy to charge the above credit card for the full course registration amount.

Signature: _____________________________________________________________

Click here to view the AAO’s Cancellation and Refund Policy

Please submit registration form and payment via mail to the American Academy of Osteopathy, 3500 DePauw Blvd., Suite 1080, Indianapolis, IN 46268 or by fax to (317) 879-0563.

Register online at www.academyofosteopathy.org
Reserve your room at the Galt House today

The deadline for making room reservations at the Galt House Hotel is fast approaching! The Academy has negotiated a special 75th Anniversary Convocation rate of $144 for single/double guest rooms. This rate is available from March 18 to March 26. Please be sure your reservation reaches the hotel by February 23, and that you indicate your participation in the American Academy of Osteopathy Convocation. Otherwise, accommodations will be on a space-available basis only and higher rates may apply. Hurry, rooms are filling up quickly!

The Galt House Hotel
140 N. Fourth Street, Louisville, KY 40202
Reservations Phone: 1-800-843-4258 or (502) 589-5200
Reservations Fax: (502) 585-9029
Reserve your room online: https://resweb.passkey.com/go/AAO0312

I-64 bridge closing may affect convocation travel

AAO Convocation participants should allow extra time when traveling through the Southern Indiana/Louisville region March 17-26. Indiana and Kentucky officials have set detour routes after closing a key bridge that crosses the Ohio River between the two states on Interstate 64. The I-64 Sherman Minton Bridge—which was ordered closed September 16 after inspectors found cracks in it—connects the western side of Louisville, with New Albany, IN, and handles about 80,000 vehicles a day.

The congestion will affect traffic throughout the area, not just those commuting across the Ohio River, Indiana Department of Transportation (INDOT) officials have warned. Indiana State Police and Louisville Metro Police will have officers at key intersections directing traffic to detours. Hoosier Helper and Kentucky SAFE Patrol vans will assist with vehicle breakdowns, INDOT said. [Click here for detailed detour information]

Outline of Osteopathic Manipulative Procedures: Memorial Edition

by Paul E. Kimberly, DO, FAAO
Original Editor and Illustrator
Jerry L. Dickey, DO, FAAO, Editor
Kelly D. Halma, DO, Assistant Editor

Now with extensive color photographs!

Purchase your copy at www.academyofosteopathy.org
(Select “AAO Store” from left-hand menu)
AAO-member price: $90.00
List price: $100.00
(plus shipping and handling)
**AAO Calendar of Events 2012**

Mark your calendar for these upcoming Academy meetings and educational courses.

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
<th>Location</th>
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<tbody>
<tr>
<td>February 10-11</td>
<td>Education Committee Meeting—University Place Conference Center &amp; Hotel, Indianapolis, IN</td>
<td>Indianapolis, IN</td>
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<tr>
<td>Feb. 29-March 3</td>
<td>AOA Mid-Year Board of Trustees Meeting—Miami Beach, FL</td>
<td>Miami Beach, FL</td>
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<tr>
<td>March 19-20</td>
<td><em>Pediatric Sports Medicine: The Young Athlete</em>—Jane Carriero, DO; Heather Ferrill, DO; Doris Newman, DO—The Galt House Hotel, Louisville, KY</td>
<td>Louisville, KY</td>
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<td>March 20</td>
<td><em>The Legacy of Stanley Schiowitz, DO, FAAO: Facilitated Positional Release and Beyond</em> Dennis Dowling, DO, FAAO—The Galt House Hotel, Louisville, KY</td>
<td>Louisville, KY</td>
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<tr>
<td>March 20</td>
<td>Fellowship Committee Meeting—The Galt House Hotel, Louisville, KY</td>
<td>Louisville, KY</td>
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<tr>
<td>March 21-25</td>
<td><em>The Unified Osteopathic Field Theory, AAO 75th Anniversary Convocation</em> Kenneth J. Lossing, DO—The Galt House Hotel, Louisville, KY</td>
<td>Louisville, KY</td>
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<td>March 21</td>
<td>AOBNMM written re-certification examination—The Galt House Hotel, Louisville, KY</td>
<td>Louisville, KY</td>
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<td>March 21</td>
<td>Residents’ In-Service Examination—The Galt House Hotel, Louisville, KY</td>
<td>Louisville, KY</td>
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<td>March 21</td>
<td>AAO Board of Governors Meeting—The Galt House Hotel, Louisville, KY</td>
<td>Louisville, KY</td>
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<td>March 21</td>
<td>AAO Board of Trustees Meeting—The Galt House Hotel, Louisville, KY</td>
<td>Louisville, KY</td>
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<td>March 22</td>
<td>AAO Annual Business Meeting—The Galt House Hotel, Louisville, KY</td>
<td>Louisville, KY</td>
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<td>March 24</td>
<td>AAO Board of Trustees Meeting—The Galt House Hotel, Louisville, KY</td>
<td>Louisville, KY</td>
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<td>April 20-22</td>
<td><em>Beginning Percussion Vibrator Course</em>—Rajiv Yadava, DO; Richard Koss, DO TCOM, Fort Worth, TX</td>
<td>Fort Worth, TX</td>
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<tr>
<td>June 8-10</td>
<td><em>Exercise Prescription: Greenman’s Method</em>—Brad Sandler, DO South Pointe Hospital, Warrensville Heights, OH</td>
<td>Warrensville Heights, OH</td>
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<tr>
<td>July 7-8</td>
<td>Board of Trustees Meeting—The Pyramids, Indianapolis, IN</td>
<td>Indianapolis, IN</td>
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<td>July 20-22</td>
<td><em>Osteopathic Considerations in Systemic Dysfunction: Common Clinical Problems</em> Hugh Ettlinger, DO, FAAO; Michael Kuchera, DO, FAAO—NYCOM, Old Westbury, NY</td>
<td>Old Westbury, NY</td>
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<tr>
<td>August 4-5</td>
<td>Education Committee Meeting—University Place Conference Center &amp; Hotel, Indianapolis, IN</td>
<td>Indianapolis, IN</td>
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<tr>
<td>August 4-5</td>
<td>SAAO Council Meeting—University Place Conference Center &amp; Hotel, Indianapolis, IN</td>
<td>Indianapolis, IN</td>
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<td>August 10-12</td>
<td><em>Myofascial Trigger Points</em>—Michael Kuchera, DO, FAAO—The Pyramids, Indianapolis, IN</td>
<td>Indianapolis, IN</td>
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<tr>
<td>September 7-8</td>
<td><em>Ultrasound Guided Injection</em>—Millicent K. Channell, DO; Sajid Surve, DO UMDNJ SOM, Stratford, NJ</td>
<td>Stratford, NJ</td>
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<tr>
<td>October 6</td>
<td><em>Mastering the Art of HVLA</em> (Pre-AOA Convention)—John G. Hohner, DO, FAAO—San Diego, CA</td>
<td>San Diego, CA</td>
</tr>
<tr>
<td>October 8-10</td>
<td><em>AAO Program at the AOA Convention: Osteopathic Considerations of the Head and Neck</em> Millicent K. Channell, DO, Program Chair—San Diego, CA</td>
<td>San Diego, CA</td>
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<tr>
<td>October 25-27</td>
<td><em>Prolotherapy Weekend</em>—Mark S. Cantieri, DO, FAAO; George J. Pasquarello, DO, FAAO UNECOM, Biddeford, ME</td>
<td>Biddeford, ME</td>
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<tr>
<td>Nov. 30-Dec. 2</td>
<td><em>Oscillatory &amp; Energetic Integrated OMM</em>—Zachary J. Comeaux, DO, FAAO NSUCOM, Fort Lauderdale, FL</td>
<td>Fort Lauderdale, FL</td>
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Board schedules committee meetings at Convocation

The Board of Trustees has confirmed the schedule for all committee meetings at the Annual AAO Convocation. Since 1999, the Academy has conducted two to three meetings simultaneously in meeting rooms with a shared breakfast/luncheon buffet available adjacent to the rooms. This format has several advantages: Committees avoid the noise and distraction of restaurant meetings, as well as having too little time to complete tasks; the meetings don’t interfere with attendance at didactic sessions and workshops; and the schedule facilitates better staff support to record minutes and committee actions.

This schedule should minimize conflicts for participants. Chairpersons and Committee members should scan the following itinerary and plan their personal calendars to ensure attendance at these important meetings:

**Tuesday, March 20**
- Fellowship Committee (FAAO exams), 12:00 pm

**Wednesday, March 21**
- Investment Committee, 6:00 pm
- Education Committee, 6:00 pm

**Thursday, March 22**
- International Affairs Committee, 6:30 am
- Postdoctoral Standards & Evaluations Committee, 6:30 am
- Osteopathic Postdoctoral Teaching Institutes Liaison Committee, 6:30 am

**Friday, March 23**
- External Fundraising Committee, 6:30 am
- Louisa Burns Osteopathic Research Committee, 6:30 am
- Osteopathic Medical Economics Committee, 6:30 am
- Informational Technologies Committee, 12:00 pm
- Osteopathic Diagnosis & Treatment Education Committee, 12:00 pm
- Student Academies Committee, 12:00 pm

**Saturday, March 24**
- C-NMM/OMM Committee, 6:30 am
- Membership Committee, 6:30 am
- Publications Committee, 6:30 am

*Please note: The Bylaws, Awards and Nominating Committees normally do not meet at Convocation.*

Academy implements new badge procedure for Convocation

Due to the incredible and exciting growth in Convocation attendance during the last few years, not only has the AAO explored new online registration procedures, but participants will also notice new badge procedures when attending the program in Louisville. Each workshop that participants register for will be imbedded in the barcode on the front of their badge. This barcode contains ALL the sessions and events for which they are registered from Wednesday, March 21, through Sunday, March 25, including the President’s Banquet.

Attendees must have their badge with them to enter the ballroom for the banquet. They will not be required to wear their badge during the evening, but it will serve as proof that they have a ticket. Participants will not be admitted to any session or event without their badge. Not only will this help with having too many people in some sessions, it will also record CME credits for each session participants attend. If you do not have your badge scanned for the lectures and workshops you attend, you will NOT receive credit for your attendance, so PLEASE help us keep accurate records by following this procedure!

If you have any questions, please feel free to contact the AAO office at (317) 879-1881 or ask for assistance at the AAO registration desk at the Galt House Hotel. We look forward to seeing you in Louisville!

AAO seeks treatment service volunteers

Ever year at Convocation, the Academy offers free Osteopathic Diagnosis & Treatment Education (OD & TE) sessions to program participants, including students, guests and exhibitors. The OD & TE service will be offered during
Convocation from 9:00 am to 11:30 am and 2:30 pm to 4:00 pm on Thursday, March 22; from 9:00 am to 12:00 pm and 2:00 pm to 4:00 pm on Friday, March 23; and 9:00 am to 12:30 pm on Saturday, March 24. The sessions are provided for educational purposes only, and not for medical treatment. Volunteers are encouraged to invite students to observe their techniques. However, the decision to allow others to be present during treatment sessions belongs to you and your educational subject.

Your friends, colleagues, and students will appreciate any time you can donate. In addition, **physicians receive a 1/2 Category 1-B AOA credit for each person they treat!** The OD & TE service will have a drawing at noon on Saturday. For every person a physician treats during OD & TE hours, his/her name will be added to the drawing (e.g., 25 patients, 25 chances to WIN). **The prize is a complimentary registration for the 2013 AAO Convocation in Orlando, FL!**

The AAO prefers advance notice from osteopathic physicians who would like to volunteer, but will accept volunteers on site. The treatment center will be located in the exhibit hall at the Galt House Hotel. Volunteers must have their own professional liability coverage. If you are interested in volunteering, please contact Tessa Boeing at (317) 879-1881 or tboeing@academyofosteopathy.org. As always, thank you for your participation and support!

**Convocation to feature new and returning exhibitors**

Please join us in welcoming the numerous exhibitors supporting the AAO 75th Anniversary Convocation. Be sure to visit the exhibit hall located directly across from the Grand Ballroom at the Galt House Hotel. Many of your favorite companies, programs and institutions will be represented, as well as several new ones.

We have a just a few booth spaces left to fill, so if you know of a company that would benefit from exhibiting, please direct them to our Web site to fill out the exhibitor agreement and return it to us as soon as possible. Here is a sneak peek of some of the exhibitors you can expect to see:

- Army Civilian Medical Corps
- Electro-Medical Equipment
- Flexible Footwear Company
- Gebauer Company
- Herbalix Restoratives
- Lincoln Memorial Univ. Debusk College of Osteo. Med.
- Lippincott, Williams & Wilkins
- Maine-Dartmouth Family Residency
- Mayo Clinic Health System - Franciscan Healthcare
- Ministry Healthcare
- The Osteopathic Cranial Academy
- Sutherland Cranial Teaching Foundation
- The Torrance Company
- University of North Texas Health Science Center
- Vital Nutrients

**NMM/OMM residents to take in-service exam**

The AAO’s Postdoctoral Standards and Evaluation Committee is responsible for oversight of all AOA-approved residency training programs in Neuromusculoskeletal Medicine and Osteopathic Manipulative Medicine (NMM/OMM), including the two-year NMM/OMM program, the plus-one NMM/OMM program, and the three-year integrated family practice/NMM program. **The committee requires all NMM/OMM residents to take an annual in-service examination, which is scheduled for Wednesday, March 21, during the AAO Convocation in Louisville, KY.** The written examination will take place from 11:00 am to 1:00 pm, and the practical examinations will take place from 2:00 pm to 5:00 pm.

**Certification board to administer exam**

Physicians who earned certification in Special Proficiency in Osteopathic Manipulative Medicine (SP-OMM) prior to December 31, 1994, received non-dated certificates and are not required to sit for a re-certification examination. However, DOs who earned either SP-OMM or NMM/OMM certification after January 1, 1995, received certificates valid for 10 years, expiring as early as December 31, 2005. Hence, they must apply and sit for the re-certification examination by the expiration date on their individual certificates. Failure to successfully complete the re-certification process and/or AOA continuous membership will result in the loss of certification.
Course Description

Stanley Schiowitz, DO, FAAO, was an innovator with over sixty years experience in the application of osteopathic philosophy, principles and practices. Facilitated Positional Release (FPR) was but one of his legacies, and, as a modality, it employs aspects that make for quick diagnosis and treatment of somatic dysfunction with very efficacious results. Dr. Schiowitz did not limit himself to just FPR, but extended clinical application to make certain somatic dysfunctions were found and fixed in rapid fashion. This course is designed only for experienced osteopathic physicians with some basic knowledge of the application of FPR who want to go beyond the basic level and expand their knowledge to difficult clinical scenarios. It will include elements of FPR and beyond so to make the participant more efficient in time and results, as well as integration with other aspects of osteopathic manipulative medicine.

Objectives

1. Learn the application of osteopathic principles to apply concepts of structure and function to diagnosis;
2. Learn diagnosis of specific dysfunctions and regional problems;
3. Demonstrate treatment of patients in sitting, supine and sidelying positions utilizing Facilitated Positional Release and adaptations; and
4. Learn indications and contraindications.

Registration Form

The Legacy of Stanley Schiowitz, DO, FAAO
March 20, 2012, 12:00 pm - 6:00 pm

Name: _______________________________ AOA#: _____________
Nickname for Badge: _______________________________________________
Street Address: _____________________________________________________
_____________________________________________________________________
City: ___________________________ State: _______ Zip: ___________
Phone: ______________________________ Fax: ___________________________
E-mail: _____________________________________________________________

By releasing your fax/e-mail, you have given the AAO permission to send marketing information regarding courses to your fax or e-mail.

Billing Address (if different than above): __________________________________________________________

Program Chair

Dennis J. Dowling, DO, FAAO, is a 1989 graduate of New York College of Osteopathic Medicine (NYCOM). He specializes in Osteopathic Manipulative Treatment in private practice in Syosset, NY, and is the Director of Manipulation in the Department of Physical Medicine and Rehabilitation at Nassau University Medical Center in Long Island, NY. He is also Director of Osteopathic Manipulative Medicine Assessment for the National Board of Osteopathic Medical Examiners Clinical Skills Testing Center. Dr. Dowling is the Former Chair of the OMM Department at NYCOM, and is a past president of the AAO. In addition to co-editing An Osteopathic Approach to Diagnosis and Treatment, he is a contributor and illustrator for several other textbooks and journals, and frequently lectures throughout the United States and abroad.

CME

Six hours of Category 1-A CME credit are anticipated.

Hotel Information:

140 N. Fourth St., Louisville, KY 40202
Reservations Phone: 1-800-843-4258 or (502) 589-5200
www.galthouse.com

Flight Reservations

Globally Yours Travel
Please call Tina Callahan at 1-800-274-5975

Registration Rates

On or before 2/20/2012; After 2/20/2012

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<th>Category</th>
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The AAO accepts check, Visa, Mastercard or Discover payments in U.S. dollars.

Credit Card #: __________________________
Cardholder's Name: ______________________
Expiration Date: ____________ 3-digit CVV#________________

I hereby authorize the American Academy of Osteopathy to charge the above credit card for the full course registration amount.

Signature: _________________________________

Click here to view the AAO's Cancellation and Refund Policy

Please submit registration form and payment via mail to the American Academy of Osteopathy, 3500 DePauw Blvd., Suite 1080, Indianapolis, IN 46268 or by fax to (317) 879-0563.

Register online at www.academyofosteofopathy.org
The American Osteopathic Board of Neuromusculoskeletal Medicine (AOBNMM) has scheduled the next written examination for **Wednesday, March 21, 2012**, at the Galt House Hotel in Louisville, KY. There will be no oral or practical examinations administered at this time. If your certification expires in 2012 and you have not submitted an application to sit in March, please contact AOBNMM Coordinator Amber Rausch to complete an application for re-certification in November 2012. You can reach her by calling (317) 879-1881 or e-mailing arausch@academyofosteopathy.org.

**FAAOs to host special program at Convocation**

AAO President **Michael A. Seffinger**, DO, FAAO, has appointed **Sherman Gorbis**, DO, FAAO, to serve as Chairperson of the **Evening with the Fellows of the American Academy of Osteopathy** (FAAOs) event at the AAO Convocation, scheduled from 7:00 – 9:00 pm on **Wednesday, March 21**. The event is open to all Convocation registrants. This year’s program will have a very personal touch. Dr. Gorbis has asked five panelists to share with the audience why they became Fellows of the AAO.

In chronological order of their attainment of Fellowship, **Edward G. Stiles**, DO, FAAO (1978); **Raymond J. Hruby**, DO, FAAO (1983); **Judith A. O’Connell**, DO, FAAO (1995); **John C. Glover**, DO, FAAO (2003); and **Denise K. Burns**, DO, FAAO (2010), will present their unique reasons for going through the rigorous process of obtaining this earned degree. The program will conclude with a brief description of the Fellowship process. It is the Fellows’ hope that AAO members will consider starting the process of applying for fellowship. They also hope the program provides insight for osteopathic medical students about the Academy’s and Fellowship’s rich history.

**Dr. Greene requests interviews at Convocation**

**Charlotte H. Greene**, PhD, invites Academy members to sign-up for interviews to be conducted during the AAO Convocation in Louisville. She encourages physicians to share recollections related to techniques and philosophy imparted to them by mentors and colleagues. The purpose of the project is to preserve accounts, which would otherwise be un-

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**DMUCOM SEEKS OMM FACULTY**

Des Moines University, a graduate health sciences university and medical clinic with a 113-year history of educational excellence, is seeking a full-time OMM faculty member! The Osteopathic Manual Medicine (OMM) department has a long history of excellence, and includes some of the best clinicians available; a laboratory facility that provides an optimal learning environment; elective course work; supervised engagement with patient care and more!

Responsibilities include (but aren’t limited to): patient care w/ some academic endeavors; preceptor for 3rd and 4th year students; teaching/supervising OMM didactics and labs; performing student services activities and more!

Qualified candidates must possess an earned DO degree from an AOA-accredited college of osteopathic medicine; board eligible status or board certification in OMM/NMM and/or PM&R; three years of prior academic teaching experience preferred and three years practice in clinical medicine preferred.

Interested candidates should submit a detailed CV and cover letter (a cover letter addressed to Dr. Brad Klock is a requirement for consideration) and contact information for three professional references using the online system located at www.dmu.edu/employment.

CV review and/or interview scheduling will commence immediately and continue and the position is filled. For complete job description, faculty full-time benefit summary or more information on the OMM department, please visit www.dmu.edu. Des Moines University-AA/EOE.

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**LINCOLN MEMORIAL UNIVERSITY**

**INSTRUCTIONAL FACULTY, ASSISTANT/ASSOCIATE PROFESSOR AND CHAIR OF PEDIATRICS (REPLACEMENT)**

**DEBUSK COLLEGE OF OSTEOPATHIC MEDICINE**

Lincoln Memorial University invites applications for the position of Assistant/Associate Professor and Chair of Pediatrics. The Assistant/Associate Professor will be directly responsible for teaching, clinical duties and scientific scholarship. The department chair shall be the administrative head of the designated department and will seek to advance the mission of the university in departmental programs of study. The Department Chair shall coordinate each program of study in consultation with the appropriate school dean and supervise the implementation of the plans and decisions of the university. Qualifications— Required: DO/MD degree and Board Certification in Primary Specialty, and able to be licensed in Tennessee by the Tennessee Board of Osteopathic Examination/Tennessee Medical State Board. Preferred: Minimum of five years experience in clinical/academic medicine teaching and leadership. Review of applications will begin immediately. Applicants should submit an LMU application for employment, a cover letter addressing qualifications for the position, curriculum vitae with contact information for three references and official transcripts to Lincoln Memorial University, 6965 Cumberland Gap Parkway, Harrogate, TN, 37752, Attention: Pamela Lester. Electronic submissions are encouraged to pamel.a.ester@lmunet.edu. LMU’s hiring policies are in accordance with EEO regulations and policies. LMU is committed to diversity and is an equal opportunity employer. Women and minorities are strongly encouraged to apply.
available to their students and colleagues, which reflect the perspective of osteopathic physicians toward their profession. Dr. Greene has collaborated with the Academy to publish these accounts in the *AAO Member Newsletter*, and perhaps as a compendium of members’ stories down the road.

If you are willing to be interviewed and have your story appear in an AAO publication, please contact Dr. Greene directly. She will be available to schedule interviews at the AAO Convocation in Louisville from Wednesday, March 21, through Friday, March 23. You can reach her by telephone at (215) 871-6892 (Philadelphia College of Osteopathic Medicine) or (610) 458-5855 (Home.) You may also e-mail her at charlotte@pcom.edu, or send mail to C.H. Greene, PhD, Department of Neuroscience, Physiology and Pharmacology, PCOM, 4170 City Avenue, Philadelphia, PA 19131.

FORCE leaders approve logo and share milestone

The Foundation for Osteopathic Research and Continuous Education (FORCE) selected the design to the right to serve as its logo at the Foundation’s Board of Directors’ meeting January 10. FORCE Executive Director Diana Finley is pleased to report that, through the efforts of Capital Campaign Chair Guy A. DeFeo, DO, and FORCE Vice President and AAO consultant David J. Massello, total contributions to the Foundation have surpassed the $1,000,000 mark!

FORCE is the Foundation associated with the American Academy of Osteopathy. The mission of FORCE is twofold— to identify, develop, fund and manage research initiatives in osteopathic medicine—specifically the use of Osteopathic Manipulative Medicine/Osteopathic Principles and Practices (OMM/OPP)—and to ensure that funded research results in educational programs designed to improve and expand the capacity of DOs, MDs and other clinical professionals to deliver the findings of the research to patients and impact clinical outcomes. The legacy of OMM/OPP lies in the hands of the osteopathic physicians who practice it, and the Foundation is dedicated to expanding the scope and continuity of this legacy.

It is an exciting time for FORCE and the Academy. Research studies on empathy and influence in the patient-physician relationship, which could involve major osteopathic organizations as collaborators; the application of OMM/OPP in osteoarthritis of the knee; and a Practice-Based Research Network designed to develop into an Osteopathic Framingham approach to understanding the impact of OMM/OPP in practice lead the list of projects on the horizon. Educational programs for the Multicenter Osteopathic Pneumonia Study in the Elderly (MOPSE) and Pregnancy Research in Osteopathic Manipulation Optimizing Treatment Effects (PROMOTE)—two research studies that show the efficacy of OMM/OPP in practice—are in development now and will be offered to Academy members and the larger community of practitioners.

AAO searches for Associate Editor of the *AAOJ*

By now, most of you are aware that Murray R. Berkowitz, DO, MA, MS, MPH, was promoted to Scientific Editor of the American Academy of Osteopathy Journal, leaving vacant the Associate Editor position he previously held. AAO President Michael A. Seffinger, DO, invites interested AAO members to submit a cover letter and curriculum vitae (CV) to the AAO Board of Trustees, which has the responsibility of appointing the Scientific Editor and Associate Editor. Assuming there will be multiple qualified candidates, the board may conduct interviews at the 2012 Annual AAO Convocation in March. *Interested candidates should submit a cover letter and CV to the AAO headquarters, postmarked no later than Friday, February 15.*

In the cover letter, the candidates should explain why they wish to serve in this important position, and document professional experience that would qualify them for the job. The Associate Editor serves without compensation. He/she is appointed to a three-year term and, with the Scientific Editor, is charged with the responsibility of publishing a quarterly journal within the annual budget appropriated by the Board of Trustees. The Associate Editor works with the AAO staff, particularly the Publications Liaison, to write columns, vet articles and meet publication deadlines. Interested AAO members should submit their application materials to the American Academy of Osteopathy, 3500 DePauw Blvd., Suite 1080, Indianapolis, IN 46268, or via e-mail to AAO Executive Director Diana Finley at dfinley@academyofosteopathy.org.
Dr. Robert C. Fulford’s Basic Percussion Course

April 20-22, 2012 at TCOM

Course Description and Background:
At Dr. Fulford’s last course in May of 1997, he expressed his desire to leave his ailing body after his scheduled presentation to the Cranial Academy in June. After demonstrating what he was going to present to the Cranial Academy, he asked Dr. Koss and Dr. Yadava to continue teaching his work to the Osteopathic profession. Dr. Fulford passed away four days after the Cranial Academy presentation.

This course has been restructured to provide the participant a more complete understanding and experience of Dr. Fulford’s contributions to Osteopathy. Although hand and percussion techniques are included, the emphasis will be on increasing the clarity of one’s working knowledge. Based on the participant’s inclinations, there is freedom within the curriculum to change the direction of what information is relayed. Time needed to assimilate what is taught will also be respected.

Prerequisites:
This Level III course is for DOs, MDs, dentists and students with a 40-hour approved Cranial course and/or prior training and experience in Cranial Osteopathy or permission from the program chair.

Course Objectives:
• One will recognize that many of Dr. Fulford’s ideas are rooted in Dr. Still’s and Dr. Sutherland’s teachings;
• One will begin to see that the results realized from the use of the percussor is directly dependent on the Osteopath’s understanding;
• One will see that the use of the percussor will save the physician time and energy; and
• One will appreciate that Dr. Fulford gave more to Osteopathy than a new technique.

CME:
21 hours of AOA Category 1-A credit is anticipated

Course Location:
Texas College of Osteopathic Medicine
3500 Camp Bowie Blvd.
Fort Worth, TX 76107
(817) 735-2000

Travel Arrangements:
Call Tina Callahan of Globally Yours Travel at (800) 274-5975

Registration Form

Dr. Robert Fulford’s Basic Percussion Course
April 20 - 22, 2012
8 am - 5 pm Fri. & Sat., 8 am - 12 pm Sun.

Name: ____________________________   AOA#: ___________
Nickname for Badge: ___________________________________
Street Address: ________________________________________
____________________________________________________
City: ______________________   State: _____   Zip: _________
Phone: _____________________    Fax: ____________________
E-mail: ______________________________________________

By releasing your fax/e-mail, you have given the AAO permission to send marketing information regarding courses to your fax or e-mail.

Billing address (if different than above): ____________________
____________________________________________________

Click here to view the AAO’s Cancellation and Refund Policy

*Registration Rates

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<td>Non-member</td>
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<td>$ 914.00</td>
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*Please see above prerequisites before registering for this course.

The AAO accepts check, Visa, Mastercard or Discover payments in U.S. dollars

Credit Card #: ______________________________________
Expiration Date: _____________  3-digit CVV#__________

I hereby authorize the American Academy of Osteopathy to charge the above credit card for the full course registration amount.

Signature: ____________________________

American Academy of Osteopathy
3500 DePauw Blvd., Suite 1080, Indianapolis, IN 46268
Phone: (317) 879-1881 • Fax: (317) 879-0563
Register online at www.academyofosteopathy.org
AAO represented at osteopathic specialty society meeting

Mark S. Cantieri, DO, FAAO, and John G. Hohner, DO, FAAO, attended the mid-year meeting of the AOA Bureau of Osteopathic Specialists (BOS) in Chicago, IL, on January 29. The BOSS was established through a Report of the Task Force to Study the Department of Educational Affairs’ recommendation. The BOSS was designed to provide the specialty affiliates with direct participation and a communications link to the AOA’s policy development process, as well as to provide a balance of representation among the specialty affiliates.

Currently, a review of who will be allowed to participate in the Accreditation Council for Graduate Medical Education (ACGME) training is being conducted. In order to go into postgraduate and fellowship training in ACGME-approved programs, physicians must have completed all prior training in ACGME-approved programs in order to be eligible. Training done overseas or in AOA-approved programs would not be acceptable, and that training would need to be repeated. The ACGME Counsel on Requirements will meet in June to review and address this issue. A final decision may or may not be made at that time.

The 2011 AOA Convention, at which there was a 12 percent increase in attendance from the previous year, was deemed a success. This was felt to be due to increased electronic marketing. The Unified AOA Convention in 2015 will take place in Orlando, FL. It will take place at the Orlando Convention Center with the Peabody and Hilton as the primary hotels. The AOA requests every organization register and have meetings at the same site. The 2012 AOA Convention is scheduled to take place in San Diego, CA; 2013 in Las Vegas, NV; and 2014 in Seattle, WA.

Dr. Cantieri presented an update of the AAO’s plans for Osteopathic Continuous Certification mandated by the AOA to be completed by January 1, 2013. Dr. Cantieri explained that there are two modules that have been electronically distributed by the American Osteopathic Board of Neuromusculoskeletal Medicine (AOBNMM). They include a pre- and post test. All modules are written and based on evidence-based research. The AOBNMM is on schedule to have these ready for implementation by the required January 2013 date.

Sutherland Cranial Teaching Foundation
Upcoming Courses

SCTF Basic Course:
Osteopathy in the Cranial Field
May 31–June 4, 2012
Chicago College of Osteopathic Medicine
Chicago, Illinois
Course Director: Dan Moore, DO

SCTF Continuing Studies Course:
The Pelvis
October 12–14, 2012
University of New England
College of Osteopathic Medicine
Biddeford, Maine
Course Director: Andrew M. Goldman, DO

Visit our website for enrollment
forms and course details: www.sctf.com
Contact: Joy Cunningham 509-469-1520
Email: jcunningham4715@yahoo.com

LINCOLN MEMORIAL UNIVERSITY
INSTRUCTIONAL FACULTY,
ASSISTANT/ASSOCIATE PROFESSOR OF OMM

Lincoln Memorial University invites applications for the position of Instructional Faculty, Assistant/Associate Professor of OMM. The Assistant/Associate Professor of OMM will be directly responsible for teaching, clinical duties and scientific scholarship.

Qualifications—Required: DO/MD degree and Board Certification in Primary Specialty and able to be licensed in Tennessee by the Tennessee Board of Osteopathic Examination/Tennessee Medical State Board. Preferred: Minimum of five years’ experience in clinical/academic medicine, teaching and leadership. Review of applications will begin immediately. Applicants should submit an LMU application for employment, a cover letter addressing qualifications for the position, curriculum vitae with contact information for three references and official transcripts to Lincoln Memorial University, 6965 Cumberland Gap Parkway, Harrogate, TN, 37752, Attention: Pamela Lester. Electronic submissions are encouraged to pamela.lester@lmunet.edu. LMU’s hiring policies are in accordance with EEO regulations and policies. LMU is committed to diversity and is an equal opportunity employer. Women and minorities are strongly encouraged to apply.
Membership Announcements

Membership dues notices have been sent out the first Friday of each month since June. Dues were due and payable on July 31 for the 2011-2012 fiscal year. If you have not yet received a dues notice, call or e-mail Susan Lightle at (317) 879-1881 or slightle@academyofosteopathy.org. The Academy accepts checks, as well as MasterCard, Visa and Discover credit cards. American Express is not accepted. Per the AAO bylaws, members who had not paid their dues by January 31, 2012, were dropped from the membership roster.

Don’t make a move...without notifying the AAO! We don’t want to lose track of any of our members when they relocate. Please remember to inform Susan of any changes in your contact information.

Please make sure e-mails from the AAO are not going to your junk mail folder! Adjust your spam filter to allow e-mails from @academyofosteopathy.org so you can continue to receive the AAO Journal, AAO Member Newsletter, theOsteoBlast, updates on courses, etc.

Once you graduate from osteopathic medical school, you do not automatically become a member of the AAO. Therefore, SAAO members who have graduated or will graduate in 2012 should strongly consider re-joining the AAO as a Postgraduate American Academy of Osteopathy (PAAO) member, and continue to attend Convocation each year. Information is always available at www.academyofosteopathy.org/paao/home. Here you will find the PAAO membership application and announcements about upcoming courses. No matter what field of medicine you choose and what residency you attend, the AAO has much to offer in your development as an osteopathic physician. If you know an intern or resident who is not a member of the PAAO, please pass this information along!

The AAO now has a Facebook page. Check it out. Like us!

BOOKS & BONES
from Pacific Distributing
951-677-0652

Featured Releases

- Human Embryology: From a Biodynamic Perspective - Brian Freeman $119.95
- Visceral Osteopathy: The Peritoneal Organs - $85.00
- The Polyvagal Theory: Neurophysiological Foundations of Emotions, Attachment, Communication, and Self-Regulation - Stephen Porges PhD. $45.00
- Dissection of the Brain & Spinal Cord DVD Chikly $75.00
- Anatomy of the Human Embryo: A Scanning Electron Microscopic Atlas - $246.00
- Strolling Under the Skin - Jean-Claude Guimberteau $53.95
- Protoplasm of a Slime Mold - William Seifriz $29.95
- Pediatric Manual Medicine: An Osteopathic Approach - Jane Carrejro, D.O. $74.95
- In the Realm of Hungry Ghosts - Gabor Mate’ $17.95
- On Hope and Healing: For Those Who Have Fallen Through the Medical Cracks - Neil Nathan, MD $19.95
- Visceral and Obstetric Osteopathy - Caroline Stone $83.95

Swiss Disarticulated Skull

This museum quality disarticulated skull is hand molded in limited quantities to ensure the finest possible fit and finish. All pieces have the exact weight, texture, color and feel of real bone. The entire vault and base will re-articulate on sutural contact without the use of snaps or eyelets. The frontal has an open metopic suture and the occiput has beautiful wormian bones. Comes with a hard shell, foam lined case. Call for more details. $1085.00

5 yr. old Child Skull with Calvarium Cut $237
1 yr. old Child Skull with Calvarium Cut $237
40 week Fetal Skull (full term) with Calvarium Cut $187
Fetal Skulls • 20-22-29-30-31-32-34-35-40-401/2 weeks $71
Male or Female sacrum w/ sacral nerve canal open $65
Sphenoid and Occiput Set From Germany made by Somso $130
3B Re-Articulating 22 Piece Skull - New Price Reduction Pastel colors • Good sutural detail • Easy disassembly / assembly • Ideal for teaching and educating patients $347

Books & Bones
951-677-0652
booksandbones@verizon.net 951-677-0652 Fax 951-677-3911 www.booksandbones.com
Exercise Prescription: Greenman’s Method
June 8-10, 2012, at South Pointe Hospital in Warrensville Heights, OH

Course Description
This course will demonstrate how to access muscle balance of the musculoskeletal system, particularly in reference to somatic dysfunction. The primary goal is to prescribe an exercise program and self-mobilization techniques to fit patients’ somatic dysfunction in order for them to manage themselves.

Objectives
1. To understand the functional anatomical connections of upper and lower quarter musculature to the proximal trunk and pelvis.
2. To introduce the concept of neuromuscular imbalance as a contribution to musculoskeletal dysfunction.
3. To learn exercises to address specific somatic dysfunctions found in the vertebral column and pelvis.
4. To be able to design and sequence a home exercise program for patients to complement manual medicine.
5. To be able to instruct patients on an exercise program based on their functional goals and lifestyle.

Prerequisites
A basic understanding of functional anatomy and one Level I course or its equivalent.

CME
20 hours of AOA Category 1-A credit is anticipated

Program Chair
Brad Sandler, DO, is a 1992 graduate of Des Moines University College of Osteopathic Medicine. He completed his rotating internship at Oakland General Hospital in Madison Heights, MI, and his residency training in osteopathic manipulation and biomechanics at Michigan State University College of Osteopathic Medicine. He joined Corrective Care in Mishawaka, IN, in 1995, and became its vice president in 1999. Dr. Sandler is board certified in NMM/OMM, and specializes in the treatment of difficult muscle, tendon, ligament and joint pain syndromes. Dr. Sandler not only teaches exercise prescription, but takes his own medicine by incorporating exercise into his lifestyle for the past 30 years.

Course Times
Friday and Saturday: 8:00 am - 5:00 pm (lunch provided)
Sunday: 8:00 am - 12:00 pm (lunch on your own)

Course Location
South Pointe Hospital
20000 Harvard Rd.
Warrensville Heights, OH 44122
(216) 491-6000

Travel Arrangements
Call Tina Callahan of Globally Yours Travel at (800) 274-5975

Course Description
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20 hours of AOA Category 1-A credit is anticipated

Registration Form
Exercise Prescription: Greenman’s Method
June 8-10, 2012

Name: _______________________________   AOA#: _____________
Nickname for Badge: _________________________________________________
Street Address: _______________________________________________________
_________________________________________________________________________
City: __________________________________   State: ________   Zip: ___________
Phone: _______________________________   Fax: ___________________________
E-mail: ________________________________________________________________

By releasing your fax/e-mail, you have given the AAO permission to send marketing information regarding courses to your fax or e-mail.

Billing Address (if different than above): __________________________
_________________________________________________________________________

Registration Rates
On or before 5/10/2012; After 5/10/2012
AAO Member             $ 680.00             $ 780.00
AAO Non-Member             $ 780.00          $ 880.00
Student/Intern/Resident            $ 580.00          $ 680.00

The AAO accepts check, Visa, Mastercard or Discover payments in U.S. dollars

Credit Card #: ________________________________________________________
Cardholder’s Name: _____________________________________________________
Expiration Date: __________  3-digit CVV#________________

I hereby authorize the American Academy of Osteopathy to charge the above credit card for the full course registration amount.

Signature: _____________________________________________________________

Click here to view the AAO’s Cancellation and Refund Policy

Please submit registration form and payment via mail to the American Academy of Osteopathy,
3500 DePauw Blvd., Suite 1080, Indianapolis, IN 46268 or by fax to (317) 879-0563.
Or register online at www.academyofosteopathy.org

16 February 2012 AAO Member Newsletter
**AACOM participates in White House-sponsored initiative**

The American Association of Colleges of Osteopathic Medicine (AACOM) is proud to formally announce its commitment to a new, White House-sponsored Joining Forces Initiative to meet the urgent healthcare needs of military service members, veterans and their families. AACOM and all of the nation’s 26 colleges of osteopathic medicine and four branch campuses, along with the Association of American Medical Colleges (AAMC) and the majority of its member medical colleges, have pledged their support for this important effort.

AACOM believes that, with some 70 percent of veterans receiving healthcare outside of the Veterans Administration, it is incumbent upon all medical schools to ensure graduating physicians have the medical and cultural competencies they need to effectively deliver healthcare to our nation’s large number of military service members, veterans and their families.

**Joining Forces Events:**

- On January 10, representatives from participating organizations attended an introduction to the initiative at the National Intrepid Center of Excellence at Walter Reed National Military Medical Center. The event featured brief presentations on psychological issues, traumatic stress and brain injury, followed by a tour of the facility.
- Later in the day, the White House hosted a Joining Forces roundtable entitled, “Meeting the Neurological and Psychological Needs of Service Members, Veterans and Their Families.” First Lady Michelle Obama, along with members of the Department of Veterans Affairs and the Department of Defense; AACOM President Stephen C. Shannon, DO, MPH; and leaders of other participating health professions organizations (including the American Osteopathic Association) attended the event.
- On January 11, First Lady Michelle Obama announced the Joining Forces Initiative at a special event on the campus of Virginia Commonwealth University (VCU). Dr. Shannon and seven osteopathic medical school deans joined AAMC leaders and college deans at the event, which also welcomed 200 troops from nearby Fort Lee and dozens of VCU faculty and students.

AACOM’s Joining Forces efforts will focus on the following goals:

- Aspire to educate every future physician on how to recognize and treat post-traumatic stress disorder (PTSD), traumatic brain injury (TBI) and post-combat depression.
- Partner with other public and private organizations to share educational and training resources.
- Make veteran care a core issue at the 2013 AACOM Annual Meeting.
- Develop or highlight existing educational and referral resources in a prominent manner on the Association’s Web site.
- Use technology to connect experienced professionals in osteopathic medical education with those who have not been trained or educated on PTSD/TBI or post-combat depression recognition/treatment regimens.

*Source: AACOM Web site*

**Dr. Seffinger: Get ready to dance!**

AAO President Michael A. Seffinger, DO, encourages all student and physician Convocation attendees to join him on the dance floor following the President’s Banquet at the Galt House Hotel in Louisville, KY, on Saturday, March 24. The Academy will host a closing night party in the Grand Ballroom, complete with a cash bar and judged dance competition. Please help us celebrate the conclusion of what is sure to be another epic Convocation in this 75th Anniversary year!
Golden Ram campaign makes strides into new year

Golden Ram donations can be made online by logging on to www.academyofosteopathy.org. Click “Contribute” on the left-hand column, select the appropriate donation category and enter the exact amount of your contribution. The AAO leadership hopes this system will ease your ability to donate to the Academy. Keep in mind you can also make a recurring monthly donation of $25 or more. Call Sherri L. Quarles at (317) 879-1881 to set up your rolling donation today!

A request for donations was sent to Academy members along with their annual dues statements, allowing them to contribute to this campaign along with their membership payment. The AAO leadership encourages all members to support this annual fund. As of January 31, 2012, 94 donors have contributed a total of $34,116—representing 68 percent of the Board of Trustees goal of $50,000 for the 2011-2012 fiscal year. Thank you for your ongoing loyalty!

**President’s Club - $2,500 or more**
- Anthony G. Chila, DO, FAAO
- Lisa Ann DeStefano, DO
- Daniel J. Kary, DO, FAAO
- George J. Pasquarello, DO, FAAO

**A.T. Still Club - $1,000-$2,499**
- John Evan Balmer, DO
- Boyd R. Buser, DO
- Dennis J. Dowling, DO, FAAO
- Pamela L. Grimaldi, DO
- Adrienne M. Kania, DO
- Robert E. Kappler, DO, FAAO
- Gary L. Ostrow, DO
- Akiyoshi Shimomura, (Japan)

**T.L. Northup Club - $500-$999**
- Robert N. Agnello, DO &
- Kerry S. Agnello, DO
- Stephen D. Blood, DO, FAAO
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- Philip E. Greenman, DO, FAAO
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- David B. Hage, DO
- John G. Hohner, DO, FAAO
- John M. Jones, DO
- T. Reid Kavieff, DO
- Tim Mosomillo, DO
- David D. Musgrave, DO
- Jeannie R. Roll, MD
- Sheldon C. Yao, DO

**Louisa Burns Club - $250-$499**
- Dennis A. Burke, DO
- Elizabeth C. Clark, DO
- Lori A. Dillard, DO
- Maria T. Gentile, DO

**Vicki Dyson Club - $100-$249**
- Stefan L. J. Hagopian, DO, FAAO
- Brian E. Kaufman, DO
- Judith A. O’Connell, DO, FAAO
- Richard G. Schuster, DO
- Jean Ann Swift, DO
- Adrian Lynne Woolley, DO

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- Eric L. Schneider, DO
- Alice R. Shanaver, DO
- Thomas L. Starbard, DO
- Joel D. Stein, DO, FAAO
- Negash K. Tesemma, DO
- Glenn Norman Wagner, DO

**Tally for 2011-2012**
- **Total Donations:** $34,116
- **Percentage of Goal:** 68%
- **Number of Donors:** 94
Osteopathic Considerations in Systemic Dysfunction: Common Clinical Problems


Course Description
This course presents a practical, hands-on osteopathic manipulative treatment (OMT) approach to everyday patient systemic complaints—ranging from sinusitis to pneumonia, gastritis to irritable bowel syndrome and headache to angina. The program centers on designing rational osteopathic care that integrates the five osteopathic care models and can be delivered in a clinically-effective, time-efficient manner.

It will teach clinicians to seek regional and segmental diagnostic somatic clues to enhance and speed differential diagnosis. Participants will learn to integrate Chapman’s reflexes, collateral abdominal ganglia, and segmental diagnosis of the entire spine and sacroiliac joint. In treatment, the course will center on skills used to enhance homeostasis. Participants will master skills including sphenopalatine ganglia technique; collateral ganglia inhibition; spleen pump; myofascial spray and stretch; ischial rectal fossa technique; mesenteric lifts; rib raising; lymph pumps; liver pump; diaphragm redomining; and direct and indirect OMT techniques to remove somatic dysfunction in the cranial, cervical, thoracic, costal, lumbar and sacral regions.

While a number of techniques will be taught, emphasis will be placed on developing skills and strategies to speed diagnosis and recovery. Residents, residency trainers and directors of medical education will be accorded special tips for maximizing integration of these skills and strategies into their specific programs.

Faculty
Hugh Ettlinger, DO, FAAO, is a 1987 graduate of NYCOM, where he serves as an Associate Professor of Osteopathic Manipulative Medicine (OMM) and director of the NYCOM/St. Barnabas NMM/OMT Residency Program.

Michael Kuchera, DO, FAAO, is a 1980 graduate of Kirksville College of Osteopathic Medicine. He currently directs the OMM Research and Human Performance and Biomechanics Laboratory at Philadelphia College of Osteopathic Medicine. He is also clinical director of the Center for Chronic Disorders of Aging and secretary-general of the International Federation of Manual/Musculoskeletal Medicine.

CME
20 hours of Category 1-A AOA CME credit is anticipated.

Course Location
NYCOM at New York Institute of Technology
Northern Boulevard
Old Westbury, NY 11568
(516) 686-3747

Course Times
Friday and Saturday: 8:00 am - 5:00 pm (lunch provided)
Sunday: 8:00 am - 12:00 pm (lunch on your own)

Travel Arrangements
Call Tina Callahan of Globally Yours Travel at (800) 274-5975.

Course Description
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Component Societies and Affiliated Organizations

Upcoming Calendar of Events

March 1 - 4
Eastern Regional Osteopathic Convention:
A Generational Storm: Medicine’s Hope, Medicine’s Future
Sheraton Long Island Hotel, Smithtown, NY
CME: At least 25 Category 1-A AOA credits anticipated
Phone: (212) 261-1784  Fax: (212) 261-1786
E-mail: info@nyoms.org
Web site: http://www.nyoms.org

March 9 - 11
Manual Medicine - An Osteopathic Approach:
Introduction and Hip Joint & Lower Extremities
UNECOM, Biddeford, ME
CME: 20 Category 1-A AOA credits anticipated
Phone: (207) 602-2589  Fax: (207) 602-5957
E-mail: cme@une.edu  Web site: www.une.edu/com/cme

March 11 - 15
American College of Osteopathic Obstetricians &
Gynecologists 79th Annual Conference
Loews Ventana Canyon Hotel, Tuscon, AZ
CME: 25.5 Category 1-A AOA credits anticipated
Phone: (817) 377-0421  Fax: (817) 377-0439
E-mail: cme@acoog.org  Web site: www.acoog.org

March 15 - 18
American College of Osteopathic Family Physicians
49th Annual Convention and Scientific Seminar
Gaylord Palms Resort & Convention Center, Kissimmee, FL
CME: 22 Category 1-A AOA credits anticipated
Phone: (800) 323-0794  Fax: (817) 228-9755
E-mail: joank@acoofp.org
Web site: http://www.acoofp.org

March 28 - 31
American Association of Colleges of
Osteopathic Medicine Annual Convention
Omni Shoreham Hotel, Washington, DC
CME: 16 Category 1-A AOA credits anticipated
Phone: (301) 968-4100  Fax: (301) 968-4101
Web site: www.aacom.org

April 17 - 21
Arizona Osteopathic Medical Association
90th Annual Convention
Hilton Resort & Villas, Scottsdale, AZ
CME: 31 Category 1-A AOA credits anticipated
Phone: (602) 266-6699  Fax: (602) 266-1393
E-mail: flannerv@az-osteo.org
Web site: http://www.az-osteo.org

April 18 - 22
Atlantic Regional Osteopathic Convention
Bally’s, Atlantic City, NJ
CME: 30 Category 1-A AOA credits anticipated
Phone: (732) 940-8899  Fax: (732) 940-9000
E-mail: rbowen@njosteo.com
Web site: http://www.njosteo.com

April 19 - 22
Ohio Osteopathic Association Annual Convention
Hilton Columbus at Easton Hotel, Columbus, OH
CME: 30 Category 1-A AOA credits anticipated
Phone: (614) 299-2107  Fax: (614) 294-0457
E-mail: lwhitt@oanet.org
Web site: http://www.oanet.org

April 20 - 24
MSUCOM Continuing Medical Education
Muscle Energy: Part I
MSUCOM, East Lansing, MI
CME: 34 Category 1-A AOA credits anticipated
Phone: (517) 353-9714  Fax: (517) 432-9873
E-mail: cme@com.msu.edu
Web site: http://www.com.msu.edu/cme/

April 27 - 29
The Osteopathic Research Center
Using Manual & Conventional Therapies to
Enhance Musculoskeletal Health
Hilton Hotel, Fort Worth, TX
Phone: (817) 735-0515  Fax: (817) 735.2270
E-mail: cathleen.kearns@unthsc.edu
Web site: http://www.hsc.unt.edu/orc

May 2 - 5
The Pennsylvania Osteopathic Medical Association
104th Annual Clinical Assembly and Scientific Seminar
Valley Forge Convention Center, King of Prussia, PA
CME: 34 Category 1-A & 6 Category 1-B credits anticipated
Phone: (717) 939-9318  Fax: (717) 939-7255
E-mail: poma@poma.org
Web site: http://www.poma.org

May 4 - 6
Indiana Osteopathic Association 115th Annual Convention
Sheraton Hotel at Keystone Crossing, Indianapolis, IN
CME: 25 Category 1-A AOA credits anticipated
Phone: (317) 926-3009  Fax: (317) 926-3984
E-mail: info@inosteoo.org
Web site: http://www.inosteoo.org