Academy Trustees Convene at AOA Convention

President Michael A. Seffinger, DO, assembled AAO officers and trustees for their fall meeting prior to the opening of the AOA Convention in Orlando, FL, on October 30. Significant actions included, (1) appointment of members to serve on the American Osteopathic Board of Neuromusculoskeletal Medicine/Board of Governors nominating committee (see below); (2) review and acceptance of the audit of the 2010-2011 fiscal year; (3) selection of recipients of the 2012 A.T. Still Medallion of Honor; (4) approval of applications for associate membership, retired membership and waiver of dues for the 2011-2012; (5) approval of *AAO Journal* Scientific Editor Murray R. Berkowitz, DO, MA, MS, MPH; and (6) approval of a Constitution and Bylaws change.

Chairperson Boyd R. Buser, DO, presented the Nominating Committee’s slate of candidates for 2012-2013. The AAO Bylaws provide for nominations from the floor to supplement the approved slate list below.

<table>
<thead>
<tr>
<th><strong>President-Elect</strong> (elect one for one-year term)</th>
<th><strong>Governor</strong> (elect ten for three-year terms)</th>
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</thead>
<tbody>
<tr>
<td>David A. Coffey, DO, FAAO</td>
<td>Robert N. Agnello, DO</td>
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<tr>
<td><strong>Secretary-Treasurer</strong> (elect one for a three-year term)</td>
<td>James W. Binkerd, DO</td>
</tr>
<tr>
<td>Kenneth H. Johnson, DO, FAAO</td>
<td>Boyd R. Buser, DO*</td>
</tr>
<tr>
<td><strong>Trustee</strong> (elect two for three-year terms)</td>
<td>Mark S. Cantieri, DO, FAAO</td>
</tr>
<tr>
<td>David Coffey, DO, FAAO*</td>
<td>David Coffey, DO, FAAO</td>
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<tr>
<td>Laura E. Griffin, DO, FAAO*</td>
<td>Wm. Thomas Crow, DO, FAAO*</td>
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<tr>
<td>David C. Mason, DO</td>
<td>Walter C. Ehrenfeuchter, DO, FAAO*</td>
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<tr>
<td>Michael J. Warner, DO</td>
<td>Richard A. Feely, DO, FAAO</td>
</tr>
<tr>
<td><strong>Nominating Committee</strong> (elect four for one-year terms)</td>
<td>Heather P. Ferrill, DO*</td>
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<tr>
<td>Boyd R. Buser, DO*</td>
<td>John C. Glover, DO, FAAO*</td>
</tr>
<tr>
<td>Dennis J. Dowling, DO, FAAO*</td>
<td>Laura E. Griffin, DO, FAAO</td>
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<tr>
<td>Richard A. Feely, DO, FAAO*</td>
<td>Sharon Gustowski, DO, MPH</td>
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<tr>
<td>John C. Glover, DO, FAAO*</td>
<td>Richard G. Schuster, DO</td>
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<tr>
<td>Ann L. Habenicht, DO, FAAO</td>
<td>Melicien A. Tettambel, DO, FAAO*</td>
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<tr>
<td>Melicien A. Tettambel, DO, FAAO*</td>
<td>Richard L. Van Buskirk, DO, FAAO*</td>
</tr>
<tr>
<td><em>(Michael A. Seffinger, DO, ex-officio)</em></td>
<td>Michael J. Warner, DO*</td>
</tr>
<tr>
<td></td>
<td>Sheldon C. Yao, DO</td>
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</tbody>
</table>

*Denotes incumbent
President’s Message: What is the Value of OMT?

Michael A. Seffinger, DO

The evidence that OMT is efficacious and effective compared to conventional treatments permeated the American Osteopathic Association (AOA) Convention in Orlando, FL, at the meetings of the Student Osteopathic Medical Association; the Osteopathic Heritage Foundation; the Federation of State Osteopathic Medical Associations; the American College of Osteopathic Family Physicians; the American Osteopathic Academy of Sports Medicine; the entire AOA Research Conference; the closing combined program on Nov. 3 (at which I gladly accepted the appointment of MC at the last minute); and, of course, the entire AAO program.

I have never seen such widespread interest and dissemination of information about the Evidence-Based Medicine of Osteopathic Manipulative Medicine (OMM) at an AOA Convention. This happened on the heels of the landmark presentation in mid-October in Philadelphia, PA, by AAO Board of Trustees member Kendi Hensel, DO, PhD, on the evidence that Osteopathic Manipulative Treatment (OMT) is effective in relieving back pain and maintaining functional capacity during the third trimester of pregnancy, and the announcement of the conclusion of her large, randomized clinical trial of more than 400 subjects being analyzed now, to the combined CME program of the American College of Osteopathic Obstetricians and Gynecologists and The American College of Obstetricians and Gynecologists (look for coverage of this historic event in the next edition of the DO Magazine). This comes in addition to Michael Warner, DO’s Osteopathic Continuous Certification online module released last week on the evidence base of OMT for treating patients with low back pain. So, more and more, the irrefutable evidence that OMT works is mounting and the word is spreading. We have scientific proof.

In fact, OMT works not only in the hands of American-trained osteopathic physicians, but MDs, PTs and other osteopathic practitioners across the world who are all demonstrating its benefit via randomized clinical trials in a variety of patient populations (see the Journal of the American Osteopathic Association quarterly column Somatic Connection and the weekly Osteoblast e-mail notifications sent to all AAO members). Does that make it more valuable? I propose that it should.

Currently, OMT is reimbursed for a lesser amount than the removal of a polyp, suspicious mole or even a subcutaneous cyst—and sometimes not at all. There are still insurance carriers that refuse to reimburse OMT services. The House of Delegates of one of the largest primarily MD state physician organizations, the California Medical Association, based on their review of our evidence-based literature, passed a resolution in October 2010 stating their support for the reimbursement of OMT by all payers. So, even the MDs are convinced OMT deserves reimbursement.

Yet, there are still hospitals that deny privileges to DOs who request to use OMT on their patients. This is no longer tolerable. Especially when the coveted scientific method is applied to this intervention and demonstrates benefit beyond the shadow of a doubt. It is definitely time to stand up for ourselves, shout it to the world and advocate for our patients who need and deserve this care. We have no excuse not to!

I recall the Pete Townsend song in his rock opera Tommy that shouts, “We’re not going to take it!” over and over again. That is the resolve we must have. Under no circumstances should we allow others to withhold reimbursement or payment of services for OMT, or deny hospital privileges for those who utilize it as a definitive, proven health benefit. If you need help getting reimbursed for the value of your OMT services, or are denied hospital privileges, please do not hesitate to contact the AOA Department of Socioeconomic Affairs and/or the AAO. We will assist you in righting the wrong.

Respectfully,
Michael A. Seffinger, DO
Members in the News

Congratulations to AAO icon, **Sara Sutton**, DO, FAAO, of Des Moines, IA, one of Fred Mitchell, Sr., DO’s direct students, for being awarded the 2011 AOA Mentor of the Year Award at the AOA Convention in Orlando, FL, on October 31. Congratulations are also in order for AAO members **Al Turner**, DO, of Portland, OR, and **Janet Burns**, DO, of Touro University College of Osteopathic Medicine in Vallejo, CA, who were named as two of four runners up for the honor. The award recognizes members of the osteopathic family for excellence in mentorship by promoting the spirit of osteopathic philosophy, principles and practice to osteopathic medical students, interns, residents and newly practicing physicians.

The American Osteopathic Foundation and Purdue Pharma presented the 2011 Purdue Partners Against Pain Award to **Dennis J. Dowling**, DO, FAAO. The award recognizes an osteopathic physician, center or program that has made great strides in the fields of pain research, pain management or improving the quality of life for people living with acute and/or chronic pain. A graduate of New York College of Osteopathic Medicine (NYCOM), Dr. Dowling served as a professor and Chairperson in the Osteopathic Manipulative Medicine Department at NYCOM. He is the Director of OMM assessment for the National Board of Osteopathic Medical Examiners’ Clinical Skills Testing Center, and is a Past President and Fellow of the AAO. Currently in private practice in Syosset, NY, Dr. Dowling has authored several journal articles, including the “The 5-Minute Osteopathic Manipulative Medicine Consult” in 2009. He lectures nationally and internationally on a variety of topics, including osteopathic medicine, the use of osteopathic manipulative treatment (OMT) to treat flu pandemic symptoms and how osteopathic physicians can prepare when the next flu pandemic strikes.

The *JAOA* George W. Northup Medical Writing Award was also given to Dennis E. Cramer, DO, a neurosurgeon who reported on his “Safety of Lymphatic Pump OMT in Comatose Patients” clinical trial at the AOA Convention on October 31. Dr. Cramer began the trial while a resident at Arrowhead Regional Medical Center in Southern California. The study demonstrated no untoward affects of lymphatic pump procedures on intracranial pressure in comatose patients—so, in case they get pneumonia, for example, the lymphatic pump would not be considered as contraindicated.

Send Us Your News

Have you or a colleague launched a pioneering research study, received an award or accepted a new position? The AAO wants to know, so we can keep our members informed about, and inspired by, the successes of other osteopathic physicians! Please make us aware of your accomplishments by calling Tessa Boeing at (317) 879-1881 or e-mailing tboeing@academyofosteopathy.org.
Board Seeks AOBNMM Nominees

The AAO Board of Trustees has appointed the American Osteopathic Board of Neuromusculoskeletal Medicine (AOBNMM)/Board of Governors Nominating Committee, which is charged with developing a slate of nominees who will be recommended to the AOA Bureau of Osteopathic Specialists to serve three-year terms on the AOBNMM. The AAO Manual of Procedures dictates that AOBNMM Chairperson Melicien A. Tettambel, DO, FAAO, will chair this committee, assisted by John G. Hohner, DO, FAAO, Catherine M. Kimball, DO, and John C. Glover, DO, FAAO, which is currently soliciting recommendations from AAO members.

Eligibility criteria for AOBNMM members dictate: (1) They must be AAO members, and (2) must be certified in either Special Proficiency in Osteopathic Manipulative Medicine (includes FAAOs certified under the former American Osteopathic Board of Fellows of the American Academy of Osteopathy) or certification in Neuromusculoskeletal Medicine/OMM. This volunteer service requires considerable commitment on the part of board members, who must: (1) Actively participate in the examination process, i.e., attend one weekend meeting annually (in November or December in Indianapolis, IN) and one-half day meeting during the AAO’s Annual Convocation; (2) serve on one of the AOBNMM committees, i.e., Credentials or Test Construction; and (3) attend an AOA item-writing seminar and write new test questions in the required format. If you are interested in serving on the AOBNMM, or know of an eligible colleague willing to make a commitment to this important service, please forward your suggestions to AOBNMM Chairperson Dr. Tettambel by December 1 via e-mail at dfinley@academyofosteopathy.org (Diana Finley) or fax at (317) 879-0563.

Organizations Issue Call for Convocation Research Posters

The American Association of Colleges of Osteopathic Medicine (AACOM) has joined the Louisa Burns Osteopathic Research Committee (LBORC) and the National Undergraduate Fellows Association (NUFA) as a sponsor of the Twelfth Annual Scientific LBORC/NUFA Poster Session during the 2012 AAO Convocation in Louisville, KY. While this contest is open to students, physicians, researchers and any combination thereof, only students are eligible to compete for one of four Ram Head Trophies. Student participants will have their posters reviewed by a panel of judges on Friday afternoon (March 23, 2012), and winners will be announced at the President’s Banquet on Saturday evening (March 24, 2012). Please consider making your school or institution proud by representing them at this event! Send your name and abstract title to Janet Burns, DO, via e-mail at dcole@academyofosteopathy.org (Debbie Cole). The first 20 entries with students as authors, or significant contributors and co-authors, will be registered and will receive full contest instructions. The Academy’s leadership encourages readers to take advantage of this unique opportunity for research mentoring. Send your entry to Dr. Burns care of the AAO headquarters immediately!

Dr. Burns is also looking for individuals to serve on a team to judge the posters. Students, residents, researchers and physicians are all encouraged to judge. Please contact Debbie Cole if you are interested.

NMM/OMM Residents Required to Complete In-Service Exam

The AAO’s Postdoctoral Standards and Evaluation Committee has the responsibility of overseeing all AOA-approved residency training programs in NMM/OMM, including the two-year NMM/OMM residency, the plus-one NMM/OMM option and the three-year integrated family practice/NMM program. The Committee requires all NMM/OMM residents take an annual In-Service examination, scheduled from 11:00 am to 5:00 pm on Wednesday, March 21, 2012, during the AAO Convocation in Louisville, KY. The written examination will begin at 11:00 am, with practical examinations starting at 2:00 pm. Please contact Amber Rausch at arausch@academyofosteopathy.org for more information.

Education Committee Requests Aid in Recruiting Exhibitors

The Academy’s Education Committee seeks your assistance in enlisting exhibitors for the 2012 AAO Convocation in Louisville, KY. Please inform your favorite vendors that the exhibition is scheduled for Wednesday, March 21, 2012, through Friday, March 23, 2012, at the Galt House Hotel. Fees for exhibiting range from $1,050 to $1,200, and include free advertising in the Convocation workbook distributed to the more than 1,000 DOs and osteopathic medical students who attend the event. The AAO Convocation is the premier gathering of the world’s most gifted practitioners in osteopathic manipulative medicine. Tell the vendor representative that you are counting on them to be there or to provide an unrestricted educational grant to support the program. Surely the company will benefit from this exposure! Refer him/her to Lisa Susemichel at lsusemichel@academyofosteopathy.org, who can provide him/her with additional information and registration materials. The vendor representative can also download the Exhibit Prospectus from the AAO Web site www.academyofosteopathy.org.
Visceral Approach for the Sacrum and Pelvis

December 9-11, 2011 at Western University/COMP in Pomona, CA

[Note: Due to overwhelming response at the March 2010 pre-Convo-
cation course, Dr. Lossing has agreed to repeat this course for the AAO membership.]

Course Description:
This course will look at the most common medical and osteopathic problems in the sacrum and pelvis from a visceral osteopathic perspective. It will explore medical and osteopathic conditions such as coccygodynia, dyspareunia, menstrual irregularity, infertility, uterine fibroids, chronic low back pain, sacral fractures, stress incontinence, benign prostatic hypertrophy, chronic prostatitis, pelvic pain and pelvic floor dysfunction. During the course, participants will palpate, diagnose and treat fascial chains from the feet to the pelvis, the coccyx, the sacrum (including sacral fractures), sacral ligaments, pelvic floor muscles, the lymphatics of the pelvis and its organs, the prostate, cervix, fallopian tubes, ovaries, and bladder. Internal exams and treatment will be taught where appropriate.

Course Location:
Western University of Health Sciences
309 E. Second Street
Pomona, CA 91766
(909) 469-5505
www.westernu.edu

Kenneth J. Lossing, DO
Dr. Lossing is a 1994 graduate of Kirksville College of Osteopathic Medicine. He completed internship and residency programs at Ohio University College of Osteopathic Medicine, and is certified by the American Osteopathic Board of Neuromusculoskeletal Medicine and the American Osteopathic Board of Family Physicians. Dr. Lossing studied under French osteopath Jean-Pierre Barral, DO, and is known internationally as a lecturer on visceral manipulation. He is currently in private practice in San Rafael, CA.

Except for acting as the 2012 AAO Convocation Program Chair in Louisville, KY, Dr. Lossing has decided to take a sabbatical from teaching in 2012. Visceral Approach to the Sacrum and Pelvis is the last AAO course Dr. Lossing will teach until 2013. Mark your calendars now and do not miss this opportunity!

CME:
The program anticipates being approved for 24 hours of AOA Category 1-A CME credit pending approval by the AOA CCME.

Travel:
Call Tina Callahan of Globally Yours Travel at 1-800-274-5975

Cancellation and Refund Policy:
The American Academy of Osteopathy reserves the right to cancel an educational program if an insufficient number of physicians register. Sufficient registrations must be received 30 days prior to the opening of the course. If you are considering registering for a course less than 30 days prior to the opening, contact the Academy office before making travel plans. In the event of course cancellation due to lack of registrations, all registration money will be refunded. Cancellations from participants received in writing and signed 30 or more days before the course opening may receive an 80 percent refund of their registration fee. For cancellations received in writing less than 30 days before the course opening, registrants may transfer 80 percent of their registration fee to another course to be held within the next 12 months. Registrants who fail to appear for an AAO program can transfer up to 50 percent of their registration fee to another AAO educational program to be held within the next 12 months if a written and signed explanation is received at the AAO office within 10 days of the scheduled course. All other cancellations will receive no refund or transfer of registration fees.

Registration Form

Visceral Approach for the Sacrum and Pelvis
December 9-11, 2011

Name: ____________________________________________
Nickname for Badge: ________________________________
Street Address: _____________________________________
__________________________________________________
City: ______________________   State: ___  Zip: _________
Phone: ____________________    Fax: __________________
E-mail: ____________________________________________

By releasing your fax/e-mail, you have given the AAO permission to send marketing information regarding courses to your fax or e-mail.

AOA#: __________

Registration Rates

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<tr>
<th></th>
<th>On or before 11/9/2011</th>
<th>After 11/9/2011</th>
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<tbody>
<tr>
<td>AAO member</td>
<td>$ 960.00</td>
<td>$1,060.00</td>
</tr>
<tr>
<td>Non-member</td>
<td>$1,060.00</td>
<td>$1,160.00</td>
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</tbody>
</table>

The AAO accepts check, Visa, Mastercard or Discover payments in U.S. dollars

Credit Card #: __________

Cardholder’s Name: ________________________________

Expiration Date: ____________ 3-digit CVV#__________

I hereby authorize the American Academy of Osteopathy to charge the above credit card for the full course registration amount.

Signature: ________________________________

American Academy of Osteopathy
3500 DePauw Blvd., Suite 1080, Indianapolis, IN 46268
Phone: (317) 879-1881 • Fax: (317) 879-0563
Register online at www.academyofosteopathy.org

November 2011 AAO Member Newsletter
## AAO Calendar of Events 2011 - 2012

Mark your calendar for these upcoming Academy meetings and educational courses.

<table>
<thead>
<tr>
<th>Date</th>
<th>Event Description</th>
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<tbody>
<tr>
<td>November 24-25</td>
<td>AAO office closed</td>
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<tr>
<td>December 2</td>
<td>AOBNNM item writing and board meeting—Indianapolis, IN</td>
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<tr>
<td>December 3</td>
<td>AOBNNM oral and practical examinations—Indianapolis, IN</td>
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<tr>
<td>December 4</td>
<td>AOBNNM written examination—Indianapolis, IN</td>
</tr>
<tr>
<td>December 9-11</td>
<td><em>Visceral Approach to the Sacrum and Pelvis</em>—Kenneth J. Lossing, DO—COMP, Pomona, CA</td>
</tr>
<tr>
<td>December 26</td>
<td>AAO office closed</td>
</tr>
<tr>
<td>January 13-15</td>
<td><em>Still-Littlejohn Techniques</em>—Christian Fossum, DO; Richard Van Buskirk, DO, FAAO</td>
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<tr>
<td>January 20-21</td>
<td>Education Committee Meeting—Indianapolis, IN</td>
</tr>
<tr>
<td>February 2</td>
<td>Membership Committee Teleconference, 8:30 pm EST</td>
</tr>
<tr>
<td>March 19-20</td>
<td><em>Pediatric Sports Medicine: The Young Athlete</em>—Jane Carriero, DO; Heather Ferrill, DO; Doris Newman, DO—The Galt House Hotel, Louisville, KY</td>
</tr>
<tr>
<td>March 20</td>
<td><em>The Legacy of Stanley Schiowitz, DO, FAAO: Facilitated Positional Release and Beyond</em>—Dennis Dowling, DO, FAAO—The Galt House Hotel, Louisville, KY</td>
</tr>
<tr>
<td>March 20</td>
<td>AOBNNM written re-certification examination—The Galt House Hotel, Louisville, KY</td>
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<tr>
<td>March 21</td>
<td>Residents’ In-Service Examination—The Galt House Hotel, Louisville, KY</td>
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<tr>
<td>March 21</td>
<td>AAO Board of Governors Meeting—The Galt House Hotel, Louisville, KY</td>
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<tr>
<td>March 21</td>
<td>AAO Board of Trustees Meeting—The Galt House Hotel, Louisville, KY</td>
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<tr>
<td>March 22</td>
<td>AAO Annual Business Meeting—The Galt House Hotel, Louisville, KY</td>
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<tr>
<td>March 21-25</td>
<td><em>The Unified Osteopathic Field Theory</em>, AAO 75th Anniversary Convocation—Kenneth J. Lossing, DO—The Galt House Hotel, Louisville, KY</td>
</tr>
<tr>
<td>April 20-22</td>
<td><em>Beginning Percussion Vibrator Course</em>—Rajiv Yadava, DO; Richard Koss, DO—TCOM, Fort Worth, TX</td>
</tr>
<tr>
<td>May 18-20</td>
<td><em>Osteopathic Considerations in Systemic Dysfunction</em>—Michael Kuchera, DO, FAAO; Hugh Ettlinger, DO, FAAO—CCOM, Downers Grove, IL</td>
</tr>
<tr>
<td>June 8-10</td>
<td><em>Exercise Prescription: Greenman’s Method</em>—Brad Sandler, DO—South Pointe Hospital, Warrensville Heights, OH</td>
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Highlighting the 2012 Annual Convocation Program

Program Chair Kenneth Lossing, DO, is commemorating the AAO’s 75th anniversary with “The Unified Osteopathic Field Theory” as the theme for the 2012 annual AAO Convocation program in Louisville, KY, March 21-25, 2012. Click here to view the registration brochure and register online. The following is a preview of the speakers and topics Dr. Lossing has in store for Saturday and Sunday of Convocation week.

Saturday, March 24, 2012

Bruno J. Chikly, MD, DO

Bruno Chikly, MD, DO, is a graduate of the medical school at Saint Antoine Hospital in France, where his internship in general medicine included training in endocrinology, surgery, neurology and psychiatry. Dr. Chikly also earned the French equivalent of a Master’s degree in psychology. He received a DO degree from the European School of Osteopathy in Maidstone, UK, and a PhD in Osteopathy from the Royal University Libre of Brussels in Brussels, Belgium. He is an international seminar leader, lecturer and writer. He is the author of Silent Waves: The Theory and Practice of Lymph Drainage Therapy, the first extensive book published in North America on the lymphatic system.

Lecture: Interstitial Fluid and Lymphatics: Hidden Keys to Physical and Emotional Health

This lecture will describe the specific anatomy of the lymphatic vessels and the main function of the lymphatic system. It will also explain new theories about the lymphatic system and interstitial fluid.

Workshops A5/A6: Intraoral Fluid Dynamics: Lymphatics of the Oral Cavity, Tonsils and Eustachian Tube

Participants in this workshop will first learn one of the specific rhythms of the lymph system described by science—auto-motoricity of the lymphangions. It will cover applications and contraindications of lymph techniques. Participants will then palpate and treat specific intraoral structures, including gums, teeth, tonsils and the Eustachian tube. It will also integrate lymphatic, interstitial fluid and fascia touch.

Donald V. Hankinson, DO

Dr. Hankinson graduated from New York College of Osteopathic Medicine in 1985, after completing a one-year fellowship in Osteopathic Principles and Practices. After 12 years in full-time osteopathic family practice, he limited his practice to consultations for osteopathic care, with an emphasis on Cranial Osteopathy and Biodynamics. He is board certified in NMM/OMM and family practice, and is a founding member of the Portland Osteopathic Children’s Clinic and the New England Osteopathic Heritage Center. Since 1989, he has studied and taught with Anne L. Wales, DO, with the New England study groups, and, since 1990, with James Jealous, DO, for whom he has been teaching courses on the Biodynamic Approach to Cranial Osteopathy at the University of New England College of Osteopathic Medicine.

Lecture: The Message is in the Bones

This lecture will provide an overview of osteopathic principles from a biodynamic perspective. It will also cover principles of embryological development, the role of the bones in the creation of form and support of physiological functions, and intraosseous vs. interosseous health and balance.

Workshops B5/B6: Intraosseous Strains/Powerpoints

After completing this workshop, participants will have the conceptual and sensory experience of intraosseous motion and be able to work with the biodynamic principle of powerpoints to address these issues.
Christian Fossum, DO (Norway)

Dr. Fossum is an Associate Professor and Head of the Osteopathic Unit at the Norwegian School of Health Sciences Campus Kristiania. His practical, academic and research career includes previous employment at A.T. Still University of Health Sciences Kirksville College of Osteopathic Medicine and the A.T. Still Research Institute in Kirksville, MO, as well as at the European School of Osteopathy in Maidstone, United Kingdom. He has lectured extensively at the undergraduate and postgraduate levels in Europe and North America, and has authored and co-authored numerous book chapters and articles. He is currently enrolled in a doctorate program at the British School of Osteopathy and the University of Bedfordshire, United Kingdom. Besides academia and research, he also continues to treat patients.

Lecture: Disc Derangements

The intervertebral disc is common in pain generation in patients presenting with back pain. Pathoanatomical changes vary from fissures or internal disruptions in the disc to herniations and sequestrations, and may clinically cause back pain, radicular pain, radiculopathy and cauda equina syndrome. With the exception of cauda equina syndrome, most discogenic problems can be managed conservatively, including with the use of osteopathic manipulative therapy. This presentation will focus on the various clinical presentations in the different stages of disc involvement and discuss the practical and evidence base for manipulative care.

Workshops C5/C6: Palpating and Treating Discs

This workshop will briefly review the mechanisms of common discogenic problems and discuss osteopathic management strategies with practical demonstrations. Biomechanical, neural, vascular and connective tissue considerations to improve the function of the involved functional spinal unit (FSU), as well as regional integration to decrease the stress on the FSU, will be highlighted from a theoretical and practical perspective. Second-degree lesions in the FSU-based on the model of tripod mechanics will be reviewed, including practical demonstration of the Webster technique (exaggeration of the lesion) for the involved FSU. Alternative techniques for the thoracolumbar region and sacral dysfunctions will also be demonstrated.

Rainer Heller, DO

Dr. Heller graduated as a medical doctor from the University of Cologne in Germany in 1982. He pursued postdoctoral training in Neurosurgery, Cardiology, Infectiology, Radiology and Hyperbaric Medicine. Certified in Internal Medicine, he has also received training in Naturopathy, Acupuncture and Chiropractic. He completed his osteopathic education with the San Francisco Institute of Manual Medicine in cooperation with the Deutsche Gesellschaft für osteopathische Medizin (DGOM) in 2002. Dr. Heller is currently in private practice in Cologne, and has taught at the DGOM since 2003.

Lecture: Ultrasound Pathology of Renal Dysfunctions and the Impact of Osteopathic Manual Treatment

This lecture will evaluate the mobility and ultrasound behavior of the kidneys in abnormal conditions of disease and somatic dysfunction and demonstrate the influence of OMT.

Workshops D5/D6: Palpating and Treating Somatic Dysfunction of the Kidneys

Participants in this workshop will practice the diagnostic approaches to find renal somatic dysfunction and assess impaired mobility in a guided treatment protocol.
Still-Littlejohn Techniques
January 13 - 15, 2012 at AZCOM • William Devine, DO, Program Chair

Course Description:
This course is a revised and updated version of a course held in 2007 by the Arizona Academy of Osteopathy, a component society of the AAO. It will review, discuss, demonstrate, compare and practice osteopathic manipulative techniques dating back to the early days of the profession with a clear lineage to Dr. Andrew Taylor Still and other early pioneers, such as Dr. John Martin Littlejohn. The historical and practical context of the techniques demonstrated will be discussed and debated, with reference to contemporary understanding of biomechanics and neurophysiology.

Course Objectives:
• Provide a clear and factual understanding of the history and development of osteopathic manipulative techniques;
• Understand the mechanics of dysfunction and technique in the early phase of the osteopathic profession;
• Review modern versions of A.T. Still’s and J.M. Littlejohn’s techniques in the context of contemporary developments in basic and clinical sciences;
• Demonstrate and help participants learn specific applications of the Still and Littlejohn Techniques as applied to the spine, pelvis and extremities;
• Enable participants to successfully apply the learned principles and techniques in clinical practice.

CME:
The program anticipates being approved for 20 hours of AOA Category 1-A CME credits by the AOA CCME.

Faculty:
Christian Fossum, DO (Norway), is the Principal of the Nordic Academy of Osteopathy in Oslo, Norway. He has previously held positions at the European School of Osteopathy (Maidstone, UK) and Kirksville College of Osteopathic Medicine. He has taught courses throughout Europe and North America, and has authored numerous articles and book chapters on osteopathic principles and practice. Dr. Fossum is currently enrolled in a doctorate program through the University of Bedfordshire and the British School of Osteopathy in London, UK.

Richard Van Buskirk, DO, PhD, FAAO, a 1987 graduate of West Virginia School of Osteopathic Medicine (WVSOM), is in private practice in Sarasota, FL. Before becoming a student of osteopathic medicine, he held positions in neuroscience and physiology at the University of Wyoming, Hahnemann Medical School and WVSOM. Dr. Van Buskirk has taught numerous courses in the United States, Japan and Europe, and has contributed articles to all three editions of the Foundations of Osteopathic Medicine textbook.

Course Location:
Arizona College of Osteopathic Medicine
19555 North 59th Avenue
Glendale, AZ 85308
(623) 572-3215

Travel Arrangements:
Globally Yours Travel
Call Tina Callahan at (800) 274-5975

Course Description:
This course is a revised and updated version of a course held in 2007 by the Arizona Academy of Osteopathy, a component society of the AAO. It will review, discuss, demonstrate, compare and practice osteopathic manipulative techniques dating back to the early days of the profession with a clear lineage to Dr. Andrew Taylor Still and other early pioneers, such as Dr. John Martin Littlejohn. The historical and practical context of the techniques demonstrated will be discussed and debated, with reference to contemporary understanding of biomechanics and neurophysiology.

Course Objectives:
• Provide a clear and factual understanding of the history and development of osteopathic manipulative techniques;
• Understand the mechanics of dysfunction and technique in the early phase of the osteopathic profession;
• Review modern versions of A.T. Still’s and J.M. Littlejohn’s techniques in the context of contemporary developments in basic and clinical sciences;
• Demonstrate and help participants learn specific applications of the Still and Littlejohn Techniques as applied to the spine, pelvis and extremities;
• Enable participants to successfully apply the learned principles and techniques in clinical practice.

CME:
The program anticipates being approved for 20 hours of AOA Category 1-A CME credits by the AOA CCME.

Faculty:
Christian Fossum, DO (Norway), is the Principal of the Nordic Academy of Osteopathy in Oslo, Norway. He has previously held positions at the European School of Osteopathy (Maidstone, UK) and Kirksville College of Osteopathic Medicine. He has taught courses throughout Europe and North America, and has authored numerous articles and book chapters on osteopathic principles and practice. Dr. Fossum is currently enrolled in a doctorate program through the University of Bedfordshire and the British School of Osteopathy in London, UK.

Richard Van Buskirk, DO, PhD, FAAO, a 1987 graduate of West Virginia School of Osteopathic Medicine (WVSOM), is in private practice in Sarasota, FL. Before becoming a student of osteopathic medicine, he held positions in neuroscience and physiology at the University of Wyoming, Hahnemann Medical School and WVSOM. Dr. Van Buskirk has taught numerous courses in the United States, Japan and Europe, and has contributed articles to all three editions of the Foundations of Osteopathic Medicine textbook.

Course Location:
Arizona College of Osteopathic Medicine
19555 North 59th Avenue
Glendale, AZ 85308
(623) 572-3215

Travel Arrangements:
Globally Yours Travel
Call Tina Callahan at (800) 274-5975

Registration Form
Still-Littlejohn Techniques

Name: ____________________________   AOA#: ___________
Nickname for Badge: ___________________________________
Street Address: ________________________________________
____________________________________________________
City: ______________________   State: _____   Zip: _________
Phone: _____________________    Fax: ____________________
E-mail: ______________________________________________
By releasing your fax/e-mail, you have given the AAO permission to send marketing information regarding courses to your fax or e-mail.
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Registration Rates

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Credit Card #: ______________________________________
Cardholder’s Name: ___________________________________
Expiration Date: ______________  3-digit CVV#__________
I hereby authorize the American Academy of Osteopathy to charge the above credit card for the full course registration amount.
Signature: _________________________________________

American Academy of Osteopathy
3500 DePauw Blvd., Suite 1080, Indianapolis, IN 46268
Phone: (317) 879-1881 • Fax: (317) 879-0563
Register online at www.academyofosteopathy.org

November 2011 AAO Member Newsletter
Michael P. Rowane, DO, FAAO

Dr. Rowane received his osteopathic medical training from Des Moines University College of Osteopathic Medicine in 1989, where he completed a predoctoral fellowship in Osteopathic Manipulative Medicine. He also completed a postdoctoral Master’s Degree in Family Medicine at Case Western Reserve University (CWRU), and a fellowship with the National Institute for Program Directors. Dr. Rowane is the Director of Medical Education at University Hospitals Richmond Medical Center in Richmond Heights, OH, where he oversees all osteopathic medical education for the University Hospitals system. He is also an Associate Clinical Professor of Family Medicine and Psychiatry at CWRU, and previously served as the Residency Director of the CWRU/UH Medical Center Family Medicine Residency Program. Dr. Rowane is a current member of the AAO Board of Governors. He also serves on the AAO’s Education, C-NMM/OMM and Postdoctoral Standards and Evaluation Committees. He has presented nationally and published multiple articles and book chapters on family medicine and osteopathically oriented topics.

Evelyn Schwalenberg, DO

Dr. Schwalenberg, a 1993 graduate of University of New England College of Osteopathic Medicine, completed her residency in Internal Medicine at the University of Massachusetts Medical Center. She is certified by the American Osteopathic Board of Internal Medicine and the American Osteopathic Board of Neuromusculoskeletal Medicine. A former Assistant Professor of Medicine at the University of Massachusetts Medical School, Dr. Schwalenberg currently serves as Assistant Professor of Medicine and Director of Faculty Development at UNECOM. She was appointed Co-Chair of the Center for Osteopathic Medical Education Faculty Development Task Force that is focused on developing a national fellowship program for the osteopathic profession. She has participated in educational research and scholarly activities, and has presented in several formats at local and national conferences.

Clint Snyder, PhD

Dr. Snyder is the Associate Dean for Health Professions Education at Northeastern Ohio Universities College of Medicine (NEOUCOM). He received a doctoral degree in Medical Sociology from Kent State University in 1994. His areas of interest include quantitative methods and statistics, the doctor-patient relationship, and curricular design and implementation. Dr. Snyder has held teaching and research positions at Kent State University and Case Western Reserve University. He has authored over 20 articles in academic journals and presented extensively at national and international conferences on topics in medical education. He has extensive expertise in faculty development, especially in the improvement of physician teachers, where he is currently spearheading efforts to improve and advance the undergraduate medical curriculum.

Workshops E5: Faculty Development Workshop—The Scholarly Physician: Who, Me? Yes, You!

This workshop will provide an introduction to a strategy for faculty to become scholarly. It will also provide practical applications and steps to success, from forming an idea to publishing and presenting it.

Douglas J. Jorgensen, DO, FAAO

Dr. Jorgensen is a graduate of Kansas City University of Medicine and Biosciences College of Osteopathic Medicine and the Maine-Dartmouth Family Practice Residency. An osteopathic physician practicing in Central Maine, he is certified by the American Osteopathic Board of Neuromusculoskeletal Medicine, the American Board of Osteopathic Family Physicians and the American Academy of Professional Coders. Dr. Jorgensen lectures nationally on medical billing issues and is the author of numerous peer-reviewed articles, two books and several academic chapters on topics ranging from osteopathic medicine, pain management and medical economics. He is also the Immediate Past President of the Maine Osteopathic Association and a Clinical Faculty Member at Dartmouth Medical School and the University of New England. Dr. Jorgensen is a lifetime member of the AAO and serves on the Board of Governors.
Workshop E6: Coding and Reimbursement Workshop: A Case Study on How to Be Successful in the Current Medical Marketplace

Participants in this workshop will learn how to create business success amid an economic downturn. They will learn from case studies in primary care and NMM practices, and leave with pragmatic steps to stimulate their practice and improve their bottom line. Whether it’s a cash-based or concierge practice, or being successful in the insurance marketplace, success comes from understanding what our inner motivations are and how to analyze not only our basic documentation and coding, but understanding our margins and how to make them grow. This will be a fast-paced and interactive session, and will help both start-up and seasoned practices.

CLASSIFIED ADVERTISEMENTS

SEATTLE PHYSICIAN OPPORTUNITY
Contact Stephen Cavanaugh, DO, at seattledo@gmail.com or (206) 834-5438. Web site for the practice is SeattleDO.com.

PRACTICE AVAILABLE IN VIRGINIA
Osteopathic practice for sale in McLean, VA, 22101. Established and long-standing patient base. Patients are most familiar with being treated using Fulford percussion technique, cranial osteopathy (standard and Jealous-biodynamic) and ME. Expected income from practice approximately $200,000 plus. Sale price $100,000. Reason for sale is relocation. If interested, e-mail lillyarm1360@gmail.com or call Lillian Somner, DO, at (301) 305-1119 (cell).

DO SOUGHT IN CALIFORNIA
We are an innovative medical group in beautiful San Francisco, looking for an osteopathic primary care physician interested in doing OMT. We are a primary care group that believes there’s a better way to practice medicine. Balanced lifestyle, working with academically trained MDs, started by original designer of Epocrates. If interested, please send a brief intro and CV to: jobs@onemedical.com.

PHYSICIAN NEEDED AT COLORADO CLINIC
Busy western Colorado specialty OMM clinic seeking a third (3rd) physician. Prefer board certification in NMM/OMM, but not a must. Salary very competitive. Pleasant working conditions in a 4000 sq. ft. clinic. Four (4) day work week. No on call. Please call (970) 874-9595 or e-mail resume to: osteopathictxctr@qwestoffice.net.

NEW NMM PLUS 1 RESIDENCY PROGRAM
There is a new NMM Plus 1 Residency at Southampton Hospital in beautiful Southampton, Long Island. Applications are currently being accepted. If interested, please contact Program Director Denise K. Burns, DO, FAAO, at drdenise@optonline.net or Education Department Secretary Karen Roberts at (631) 726-0409.

DO/MD/NP WANTED IN NEBRASKA
For Omaha, NE, wellness center offering Christian-based prayer and emotional conflict resolution, cranial osteopathy, nutritional/homeopathic/herbal support, ondamed, lymphstar, sauna, intravenous therapies and natural skin aesthetics, etc., for all types of conditions. Four-day work week, no hospital call. “Fee for service,” no third-party contracts. Send resume to kay@cph.omhcoxinmail.com or call (402) 343-7963.

PRACTICE OSTEOPATHY IN BEAUTIFUL COLORADO
Successful integrative practice seeks a board certified/eligible NMM/OMM physician for its busy Denver office. Preferably someone comfortable with a broad variety of techniques. Very competitive compensation. Friendly and professional atmosphere. Please call (303) 781-7862 or e-mail CV to mgentile@cointegrative.com. Our website is www.cointegrative.com.
Workshop F5: New Ideas Forum

Presentations by leading clinicians and researchers are planned for the main sessions at the AAO Convocation. It is the policy of the Education Committee to invite additional contributions for possible consideration at the annual Convocation from all interested parties. Paper presentations are designed to allow presenters to show, tell, and question a large audience of peers on (1) new ideas, (2) new presentations of old ideas in a new context, or (3) forgotten ideas for resurrection. If you are interested in presenting at the New Ideas Forum, please contact the AAO office at (317) 879-1881.

Workshop F5: Residency Program Directors’ Workshop

Residency Program Directors are required to attend this annual workshop.

Sunday, March 25, 2012

Karen J. Nichols, DO, MA, MACOI

Dr. Nichols, a graduate of Kansas City University of Medicine and Biosciences College of Osteopathic Medicine, is dean of the Chicago College of Osteopathic Medicine at Midwestern University in Downers Grove, IL. Board certified in Internal Medicine, she completed her internship and residency training at the former Oklahoma Osteopathic Hospital in Tulsa, OK. She worked in private practice in Internal Medicine and Geriatrics for 17 years in Mesa, AZ, as well as serving as Assistant Dean of Postdoctoral Education at the Arizona College of Osteopathic Medicine. Currently serving as Immediate Past President, she has been a member of the Board of Trustees of the American Osteopathic Association (AOA) since 1999. Dr. Nichols is the former chair of the AOA Department of Government Affairs and the AOA Council on Palliative Care Issues. She is also the founding chair of the AOA End of Life Care committee and has published and lectured nationally on this topic.

Lecture: Lifestyles and Implications of Health

Osteopathic medicine may have been the source of the first life coaches, as its philosophy deals with the whole patient. This presentation will look at ways in which osteopathic physicians can care for patients from the perspective of their entire lives.

Robert Dotson, MD

Dr. Dotson teaches basic Ophthalmology classes at Lincoln Memorial University DeBusk College of Osteopathic Medicine, and hosts medical students as preceptors at his center in Oak Ridge, TN. He also serves as a clinical assistant professor in the department of Ophthalmology at the University of Tennessee College of Medicine in Knoxville, TN, and the Hamilton Eye Institute in Memphis, TN. Dr. Dotson has been actively involved in researching and developing photobiomodulation (PBM) technology for applications within ophthalmology. He has served as a consultant and lecturer in this emerging field to numerous companies and academic programs.

Lecture: Therapeutic Applications of Light

Light is becoming an increasingly important diagnostic and therapeutic tool within medicine. Ophthalmologists have long been concerned with light and its application, and, consequently, have an interest in the coming scientific revolution, photomedicine. This lecture will deal specifically with the use of PBM in ophthalmology.
Brian F. Degenhardt, DO

Dr. Degenhardt graduated from what is now Des Moines University College of Osteopathic Medicine in 1989. He is the Assistant Vice President for Osteopathic Research at A.T. Still University, and is the Director of the Still Research Institute located on the campus of Kirksville College of Osteopathic Medicine. He is also the Medical Coordinator of Rocky Mountain Integrative Medicine—a team of traditional, complementary and alternative medicine practitioners working together to promote health. Dr. Degenhardt has participated in a broad range of research investigating the role of Osteopathic Manipulative Treatment in conditions such as otitis media, infant feeding disorders, chronic obstructive pulmonary disease, pneumonia and osteoarthritis. He has studied the impact of OMT on immune response to vaccination, cardiac variability in subjects post MI, electrical skin resistance, and patient-reported outcomes. He has also developed tools and methodologies that are used to objectify palpatory tests, and assist in providing objective feedback in the training of palpatory skills. Dr. Degenhardt’s work has been presented and published widely. He currently serves as a member of the AAO Board of Governors, and as the AOA Council on Research Liaison to the Louisa Burns Osteopathic Research Committee.

Lecture: 75 Years of Osteopathic Research

This lecture will provide an overview of the most notable advances in OMT research over the course of the Academy’s 75-year history.

continued on page 14
Course Description
This two-day intensive course will provide participants with an osteopathic approach to common sports injuries in young athletes, focusing on the lower extremity. It will also present discussions on the influence of growth and development on movement patterns and training practices, in addition to osteopathic diagnosis and techniques.

Topics Covered
Common ethesopathies and aphositis in the lower extremities; overuse syndromes; muscle strains; meralgia parastetica; compartment syndrome; postural imbalances; foot mechanics; patella-femoral syndrome; Osgood Schlater syndrome; tibia and fibula dysfunction; and ligamentous injuries.

Hotel Information
Galt House Hotel
140 N. Fourth St., Louisville, KY 40202
Reservations Phone: 1-800-843-4258 or (502) 589-5200
www.galthouse.com

Flight Reservations
Globally Yours Travel
Please call Tina Callahan at 1-800-274-5975

Faculty
Doris Newman, DO, graduated from the University of New England College of Osteopathic Medicine (UNECOM) in 1998. She completed a traditional rotating internship and a year-long internal medicine residency, at Saint Vincent’s Hospital in Worcester, MA. Back at UNECOM, she completed an NMM/OMM residency, and was Chief Resident her final year. Following her certification by the American Osteopathic Board of Neuromusculoskeletal Medicine, Dr. Newman was appointed Assistant Professor in the Department of Osteopathic Principles and Practices (OPP) at UNECOM, where she served on numerous committees and in several leadership roles, including as Residency Program Director and interim Director of Medical Education. She currently works in the OPP Department at NOVA Southeastern University College of Osteopathic Medicine.

Prerequisites
The participant should have a basic understanding of functional anatomy.

CME
16 hours of Category 1-A CME credit are anticipated.

Registration Form
Pediatric Sports Medicine: The Young Athlete
March 19-20, 2012, 8:00 am - 5:30 pm

Name: ___________________________ AOA#: _____________
Nickname for Badge: _____________________________________________
Street Address: _______________________________________________________
City: __________________________ State: ______ Zip: ___________
Phone: ______________________ Fax: ______________________
E-mail: ______________________

By releasing your fax/e-mail, you have given the AAO permission to send marketing information regarding courses to your fax or e-mail.

Billing Address (if different than above): __________________________

Registration Rates

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Credit Card #: ____________________________
Cardholder’s Name: ____________________________
Expiration Date: ___________ 3-digit CVV# ____________

I hereby authorize the American Academy of Osteopathy to charge the above credit card for the full course registration amount.

Signature: ____________________________

Click here to view the AAO’s Cancellation and Refund Policy

Please submit registration form and payment via mail to the American Academy of Osteopathy, 3500 DePauw Blvd., Suite 1080, Indianapolis, IN 46268 or by fax to (317) 879-0563. Register online at www.academyofosteopathy.org
The Legacy of Stanley Schiowitz, DO, FAAO
Facilitated Positional Release and Beyond

March 20, 2012 at the Galt House Hotel, Louisville, KY

Course Description
Stanley Schiowitz, DO, FAAO, was an innovator with over sixty years experience in the application of osteopathic philosophy, principles and practices. Facilitated Positional Release (FPR) was but one of his legacies, and, as a modality, it employs aspects that make for quick diagnosis and treatment of somatic dysfunction with very efficacious results. Dr. Schiowitz did not limit himself to just FPR, but extended clinical application to make certain somatic dysfunctions were found and fixed in rapid fashion. This course is designed only for experienced osteopathic physicians with some basic knowledge of the application of FPR who want to go beyond the basic level and expand their knowledge to difficult clinical scenarios. It will include elements of FPR and beyond so as to make the participant more efficient in time and results, as well as integration with other aspects of osteopathic manipulative medicine.

Objectives
1. Learn the application of osteopathic principles to apply concepts of structure and function to diagnosis;
2. Learn diagnosis of specific dysfunctions and regional problems;
3. Demonstrate treatment of patients in sitting, supine and sidelying positions utilizing Facilitated Positional Release and adaptations; and
4. Learn indications and contraindications.

Program Chair
Dennis J. Dowling, DO, FAAO, is a 1989 graduate of New York College of Osteopathic Medicine (NYCOM). He specializes in Osteopathic Manipulative Treatment in private practice in Syosset, NY, and is the Director of Manipulation in the Department of Physical Medicine and Rehabilitation at Nassau University Medical Center in Long Island, NY. He is also Director of Osteopathic Manipulative Medicine Assessment for the National Board of Osteopathic Medical Examiners Clinical Skills Testing Center. Dr. Dowling is the Former Chair of the OMM Department at NYCOM, and is a past president of the AAO. In addition to co-editing An Osteopathic Approach to Diagnosis and Treatment, he is a contributor and illustrator for several other textbooks and journals, and frequently lectures throughout the United States and abroad.

CME
Six hours of Category 1-A CME credit are anticipated.

Hotel Information:
140 N. Fourth St., Louisville, KY 40202
Reservations Phone: 1-800-843-4258 or (502) 589-5200
www.galthouse.com

Flight Reservations
Globally Yours Travel
Please call Tina Callahan at 1-800-274-5975

Registration Form
The Legacy of Stanley Schiowitz, DO, FAAO
March 20, 2012, 12:00 pm - 6:00 pm

Name: ___________________________________________   AOA#: _____________
Nickname for Badge: _______________________________________________________
Street Address: _____________________________________________________________
City: ____________________   State: ________   Zip: ___________
Phone: ______________________   Fax: ______________________
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Register online at www.academyofosteonpathy.org

Please submit registration form and payment via mail to the American Academy of Osteopathy,
3500 DePauw Blvd., Suite 1080, Indianapolis, IN 46268 or by fax to (317) 879-0563.
Richard A. Feely, DO, FAAO

Dr. Feely, a 1978 Kirksville College of Osteopathic Medicine graduate, is board certified in six specialties—Family Practice, NMM/OMM, Acupuncture, Disability Evaluation, Independent Medical Evaluation, and Quality Assurance and Utilization Review. He currently serves as an adjunct professor in the OMM Department at Midwestern University Chicago College of Osteopathic Medicine and Western University College of Osteopathic Medicine of the Pacific. Dr. Feely has served as President of the Cranial Academy, a member of the AOA House of Delegates and the AOA Council on Scientific Affairs, and is the current President-Elect of the Illinois Osteopathic Medical Society. Currently serving as Immediate Past President, Dr. Feely has been involved with the AAO for more than 27 years, including as Chair of the Louisa Burns Osteopathic Research Committee and the Osteopathic Medical Economics Committee. He has lectured nationally and internationally, and has authored and edited books on Osteopathy, Cranial Osteopathy and Acupuncture.

Lecture: The Business Management Decisions of an OMM Practice

This lecture will describe the main business principles, practice types, relationships and options related to OMM practices. It will also discuss the business/practice management parameters of all good medical businesses that can be applied to OMM practices.

William J. Brooks, DO

Dr. Brooks practices privately as an OMM specialist in Kansas City, MO, providing restorative care to patients with multi-regional chronic musculoskeletal pain syndromes, as well as children and adolescents with developmental delays. A graduate of Midwestern University Chicago College of Osteopathic Medicine, he is certified by the American Osteopathic Board of Special Proficiency in Osteopathic Manipulative Medicine. He is currently a Clinical Associate Professor of Osteopathic Manipulative Medicine in the Department of Family Medicine at Kansas City University of Medicine and Biosciences. Dr. Brooks has held several other academic appointments, most notably as an Assistant Professor of Clinical Surgery, in the Orthopedic Surgery section of the University of Arizona College of Medicine, where he also served as a team physician for the Department of Intercollegiate Athletics. Upon entering practice, he was mentored for several years by Robert Fulford, DO. He co-founded, along with Michael Patterson, PhD, the Restorative Care Foundation, which supports his current academic work.

Lecture: OMT to Reduce Scoliotic Curves

The presentation will familiarize participants with the status of physical medicine care of idiopathic scoliosis, emphasizing the work of Martha Hawes, PhD, including the first published account of mobilization techniques improving adult idiopathic scoliosis. The questions of how much motion is optimal, and what constitutes an adequate examination to ascertain whether motion is optimal, will be addressed by an introductory critique of several biomechanical ideas broadly accepted by the osteopathic community. Alternative perspectives will also be offered.

Brad S. Sandler, DO

Dr. Sandler is a 1992 graduate of Des Moines University College of Osteopathic Medicine. He completed his rotating internship at Oakland General Hospital in Madison Heights, MI, in 1993, and his residency training in osteopathic manipulation and biomechanics at Michigan State University College of Osteopathic Medicine in 1995. He joined Corrective Care in Mishawaka, IN, in 1995, and became its vice president in 1999. Dr. Sandler is board certified in Osteopathic Manipulative Medicine, and specializes in the treatment of difficult muscle, tendon, ligament and joint pain syndromes. He has chaired the AAO Exercise Prescription for Manipulative Medicine course, which educates physicians in advanced exercise rehabilitation, with Philip Greenman, DO, FAAO, for many years. Dr. Sandler not only teaches exercise prescription, but takes his own medicine by incorporating exercise into his lifestyle for the past 30 years.
**Lecture: Reduction of Somatic Dysfunction with Exercise**

This presentation will provide an overview of the interesting ways exercise prescription can help both the patient and clinician achieve greater independence from one another.

**Hollis H. King, DO, PhD, FAAO**

Dr. King is Osteopathic Principles and Practices (OPP) Program Director at the University of Wisconsin Department of Family Medicine Residency in Madison, WI. He has previously served as a professor of OPP at A.T. Still University School of Osteopathic Medicine in Mesa, AZ. He is a Past President of the AAO and has served on the Board of Directors of the Osteopathic Cranial Academy. Dr. King is the Chief Editor and a contributor for the 2011 book *The Science and Clinical Application of Manual Therapy*, which delineates the research supportive of OMT for systemic disorders and musculoskeletal conditions. Dr. King has been the editor of numerous AAO publications, including the works of leading osteopathic researchers and clinicians—Irwin Korr in 1997, Viola Frymann in 1998 and 2005, and Philip Greenman in 2010. He is also the author of the chapter on Osteopathy in the Cranial Field in the textbook *Foundations for Osteopathic Medicine*, 3rd Edition, and co-editor of the Journal of the American Osteopathic Association column “Somatic Connection.” Dr. King serves as Associate Director of the Osteopathic Research Center’s Consortium for Collaborative Osteopathic Research Development—Practice-Based Research Network.

**Lecture: The Role of the Psyche**

This presentation will address the element of the *spirit* in the context of the osteopathic tenet that “the body is a unit of function, body-mind-spirit.” A.T. Still was outspoken in reference to the *divine* and was clear about the importance of spiritual considerations in practice. In the modern era, this emphasis has been lost or underrepresented in medical practice and philosophy, with the exception of the osteopathic profession. The challenge to include spirituality in clinical practice will be presented. The unique practice of osteopathic medicine may be a model for bringing balance to the body-mind-spirit triune nature of people.
Awards Committee Seeks Honorary Life Member Nominees

The AAO Awards Committee is now accepting suggestions for Honorary Life Member nominees.

Honorary Life Membership may be conferred upon an Academy member in recognition of outstanding service to the osteopathic profession in any two of the following categories:

- Contributions to osteopathic literature;
- Development or teaching of osteopathic principles and practice;
- Service in osteopathic healthcare in the community;
- Service in the fields of osteopathic education.

Honorary Life Membership may also be conferred upon members who have been in practice for 50 years and have been active members of the Academy for the 25 years immediately preceding the honor. Please note that those who are Life Members of the AAO, or have been granted retired or disabled status, are not eligible for this award.

Click here for a current list of Life and Honorary Life members.

Deadline approach for Resident of the Year Nominations

At their annual meeting in March 2008, the AAO Board of Governors approved the AAO Resident of the Year Award. The award is conferred by the Academy to recognize the resident who has contributed to the Academy and to osteopathic principles and practices at his/her residency program, and has participated in Academy events, including, but not limited to, AAO Convocation, AOA Convention and/or AAO educational programs that year. AAO Resident of the Year applications are due at the AAO office by November 30. The recipient of the 2012 Resident of the Year will be selected by the Board of Governors at their meeting on March 21, 2012. Please contact Debbie Cole at dcole@academyofosteopathy.org.

1. The potential recipient can be nominated by any AAO component society (including the PAAO) or osteopathic-approved residency program. A standard application with brief description/essay of why this individual deserves this award must be submitted to the Awards Committee via the AAO component society or osteopathic residency program. This form is available at the AAO website. Only one (1) nomination per AAO component society, the PAAO or individual residency program is permitted.

2. Nominees are required to complete an application appropriate for the award, which includes a current CV and personal statement. This packet must be submitted in one complete application via the nominating component society.

3. Individuals nominated for this honor MUST exhibit osteopathic principles and practices at their residency programs and encourage other residents, faculty and students to continue the use of osteopathic principles and practice during their residency and practice career.

AAO Closes for the Holidays

The AAO headquarters will be closed for a few days during the forthcoming holiday season to permit the staff to celebrate with their families. The office will be closed on Thursday, November 24, and Friday, November 25, for the Thanksgiving holiday. Since Christmas Day and New Years Day fall on Sundays this year, the Academy office will be closed Monday, December 26, and Monday, January 2, 2012. We appreciate your understanding and hope this schedule does not inconvenience you.

AAO Bookkeeper Retires

The Academy staff will bid farewell to a cherished friend and colleague, Phyllis McNamara, on November 11, 2011, at 11:11 am. She plans to stay in contact with the AAO, however, and will volunteer at the “Unsolved Mysteries” booth at the 2012 Annual Convocation in Louisville, KY. Former AAO Executive Director Steve Noone hired Phyllis in November 1998, and she has worked tirelessly for the organization since that time. She will be be sorely missed by her co-workers, associates and AAO members.
Registration Form

Dr. Robert Fulford’s Basic Percussion Course
April 20 - 22, 2012

Name: ____________________________   AOA#: ___________

Nickname for Badge: ___________________________________

Street Address: ________________________________________

__________________________________________________________________

City: ______________________   State: _____   Zip: _________

Phone: _____________________    Fax: ____________________

E-mail: ______________________________________________

By releasing your fax/e-mail, you have given the AAO permission to send marketing information regarding courses to your fax or e-mail.

Billing address (if different than above): ____________________

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Click here to view the AAO’s Cancellation and Refund Policy

*Registration Rates

On or before 3/20/2012     After 3/20/2012

AAO member $ 714.00             $ 814.00

Non-member $ 814.00            $ 914.00

*Please see above pre-requisites before registering for this course.

The AAO accepts check, Visa, Mastercard or Discover payments in U.S. dollars

Credit Card #: ____________________________________

Cardholder’s Name: _________________________________

Expiration Date: ______________  3-digit CVV#__________

I hereby authorize the American Academy of Osteopathy to charge the above credit card for the full course registration amount.

Signature: _________________________________________

American Academy of Osteopathy
3500 DePauw Blvd., Suite 1080, Indianapolis, IN 46268
Phone: (317) 879-1881 • Fax: (317) 879-0563
Register online at www.academyofosteopathy.org

November 2011 AAO Member Newsletter
Membership Announcements

Membership dues notices have been sent out the first Friday of each month since June. Dues were due and payable on July 31 for the 2011-2012 fiscal year. If you have not yet received a dues notice, call or e-mail Susan Lightle at (317) 879-1881 or slightle@academyofosteopathy.org. The Academy accepts checks, as well as MasterCard, Visa and Discover credit cards. American Express is not accepted.

Per the AAO bylaws, members who have not paid their dues by January 31, 2012, will be dropped from the membership roster. Don’t let this happen to you! Renew your membership today so you can receive the member price for Convocation and the many educational courses that will be offered throughout the AAO’s 75th anniversary year.

Don’t make a move...without notifying the AAO! We don’t want to lose track of any of our members when they relocate. Please remember to inform Susan of any changes in your contact information.

Please make sure e-mails from the AAO are not going to your junk mail folder! Adjust your spam filter to allow e-mails from @academyofosteopathy.org so you can continue to receive the AAO Journal, AAO Member Newsletter, the OsteoBlast, updates on courses, etc.!

Once you graduate from osteopathic medical school, you do not automatically become a member of the AAO. Therefore, SAAO members who have graduated should strongly consider rejoining the AAO as a Postgraduate AAO (PAAO) member, and continue to attend Convocation each year. Information is always available on the web at www.academyofosteopathy.org/paao/home. Here you will find the PAAO membership application and announcements about upcoming courses. No matter what field of medicine you choose and what residency you attend, the AAO has much to offer in continuing your development as an osteopathic physician. If you know an intern or resident who is not a member of the PAAO, please pass this information along!

The AAO now has a Facebook page. Check it out. Like us!

NEW at the AAO Bookstore!

Outline of Osteopathic Manipulative Procedures: Memorial Edition
by Paul E. Kimberly, DO, FAAO

Purchase your copy at www.academyofosteopathy.org
(select “AAO Bookstore” from the left-hand menu)

AAO Member Price: $90.00
List Price: $100.00
(plus shipping and handling)

Touro University Nevada

Faculty Position Opportunity

Touro University Nevada College of Osteopathic Medicine (TUNCOM) is seeking qualified osteopathic physicians (D.O.) for a full-time assistant professor position in the Department of Osteopathic Manipulative Medicine. Responsibilities include teaching osteopathic medical students the principles of osteopathic manipulative medicine both in the classroom and clinic settings and in providing support for program development.

TUNCOM offers qualified applicants a competitive salary that provides financial stability and an excellent benefits package.

The campus is located in sunny Henderson, Nevada which has world-class food and entertainment including neighboring Las Vegas. It is also in close proximity to Zion, Bryce and Grand Canyon National Parks and has convenient access to an international airport.

Qualifications:

- The applicant needs to be an osteopathic physician who is a graduate of an AOA-approved osteopathic medical college.
- The applicant must be licensable to practice medicine in the State of Nevada.
- Certification in neuromusculoskeletal medicine or special proficiency in osteopathic manipulative medicine is preferred though candidates who have proven experience in providing high level osteopathic manipulative medicine services will be considered.
- The applicant must have sufficient experience in the variety of osteopathic manipulative medicine techniques that are currently being taught and be familiar with basic communication tools including email, word processing and PowerPoint presentations.

If this sounds like an opportunity you may be interested in pursuing, please contact Mrs. Paula Dybdahl by email at paula.dybdahl@tun.touro.edu, telephone (702) 777-4740 or by regular mail at Touro University Nevada College of Osteopathic Medicine, Department of Osteopathic Manipulative Medicine, 874 American Pacific Drive, Henderson, NV 89014.

Touro University Nevada is an Equal Employment Opportunity Employer.

Application Closing Date: Open until filled
In Memoriam

Richard W. Anderson (Andy), DO, 88, of Dallas, TX, passed away on July 31. Dr. Anderson was born on May 6, 1923, in Janesville, WI. An advocate of the osteopathic profession since his teenage years, he was influenced by his older brother Esmond, who was also a DO. Dr. Anderson graduated from Kirksville College of Osteopathic Medicine in 1946, and interned at Lakeview Hospital in Milwaukee, WI. He worked in general practice in Cudahy, WI, for 20 years before moving to Dallas, where he served as Medical Director of East Town Osteopathic Hospital, and was named General Practitioner of the Year by the Texas Society of General Practice. Dr. Anderson also served as a member of the American Osteopathic Association Committee on Postdoctoral Training and Chairman of the Sam & Marille Sparks East Town Osteopathic Foundation. A former member of the Board of Directors of the Kirksville Osteopathic Alumni Association and the Board of Trustees of A.T. Still University, he was named Alumnus of the Year in 2002. He is survived by his wife Charlotte Rock Anderson, step-daughter and several grandchildren and great-grandchildren. He was preceded in death by his first wife Bessanne Mills Anderson and his two sons Richard W., Jr., and Jeffrey L. Anderson. Dr. Anderson had a saying, “If you love what you do, you’ll never work a day in your life.” He loved what he did and will be sorely missed by his family, friends and patients.

AOA/AACOM Sponsor Leadership Conference

The AOA joins the AACOM in sponsoring the profession’s 22nd Annual Osteopathic Medical Education (OME) Leadership Conference. The 2012 event is entitled “OME: Succeeding through Growth,” and will take place from January 12 through January 14, 2012, at the Westin Beach Resort & Spa in Ft. Lauderdale, FL. Attendees can make hotel reservations by calling (954) 467-1111 or by visiting the online reservation center. The Westin Beach Resort & Spa is located at 321 N. Fort Lauderdale Beach Blvd., Fort Lauderdale, FL, 33304. The AOA room rate is $209, and the reservation deadline is November 18.

The keynote speaker, Fitzhugh Mullan, MD, will address the topic, Growth of the Physician Workforce. If one looks closely at osteopathic history, the profession has been adapting to growth since A.T. Still opened the American School of Osteopathy. Adaptation and growth is innate to osteopathic medicine. Osteopathic educators realize the challenges they face to produce capable quality educators as their numbers continuously increase.

AACOM is also sponsoring the Emerging Leaders Brunch for students and residents thinking of pursuing a career in academic medicine. Invite your students and residents to attend OME XXII! There is no registration fee for students and residents—all they have to do is complete the registration form.

Log on to the AOA website at [http://www.osteopathic.org](http://www.osteopathic.org) to register. For more information, call Joyce Obradovic, AOA Education Summit Director, at (800) 621-1773 ext. 8077 or e-mail her at jobradovic@osteopathic.org.

Enrollment Climbs at Osteopathic Medical Schools

Total enrollment at the nation’s colleges of osteopathic medicine now tops 20,600—a 6.5 percent increase over last year’s more than 19,000 students. Today, more than 20 percent of new U.S. medical students are attending osteopathic medical schools—a percentage that will continue to increase as new campuses are established and existing colleges complete increases in incoming class sizes. This year, schools have not only increased class sizes, but one branch campus and one remote teaching location have opened, and three new colleges are in development. Edward Via College of Osteopathic Medicine welcomed an inaugural class of 162 students at its new branch Carolinas Campus (VCOM-CC) in Spartanburg, SC. The College of Osteopathic Medicine of the Pacific—Northwest (COMP-NW), located in Lebanon, OR, has enrolled an inaugural class of 100 students. Enrollment is expected to rise in the coming years, with three colleges of osteopathic medicine in development stages: Alabama College of Osteopathic Medicine, Campbell University College of Osteopathic Medicine (North Carolina) and Marian University College of Osteopathic Medicine (Indiana). Each school plans to enroll inaugural classes of more than 100 students.

Growth in the number of osteopathic medical school graduates will help mitigate looming physician shortages, especially in the critical primary care area. A variety of reports predict primary care physician deficits will range from 20,000 to 46,000, and from 120,000 to 160,000 for all physician types, by 2020-2025. With large numbers of new osteopathic physicians pursuing primary care careers, the American Association of Colleges of Osteopathic Medicine is hopeful the osteopathic medical profession can help the nation avert a primary care crisis.

Source: American Association of Colleges of Osteopathic Medicine
Make Your Voice Heard in Washington

DO Day on Capitol Hill is the pre-eminent opportunity for osteopathic physicians and medical students to travel to Washington, DC, and lobby members of Congress and their staff face-to-face. Prior to the event, participants will receive briefing materials on the key issues to be discussed. Once in Washington, osteopathic advocates will participate in a morning legislative briefing, attend scheduled meetings with representatives and staff, and report the results in a debriefing room.

Participation is crucial for members of the osteopathic community. The time you take off from your practice demonstrates your dedication to protecting and preserving the cornerstones of osteopathic medicine. This is your moment to educate lawmakers about osteopathic medicine and communicate our positions on important health policy issues where legislation is crafted—Capitol Hill. Register before the January 27, 2012, deadline to ensure you’ll have a chance to take part in the event on March 8, 2012. Click here to register online and book your hotel room.

Source: American Osteopathic Association

The Osteopathic Cranial Academy Presents

Midwinter Introductory Course: Osteopathy in the Cranial Field
February 11-15, 2012
Sheraton Harbor Island Hotel, San Diego, California
Course Director: Eric J. Dolgin, DO FCA

“If you are interested in developing a deeper understanding of osteopathic principles, this course is for you! The Introductory Course in OCF will deepen one’s understanding of the interrelationship between structure and function; the concept of the body as a dynamic unit and its self-regulating homeostatic mechanism with a capacity for self-healing. Experienced physicians will provide close, personal instruction, with a four-to-one faculty to student ratio. Attendees will be taught to recognize the inherent motions of the body and will receive detailed, hands-on anatomy instruction to aid their understanding of the cranial concept.”

Changing Lives: The Gift of Cranial Osteopathy to Children Course
February 17-19, 2012
Sheraton Harbor Island Hotel, San Diego, California
Course Director: Margaret A. Sorrel DO FCA and Associate Director: Miriam Mills, MD, FAAP

This course will inspire physicians in the opportunities inherent in treating patients during their formative years. It will offer useful tools to expand their practice in the osteopathic treatment of children. Attendees will receive a brief review of embryology; pediatric anatomy and normal developmental tasks of newborns and children; a discussion of normal and troubled pregnancies, labor and deliveries; and the risks associated to the developing human.”

For detailed course brochures and to register online visit: www.cranialacademy.org
Or call (317) 581-0411
Golden Ram Campaign Gains Momentum

The Academy is pleased to report that Golden Ram donations can now be made online by logging on to www.academyofosteopathy.org. Click “Contribute” on the left-hand column, select the appropriate donation category and enter the exact amount of your contribution. The AAO leadership hopes the availability of this system will ease your ability to continue donating to the Academy. Keep in mind that you also have the option of making a recurring monthly donation of $25 or more. Contact Sherri Quarles at (317) 879-1881 to set up your rolling donation today!

In order for your donation to be tax deductible for the 2011 year, it must be received at the AAO Office by December 31. The Academy leadership encourages all AAO members to support this annual fund. As of October 24, 73 donors have already contributed a total of $20,258—representing 40.5 percent of the Board of Trustees goal of $50,000 for the 2011-2012 fiscal year. Thank you for your ongoing loyalty!

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November 2011 AAO Member Newsletter
Component Societies and Affiliated Organizations

Upcoming Calendar of Events

December 2 - 4
Indiana Osteopathic Association 30th Annual Winter Update
Hyatt Regency, Indianapolis, IN
CME: 25 Category 1-A AOA credits anticipated
Phone: (317) 926-3009  Fax: (317) 926-3984
E-mail: info@inosteo.org
Web site: http://www.inosteo.org

December 2 - 4
Illinois Osteopathic Medical Society
Annual Winter Scientific Seminar
Program Chair: Richard Feely, DO, FAAO
Westin Lombard Yorktown Center, Lombard, IL
CME: 30 Category 1-A AOA credits anticipated
Phone: (312) 202-8174  Fax: (312) 202-8224
E-mail: ioms@ioms.org
Web site: http://www.ioms.org

December 9 - 11
Centers for Osteopathic Research and Education
Osteopathic Principles & Practices Committee
Visceral Course—Level 1
Johannes Mayer, DO (Germany)
OUHCOM, Athens, OH
CME: 17 Category 1-A AOA credits anticipated
Phone: Becky Martin (614) 544-1681
E-mail: martinb4@ohio.edu

January 13 - 15
Iowa Chapter ACOFP & Iowa Osteopathic Medical Association
Midwinter Osteopathic Family Practice Conference
Embassy Suites on the River, Des Moines, IA
Phone: (515) 283-0002  Fax: (515) 283-0355
E-mail: leah@ioma.org
Web site: http://www.ioma.org

January 18 - 22
Nevada Osteopathic Medical Association
18th Annual Winter Medical Symposium
Embassy Suites Lake Tahoe Resort, South Lake Tahoe, CA
CME: 30 Category 1-A AOA credits anticipated
Phone: (702) 434-7112  Fax: (702) 434-7110
E-mail: nvoma@earthlink.net
Web site: http://www.nevadaosteopathic.org

January 20 - 22
Oklahoma Osteopathic Association Winter Seminar
Hard Rock Casino, Catoosa, OK
CME: 17 Category 1-A AOA credits anticipated
Phone: (405) 528-4848  Fax: (405) 528-6102
E-mail: ooa@okosteo.org
Web site: http://www.okosteo.org

January 27 - 29
Osteopathic Cranial Academy Intermediate Course
The Inherent Motility of the Brain and Spinal Cord, Part II
Paul Dart, MD; Therese Scott, DO; Bruno Chikly, MD, DO
AZCOM, Glendale, AZ
CME: 22 Category 1-A AOA credits anticipated
Phone: (317) 581-0411  Fax: (317) 580-9299
E-mail: info@cranialacademy.org
Web site: http://www.cranialacademy.com

February 3 - 5
Texas Osteopathic Medical Association
56th Annual Mid-Winter Conference
The Westin Park Central, Dallas, TX
CME: 16 Category 1-A AOA credits anticipated
Phone: (512) 708-8662  Fax: (512) 708-1415
E-mail: tom@txosteo.org
Web site: http://www.txosteo.org/

February 10 - 12
Maine Osteopathic Association
Annual Mid-Winter Conference
Holiday Inn by the Bay, Portland, ME
CME: 23.25 Category 1-A AOA credits anticipated
Phone: (207) 623-1101  Fax: (207) 623-4228
E-mail: info@mainedo.org
Web site: http://www.mainedo.org

February 11 - 15
Osteopathic Cranial Academy Introductory Course
Osteopathy in the Cranial Field
Eric Dolgin, DO
Sheraton Harbor Island, San Diego, CA
CME: 40 Category 1-A AOA credits anticipated
Phone: (317) 581-0411  Fax: (317) 580-9299
E-mail: info@cranialacademy.org
Web site: http://www.cranialacademy.com

February 17 - 19
Osteopathic Cranial Academy Intermediate Course
Changing Lives: Cranial Osteopathy’s Gift to Children
Margaret Sorrel, DO; Miriam Mills, MD
Sheraton Harbor Island, San Diego, CA
CME: 20.5 Category 1-A AOA credits anticipated
Phone: (317) 581-0411  Fax: (317) 580-9299
E-mail: info@cranialacademy.org
Web site: http://www.cranialacademy.com

March 9 - 11
An Osteopathic Approach: Introduction and Hip Joint & Lower Extremities
UNECOM, Biddeford, ME
CME: 20 Category 1-A AOA credits anticipated
Phone: (207) 602-2589  Fax: (207) 602-5957
E-mail: cme@une.edu
Web site: www.une.edu/com/cme