President’s Message

Michael A. Seffinger, DO

As we embark on our next 75 years as an Academy, I ask each of you to consider what we should take with us from our first go-around to the next? What should we leave behind as a relic? What do you envision for the Academy by our next major milestone—the centennial anniversary in 2037?

Please e-mail your thoughts to AAO Executive Director Diana Finley at dfinley@academyofostepathy.org and she will share them in the next newsletter.

Some of the low points that I am glad to keep as a relic include:

- The one-person central office—with the Academy run from a spare room in a house with no staff support.
- Lack of leadership to take the Academy to the next level.
- Apathy in the profession regarding the utilization of Osteopathic Manipulative Treatment (OMT).
- Lack of respect for doctors of osteopathic medicine (DOs) who practice Neuromusculoskeletal Medicine/Osteopathic Manipulative Medicine (NMM/OMM) or provide OMT specialty services to their patients.
- Dissent among members and leaders, and attempts to annihilate the profession.
- Disrespect and discrimination toward physicians who have a DO degree.
- Dismemberment of the cranial region from the body in educational programs offered by the Academy.
- Denial of reimbursement for OMT services by insurance companies.

Some of the highlights that deserve preservation, from my perspective, include:

- Denial of OMT hospital privileges.
- Limitation of the scope of practice of DOs in any state or country.

Some of the highlights that deserve preservation, from my perspective, include:

- A re-focusing of the American Osteopathic Association (AOA) on osteopathic principles and practices (OPP), with an emphasis on osteopathic manipulative medicine research and education, which began to wane in the 1930s.
- The establishment of an AOA board certification in NMM/OMM and formal residencies in NMM/OMM. Although initially all DOs were expected to provide OMT to their patients, that practice was fading fast when the AAO was established in 1937.
- It is still apparent that most DOs do not provide OMT, and thus, there is a need for ensuring a select number of DOs are trained to carry on the service.
• A fundraising and strategic planning body, like the Foundation for Osteopathic Research and Continuous Education (FORCE), to enable the AAO to move boldly into its next 75 years with state of the art research and education initiatives.

• Participation of hundreds of members serving on committees and leading the way into the future with well-designed strategies for succeeding in the Academy’s mission and attaining its vision.

• Dedicated and expert staff support to enable the Academy to run smoothly and efficiently.

• Honoring those that put their heart, time, talent and treasure into the Academy to fuel its jets, build its engines, run the ship, fertilize the fields, plant new seedlings, and help them grow and develop.

• Inclusion of the cranial region in educational programs offered by the Academy.

• Reimbursement of OMT services by insurance companies.

• OMT hospital privileges.

• Unlimited licensing of DOs in all states (should be in all countries).

• Identification of best OMT practices and development of educational programs to pass them on to members and other health care practitioners.

I am looking forward to a wonderful and productive new year and the start of a new era for the Academy. Please join me in participating in this diamond, cutting-edge year and help forge a vibrant, healthy, growing and productive Academy.
Course Description
This two-day intensive course will provide participants with an osteopathic approach to common sports injuries in young athletes, focusing on the lower extremity. It will also present discussions on the influence of growth and development on movement patterns and training practices, in addition to osteopathic diagnosis and techniques.

Topics Covered
Common ethesopathies and aphositis in the lower extremities; overuse syndromes; muscle strains; meralgia parastetica; compartment syndrome; postural imbalances; foot mechanics; patella-femoral syndrome; Osgood Schlatter syndrome; tibia and fibula dysfunction; and ligamentous injuries.

Hotel Information
Galt House Hotel
140 N. Fourth St., Louisville, KY 40202
Reservations Phone: 1-800-843-4258 or (502) 589-5200
www.galthouse.com

Flight Reservations
Globally Yours Travel
Please call Tina Callahan at 1-800-274-5975

Faculty
Doris Newman, DO, graduated from the University of New England College of Osteopathic Medicine (UNECOM) in 1998. She completed a traditional rotating internship and a year-long internal medicine residency, at Saint Vincent’s Hospital in Worcester, MA. Back at UNECOM, she completed an NMM/O MMM residency, and was Chief Resident her final year. Following her certification by the American Osteopathic Board of Neuromusculoskeletal Medicine, Dr. Newman was appointed Assistant Professor in the Department of Osteopathic Principles and Practices (OPP) at UNECOM, where she served on numerous committees and in several leadership roles, including as Residency Program Director and interim Director of Medical Education. She currently works in the OPP Department at NOVA Southeastern University College of Osteopathic Medicine.

Prerequisites
The participant should have a basic understanding of functional anatomy.

CME
16 hours of Category 1-A CME credit are anticipated.

Registration Form
Pediatric Sports Medicine: The Young Athlete
March 19-20, 2012, 8:00 am - 5:30 pm

Name: _______________________________ AOA#: ___________
Nickname for Badge: ____________________________________________
Street Address: ___________________________________________________
________________________________________________________________________
City: _______________________________ State: ________ Zip: ___________
Phone: ______________________________ Fax: __________________________
E-mail: _____________________________________________________________

By releasing your fax/e-mail, you have given the AAO permission to send marketing information regarding courses to your fax or e-mail.

Billing Address (if different than above): _______________________________________
________________________________________________________________________

Registration Rates
On or before 2/20/2012; After 2/20/2012
AAO Member $ 650.00 $ 750.00
Member with Convo Reg. $ 585.00 $ 685.00
AAO Non-Member $ 750.00 $ 850.00
Non-Member with Convo Reg. $ 685.00 $ 785.00

The AAO accepts check, Visa, Mastercard or Discover payments in U.S. dollars
Credit Card #: ____________________________ 3-digit CVV# _____________
Cardholder’s Name: ____________________________
Expiration Date: ____________________________
I hereby authorize the American Academy of Osteopathy to charge the above credit card for the full course registration amount.
Signature: ____________________________

Click here to view the [AAO’s Cancellation and Refund Policy](#)

Please submit registration form and payment via mail to the American Academy of Osteopathy, 3500 DePauw Blvd., Suite 1080, Indianapolis, IN 46268 or by fax to (317) 879-0563.
Register online at [www.academyofosteopathy.org](http://www.academyofosteopathy.org)
Introducing slate of candidates for election at the AAO Annual Business Meeting

At the request of Academy members, brief biographies of the physicians seeking office for 2012-2013 are provided below. Please take a moment to review this information prior to the AAO Annual Business Meeting, which will take place at the Galt House Hotel in Louisville, KY, on March 22, 2012.

President-Elect (elect one for a one-year term)

David Coffey, DO, FAAO

Dr. Coffey, a 1984 graduate of Philadelphia College of Osteopathic Medicine, is board-certified in Family Practice and Neuromusculoskeletal Medicine/Osteopathic Manipulative Medicine (NMM/OMMM). Since 2004, he has served as a family physician in private practice at Jackson Hospital & Clinic in Montgomery, AL, from which he received the 2011 Hospital Hero Physician Award. Dr. Coffey also completed the American Osteopathic Association (AOA) Health Policy Fellowship in 2011. He is a Past President of the Cranial Academy and a current member of the Medical Executive Committee and Chairman of the Credentials Committee for Noland Hospital Montgomery—a long-term care facility on Jackson’s campus. Dr. Coffey also serves on the AOA House of Delegates, the AAO Board of Trustees and several AAO committees.

Secretary-Treasurer (elect one for a three-year term)

Kenneth H. Johnson, DO, FAAO

Dr. Johnson is a 1992 graduate of the University of New England College of Osteopathic Medicine (UNECOM). He is certified by the American Osteopathic Board of Family Physicians (AOBFP) and the American Osteopathic Board of Neuromusculoskeletal Medicine (AOBNMM). He has had faculty positions at the University of New England, University of Wyoming and Tufts University, and currently serves as Associate Dean for Clinical Education at UNECOM. Dr. Johnson has been president of the Northeast Osteopathic Medical Education Network and currently serves as its Chief Academic Officer. He is the previous Chief Medical Officer of Health Access Network and currently serves as its Chief Medical Officer, and former faculty member and Director of Osteopathic Medical Education at the Eastern Maine Medical Center/UNECOM Family Practice (FP) Residency. Dr. Johnson is a Past President of the AAO and former Chair of the UAAO Council. He currently serves on the AOA House of Delegates, AAO Board of Governors and Strategic Planning and International Affairs Committees.

Trustee (elect two for a three-year term)

David Coffey, DO, FAAO*

See above

Laura E. Griffin, DO, FAAO*

Dr. Griffin graduated from UNECOM in 1996 and is board-certified in Family Practice and NMM/OMM. She is Chair of the OMM Department and an Associate Professor of Osteopathic Principles and Practices at the University of Pikeville Kentucky College of Osteopathic Medicine (UPKYCOM). She is also the SAAO Advisor and Director of the Integrated FP/NMM Residency Program at UPKYCOM. Dr. Griffin serves on the AOBNMM, as well as the AAO Board of Trustees. She is also a member of the Postdoctoral Standards and Evaluation and C-NMM/OMM Committees.

David C. Mason, DO

Dr. Mason is a 1996 graduate of the University of Medicine and Dentistry of New Jersey School of Osteopathic Medicine (UMDNJSOM). He is certified by the AOBNMM and the AOBFP. He is currently an Associate Professor and Chair in the Department of OMM at the University of North Texas Health Science Center Texas College of Osteopathic Medicine (TCOM). Dr. Mason has served as Course Director for first-, second- and third-year OMM courses, and is involved in teaching at local and national Graduate Medical Education and Continuing Medical Education programs (CME). He is co-author of the book 5-Minute Osteopathic Manipulative Medicine Consult and is the current Chair of the AAO Education Committee. He is also a member of the AAO Board of Governors and the AOBNMM.
* Denotes incumbent

Michael J. Warner, DO

Dr. Warner graduated from Des Moines University College of Osteopathic Medicine (DMUCOM) in 1990, and is currently a Clinical Associate Professor of Family Practice and Associate Professor of Osteopathic Principles and Practices at Lake Erie College of Osteopathic Medicine in Seton Hill, PA. He is certified by the AOBFP and the AOBNMM. Dr. Warner is a Medical Review Officer for drug testing with the American Board of Medical Review Officers and a member and test examiner on the AOBNMM. He owns two U.S. patents related to palpatory motion, and practices with his wife, Margaret K. Warner, DO, at Warner Family Medicine in Edensburg, PA. He serves on the AAO Board of Governors and the Osteopathic Medical Economics Committee, and is chair of the C-NMM/OMM Committee.

Governor (elect ten for a three-year term)

Robert N. Agnello, DO

Dr. Agnello is a 2001 graduate of New York College of Osteopathic Medicine (NYCOM), and is certified by the AOBFP. He worked as a family practice physician at Geisinger Health System in Berwick, PA, before joining the Clark Clinic at the Womack Army Medical Center in Fort Bragg, NC. He has also served as a U.S. Army Reserve Captain with the Army Medical Corps in Fort Drum, NY; Fort Sam Houston, TX; and West Point, NY. Dr. Agnello has been a member of the Council on Research Grants, Organization Structure Committee and the Council on Continuing Medical Education for the AOA. He has also served as Secretary/Treasurer of the Postgraduate American Academy of Osteopathy and on the AAO Osteopathic Postgraduate Teaching Institutes Liaison and Informational Technology Committees. He currently serves on the Membership and Osteopathic Medical Economics Committees.

James W. Binkerd, DO

Dr. Binkerd graduated from Kirksville College of Osteopathic Medicine (KCOM) in 1984 and is board-certified in NMM/OMM. He practiced OMM in Santa Cruz, CA, for fourteen years before joining the faculty of Touro University College of Osteopathic Medicine in Vallejo, CA (TUCOM/CA), where he has served as an Associate Professor, Vice Chair of the Department of OMM, Assistant Dean of Student Services and Director of Academic Support. He is currently the Associate Dean for Student Services. Dr. Binkerd has served on the Board of Directors and as Chair of the Education Committee for the Osteopathic Cranial Academy. He is a member of the AAO Awards Committee and was the Program Chair for the 2011 AAO Convocation: The Legacy of the Integrative Work of William G. Sutherland, DO.

Boyd R. Buser, DO*

Dr. Buser is a 1981 graduate of DMUCOM, and is board-certified in NMM/OMM and Family Practice. He currently serves as Vice President and Dean of UPKYCOM, where he is also a Professor of Osteopathic Principles and Practices. He previously served as Department Chair, Associate Dean, Interim Dean and Vice President of UNECOM. Dr. Buser is a former Chair of the National Board of Osteopathic Medical Examiners (NBOME). He was named Educator of the Year by the AOA and the American Osteopathic Foundation in 1994. He received the Distinguished Service Award from the Maine Osteopathic Association in 1996 and 2007. In 2007, Dr. Buser was also elected by the American Medical Association Board of Trustees to a position on the Current Procedural Terminology (CPT) Editorial Panel, the first osteopathic physician to be so elected. He is a member of the Kentucky Institute of Medicine, the Kentucky Board of Medical Licensure, the AOA Board of Trustees and the Board of Directors of the Osteopathic International Alliance. A Past President of the AAO, Dr. Buser currently serves as Chair of the Nominating Committee and as a member of the Board of Governors, International Affairs Committee and Osteopathic Medical Economics Committee.

Mark S. Cantieri, DO, FAAO

Dr. Cantieri is a 1981 graduate of DMUCOM, and is board-certified in NMM/OMM. He has served on various hospital staffs as a consultant in OMM—treating newborns, post-operative patients and patients in intensive care units. He currently operates a private practice, Corrective Care, PC, in Mishawaka, IN, which specializes in the treatment of chronic musculoskeletal pain. Dr. Cantieri has taught and lectured for various organizations for many years, including teaching the annual prolotherapy course for the AAO since 1999. In 2008, he and co-authors Drs. Ravin and Pasquarello published the medical textbook Principles of Prolotherapy. Dr. Cantieri also initiated the Academy’s New Ideas Forum. He has received various awards, most notably the 1996 George Northup Writing Award from the AOA, the 2006 T.L. Northup Memorial Lecturer Award from the AAO, and the 2009 Dr. J.B Kinsinger Award for Outstanding Service to the Indiana Osteopathic Association. Dr. Cantieri is a Past President of the AAO and has served as Secretary-Treasurer for the past six years, as well as on several AAO committees.

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Mark your calendar for these upcoming Academy meetings and educational courses.

**February 2**
Membership Committee Teleconference, 8:30 pm EST

**February 10-11**
Education Committee Meeting—University Place Conference Center & Hotel, Indianapolis, IN

**Feb. 29-March 3**
AOA Mid-Year Board of Trustees Meeting—Miami Beach, FL

**March 19-20**
*Pediatric Sports Medicine: The Young Athlete*—Jane Carriero, DO; Heather Ferrill, DO; Doris Newman, DO—The Galt House Hotel, Louisville, KY

**March 20**
*The Legacy of Stanley Schiowitz, DO, FAAO: Facilitated Positional Release and Beyond*
Dennis Dowling, DO, FAAO—The Galt House Hotel, Louisville, KY

**March 20**
Fellowship Committee Meeting—The Galt House Hotel, Louisville, KY

**March 21-25**
*The Unified Osteopathic Field Theory, AAO 75th Anniversary Convocation*
Kenneth J. Lossing, DO—The Galt House Hotel, Louisville, KY

**March 21**
AOBNMM written re-certification examination—The Galt House Hotel, Louisville, KY

**March 21**
Residents´ In-Service Examination—The Galt House Hotel, Louisville, KY

**March 21**
AAO Board of Governors Meeting—The Galt House Hotel, Louisville, KY

**March 21**
AAO Board of Trustees Meeting—The Galt House Hotel, Louisville, KY

**March 22**
AAO Annual Business Meeting—The Galt House Hotel, Louisville, KY

**March 24**
AAO Board of Trustees Meeting—The Galt House Hotel, Louisville, KY

**April 20-22**
*Beginning Percussion Vibrator Course*—Rajiv Yadava, DO; Richard Koss, DO
TCOM, Fort Worth, TX

**June 8-10**
*Exercise Prescription: Greenman’s Method*—Brad Sandler, DO
South Pointe Hospital, Warrensville Heights, OH

**July 20-22**
*Osteopathic Considerations in Systemic Dysfunction: Common Clinical Problems*
Hugh Ettlinger, DO, FAAO; Michael Kuchera, DO, FAAO—NYCOM, Old Westbury, NY

**August**
*Myofascial Trigger Points*—Michael Kuchera, DO, FAAO—Date and location TBD

**September 7-8**
*Ultrasound Guided Injection*—Millicent K. Channell, DO; Sajid Surve, DO
UMDNJSOM, Stratford, NJ

**October 6**
*Mastering the Art of HVLA* (Pre-AOA Convention)—John G. Hohner, DO, FAAO—San Diego, CA

**October 8-10**
*AAO Program at the AOA Convention: Osteopathic Considerations of the Head and Neck*
Millicent K. Channell, DO, Program Chair—San Diego, CA

**October 25-27**
*Prolotherapy Weekend*—Mark S. Cantieri, DO, FAAO; George J. Pasquarello, DO, FAAO
UNECOM, Biddeford, ME

**Nov. 30-Dec. 2**
*Oscillatory & Energetic Integrated OMM*—Zachary J. Comeaux, DO, FAAO
NSUCOM, Fort Lauderdale, FL
David Coffey, DO, FAAO

See above

Wm. Thomas Crow, DO, FAAO*

Dr. Crow is a 1987 graduate of TCOM, and is certified by the AOBNMM. He is currently the Director of the Family Medicine/NMM Residency Program at Florida Hospital East Orlando. He is also a professor at Kansas City University of Medicine and Biosciences College of Osteopathic Medicine, Nova Southeastern University College of Osteopathic Medicine and UPKYCOM. He has lectured throughout the United States, Japan, Australia and Germany, and is the author of multiple research papers, as well as the book COMLEX OMM Review. Dr. Crow serves on the AAO Board of Governors, Postdoctoral Standards and Evaluation Committee, and the Student Academies Committee.

Walter C. Ehrenfeuchter, DO, FAAO*

Dr. Ehrenfeuchter, a 1979 graduate of PCOM, served as the first OMM resident in the history of the profession. Board-certified in NMM/OMM, he taught in the OMM Department at the Philadelphia campus of PCOM for the past 25 years, most recently as Professor and Vice Chair. He is currently Chair of the OMM Department at PCOM’s campus in Suwanee, GA. In conjunction with his colleagues, Dr. Ehrenfeuchter has authored two chapters in the Foundations of Osteopathic Medicine textbook. He has also authored numerous in-house published teaching materials, and has lectured extensively throughout the United States and Europe. Dr. Ehrenfeuchter is Vice President of the Deutsch-Amerikanishe Akademie fuer Osteopathie (German-American Academy of Osteopathy), and has served on several committees with the NBOME. He is also a member of the AAO Board of Governors and Student Academies Committee.

Richard A. Feely, DO, FAAO

Dr. Feely, a 1978 KCOM graduate, is board certified in six specialties—Family Practice, NMM/OMM, Acupuncture, Disability Evaluation, Independent Medical Evaluation, and Quality Assurance and Utilization Review. He currently serves as an adjunct professor in the OMM Department at Midwestern University Chicago College of Osteopathic Medicine (CCOM) and Western University College of Osteopathic Medicine of the Pacific (COMP). Dr. Feely has served as President of the Cranial Academy, a member of the AOA House of Delegates and the AOA Council on Scientific Affairs, and is the current President of the Illinois Osteopathic Medical Society. Currently serving as Immediate Past President, Dr. Feely has been involved with the AAO for more than 27 years, including as Chair of the Louisa Burns Osteopathic Research and the Osteopathic Medical Economics Committees. He has lectured nationally and internationally, and has authored and edited books on Osteopathy, Cranial Osteopathy and Acupuncture.

Heather P. Ferrill, DO*

Dr. Ferrill, a 2000 Michigan State University College of Osteopathic Medicine (MSUCOM) graduate, is an Associate Professor of OMM at UNECOM. Board-certified in Family Practice and NMM/OMM, her practice emphasizes OMT in the pediatric population. Dr. Ferrill also has a special interest in the osteopathic management of headache, vision and dental issues, and is currently involved in osteopathic educational research. She serves on the AAO Board of Governors and is the SAAO Advisor for UNECOM.

John C. Glover, DO, FAAO*

Dr. Glover graduated from West Virginia School of Osteopathic Medicine (WVSOM) in 1986, and is currently Professor and Chair of the Department of OMM at TUCOM/CA. Certified in Family Practice and NMM/OMM, Dr. Glover has served as Chair of the OMM Department at OUCOM and Oklahoma State University College of Osteopathic Medicine, and Chair of the Department of Osteopathic Principles and Practice at Kansas City University of Medicine and Biosciences College of Osteopathic Medicine (KCUMBCOM). He is a former Chair of the Educational Council on Osteopathic Principles and a Past President of the AAO. Dr. Glover is a member of the AAO Board of Governors and numerous AAO committees. He is co-author of the book Counterstrain and the Strain-Counterstrain chapter in Foundations for Osteopathic Medicine (1st, 2nd, and 3rd Editions). Dr. Glover is also a contributing author for Clinical Application of Counterstrain, Counterstrain & Exercise: An Integrated Approach, Clinical Osteopathically Integrated Learning Scenarios and Leitfaden Osteopathie. He lectures and conducts workshops on a variety of topics nationally and internationally.
Laura E. Griffin, DO, FAAO

See above

Sharon Gustowski, DO, MPH

Dr. Gustowski graduated from TCOM in 2002, and is certified by the AOBNMM. She worked as a faculty member at Touro University College of Osteopathic Medicine in Henderson, NV, before becoming an Assistant Professor in the OMM department at TCOM, where she is also Course Director for the second-year OMM curriculum. She is the Immediate Past President of the Nevada Osteopathic Medical Association, for which she served as a Board member since 2007, and as a Program Chair and Presenter for multiple CME conferences. Dr. Gustowski serves on the AOA House of Delegates and the NBOME Osteopathic Principles and Practices Committee. She is also a member and former Chair of the AAO Membership Committee.

Richard G. Schuster, DO

Dr. Schuster, a 1993 graduate of OUCOM, is board-certified in Family Practice and NMM/OMM. Prior to going into private practice in Family Medicine, Sports Medicine and OMM at the Erie Osteopathic Clinic in Sandusky, OH, he served as a Lieutenant Commander in the United States Navy. He has also served as Associate Director and Osteopathic Site Director of Sports Care at the Toledo Hospital in Toledo, OH, and Director of the NMM/OMM Plus-One Residency at Firelands Regional Medical Center in Sandusky, OH. Currently an Assistant Professor in the OMM Department at DMUCOM, he serves on the AAO Education Committee, Postdoctoral Standards and Evaluation Committee and the Student Academies Committee.

Melicien A. Tettambel, DO, FAAO*

Dr. Tettambel is a 1978 graduate of KCOM. She currently serves as Chair of the Department of Osteopathic Principles and Practices, as well as Director of Research and Development at Pacific Northwest University of Health Sciences College of Osteopathic Medicine. She is also a visiting professor and lecturer at several other schools of osteopathic medicine. She is certified by the American College of Osteopathic Obstetricians and Gynecologists (ACOOG) and the American Osteopathic Board of Special Proficiency in Osteopathic Manipulative Medicine. Dr. Tettambel is a Past President of the AAO, and currently serves on its Board of Governors, Nominating Committee and International Affairs Committee, as well as Chair of the AOBNMM. She is President of the Sutherland Cranial Teaching Foundation and is also active with the AOA, ACOOG and the Osteopathic Cranial Academy. Dr. Tettambel was the 2004 recipient of the Andrew Taylor Still Medallion of Honor and is co-author of Osteopathic Management of the Female Patient.

Richard L. Van Buskirk, DO, PhD, FAAO*

Dr. VanBuskirk is a 1987 graduate of WVSOM, and is board-certified in Family Practice and NMM/OMM. He received his PhD in neuroscience from Duke University in 1976, and taught and performed basic science research for a number of years before entering osteopathic medical school. He is currently in private practice in Sarasota, FL. Dr. VanBuskirk has published frequently, including a JAOA article on nociception and the somatic dysfunction in 1990 and, more recently, an article describing a rediscovered manipulative technique of Andrew Taylor Still. He is a section editor and co-author of the textbook Foundations for Osteopathic Medicine. He has also published The Still Technique Manual through the AAO, for which he serves on the Board of Governors, and has taught courses throughout the United States and internationally.

Michael J. Warner, DO*

See above

Sheldon C. Yao, DO

Dr. Yao graduated from NYCOM, where he served as President of the UAAO Chapter and received the Robert Thorpe, DO, FAAO, Memorial-Excellence in OMM Award, in 2002. He completed his internship and family practice residency at Good Samaritan Hospital in West Islip, NY, in 2005, and served as chief resident during his final year. In 2006, he completed a one-year NMM/OMM fellowship at North Shore-LIJ Hospital in Plainview, NY. Certified in Family Practice and NMM/OMM, Dr. Yao is currently an Assistant Professor in the Department of OMM at NYCOM. In addition to teaching OMM and assisting in the Family Practice Department, he also sees patients at the on-campus Academic Health

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Course Description
Stanley Schiowitz, DO, FAAO, was an innovator with over sixty years experience in the application of osteopathic philosophy, principles and practices. Facilitated Positional Release (FPR) was but one of his legacies, and, as a modality, it employs aspects that make for quick diagnosis and treatment of somatic dysfunction with very efficacious results. Dr. Schiowitz did not limit himself to just FPR, but extended clinical application to make certain somatic dysfunctions were found and fixed in rapid fashion. This course is designed only for experienced osteopathic physicians with some basic knowledge of the application of FPR who want to go beyond the basic level and expand their knowledge to difficult clinical scenarios. It will include elements of FPR and beyond so as to make the participant more efficient in time and results, as well as integration with other aspects of osteopathic manipulative medicine.

Objectives
1. Learn the application of osteopathic principles to apply concepts of structure and function to diagnosis;
2. Learn diagnosis of specific dysfunctions and regional problems;
3. Demonstrate treatment of patients in sitting, supine and sidelying positions utilizing Facilitated Positional Release and adaptations; and
4. Learn indications and contraindications.

Program Chair
Dennis J. Dowling, DO, FAAO, is a 1989 graduate of New York College of Osteopathic Medicine (NYCOM). He specializes in Osteopathic Manipulative Treatment in private practice in Syosset, NY, and is the Director of Manipulation in the Department of Physical Medicine and Rehabilitation at Nassau University Medical Center in Long Island, NY. He is also Director of Osteopathic Manipulative Medicine Assessment for the National Board of Osteopathic Medical Examiners Clinical Skills Testing Center. Dr. Dowling is the former Chair of the OMM Department at NYCOM, and is a past president of the AAO. In addition to co-editing An Osteopathic Approach to Diagnosis and Treatment, he is a contributor and illustrator for several other textbooks and journals, and frequently lectures throughout the United States and abroad.

CME
Six hours of Category 1-A CME credit are anticipated.

Hotel Information:
140 N. Fourth St., Louisville, KY 40202
Reservations Phone: 1-800-843-4258 or (502) 589-5200
www.galthouse.com

Flight Reservations
Globally Yours Travel
Please call Tina Callahan at 1-800-274-5975
Care Center, where he serves as one of the student coordinators. Prior to his tenure at NYCOM, he provided family practice and OMM care in a private office in Massapequa Park, NY. Dr. Yao is Chair of the AAO Membership Committee and a member of the C-NMM/OMM and Student Academies Committees.

**Nominating Committee** (elect four for one-year terms)

Boyd R. Buser, DO*

*See above*

**Dennis J. Dowling, DO, FAAO**

Dr. Dowling is a 1989 graduate of NYCOM, and is board-certified in Family Practice and NMM/OMM. He specializes in OMT in private practice in Syosset, NY, and is the Director of Manipulation in the Department of Physical Medicine and Rehabilitation at Nassau University Medical Center in Long Island, NY. He is also Director of OMM Assessment for the NBOME Clinical Skills Testing Center. Dr. Dowling is the former Chair of the OMM Department at NYCOM, and a Past President of the AAO. A current member of the AOA House of Delegates and AAO Board of Governors, he also serves as Chair of the AAO Awards Committee and Vice Chair of the Education Committee. He is member of the Nominating and International Affairs Committees as well. In addition to co-editing *An Osteopathic Approach to Diagnosis and Treatment*, Dr. Dowling is a contributor and illustrator for several other textbooks and journals. He received the David Heilig, DO, FAAO, Award in 2001; the Scott Memorial Lecturer Award in 2004; the Thomas L. Northup Memorial Lecturer Award in 2005; and the Harold A. Blood, DO, FAAO, Memorial Lecture Award in 2010. He frequently lectures throughout the United States and abroad.

**Richard A. Feely, DO, FAAO**

*See above*

**John C. Glover, DO, FAAO**

*See above*

**Ann L. Habenicht, DO, FAAO**

Dr. Habenicht, a 1982 graduate of CCOM, is certified by the AOBFP and the AOBNMM. She is a Professor of OMM at CCOM, and is in private practice in Oak Forest, IL, and urgent care in Orland Park, IL. Dr. Habenicht is a member of the AOA House of Delegates and is a Past President of the AAO. She is currently a member of the AAO Board of Governors, Chair of the Bylaws Committee and the SAAO Advisor for CCOM. She is also a member of the Education Committee and the AOBNMM. Dr. Habenicht has been Program Chair of the AAO’s annual OMT Update course for the past 16 years.

**Board schedules committee meetings at Convocation**

The Board of Trustees has confirmed the schedule for all committee meetings at the Annual AAO Convocation. Since 1999, the Academy has conducted two to three meetings simultaneously in meeting rooms with a shared breakfast/luncheon buffet available adjacent to the rooms. This format has several advantages: Committees avoid the noise and distraction of restaurant meetings, as well as too little time to complete tasks; the meetings don’t interfere with attendance at didactic sessions and workshops; and the schedule facilitates better staff support to record minutes and committee actions.

This schedule should minimize conflicts for participants. Chairpersons and Committee members should scan the following itinerary and plan their personal calendars to ensure attendance at these important meetings:

**Tuesday, March 20**  Fellowship Committee (FAAO exams), 12:00 pm

**Wednesday, March 21**  Investment Committee, 6:00 pm

**Thursday, March 22**  International Affairs Committee, 6:30 am

Postdoctoral Standards & Evaluations Committee, 6:30 am

Osteopathic Postdoctoral Teaching Institutes Liaison Committee, 6:30 am
Friday, March 23
External Fundraising Committee, 6:30 am
Louisa Burns Osteopathic Research Committee, 6:30 am
Osteopathic Medical Economics Committee, 6:30 am
Information Technologies Committee, 12:00 pm
Osteopathic Diagnosis & Treatment Education Committee, 12:00 pm
Student Academies Committee, 12:00 pm

Saturday, March 24
C-NMM/OMM Committee, 6:30 am
Membership Committee, 6:30 am
Publications Committee, 6:30 am

Please note: The Bylaws, Awards and Nominating Committees normally do not meet at Convocation.

CLASSIFIED ADVERTISEMENTS

SEATTLE PHYSICIAN OPPORTUNITY
Contact Stephen Cavanaugh, DO, at seattledo@gmail.com or (206) 834-5438. Web site for the practice is SeattleDO.com.

PRACTICE AVAILABLE IN VIRGINIA
Osteopathic practice for sale in McLean, VA, 22101. Established and long-standing patient base. Patients are most familiar with being treated using Fulford percussion technique, cranial osteopathy (standard and Jealous-biodynamic) and ME. Expected income from practice approximately $200,000 plus. Sale price $100,000. Reason for sale is relocation. If interested, e-mail lillyarm1360@gmail.com or call Lillian Somner, DO, at (301) 305-1119 (cell).

DO SOUGHT IN CALIFORNIA
We are an innovative medical group in beautiful San Francisco, looking for an osteopathic primary care physician interested in doing OMT. We are a primary care group that believes there’s a better way to practice medicine. Balanced lifestyle, working with academically trained MDs, started by original designer of Epocrates. If interested, please send a brief intro and CV to: jobs@onemedical.com.

NEW NMM PLUS 1 RESIDENCY PROGRAM
There is a new NMM Plus 1 Residency at Southampton Hospital in beautiful Southampton, Long Island. Applications are currently being accepted. If interested, please contact Program Director Denise K. Burns, DO, FAAO, at drdenise@optonline.net or Education Department Secretary Karen Roberts at (631) 726-0409.

DO/MD/NP WANTED IN NEBRASKA
For Omaha, NE, wellness center offering Christian-based prayer and emotional conflict resolution, cranial osteopathy, nutritional/homeopathic/herbal support, ondamed, lymphstar, sauna, intravenous therapies and natural skin aesthetics, etc., for all types of conditions. Four-day work week, no hospital call. “Fee for service,” no third-party contracts. Send resume to kay@eph.omhcoxmial.com or call (402) 343-7963.

PRACTICE OSTEOPATHY IN BEAUTIFUL COLORADO
Successful integrative practice seeks a board certified/eligible NMM/OMM physician for its busy Denver office. Preferably someone comfortable with a broad variety of techniques. Very competitive compensation. Friendly and professional atmosphere. Please call (303) 781-7862 or e-mail CV to mgentile@cointegrative.com. Our website is www.cointegrative.com.
Dr. Robert C. Fulford’s Basic Percussion Course

April 20-22, 2012 at TCOM

Course Description and Background:
At Dr. Fulford’s last course in May of 1997, he expressed his desire to leave his ailing body after his scheduled presentation to the Cranial Academy in June. After demonstrating what he was going to present to the Cranial Academy, he asked Dr. Koss and Dr. Yadava to continue teaching his work to the Osteopathic profession. Dr. Fulford passed away four days after the Cranial Academy presentation.

This course has been restructured to provide the participant a more complete understanding and experience of Dr. Fulford’s contributions to Osteopathy. Although hand and percussion techniques are included, the emphasis will be on increasing the clarity of one’s working knowledge. Based on the participant’s inclinations, there is freedom within the curriculum to change the direction of what information is relayed. Time needed to assimilate what is taught will also be respected.

Prerequisites:
This Level III course is for DOs, MDs, dentists and students with a 40-hour approved Cranial course and/or prior training and experience in Cranial Osteopathy or permission from the program chair.

Course Objectives:
• One will recognize that many of Dr. Fulford’s ideas are rooted in Dr. Still’s and Dr. Sutherland’s teachings;
• One will begin to see that the results realized from the use of the percussor is directly dependent on the Osteopath’s understanding;
• One will see that the use of the percussor will save the physician time and energy; and
• One will appreciate that Dr. Fulford gave more to Osteopathy than a new technique.

CME:
21 hours of AOA Category 1-A credit is anticipated

Course Location:
Texas College of Osteopathic Medicine
3500 Camp Bowie Blvd.
Fort Worth, TX 76107
(817) 735-2000

Travel Arrangements:
Call Tina Callahan of Globally Yours Travel at (800) 274-5975

Registration Form
Dr. Robert Fulford’s Basic Percussion Course
April 20 - 22, 2012

Name: ____________________________   AOA#: ___________
Nickname for Badge: ___________________________________
Street Address: ________________________________________
City: ______________________   State: _____   Zip: _________
Phone: _____________________    Fax: ____________________
E-mail: ______________________________________________

By releasing your fax/e-mail, you have given the AAO permission to send marketing information regarding courses to your fax or e-mail.

Billing address (if different than above): ____________________
____________________________________________________

*Registration Rates
On or before 3/20/2012 After 3/20/2012
AAO member $ 714.00 $ 814.00
Non-member $ 814.00 $ 914.00

*Please see above pre-requisites before registering for this course.

The AAO accepts check, Visa, Mastercard or Discover payments in U.S. dollars

Credit Card #: ______________________________________
Cardholder’s Name: _________________________________
Expiration Date: ______________  3-digit CVV#__________

I hereby authorize the American Academy of Osteopathy to charge the above credit card for the full course registration amount.

Signature: _________________________________________

American Academy of Osteopathy
3500 DePauw Blvd., Suite 1080, Indianapolis, IN 46268
Phone: (317) 879-1881 • Fax: (317) 879-0563
Register online at www.academyofosteopathy.org

Click here to view the [AAO’s Cancellation and Refund Policy]
NMM/OMM residents to take in-service exam

The AAO’s Postdoctoral Standards and Evaluation Committee is responsible for oversight of all AOA-approved residency training programs in Neuromusculoskeletal Medicine and Osteopathic Manipulative Medicine (NMM/OMM), including the two-year NMM/OMM program, the plus-one NMM/OMM program, and the three-year integrated family practice/NMM program. The committee requires all NMM/OMM residents to take an annual in-service examination, which is scheduled for Wednesday, March 21, during the AAO Convocation in Louisville, KY. The written examination will take place from 11:00 am to 1:00 pm, and the practical examinations will take place from 2:00 pm to 5:00 pm.

Certification Board Administers Exams

Chairperson Melicen A. Tettambel, DO, FAAO, and other members of the American Osteopathic Board of Neuromusculoskeletal Medicine (AOBNMM) convened on December 3-4 at the Wyndham West Hotel in Indianapolis to administer oral, practical and written certification examinations. The board reaffirmed its position that the re-certification examination consist of the same written test the board prepares for candidates seeking initial certification in Neuromusculoskeletal Medicine/Osteopathic Manipulative Medicine (NMM/OMM). The board has taken several steps to document the validity and reliability of the written examination, as well as ensure that it reflects the actual specialty practice of physicians who hold certification in this discipline.

Physicians who earned certification in Special Proficiency in Osteopathic Manipulative Medicine (SP-OMM) prior to December 31, 1994, received non-dated certificates and are not required to sit for re-certification examination. However, DOs who earned either SP-OMM or NMM/OMM certification after January 1, 1995, received certificates valid for 10 years, expiring as early as December 31, 2005. Hence, they must apply and sit for the re-certification examination by the expiration date on their individual certificates. Failure to successfully complete the re-certification process and/or AOA continuous membership will result in the loss of certification.

The AOBNMM has scheduled the next written examination for Wednesday, March 21, 2012, at the Galt House Hotel in Louisville, KY. There will be no oral or practical examinations administered at this time. If your certification expires in 2012 and you have not submitted an application to sit in March, please contact AOBNMM Coordinator Amber Rausch to complete an application for re-certification in November 2012. You can reach her by calling (317) 879-1881 or e-mailing arausch@academyofosteopathy.org.

LBORC provides guidelines for poster presentations

The AAO Louisa Burns Osteopathic Research Committee (LBORC) is pleased to sponsor a poster presentation competition at the 2012 Annual AAO Convocation at the Galt House Hotel in Louisville, KY. Poster presentations will be displayed outside the main lecture hall on Thursday and Friday, March 22-23. Presenters may also stand next to their posters during break periods to respond to questions and comments from convocation attendees.

Only posters may be presented. Audio-visual materials, such as slides and videotapes, will not be accepted as part of the presentations. Displays should only contain succinct headings that logically organize and present the information. It is also recommended that graphics be definitive and brief. Elaboration is best done verbally. The poster should focus on the hypothesis or objective, methods and results or outcomes. An example of a poster display is illustrated below. Please note that there will be two poster displays on each cork board. Hence, presenters will share the display with another person.
The Academy will provide a working area for displaying poster presentations that is 4 inches x 4 inches. The surface will be cork board firmly supported on A-frame legs. The display will stand a total of 8 inches high with the supporting legs. All illustrations should be made up prior to presentation. Illustrations should be simple and easily read from distances of about 3 feet or more. Charts, drawings and illustrations should be similar to those that would be used in making slides. Participants should prepare everything they need for their display—figures, tables, diagrams, equations, etc. They should also bring pushpins or thumbtacks for mounting their materials. They should not mount their materials on a heavy board, as it may be difficult to keep in position.

Poster presentations must be set up no later than 8:00 am on Thursday, March 22. They must remain in place until 4:00 pm on Friday, March 23. Dismantling must be complete by 5:30 pm on Friday, March 23.

Membership Announcements

The AAO would like your input as it works to enhance the benefits and services it provides its members. A survey was sent to members’ preferred e-mail addresses on January 9. Please take a moment to fill out the survey—it should only take about seven minutes of your time. We ask that you complete it by January 20, so the results can be tallied in a timely manner. Thank you for your assistance in this valuable process and your support of the Academy!

Membership dues notices have been sent out the first Friday of each month since June. Dues were due and payable on July 31 for the 2011-2012 fiscal year. If you have not yet received a dues notice, call or e-mail Susan Lightle at (317) 879-1881 or slightle@academyofosteopathy.org. The Academy accepts checks, as well as MasterCard, Visa and Discover credit cards. American Express is not accepted.

Per the AAO bylaws, members who have not paid their dues by January 31, 2012, will be dropped from the membership roster. Don’t let this happen to you! Renew your membership today so you can receive the member price for Convocation and the many educational courses that will be offered throughout the AAO’s 75th anniversary year.

Don’t make a move...without notifying the AAO! We don’t want to lose track of any of our members when they relocate. Please remember to inform Susan of any changes in your contact information.

Please make sure e-mails from the AAO are not going to your junk mail folder! Adjust your spam filter to allow e-mails from @academyofosteopathy.org so you can continue to receive the AAO Journal, AAO Member Newsletter, theOsteoBlast, updates on courses, etc.

Once you graduate from osteopathic medical school, you do not automatically become a member of the AAO. Therefore, SAAO members who have graduated or will graduate in 2012 should strongly consider re-joining the AAO as a Postgraduate American Academy of Osteopathy (PAAO) member, and continue to attend Convocation each year. Information is always available on the web at www.academyofosteopathy.org/paao/home. Here you will find the PAAO membership application and announcements about upcoming courses. No matter what field of medicine you choose and what residency you attend, the AAO has much to offer in continuing your development as an osteopathic physician. If you know an intern or resident who is not a member of the PAAO, please pass this information along!

The AAO now has a Facebook page. Check it out. Like us!
Exercise Prescription: Greenman’s Method

June 8-10, 2012, at South Pointe Hospital in Warrensville Heights, OH

Course Description
This course will demonstrate how to access muscle balance of the musculoskeletal system, particularly in reference to somatic dysfunction. The primary goal is to prescribe an exercise program and self-mobilization techniques to fit patients’ somatic dysfunction in order for them to manage themselves.

Objectives
1. To understand the functional anatomical connections of upper and lower quarter musculature to the proximal trunk and pelvis.
2. To introduce the concept of neuromuscular imbalance as a contribution to musculoskeletal dysfunction.
3. To learn exercises to address specific somatic dysfunctions found in the vertebral column and pelvis.
4. To be able to design and sequence a home exercise program for patients to complement manual medicine.
5. To be able to instruct patients on an exercise program based on their functional goals and lifestyle.

Prerequisites
A basic understanding of functional anatomy and one Level I course or its equivalent.

CME
20 hours of AOA Category 1-A credit is anticipated

Program Chair
Brad Sandler, DO, is a 1992 graduate of Des Moines University College of Osteopathic Medicine. He completed his rotating internship at Oakland General Hospital in Madison Heights, MI, and his residency training in osteopathic manipulation and biomechanics at Michigan State University College of Osteopathic Medicine. He joined Corrective Care in Mishawaka, IN, in 1995, and became its vice president in 1999. Dr. Sandler is board certified in NMM/OMM, and specializes in the treatment of difficult muscle, tendon, ligament and joint pain syndromes. Dr. Sandler not only teaches exercise prescription, but takes his own medicine by incorporating exercise into his lifestyle for the past 30 years.

Course Times
Friday and Saturday: 8:00 am - 5:00 pm (lunch provided)
Sunday: 8:00 am - 12:00 pm (lunch on your own)

Course Location
South Pointe Hospital
20000 Harvard Rd.
Warrensville Heights, OH 44122
(216) 491-6000

Travel Arrangements
Call Tina Callahan of Globally Yours Travel at (800) 274-5975

Course Description
This course will demonstrate how to access muscle balance of the musculoskeletal system, particularly in reference to somatic dysfunction. The primary goal is to prescribe an exercise program and self-mobilization techniques to fit patients’ somatic dysfunction in order for them to manage themselves.

Objectives
1. To understand the functional anatomical connections of upper and lower quarter musculature to the proximal trunk and pelvis.
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3. To learn exercises to address specific somatic dysfunctions found in the vertebral column and pelvis.
4. To be able to design and sequence a home exercise program for patients to complement manual medicine.
5. To be able to instruct patients on an exercise program based on their functional goals and lifestyle.

Prerequisites
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CME
20 hours of AOA Category 1-A credit is anticipated

Registration Form
Exercise Prescription: Greenman’s Method
June 8-10, 2012

Name: ___________________________   AOA#: _____________
Nickname for Badge: _________________________________________________
Street Address: _______________________________________________________
________________________________________________________________________
City: __________________________________   State: ________   Zip: ___________
Phone: _______________________________   Fax: ___________________________
E-mail: ________________________________________________________________

By releasing your fax/e-mail, you have given the AAO permission to send marketing information regarding courses to your fax or e-mail.

Billing Address (if different than above): __________________________
________________________________________________________________________

Registration Rates
On or before 5/10/2012; After 5/10/2012
AAO Member             $ 680.00             $ 780.00
AAO Non-Member             $ 780.00          $ 880.00
Student/Intern/Resident            $ 580.00          $ 680.00

The AAO accepts check, Visa, Mastercard or Discover payments in U.S. dollars

Credit Card #: __________________________________________________________
Cardholder’s Name: _____________________________________________________
Expiration Date: ___________  3-digit CVV#________________

I hereby authorize the American Academy of Osteopathy to charge the above credit card for the full course registration amount.

Signature: _____________________________________________________________

Click here to view the AAO’s Cancellation and Refund Policy

Please submit registration form and payment via mail to the American Academy of Osteopathy, 3500 DePauw Blvd., Suite 1080, Indianapolis, IN 46268 or by fax to (317) 879-0563. Or register online at www.academyofosteopathy.org.

January 2012 AAO Member Newsletter 15
Golden Ram campaign make strides into new year

Golden Ram donations can be made online by logging on to www.academyofosteopathy.org. Click “Contribute” on the left-hand column, select the appropriate donation category and enter the exact amount of your contribution. The AAO leadership hopes this system will ease your ability to donate to the Academy. Keep in mind you can also make a recurring monthly donation of $25 or more. Call Sherri L. Quarles at (317) 879-1881 to set up your rolling donation today!

A request for donations was sent to Academy members along with their annual dues statements, allowing them to contribute to this campaign along with their membership payment. The AAO leadership encourages all members to support this annual fund. As of December 31, 2011, 88 donors have already contributed a total of $26,869—representing 53.7 percent of the Board of Trustees goal of $50,000 for the 2011-2012 fiscal year. Thank you for your ongoing loyalty!

President's Club - $2,500 or more
Anthony G. Chila, DO, FAAO
Lisa Ann DeStefano, DO
George J. Pasquarello, DO, FAAO

A.T. Still Club - $1,000-$2,499
John Evan Balmer, DO
Boyd R. Buser, DO
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Pamela L. Grimaldi, DO
Adrienne M. Kania, DO
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Gary L. Ostrow, DO
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Heather A. Sharkey, DO
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Earl R. Triever, DO
Craig M. Wax, DO

January 2012 AAO Member Newsletter
Osteopathic Considerations in Systemic Dysfunction: Common Clinical Problems


Course Description
This course presents a practical, hands-on osteopathic manipulative treatment (OMT) approach to everyday patient systemic complaints—ranging from sinusitis to pneumonia, gastritis to irritable bowel syndrome and headache to angina. The program centers on designing rational osteopathic care that integrates the five osteopathic care models and can be delivered in a clinically-effective, time-efficient manner.

It will teach clinicians to seek regional and segmental diagnostic somatic clues to enhance and speed differential diagnosis. Participants will learn to integrate Chapman's reflexes, collateral abdominal ganglia, and segmental diagnosis of the entire spine and sacroiliac joint. In treatment, the course will center on skills used to enhance homeostasis. Participants will master skills including sphenopalatine ganglia technique; collateral ganglia inhibition; spleen pump; myofascial spray and stretch; ischial rectal fossa technique; mesenteric lifts; rib raising; lymph pumps; liver pump; diaphragm redeming; and direct and indirect OMT techniques to remove somatic dysfunction in the cranial, cervical, thoracic, costal, lumbar and sacral regions.

While a number of techniques will be taught, emphasis will be placed on developing skills and strategies to speed diagnosis and recovery. Residents, residency trainers and directors of medical education will be accorded special tips for maximizing integration of these skills and strategies into their specific programs.

Faculty
Hugh Ettlinger, DO, FAAO, is a 1987 graduate of NYCOM, where he serves as an Associate Professor of Osteopathic Manipulative Medicine (OMM) and director of the NYCOM/St. Barnabas NMM/OMT Residency Program.

Michael Kuchera, DO, FAAO, is a 1980 graduate of Kirksville College of Osteopathic Medicine. He currently directs the OMM Research and Human Performance and Biomechanics Laboratory at Philadelphia College of Osteopathic Medicine. He is also clinical director of the Center for Chronic Disorders of Aging and secretary-general of the International Federation of Manual/Musculoskeletal Medicine.

CME
20 hours of Category 1-A AOA CME credit is anticipated.

Course Location
NYCOM at New York Institute of Technology
Northern Boulevard
Old Westbury, NY 11568
(516) 686-3747

Course Times
Friday and Saturday: 8:00 am - 5:00 pm (lunch provided)
Sunday: 8:00 am - 12:00 pm (lunch on your own)

Travel Arrangements
Call Tina Callahan of Globally Yours Travel at (800) 274-5975.

American Academy of Osteopathy Registration Form
Osteopathic Considerations in Systemic Dysfunction...
July 20-22, 2012 at NYCOM

Name: ___________________________ AOA#: __________

Nickname for Badge: ___________________________

Street Address: ___________________________

City: ______________ State: ______ Zip: __________

Phone: ______________ Fax: ______________

E-mail: ____________________________________

By releasing your fax/e-mail, you have given the AAO permission to send marketing information to your fax or e-mail.

Billing Address (if different than above): ___________________________

Registration Rates
On or before 6/22/2012: After 6/22/2012
AAO Member $680.00 $780.00
AAO Non-Member $780.00 $880.00
Student/Intern/Resident $580.00 $680.00

The AAO accepts check, Visa, Mastercard or Discover payments in U.S. dollars

Credit Card #: ___________________________

Cardholder’s Name: _______________________

Expiration Date: _______________ 3-digit CVV#

I hereby authorize the AAO to charge the above credit card for the full course registration amount.

Signature: ___________________________

Click here to view the AAO’s Cancellation and Refund Policy

Please submit registration form and payment via mail to the American Academy of Osteopathy, 3500 DePauw Blvd., Suite 1080, Indianapolis, IN 46268 or by fax to (317) 879-0563. Or register online at www.academyofosteopathy.org
I am a third-generation osteopathic physician, but it wasn’t until my father overheard me explaining to friends what he did that I realized what it means, philosophically and clinically, to be an “osteopath.” He sat me down and began with, “Well, you can’t say it is kind of like having a good chiropractor and a good MD rolled into one. That would not make a very good osteopathic physician. It is not just what you do, but how you think about what you do, that differentiates the osteopathic profession.”

My grandfather, Louis H. Kuchera, DO, graduated from Des Moines College of Osteopathic Medicine in 1928, and my dad, William A. Kuchera, DO, FAAO, graduated from Kirksville College of Osteopathic Medicine (KCOM) in 1958. I was born in Kirksville while dad was still in school there, and when he finished, we moved to Minnesota, where he went into practice with his father. Unfortunately, I only knew my grandfather’s osteopathic stories through my father. When I was about eight years old, we moved to Iowa, where I remained until I entered KCOM in 1976.

I got a fright when I first arrived to interview in Kirksville. The first thing I saw were pot holes the size of small craters and a storefront on the Kirksville square, its faded black sign with missing letters read, “Kirksville College of “ and what I thought was “Osteopathy” or “Osteopathic Medicine.” I mistook the storefront for the school! Fortunately, it turned out to be the Kirksville College of Cosmetology, not KCOM.

I graduated with two bachelor’s degrees from Iowa State University—one was a BS in science, the other a BA in history with an emphasis on medicine in early America. One of my greatest thrills while at Kirksville, therefore, was the opportunity to review old archived records and professional artifacts with Mary Jane Denslow, granddaughter of A.T. Still. Her husband, “Sted” (J. Stedman) Denslow, DO, was also deeply involved in research at that time. When I gave the Scott Memorial Lecture during the profession’s educational centennial in 1992, I titled it More than Mud, Mules and Manipulation, and really tried to integrate Kirksville’s history into my message.

My classmates at KCOM included current American Osteopathic Association (AOA) President Martin S. Levine, DO (who was my anatomy lab partner), as well as Elliott Hix, Jr., DO, a good friend who was later part of my wedding party. His dad, Elliott L. Hix, Sr., PhD, along with Sted Denslow and “Kim” (Irvin) Korr, PhD, were active in osteopathic research for many years at Kirksville. Dr. Hix was looking at the ipsilateral relationship between somatic dysfunction and the sidedness of kidney problems. He had a very precise, controlled lecture style and, in my mind, personified a Southern gentleman and scholar. Kim and I served on the AOA Bureau of Research together for perhaps a decade of his later years. Dr. Korr’s nephew, Paul Shapiro, DO, was also a classmate—in fact, we bowled on the same KCOM team, where I also got to know my future wife, Eva. Paul recently mailed me some of his uncle’s papers because he knew they would mean a lot to me.

Paul Kimberly, DO, FAAO, FCA, the Steunenberg Professor and Chair of the Department of Osteopathic Theory and Methods, was my main mentor for osteopathic manipulative treatment (OMT) technique, and I was just a fourth-year osteopathic student when he recruited me to join the faculty at KCOM after my postdoctoral training. Dr. Kimberly dissected each technique he taught, and encouraged us to understand the biomechanical or physiological purpose for each step. Others who greatly shaped the evolution of my OMT technique were Edna Lay, DO, FAAO, FCA; Larry Bader, DO, FAAO; and Ira C. Rumney, DO, FAAO. Ira led the taskforce to change the term “osteopathic lesion” to “somatic dysfunction,” and developed the accepted definition as it appears now in the Glossary of Osteopathic Terminology.

In the back of my mind, I could always see and feel my father positioning me for treatment when I was young, but then I kept hearing our talk that osteopathy was less about the technique than what you wished to accomplish. I think this was why my month-long OMM rotation with J. Gordon Zink, DO, FAAO, changed the professional direction of my life for good.
Dr. Zink, a graduate of Philadelphia College of Osteopathic Medicine (PCOM), was a visiting clinician from the college in Des Moines, who came to KCOM annually for Saturday Undergraduate American Academy of Osteopathy (AAO) meetings. He taught us to interpret fascial patterns while emphasizing the respiratory-circulatory model that was not widely taught then. Those who learned from him fondly called him the “lymphomaniac, fluid freak and mad fascia-ist.” Each year after teaching us, he stayed to treat every student (and lots of spouses) delivering a complete treatment in two to five minutes using his approach! Largely because of Dr. Zink’s influence, I began setting time-efficient, effective clinical goals (just what my dad had told me to seek in my education). Subsequently, telling Dr Zink’s story and integrating his fascial patterns became one cornerstone of my clinical and teaching approaches.

Viola M. Frymann, DO, FAAO, FCA, was probably one of my main philosophical mentors. Our association began when I started going to American Academy of Osteopathy (AAO) meetings in 1977. Dr. Frymann said she often had students from KCOM in her office—an activity supported by one of her patients who wanted to give back to the profession that had benefited her family. I was among the students invited to have lunch with Dr. Frymann while attending the AAO meetings and, between my second and third year, I was among those selected to spend a week in her office.

I was just married a week before that visit, and subsequently spent a lot of time discussing with Dr. Frymann how important the intellectual potential of children was to me. Her practice dealt a lot with children with learning disabilities, Down’s Syndrome, etc., and she shared how much joy children with developmental or intellectual delays can bring to a family, how important they are as individuals, and the opportunities in osteopathic care to maximize their function. She had a profound impact on me, and one of the job offers I had when I graduated was to go into practice with her. But, because I respected her so much, I was afraid that I would become a “mini-Viola Frymann”—which would not have been a negative in any way, other than not having the chance to see what other path I might have traveled. When I thanked her for what she shared, she made a comment that would shape all my subsequent interactions with students and residents, “What I have done is nothing special,” she said. “All I ask in return is that you do the same and pass on the tradition.”

Like today, the growth of new schools created a significant need for teachers in the profession, and I had always wanted to teach, so I applied for the undergraduate teaching fellowship at KCOM. However, this was prior to my time with Dr. Zink, so I told the interviewers I was going to go into private practice first, then I would come back and teach. Well, they needed teachers right away, so I didn’t get the fellowship. As it turned out, those who said they wanted to teach right away instead went into private practice and several of us who said we were going into practice instead went into teaching. I was crushed not to be selected for the teaching fellowship, but at the same time, my availability opened multiple doors that might not have been otherwise available. Of the eight offers I had to choose from during my senior year, KCOM offered the least monetary remuneration but the greatest in opportunity to do research, teaching and patient care in a nurturing environment. I signed a contract to come back to Kirksville after postgraduate training.

After my graduation in 1980, I took an internship at Richmond Heights General Hospital in Cleveland. Gerald F. Lackey, DO, PhD, FACOI, who had been in the Physiology Department at Kirksville before becoming an osteopathic physician, was on staff there at the time. He and the Director of Medical Education (DME), Harold Thomas, DO, FACOFP, who later became president of the family practice college, knew I had an interest in integrating osteopathic diagnosis and treatment. They gave me the opportunity to see their patients and use the manipulative skills I had learned as a student. As DME, Harold and his wife, Margaret, helped us all feel as if we had been adopted into their family. I still strive for the balance the Thomas’s achieved between family and profession. My wife and I to this day call the special time we take together “Margaret Thomas night.”

When I came back to Kirksville, Hadley Hoyt, DO, FAOCRM, had just retired, and Olwen Gutensohn, DO, who did all the electromyography in Northeast Missouri, was in the process of retiring. The Dean, James R. Stookey, DO, FAAO, saw on my curriculum vitae that I had spent a month-long elective doing electromyography (EMG) at the Cleveland Clinic, and suggested I take over the EMG practice. I had learned enough to know that if I were going to do that, I would need to take a full six-month course. Fortunately, my previous supervisor (and later primary research mentor) at the Cleveland Clinic, Asa Wilbourn, MD, had once remarked that I sure knew a lot of anatomy and neuroanatomy, and that if I ever wanted to return and take a fellowship in EMG, it would be available. With the encouragement of my dean, I returned for a postdoctoral fellowship in neuroelectrodiagnostics at the Cleveland Clinic.

After that, I spent several months in Phoenix with neurologist Ken E. Root, Jr., DO, doing EMGs and evoked potentials. When I came back to Kirksville, my first exposure to multiple sclerosis (MS) was doing evoked potential testing on patients for the visual and somatosensory systems, etc. Those were the days before MRIs. Little did I know that one of my main lines of research would later involve trying to help individuals with MS.
I didn’t interact with Dr. Robert Fulford during my time in Arizona, but met him several times at Academy meetings. Later, when I was Chairman of the Manipulative Medicine Department in Kirksville, I brought him to our college many times to teach courses for our faculty, fellows and continuing medical education programs. He was an amazing man, continuously thinking. Every time he gave a course, it was different because he had learned something new and had integrated it in his teaching. He was determined to live until the 50th anniversary of the Cranial Academy, which was the last meeting at which he presented. My former resident, Richard Koss, DO, who I had assigned to help Dr. Fulford when he came to Kirksville, is now one of the AAO teachers of Fulford’s approach.

Back when I had signed my contract at KCOM during my senior year, I’d told them, “If you really want someone who can inspire the students, you should recruit my dad. He is a busy family practice doctor with one-third of his practice devoted to OB/GYN. He keeps careful records and has osteopathically treated 75 percent of all the patients that have walked through his door. He has always integrated both manipulative care and an osteopathic approach into his busy family medicine care.” My dad had been in family medicine for 22 years when he was hired. He began at KCOM as I was finishing up my post-graduate work.

Upon my return, we started working together toward our specialty in Neuromusculoskeletal Medicine, then called Osteopathic Manipulative Medicine. In 1988, Jerry L. Dickey, DO, FAAO, who had followed Paul Kimberly as Chairman of the KCOM Department of Osteopathic Theory and Methods, my dad and I together received our Fellowship in the AAO. That was a very meaningful event for me. When Dr. Dickey left Kirksville to join the Department of Osteopathic Manipulative Medicine at the Texas College of Osteopathic Medicine in 1987, I succeeded him as Chairman of the Department of Osteopathic Theory and Methods, while my dad also continued on in the department. We worked well together and collaborated on several books. His strengths filled in for my weaknesses and visa versa—those were the best 15 years of my life!

In 1997, the Chairman of the KCOM Board of Trustees asked whether I would consider becoming Acting Dean of the Osteopathic Medical College. I accepted and held that position for a couple of years. The department chairmanship passed to Brian F. Degenhardt, DO, one of my former residents who was devoted to teaching and research. He astutely
kept in place all the things I did that worked well, and built on all the things I told him not to do the way I did. He is currently Director of A.T. Still Research Institute, the Assistant Vice President for Osteopathic Research and Director of the Center of Advancement of Osteopathic Research Methodologies (CORM).

Professor and Chairman of the Department of Internal Medicine, Max Gutensohn, DO, FACOI, was always an inspiration. It was well known that he had a visible tremor in his hands and he always made fun of it. The very first osteopathic treatment that I saw discussed from the podium at KCOM occurred at a special meeting on headache that he was leading. He stated, “You know, most headaches are musculoskeletal in origin, and even though I am an internist, after I have ruled out the red flags, the first thing I do is put my hands on the patient’s neck. I hold their head, and if the lesion doesn’t shake out because of my tremor, I refer them over to the OMM Department.”

In 2002, I was no longer Dean at Kirksville, instead I was serving as Vice President for International Osteopathic Medical Education and Research when Alexander S. Nicholas, DO, FAAO, asked me to deliver the Heilig Memorial Lecture at the Philadelphia college. I jumped at the opportunity, but was humbled, as I had so highly respected Dr. Heilig as a clinician, scientist and true gentleman. While I was visiting PCOM, I was informed that its long-range planning included instituting a strong osteopathic clinical research program, and was asked if I would be interested in pioneering the effort. I wasn’t really looking for another position, but I found the offer very interesting, particularly since it was potentially linked to developing a stronger teaching-research link with the international manual medicine that Alex Nicholas was coordinating. I like to build, and am unhappy if not in the process of creating something, so I accepted.

The roots of my interest in international medicine were first sparked by Paul E. Kimberly, DO, during my first week of osteopathic medical training. He recounted that he had just returned from an international meeting with a group of medical and orthopedic physicians who highly valued the integration of manual skills. He wanted us to know that, as osteopathic physicians, we were not alone in the world in our focus on manual diagnostic and treatment skills. He encouraged us to become involved in our school, state, national and specialty societies, as well as the international societies associated with our field.

This interest also went back to my fellowship in EMG, when I was strongly encouraged to become involved in research by Asa Wilbourn, MD. The abstracts of the research I was involved in were accepted for a poster and podium presentation at an international neuroelectrodiagnostics congress in Munich, Germany. I traveled out of the country for the first time to deliver the presentation, and also had the opportunity to visit my in-laws, as my wife was originally from Germany.

Many of the international attendees who viewed my poster at the Congress had questioned how a doctor of osteopathic medicine could legally place needle electrodes in patients. They didn’t understand that American osteopathic practitioners were all fully-licensed physicians. Upon my return, I met with W. Douglas Ward, PhD, from the AOA to discuss the need to reach out to international physicians so they could better understand who we are. I became part, and eventually head, of the AOA Council on International Osteopathic Medical Education Affairs, and soon after became involved as an elected leader in the International Federation for Manual/Musculoskeletal Medicine (Fédération Internationale de Médecine Manuelle or FIMM).

One of the first things I did after becoming a specialist in osteopathic medicine was join the North American Association of Manual Medicine (NAAMM) under then-president Dr. Robert Ward. NAAMM was then the voting North American organizational member of FIMM, which incorporates one national society to represent one country. Originally, FIMM did not allow osteopathic physician membership. However, Paul Kimberly, DO, FAAO; Robert Ward, DO, FAAO (brother of Doug Ward, PhD); and Philip E. Greenman, DO, FAAO, crashed one of the international meetings, and (as told to me) before long a crowd was gathered around their table exclaiming, “Oh, I’ve never seen that before,” and “That’s very elegant, what are you doing?” That started an interaction that led to the welcoming of AAO members and other osteopathic physicians into NAAMM and FIMM.

Shortly after I was elected to NAAMM’s governing board, the organization was subsumed by the American Association of Orthopedic Medicine (AAOM)—a group that extensively incorporated prolotherapy, as well as the manual medicine concepts of James Cyriax, MD. I was moved onto their board, became chairman of their Education Committee and eventually started representing the AAOM at the FIMM meetings. I was elected President of the AAOM in 1996, after which the Academy governing board and the AAOM recommended that FIMM accept two North American Societies, one for Canadian and one for American members, which they accepted. However, even though the AAOM represented all of North America, they were actually listed as representing the United States. So, when the AAO became a member of FIMM, they were listed as representing Canada because it was the only North American country not listed as being represented by a member organization in FIMM.
Eventually, the AAOM left FIMM because of fiscal challenges and was replaced by the Canadian Association of Orthopedic Medicine (CAOM). That left CAOM representing the United States and the AAO representing Canada! FIMM eventually switched them so both countries were represented appropriately. I was elected Vice President of FIMM around the time all these representative issues were being worked out, and eventually went on to become the Secretary General of FIMM, a position I have held ever since.

Other than interfacing with the other FIMM groups at their national congresses and presenting manual medicine in, for example, Vienna or Prague, most of my foreign teaching had been in Australia, Finland, Germany, and lately, Norway. Our books have been translated into Japanese and Italian. When I came to PCOM, I found a relationship already established between the Osteopathic Manipulative Medicine Department and one of the three German FIMM membership groups, the Multidisciplinary Scientific Efficient group (Multidisziplinär Wissenschaftlich Effizient or MWE).

In FIMM, the German Association of Manual Medicine (Deutsche Gesellschaft für Manuelle Medizin or DGMM) represents three German Societies—the aforementioned MWE, the Deutsche Gesellschaft für Musuloskeletale Medizin (DGMSM, but until recently, the Forschungsgemeinschaft für Arthrolege und Chirotherape or FAC) and the Arztevereinigung für Manuelle Medizin (AMM). The MWE followed in the tradition of Professor Karl Sell and was based in Neutrauchbure. The DGMSM was initially based in Hamm and later in Boppard, and followed in the traditions of Professors G. Gutmann, F. Biedermann, A Cramer and H.D. Wolff, DO. The AMM originated in East Germany and was centered in Berlin. Their manual medicine tradition was based and passed through the Prague, Czechoslovakia School by Professors H. Krauss and K. Lewit.

Germany has represented osteopathic care in two different directions—the Manual Medicine Sub-specialists who take the series of courses offered by the DGMM after becoming a manual medicine physician, and conversely, those who receive their training through the several schools of osteopathy that originally were credentialed through a Heilpraktika—a certificate that anyone could use that was introduced by the German Government in 1935. Some of the individuals that practice under this certification are physicians, but most are physical therapists or other alternative health providers. Certification does not require formal medical training, only the satisfactory completion of an examination that covers more legal issues than medical knowledge.

When former FAC/DGMSM President, Dr. Alfred Möhrle, was President of FIMM, he approached various osteopathic groups in the United States stating, “We are very impressed by the skills of American osteopathic physicians. We in Germany, as manual medicine members of the three different umbrella groups, also are required to have specified hours of training to become safe and efficient practitioners of manual medicine as recommended by FIMM.” Those he spoke to included Michigan State University, because they conducted postgraduate training courses for MDs; former FIMM Vice President Philip Greenman, DO, FAAO; the AAO because of its long tradition of providing manual medicine courses and its embrace of participation by international medical practitioners; Harold Friedman, DO, who had taught in Germany when he was an OMM teaching fellow at Michigan State; and Wolfgang Gilliard, DO, who had translated the Dvořák book. His question to each was, “What sort of curriculum could we put together in Germany that would permit us to learn how American osteopathic physicians practice their art?”

There was a great deal of discussion between all those involved regarding course offerings and content. Subsequently, PCOM signed an agreement with the osteopathic arm of the MWE—the German-American Academy for Osteopathy (Deutsch–Amerikanischen Akademie für Osteopathie or DAAO)—to provide osteopathic courses and teach their instructors. Ohio State University is part of the teaching program of the German Society for Osteopathic Medicine (Deutsche Gesellschaft für Osteopathische Medizin or DGÖM)—the osteopathic arm of the DGMSM.

In many countries, there is this dichotomy of osteopathic training that emphasizes the osteopathic tradition and concepts, but is split into physicians that add osteopathic medicine sub-specialty training, and those who practice osteopathy within the scope of the licenses they are able to acquire in their individual countries. Neither of these professionals could practice as osteopathic physicians in the United States. FIMM’s Education Committee has drafted guidelines for physicians to use the toolbox of the science and arts that go into the practice of manual medicine. That toolbox can then be carried by manual medicine specialists per se, or by various specialists. For example, most of the manual medicine specialists in Denmark are rheumatologists, while in Russia, they are traumatologists, orthopedists and neurologists.

We have come a long way from just stretching that muscle or moving that joint, and I am tremendously optimistic about the future. There are advances in the study of manual techniques and our abilities are growing with them. Our judgment is growing, too, as we study the science and learn new indications for techniques, and we are now finding new tools to measure changes that were too subtle to detect in the past. We can now measure cranial compliance, modulations
in nitric oxide and interleukins and amplification of the immune response as a consequence of our manipulative techniques. When there is an understanding of how manual techniques work, and if evidence-based medicine is practiced, the number of physicians recognizing an indication to refer for manual medicine will increase. Likewise, the number who choose to practice osteopathic medicine from the start and interact with others will only benefit medicine. Most importantly, these add up to better care for more people.

For many physicians, it is enough to say, “I have seen it work.” However, if we are to inspire our students to be all they can be as osteopathic physicians, we need to give them the confidence to use their techniques by helping them understand how they work. In this profession, we will try anything which might logically work based upon structure-function relationships to see if it does work, and if it works within a favorable risk-to-benefit ratio, we keep it.

I am eternally grateful for the mentors I have had in my life and career, and imagine that many of my mentors in the future may be former students that I have taught in some manner. We all help one another move forward as a profession by passing on the best in each of us. That is what I’ve tried for my whole life to be about—sharing the enthusiasm and passion I have for what our profession can offer people.
January 27 - 29  
**Osteopathic Cranial Academy Intermediate Course**  
*The Inherent Motility of the Brain and Spinal Cord, Part II*  
Paul Dart, MD; Therese Scott, DO; Bruno Chikly, MD, DO  
AZCOM, Glendale, AZ  
CME: 22 Category 1-A AOA credits anticipated  
Phone: (317) 581-0411  Fax: (317) 580-9299  
E-mail: [info@cranialacademy.org](mailto:info@cranialacademy.org)  
Web site: [http://www.cranialacademy.com](http://www.cranialacademy.com)

February 3 - 5  
**Texas Osteopathic Medical Association**  
56th Annual Mid-Winter Conference  
The Westin Park Central, Dallas, TX  
CME: 16 Category 1-A AOA credits anticipated  
Phone: (512) 708-8662  Fax: (512) 708-1415  
E-mail: [toma@txosteo.org](mailto:toma@txosteo.org)  
Web site: [http://www.txosteo.org](http://www.txosteo.org)

February 10 - 12  
**Maine Osteopathic Association Annual Mid-Winter Conference**  
Holiday Inn by the Bay, Portland, ME  
CME: 23.25 Category 1-A AOA credits anticipated  
Phone: (207) 623-1101  Fax: (207) 623-4228  
E-mail: [info@mainedo.org](mailto:info@mainedo.org)  
Web site: [http://www.mainedo.org](http://www.mainedo.org)

February 11 - 15  
**Osteopathic Cranial Academy Introductory Course**  
*Osteopathy in the Cranial Field*  
Eric Dolgin, DO  
Sheraton Harbor Island, San Diego, CA  
CME: 40 Category 1-A AOA credits anticipated  
Phone: (317) 581-0411  Fax: (317) 580-9299  
E-mail: [info@cranialacademy.org](mailto:info@cranialacademy.org)  
Web site: [http://www.cranialacademy.com](http://www.cranialacademy.com)

February 16 - 18  
**Osteopathic Physicians & Surgeons of Oregon Winter CME Conference**  
The Riverhouse Hotel & Convention Center, Bend, OR  
CME: 27 Category 1-A AOA credits anticipated  
Phone: (503) 433-1958  Fax: (503) 299-6776  
E-mail: [info@opso.org](mailto:info@opso.org)  
Web site: [www.opso.org](http://www.opso.org)

February 17 - 19  
**Osteopathic Cranial Academy Intermediate Course**  
*Changing Lives: Cranial Osteopathy’s Gift to Children*  
Margaret Sorrel, DO; Miriam Mills, MD  
Sheraton Harbor Island, San Diego, CA  
CME: 20.5 Category 1-A AOA credits anticipated  
Phone: (317) 581-0411  Fax: (317) 580-9299  
E-mail: [info@cranialacademy.org](mailto:info@cranialacademy.org)  
Web site: [http://www.cranialacademy.com](http://www.cranialacademy.com)

February 23 - 26  
**Florida Osteopathic Medical Association 109th Annual Convention**  
Hyatt Regency Bonaventure, Weston, FL  
CME: 34 Category 1-A AOA credits anticipated  
Phone: (512) 878-7364  Fax: (820) 942-7538  
E-mail: [admin@foma.org](mailto:admin@foma.org)  
Web site: [http://www.foma.org](http://www.foma.org)

March 1 - 4  
**Eastern Regional Osteopathic Convention**  
*A Generational Storm: Medicine’s Hope - Medicine’s Future*  
Sheraton Long Island Hotel, Smithtown, NY  
CME: At least 25 Category 1-A AOA credits anticipated  
Phone: (212) 261-1784  Fax: (212) 261-1786  
E-mail: [info@nyoms.org](mailto:info@nyoms.org)  
Web site: [http://www.nysoms.org](http://www.nysoms.org)

March 9 - 11  
**American College of Osteopathic Obstetricians & Gynecologists 79th Annual Conference**  
Loews Ventana Canyon Hotel, Tuscon, AZ  
CME: 25.5 Category 1-A AOA credits anticipated  
Phone: (817) 377-0421  Fax: (817) 377-0439  
E-mail: [cme@acoog.org](mailto:cme@acoog.org)  
Web site: [www.acoog.org](http://www.acoog.org)

March 15 - 18  
**American College of Osteopathic Family Physicians 49th Annual Convention and Scientific Seminar**  
Gaylord Palms Resort & Convention Center, Kissimmee, FL  
CME: 22 Category 1-A AOA credits anticipated  
Phone: (800) 323-0794  Fax: (847) 228-9755  
E-mail: [joank@acofp.org](mailto:joank@acofp.org)  
Web site: [http://www.acofp.org](http://www.acofp.org)

April 17 - 21  
**Arizona Osteopathic Medical Association 90th Annual Convention**  
Hilton Resort & Villas, Scottsdale, AZ  
CME: 31 Category 1-A AOA credits anticipated  
Phone: (602) 666-6999  Fax: (602) 666-1393  
Web site: [http://www.az-osteo.org](http://www.az-osteo.org)

April 18 - 22  
**Atlantic Regional Osteopathic Convention**  
Bally’s, Atlantic City, NJ  
CME: 30 Category 1-A AOA credits anticipated  
Phone: (732) 940-8899  Fax: (732) 940-9000  
E-mail: [rbowen@njosteo.com](mailto:rbowen@njosteo.com)  
Web site: [http://www.njosteo.com](http://www.njosteo.com)