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## AAO Closes to Celebrate Labor Day

The AAO headquarters will be closed on Monday, September 7th to commemorate Labor Day. We appreciate your understanding and hope that this schedule will not present any inconvenience to you.

## President's Message

In June, I attended the Maine Osteopathic Association's Annual Conference in Rockport, ME and participated in a Payor Relations Summit Meeting that included AOA President-elect **Larry Wickless, DO, ACOFP** President **Jan Zieren, DO**, members of the AOA Department of Socioeconomic Affairs and representatives from several state societies. Major agenda items included reimbursement for OMT in various states, the development of strategies to work with insurers to cover OMT services provided by DOs and promoting tools to our membership to help appeal denials for coverage. AAO will continue to work with these representatives and our members to advocate for fair reimbursement for OMT for all DOs.

I also attended the Cranial Academy Annual Conference in Bethesda, MD and had the honor of addressing the membership at the Saturday night banquet. President **Mark E. Rosen, DO** and President-elect **Mel R. Friedman, DO** were gracious hosts and continue to promote the AAO and its mission. The educational program was excellent and I was able to visit with **Herb C. Miller, DO, FAAO** who gave the Sutherland Memorial lecture.

Relationships with the AOA and component societies continue to improve. I had a wonderful experience at the recent AOA Board of Trustees meeting this July by working closely with leaders of several specialty organizations including ACOFP, ACOS, ACOOG, ACOI, ACOEP, AOCR and AOCOPM. There were a number of issues affecting Osteopathic Graduate Medical Education, CME and representation on specialty



boards that benefited from a coordinated discussion between these groups and the AOA board. This spirit of cooperation continued as we moved on to the AOA House of Delegates. A resolution to accept the AOA Guidelines for OMT for Patients with Low Back Pain was approved. AAO Trustee, **Michael A. Seffinger, DO** played a key role in the development of these guidelines as the Chair of the AOA Bureau of Osteopathic Clinical Education and Research (BOCER). **Dennis J. Dowling, DO, FAAO** was able to work with the Texas Osteopathic Medical Association, American College of Osteopathic Internists and members of the AOA Board of Trustees to rewrite a resolution promoting the use of OMT as an adjunct treatment for the H1N1 (Swine) flu pandemic, which was approved. I was impressed by the camaraderie and

*Continued on page 7*

## Members Remit Dues Promptly

The Academy's leadership and staff appreciate your overwhelmingly prompt response in remitting dues payments for the upcoming fiscal year. A total of 782 members out of 1584 have paid their Academy membership dues! Your loyalty and continued financial support of the Academy is greatly appreciated!

## Going Green with the AAOJ

In an increasingly environmentally conscious world, the term "being green" is no longer reserved for such activities as recycling your trash and commuting via bicycle. Going green has gotten big in terms of both the scale at which it can be implemented and the positive environmental impact it can have. The American Academy of Osteopathy is doing its part to go green. Beginning in September 2009, issues of the *American Academy of Osteopathy Journal* will be published in a green (electronic) format. It is estimated that on an annual basis, printing and distribution of the AAOJ results in 4 tons of wood (equivalent of 27 trees), 49 million BTU's of net energy (equivalent to approximately < 1 home per year); 11,133 lbs CO2 equiv. of Greenhouse gases (equivalent to 1 car per year ); 26,815 gallons of Wastewater (equivalent to <1 swimming pool); and 3,947 pounds of solid waste (approximately <1 garbage truck).

The AAOJ will continue to serve as a peer-reviewed digital journal providing open access to scholarly and scientific osteopathic information. For individuals without access to view the AAOJ in its electronic format may have a photocopy mailed to them. Please contact Jennifer Taylor at [jtaylor@academyofosteopathy.org](mailto:jtaylor@academyofosteopathy.org) if you wish to continue receiving a hard copy of the AAOJ.

# AAO Calendar of Events

## August 2009

August 7-8: Education Committee, Indianapolis, IN  
August 12: PS&E Committee Meeting, 6:00 pm (EST) via teleconference  
August 21-24: OMT for Common Conditions: Diagnosis, Treatment and Payment, Orlando, FL

## September 2009

September 12-13: AOA Bureau of Osteopathic Education, Chicago, IL

## October 2009

October 8-10: Prolotherapy Weekend, Biddeford, ME  
October 15-18: Manipulation Under Anesthesia, Davie, FL  
October 21-24: Bone and Joint Decade Global Network Conference, JW Marriott in Washington, DC  
October 29: AOA Program and Trainee Review Council (PTRC), Chicago, IL  
October 30-31: AOA Council on Postdoctoral Training (COPT), Chicago, IL  
October 31-November 1: Two-Day Pre-AOA Convention Hands-on Workshop:  
"Early Osteopathic Approaches to the Viscera", New Orleans, LA

## November 2009

November 1-3: AAO Program at the AOA Convention, New Orleans, LA  
November 1-5: AOA 2009 Convention, New Orleans, LA  
November 1: AAO Board of Trustees Meeting, New Orleans, LA  
November 2: PS&E Committee Meeting, 6:30 am (CST) in New Orleans, LA  
November 2: LBORC Committee meeting, 6:30 am (CST) in New Orleans, LA  
November 2: Fellowship Committee meeting, 12:00 noon (CST) in New Orleans, LA  
TBD: Education Committee meeting, 12:00 noon (CST) in New Orleans, LA  
November 3: Board of Trustees Strategic Planning Meeting in New Orleans, LA

## December 2009

December 5: AOA Bureau of Osteopathic Education, Chicago, IL

## January 2010

January 22-24: Exercise Prescription, AZCOM in Glendale, AZ

## February 2010

February 3: PSE Committee Teleconference at 6:00 pm (EST)

## March 2010

March 14-16: Visceral Approach for the Sacrum and Pelvis, Colorado Springs, CO  
March 15-16: Pelvic Pain: Mechanisms and Evidence Based Diagnosis & Treatment, Colorado Springs, CO  
March 17-21: AAO Convocation, Pelvis & Sacrum: Where It All Comes Together, Colorado Springs, CO  
March 18: PSE Committee Meeting at 6:30 am (Mountain Time), Colorado Springs, CO  
March 18: AAO Annual Business Meeting, Colorado Springs, CO

## AAO Hires New Membership Coordinator

Susan Lightle, CPS joined the Academy staff on June 26 as the new Membership Services Coordinator, succeeding Kelli Bowersox who has taken over the duties of the Education department in addition to her marketing responsibilities. In addition to her membership responsibilities, Susan will act as the certification coordinator for AOBNMM as well as making changes on the AAO's website. Susan is a Certified Professional Secretary previously working for the Academy as Stephen Noone's administrative assistant from 1993-1996.

## AAO Classified

**Denver, Colorado:** Seeking a NMM/ OMM board certified physician to join a rapidly growing OMT practice in Denver, CO. Please contact Dave Zarou, D.O. at: [dave@oimcare.com](mailto:dave@oimcare.com)

## Honolulu, Hawaii FOR SALE

### OMM and Osteopathic Pain Management Practice (easily expanded into Family practice)

**Ideal solo practice, small office with low overhead. In Waikiki, close to Downtown, convenient to tourists and locals. One of America's most desirable cities. Aside from offering the obvious, sunshine, surf, beach, trade winds, clean air, mountains, shorts and sandals year round... A place for optimal health. Very reasonable. Call or drop by 808-591-1346**

*Paid Advertisement*

## Message from AAO Convention Chair, David C. Mason, DO

As program Chair for the Academy's didactic sessions at the 2009 AOA Convention and Scientific Seminar in New Orleans, LA, I invite you to REGISTER AS AN AAO MEMBER for this event.

The Education Committee and I have organized the Academy's program around the theme "Osteopathic Foundations of Clinical Practice: Case Studies and Treatments".

In link below is a Convention registration already marked as an AAO Member. Please support the Academy and encourage your colleagues to join you in registering with the AAO – even if they are not actually AAO members. The \$495 registration fee is the most economical rate available to conventioners.

One more thing, regardless of the registration category selected, registrants are ENTITLED TO ATTEND ANY of the didactic sessions planned by ANY of the participating organizations.

<http://www.academyofosteopathy.org/files/conventionRegForm2009.pdf>

We are looking forward to an exciting program to include presentations by those authors who have actually contributed to the 3rd Edition of the Osteopathic Foundations book to be available this fall.

I look forward to seeing in New Orleans!

## AAO Leaders Attended 2009 AOA House of Delegates

Immediate Past President Guy A. DeFeo, DO, served as the Academy's delegate this year. He spoke to a number of resolutions brought before the AOA House of Delegates. All resolutions are sent to reference committees where members hold a forum for public testimony prior to meeting in executive session to formulate a recommendation for action by the full house. The AAO Board of Trustees had identified 19 of the 125 resolutions that required careful monitoring and/or testimony from the AAO leadership.

AAO President George J. Pasquarello, DO, FAAO; AAO President-Elect Richard A. Feely, DO, FAAO; and AAO Secretary-Treasurer Mark S. Cantieri, DO, FAAO were delegates for their respective state associations and were there to support Dr. DeFeo as the AAO's delegate.

The AOA Board of Trustees voted to approve resolutions on the AOA reserve fund requirement policy, alcohol abuse, unionization of physicians, the AOA Greatness Fund, promotion of the patient-centered medical home, "Good Medical Practice" tenets, OGME funding, and industry transparency standards, among many others.

The AOA Bureau of State Government Affairs (BSGA) convened under the leadership of AOA Trustee James J. Dearing, DO. During the meeting, Edward Langston, MD, the former Chair of the American Medical Association's Board of Directors, gave a presentation on our joint efforts to ask the NBOME to publicly clarify the differences between its physician and nursing licensure exams. BSGA members also received reports on scope of practice mis-advertising and misrepresentation by allied health professionals and how the osteopathic profession can capitalize on the retail clinic phenomenon. The AOA Bureau of Emerging States' Concerns (BESC) also met, led by BESC Chair Boyd R. Buser, DO, AOA Trustee.

Dr. Pasquarello, Dr. Feely and Interim Executive Director Diana L. Finley, CMP joined with leaders of other specialty colleges and certifying boards to discuss the proposed AOA certifying board plans for Osteopathic Continuous Certification (OCC); the proposed criteria for CME that would meet the AOA certifying boards' requirements for 50 specialty credit hours; what resources will be required to implement OCC and where the resources can come from; what role the specialty colleges should have in OCC; what role the AOA should have in OCC; and have Kevin B. Weiss, MD, the ABMS President and CEO, discuss Maintenance of Certification (MOC), measuring physician competency, and public accountability.

It is not too early to begin planning for the 2010 AOA House of Delegates, which is scheduled for July 16-18 in Chicago. Now is the time for Academy members to express their willingness to serve as delegates from their state organizations. The AAO leadership encourages its members to volunteer their time to participate in this important political activity to help shape policy for a strong presence of osteopathic principles and practice within the profession.

Osteopathic Diagnosis and Treatment Education Committee Chair Nate DeLisi, DO recruited Kenneth Nelson, DO, FAAO to staff these AAO educational workshops this year. Thirteen volunteers from among the delegates joined Dr. Nelson in providing 73 individual workshops to colleagues, AOA leadership, medical students and osteopathic association staff members. This was an incredible accomplishment due to the fact that the service was only open for 11 hours. AOA provided the tables for the treatment service. Thanks to these volunteers for devoting time to teaching and advocating OMM to this special group.

## Members in the News

AAO Member **Charles Beck, DO** of Indianapolis was recently interviewed for the Indianapolis Star's "Ask a Doctor" column. Dr. Beck described osteopathic manipulative treatment and the principles and practices of Andrew Taylor Still for the Indianapolis area residents.

**Harold Magoun, Jr., DO, FAAO, FCA, DO Ed (Hon)**'s internet radio talk show, "Your Good Health" has been very successful. Dr. Magoun is promoting good health, Osteopathy's role in good health and his book *Structured Healing*. "Your Good Health" airs on [www.castlerockradio.com](http://www.castlerockradio.com) at 3:00 PM on Fridays starting August 8th (previously 9:00am on Saturdays).

# OMT for Common Conditions: Diagnosis, Treatment and Payment

## August 21-24, 2009 at Disney's Contemporary Resort in Orlando FL

### Course Description: Level I

Are you taking your AOBFP or AOBNNM Exam this fall? This 4-day hands-on workshop will not only boost your skills in osteopathic manipulative medicine, but it will also help you study for the practical portion of the AOBFP Exam or the AOBNNM Exam this fall. At the completion of this truly "osteopathic" weekend, you will be just "9" weeks away from the Family Practice Board Exam and "12" weeks away from the Neuromusculoskeletal Board Exam. Join Ann L. Habenicht, DO, FFAO, Judith A. O'Connell, DO, FFAO and Laura E. Griffin, DO, FFAO and practice hands-on OMT. Leave knowing you are ready for the upcoming exams!

### Presenting:

Ann L. Habenicht, DO, FFAO, Program Chairperson  
Judith A. O'Connell, DO, FFAO  
Laura E. Griffin, DO, FFAO

### This "hands-on" course will include:

One evening of rapid diagnostic procedures for areas of somatic dysfunction and mornings will be spent learning techniques that are based on restrictions of joints, muscles and fascia.

Additional techniques will be utilized to treat common clinical conditions in a busy Family Practice. Topics will include, but not limited to: Headache, ENT problems, Whiplash, Carpal Tunnel, Epicondylitis, LBP- Psoas/piriformis, Sacroiliac pain, COPD, Rib dysfunctions, foot/ankle pain.

### Who Should Attend?

- Physicians taking the AOBFP and AOBNNM Boards (excellent study tool).
- Physicians and physicians-in-training looking for different osteopathic manipulative techniques to treat your patients.
- Those Physicians seeking time efficient techniques for the busy office.
- Physicians who want a quick anatomy review and review of the basis of several technique modalities.

- Physicians wanting new techniques and exercises for their patients of all ages.
- Physicians who want to maximize their reimbursement for their time and treatments.
- Physicians who want to learn new methods yet have quality time with their families

### CME:

The program anticipates being approved for 24 hours of AOA Category 1-A CME credit pending approval by the AOA CCME.

Application for CME credit has been filed with the American Academy of Family Physicians. Determination of credit is pending.

### Program Time Table:

Friday, August 21..... 5:00 pm- 10:00 pm  
Saturday, August 22 .....6:30 am - 1:30 pm  
Sunday, August 23 .....6:30 am - 1:30 pm  
Monday, August 24 .....6:30 am - 1:30 pm  
Each day includes (2) 15 minute breaks

### Course Location:

Disney's Contemporary Resort  
4600 World Wide Drive  
Lake Buena Vista, FL 32830

### Hotel Accommodations:

Disney's Contemporary Resort  
4600 World Wide Drive  
Lake Buena Vista, FL 32830  
1-407-824-3869 (Group Reservation line)  
Reservation Deadline: July 22, 2009  
Room Rate: \$159.00 single/double  
Additional \$25 per person (18 yrs or older)  
(Identify yourself as attending the American Academy of Osteopathy's Conference)

**Register Online at [http://www.academyofosteopathy.org/upcoming\\_courses](http://www.academyofosteopathy.org/upcoming_courses)**

### Registration Form OMT for Common Conditions August 21-24, 2009

Name: \_\_\_\_\_  
Nickname for Badge: \_\_\_\_\_  
Street Address: \_\_\_\_\_  
\_\_\_\_\_  
City: \_\_\_\_\_ State: \_\_\_\_ Zip: \_\_\_\_\_  
Office Phone: \_\_\_\_\_ Fax: \_\_\_\_\_  
E-Mail: \_\_\_\_\_

*By releasing your Fax/Email you have given the AAO permission to send marketing information regarding courses via fax or email.*

AOA#: \_\_\_\_\_ College/Yr Grad: \_\_\_\_\_

Lunch on your own

### Registration Rates

On or Before 7/21/09      After 7/21/09

#### AAO Members

Physician	\$695	\$795
Intern/Resident/Student	\$450	\$550

#### AAO Non-Member

Physician	\$795	\$895
Intern/Resident/Student	\$550	\$650

*Membership application can be completed online at [www.academyofosteopathy.org](http://www.academyofosteopathy.org).*

#### AAO accepts Check, Visa, Mastercard, or Discover

Credit Card # \_\_\_\_\_

Cardholder's Name \_\_\_\_\_

Date of Expiration \_\_\_\_\_

I hereby authorize the American Academy of Osteopathy® to charge the above credit card for the total course registration fee.

Signature \_\_\_\_\_



## Golden Ram Campaign Grows

A request for contributions was sent to each AAO member along with the annual dues statement and has begun to generate substantial contributions for its fund raising campaign. AAO members have an opportunity to make their contribution to the campaign along with their remittance of annual membership dues. The Academy's leadership encourages all AAO members to support this annual fund. As of July 27, 2009 90 donors have already contributed a total of \$19,755.19 toward the Board of Trustees goal of \$80,000 for the fiscal year. On this same date last year, the total was 72 donors contributing \$14,157.00.

Beginning July 1, 2009, you have the option of making a recurring monthly donation of \$25.00 or more. The AAO leadership hopes this available system will ease your ability to continue donating to the AAO. For additional information, contact Phyllis McNamara, AAO Bookkeeper at 317/879-1881 to set up your rolling donation today.

### **The President's Club \$2,500 or more**

George J. Pasquarello, DO, FAAO

### **A.T. Still Club \$1,000-\$2,499**

John Balmer, DO & Patricia Balmer, RN

Stephen D. Blood, DO, FAAO

Lisa A. DeStefano, DO

Hollis Heaton King, DO, PhD, FAAO

Brian McDevitt, DO

Gary Ostrow, DO

Quoc L. Vo, DO

### **T.L. Northup Club \$500-\$999**

Robert N. Agnello, DO & Kerry S. Agnello, DO

Guy A. DeFeo, DO

Jonathan E. Fenton, DO

William J. Garrity, DO

Philip Greenman, DO, FAAO

Laura E. Griffin, DO, FAAO

Gretta A. Gross, DO

John G. Hohner, DO, FAAO

Monica M. Rogalski, DO

Stanley Schiowitz, DO, FAAO

Ralph Schurer, MD

Hirokuni Shimomura, (Japan)

Michael J. Warner, DO & Margaret Warner, DO

### **Louisa Burns Club \$250-\$499**

T. John Baumeister, DO

John A. Cifala, DO

Gregory Craddock, DO

Edward R. Douglas, DO

Stacey Bushnell Gill, DO

David B. Hagie, DO

Raymond J. Hruby, DO, FAAO

### **Vicki Dyson Club \$100-\$249**

David Scott Abend, DO

David C. Ashcraft, DO

Myron C. Beal, DO, FAAO

Daniel F. Bensky, DO

Joel Berenbeim, DO

Laurence E. Bouchard, DO

Elizabeth Clark, DO

David C. Conner, DO

Lyudmila Edshteyn, DO

Melvin R. Friedman, DO

David B. Fuller, DO

Jerel Glassman, DO

Mikhail Gleyzer, DO

Sharon Gustowski, DO

Kenjo Harada

Christie A. James, DO

Douglas J. Jorgensen, DO

William J. Kirmes, DO

Paul Gerard Kleman, DO

William A. Kuchera, DO, FAAO

Carol L. Lang, DO

R. Paul Lee, DO, FAAO

Mark L. Martin, DO

Tamara M. McReynolds, DO

Masayoshi Midorikawa, (Japan)

Hiroya Morita, DO

William F. Morris, DO

Wendy S. Neal, DO

Sun F. Pei, DO

Horace C. Purtzer, DO

Laura M. Rosch, DO

Mark E. Rosen, DO

Richard G. Schuster, DO

Alice R. Shanaver, DO

Joel D. Stein, DO, FAAO

Jacqueline M. Stoken, DO

Shigeru Tajiri, (Japan)

Adrian L. Woolley, DO

### **Supporter Club Supporter – \$99 or less**

Richard M. Appleby, DO

Charles A. Beck, DO

Joan F. Dawson, DO

Nicholas P. Diamond, DO

J. Wayne Dillard, DO

William M. Foley, DO

Richard Joseph Geshel, DO

Stamatia F. Gockel, DO

Jeffrey Greenfield, DO

Ellie Griffin, DO

Masahiro Hashimoto, (Japan)

Jennifer L. Highland, DO

Yumiko Kabasawa, (Japan)

Anne K. Kaplan, DO

John W. Lewis, DO

Marianne T. Longacre, DO

Mary E. Malcom, DO

Masami Matarai, (Japan)

Ramona A. Miller, DO

Eric L. Schneider, DO

Heather A. Sharkey, DO

Beth N. Thompson, DO

Eric Toder, DO

Eden J. Zoll, DO

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## Academy Trustees Adopt Balanced Budget

President George J. Pasquarello, DO, FAAO convened the Board of Trustees for their summer meeting on July 11 at the Adams Mark Hotel in Indianapolis, IN. The Trustees maintained the pattern of adopting a balanced budget for the 2009-2010 fiscal year beginning August 1, 2009. The Board worked with a proposed operational document submitted by Secretary-Treasurer Mark S. Cantieri, DO, FAAO to arrive at a final balanced budget. The Trustees project net operating revenue over expense totaling \$15,120. This will enable the Academy to continue building its reserves and eventually meet the goal of maintaining at least six months operating expenses in reserve.

Other significant agenda items included selection of a recipient for the 2010 Academy Award; amendments to the AAO Manual of Procedures; approval of new members' applications; and management agreement with the American Osteopathic Board of Neuromusculoskeletal Medicine.

# Prolotherapy Weekend

## October 8-10, 2009 at UNECOM

### Course Description:

Thursday, Oct 8: This will be required for those physicians who have not taken a prior course in prolotherapy. It will include an introduction to prolotherapy, wound healing, degenerative postural cascade, coding and billing.

Friday and Saturday, Oct 9-10: Participants will be divided into two groups, beginners and advanced. These two groups will alternate between lectures and anatomy and injection technique while the other group will be in the anatomy lab performing injections under supervision and reviewing prosections.

### Presenting:

Mark S. Cantieri, DO, FAAO, Program Chairperson

George J. Pasquarello, DO, FAAO

### Prerequisites

Functional Anatomy; (1) Level I course or equivalent

### CME

The program anticipates being approved for 20 hours of AOA Category 1-A CME credit pending approval by the AOA CCME.

### Program Time Table

Thursday, October 8..... 5:00 pm - 10:00 pm

Friday, October 9 ..... 8:00 am - 5:30 pm

Saturday, October 10 ..... 8:00 am - 5:30 pm

(Thursday includes a 30 minute break; Friday & Saturday include (2) 15 minute breaks and a (1) hour lunch.)

### Course Location:

University of New England  
Biddeford Campus  
11 Hills Beach Road  
Biddeford, ME 04005  
(207) 283-0171  
Biddeford, ME  
<http://www.une.edu>

### Travel Arrangements

Globally Yours Travel  
Tina Callahan  
(800)274-5975

\* A rental car is recommended since the campus is located about 15-20 minutes from most hotels and restaurants.

Register Online at [http://www.academyofosteopathy.org/upcoming\\_courses](http://www.academyofosteopathy.org/upcoming_courses)

### Registration Form Prolotherapy Weekend October 8-10, 2009

Name: \_\_\_\_\_

Nickname for Badge: \_\_\_\_\_

Street Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Office Phone: \_\_\_\_\_ Fax: \_\_\_\_\_

E-Mail: \_\_\_\_\_

*By releasing your Fax/Email you have given the AAO permission to send marketing information regarding courses via fax or email.*

AOA#: \_\_\_\_\_ College/Yr Grad: \_\_\_\_\_

I require a vegetarian meal.

*The AAO makes every attempt to provide snacks/meals that will meet the participant's needs, but we cannot guarantee to satisfy all requests.*

### Registration Rates

\$1,200 (if book has been previously purchased)

\$1,510 to include course syllabus:

*Principles of Prolotherapy* by Thomas Ravin, MD, Mark S. Cantieri, DO, FAAO and George J. Pasquarello, DO, FAAO

AAO accepts Check, Visa, Mastercard, or Discover

Credit Card # \_\_\_\_\_

Cardholder's Name \_\_\_\_\_

Date of Expiration \_\_\_\_\_

I hereby authorize the American Academy of Osteopathy® to charge the above credit card for the total course registration fee.

Signature \_\_\_\_\_

## CME Guidelines for Osteopathic Physicians

The requirement for membership in the American Osteopathic Association (AOA) is 120 CME hours. For those members with the 120 CME hour requirement, 30 CME hours must be obtained in Category 1-A. The remaining 90 hours of the CME requirement may be satisfied with either Category 1-A, 1-B, 2-A or 2-B credits. Physicians entering the program in mid cycle will have their credit requirements prorated. Your individual CME Activity Report outlines your total CME requirement and the amount of credits needed in categories 1 and 2. Physicians who are board certified must earn a minimum of 50 credit hours (Category 1 or 2) in their primary specialty. Members who obtain 150 hours or more of AOA approved CME credit in a three-year CME cycle will be given a certificate of excellence in CME.

The requirement for recertification in Neuromusculoskeletal Medicine and for those residents who do not apply for the certification examination immediately following completion of their residency program MUST have earned 150 hours of CME, 50 of which MUST be in Category 1-A OMM hours in a three-year cycle. Unchallenged CME hours include AAO Annual Convocation, AAO Educational Programs, AAO Co-Sponsored Programs, Cranial Academy Education Programs; Sutherland Cranial Teaching Foundation Educational Programs; AOA Annual Convention if registered for the AAO Program; and AAO Component Society Programs. Only category 1-A hours specifically of NMM/OMM will be accepted in State Societies' programs. Other means of 1-A CME may be considered on an individual basis.

spirit of cooperation that continued throughout the week in Chicago and felt that the AAO was well represented as an important part of the osteopathic family. I look forward to continuing the working relationships that were forged at the House of Delegates and hope that this renewed atmosphere of communication and cooperation continues.

The AAO Board of Trustees has been very active and engaged in the managing and conducting of AAO business. The BOT convened in July to plan for the upcoming year and to review and approve the 2009-2010 budget. A strategic planning session was scheduled for the upcoming AOA Convention in New Orleans. We are fortunate to have such a hard working and supportive board.

Diana Finley and the AAO staff are doing an outstanding job of managing and promoting our organization. A new employee was added on June 26<sup>th</sup> and may be familiar to some of you who have been involved with the AAO in the past. Read on for more information on Susan Lightle.

The *AAO Journal* will be "going green" as we move to an electronic format this year. This new format will allow the journal to be searchable and offer more options for accessing osteopathic articles. This will bring AAO in line with other medical journals and have a significant positive impact on the environment.

## **In Memorial**

**Kumiko Hidaka Seffinger**, loving wife of AAO member, Michael Seffinger, DO, mother, sister, and daughter, peacefully passed away at 2:15 p.m. on July 29, 2009, surrounded by her family and friends. She was born in Kagoshima, Japan and had lived in America since 1979. She had raised her family in Torrance since 1988. She is survived by her husband, Mickey Seffinger; daughters, Miyako, Sayuri, and Aiko; brother, Hiromichi Hidaka; sisters, Ako Tanaka and Mitsuko Koide; and mother, Hatsue Hidaka. Kumiko wished to be remembered for her love of life and joyful disposition. She always made others feel welcome and happy. Kumiko was a giving and gentle person who considered others needs over her own. In lieu of flowers, donations for cancer research can be made in Kumiko's memory to the American Cancer Society at [www.cancer.org](http://www.cancer.org). In Japanese tradition, Dr. Seffinger and family will have a celebration of life for her a year from now.

**Irene M. Urban**, 94, sister of AAO member, Isabelle A. Chapello, DO, FAAO, of Erie, MI died Wednesday, July 15, 2009 while inpatient at St. Vincent Mercy Medical Center. She was born in Chicago, IL to John and Eustachia (Zimmerman) Chapello in 1914. Irene worked for 37 years as the Office Manager for her sister's clinic in Luna Pier, MI. She was a lifetime member of the Girl Scouts of America, she also belonged to Altrusa Women's Club, and the Monroe Republican Women's Club. She is survived by her daughter; Deanna (Barry) Boling, sister; Isabelle A. Chapello DO, FAAO, and brother; Sigmund Chapello.

**William Anthony Rowane, DO, FACOI, MACOI**, 86, father of AAO member Michael P. Rowane, DO, FAAO, of Erie, passed away Tuesday, July 21, 2009. Born: February 8, 1923, son of the late William and Margaret O'Connor Rowane. He attended Kansas City College of Medicine and Bioscience College of Osteopathic Medicine. His postgraduate internship was at Doctors Hospital, Columbus, Ohio. Dr. Rowane had extensive graduate training in Internal Medicine, and was recognized for 30 years of active membership in the American College of Osteopathic Internists, and was awarded a certificate in Geriatrics for his training and extensive work in that field. Dr. Rowane's honors include: Distinguished Alumni of Gannon University, Fellow of the American College of Osteopathic Internal Medicine, Distinguished member of the Grover Gillium Society, believed to be the highest honor in the American College of Osteopathic Internal Medicine; the Erie County Medical Society, for 25 years of dedicated service to the Erie community; the Commonwealth of Pennsylvania, and the department of Military Affairs of the State of Pennsylvania, for 20 years of dedicated service as Medical Director of the Pennsylvania Soldiers and Sailors Home; and named a Knight of St. Patrick by the Knights and Ladies of St. Patrick Church. Dr. Rowane developed the first Intensive Care Unit and Cardiac Rehabilitation Center in the osteopathic profession at Metro Health Center. At one period he was the only certified osteopathic Internal Medicine specialists in Erie and was Chairman of Internal Medicine at both Metro Health Center and Millcreek Community Hospital. He also published numerous articles in the medical literature.

## **Dr. Wickless Assumes AOA Presidency**

The American Osteopathic Association (AOA) installed Larry A. Wickless, DO, an AOA board-certified internist and gastroenterologist, as its 113th president at its annual business meeting in Chicago in July 2009.

"Having spent my childhood within 50 miles of the nation's first osteopathic medical school in northeastern Missouri, where just about every family was familiar with osteopathic physicians, I knew long ago what type of doctor I wanted to be," said Dr. Wickless. "I am honored and excited to have this opportunity to lead the AOA and help advance osteopathic medicine into a new era of health care for our nation."

A native of Kirksville, Mo., Dr. Wickless has practiced gastroenterology in Farmington Hills, MI for more than 35 years where he is currently with the South Oakland Gastroenterology Associates.

Also an educator and mentor, Dr. Wickless is a clinical professor of medicine at the Michigan State University College of Osteopathic Medicine (MSUCOM) in East Lansing and has served continuously as either director or associate director of the gastroenterology training

*Continued on page 11*



# Manipulation Under Anesthesia

October 15-18, 2009 at the MUA Center of Broward in Davie, FL

## Course Description:

This course will provide the attendee an understanding of indications, techniques and complications of MUA. It will also provide fundamental concepts of pain management from a multidisciplinary approach including non-pharmacological, pharmacological, interventional and surgical arenas. Pre-operative, peri-operative and post-operative care will be presented in real-time monitoring.

Since the manipulative techniques utilized on an anesthetized patient differ from those utilized in an awake patient, the course will focus on a manipulative procedural protocol for use during MUA.

Topics will be presented with discussion of patient selection including appropriate diagnoses, age, co-morbidities and medical management decisions.

Appropriate physical therapy protocols for the post-procedure period will also be discussed.

## Presenting:

Joel D. Stein, DO, FAAO, FAOASM, FACOPF, Program Chairperson

Michael Flicker, DO

James Padula, DO

## CME

The program anticipates being approved for 28 hours of AOA Category 1-A CME credit pending approval by the AOA CCME.

## Course Location:

MUA Center of Broward  
7750 Nova Drive  
Davie, FL 33324

## Travel Arrangements

Globally Yours Travel  
Tina Callahan  
(800)274-5975

Register Online at [http://www.academyofosteopathy.org/upcoming\\_courses](http://www.academyofosteopathy.org/upcoming_courses)

## What is Manipulation Under Anesthesia?

After medical clearance, the patient is lightly anesthetized to achieve total relaxation, then adjustments and stretching movements which would normally be too painful to even consider are easily, painlessly and quickly accomplished.

## How do you know if you need MUA?

Spinal manipulation is needed when joints in the vertebral column become locked and immovable. It is the physician's responsibility to restore the function to previously movable joints.

## How does anesthesia help the manipulation?

When movement of the spine is extremely and intolerably painful, the benefit of being unconscious is obvious, but the anesthesia performs other important functions, such as shuts off the muscle spasm cycle to allow spinal movement; sedates the pain perceiving nerves that have been irritated due to the dysfunctional spine; and allows complete muscle relaxation to allow the doctor to stretch shortened muscle groups and to break adhesions caused by scar tissue.

## Who Can Benefit From MUA?

MUA can be a valuable procedure for people with chronic neck, back and joint problems--conditions caused by long-term disabilities, accidents, and injuries that have not been responsive to conventional treatment--but MUA is not for everybody. Common, general indications that MUA could be effective include: Fibro adhesion buildup; Chronic disc problems; Herniated disc without fragmentation; Chronic myofasciitis; Intractable pain from neuromusculoskeletal conditions; Torticollis; Chronic re-injury; and Failed back surgery .

*International MUA Academy of Physicians*

### Registration Form Manipulation Under Anesthesia October 15-18, 2009

Name: \_\_\_\_\_

Nickname for Badge: \_\_\_\_\_

Street Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Office Phone: \_\_\_\_\_ Fax: \_\_\_\_\_

E-Mail: \_\_\_\_\_

*By releasing your Fax/Email you have given the AAO permission to send marketing information regarding courses via fax or email.*

AOA#: \_\_\_\_\_ College/Yr Grad: \_\_\_\_\_

Lunch on your own

### Registration Rates

On or Before 9/15/09      After 9/15/09

#### AAO Members

Physician      \$1,500      \$1,600

#### AAO Non-Member

Physician      \$1,600      \$1,700

*Membership application can be completed online at [www.academyofosteopathy.org](http://www.academyofosteopathy.org).*

#### AAO accepts Check, Visa, Mastercard, or Discover

Credit Card # \_\_\_\_\_

Cardholder's Name \_\_\_\_\_

Date of Expiration \_\_\_\_\_

I hereby authorize the American Academy of Osteopathy® to charge the above credit card for the total course registration fee.

Signature \_\_\_\_\_



# Component Society Calendar of Upcoming Events

## August 7-9, 2009

*The Pennsylvania Osteopathic Family Physicians Society's Thirty-fourth Annual Convention*

Hershey Lodge and Convention Center, Hershey, PA  
20 hours of Category 1A AOA CME credits are anticipated.  
For more information visit [www.poma.org](http://www.poma.org)  
Contact Mario E.J. Lanni, POFPS Executive Director  
1(717) 939-9318 or (800) 544-7662 Fax (717) 939-7255  
[pofps@poma.org](mailto:pofps@poma.org)

## August 28 - 30, 2009

*Annual Seminar: "The Dynamics of the Fluid Body"*

21 hours category 1-A CME credit anticipated, pending approval by AOA CCME

Radisson Hotel Carmel, Indianapolis, IN  
Sponsor: Indiana Academy of Osteopathy  
Co-Sponsor: Indiana Osteopathic Association  
Contact: IAO, 3520 Guion Road, Suite 202,  
Indianapolis, IN 46222  
P: (800) 942-0501 or (317) 926-3009

## September 11-13, 2009

*FOMA Mid Year Seminar*

Grand Hyatt Tampa Bay, Tampa, FL  
800-226-3662 <http://www.foma.org/>

## September 25-27, 2009

*The Midline: Embryology, Anatomy, Organization and Function*

San Francisco Marriot Hotel, Burlingame, CA  
Course Director: Elliott S. Blackman DO  
The Cranial Academy  
8202 Clearvista Pkwy, #9-D Indianapolis, IN 46256  
(317) 594-0411 FAX: (317)594-9299  
[info@cranialacademy.org](mailto:info@cranialacademy.org) Web site: [www.CranialAcademy.org](http://www.CranialAcademy.org)

## October 16-18, 2009

*An Osteopathic Approach to the First Two Months of Life*

UNECOM, Biddeford, ME  
Contact SCTF, Judy Staser 1-817-926-7705  
[JHS4116@sbcglobal.net](mailto:JHS4116@sbcglobal.net)

## December 4-6, 2009

*Indiana Osteopathic Association 28th Annual Winter Update*

Crowne Plaza Hotel at Historic Union Station, Indianapolis, IN  
21.5 hours category 1-A CME credit anticipated, pending approval by AOA CCME  
Contact: IOA, 800/942-0501 or 317/926-3009

## January 28-31, 2010

*Ophthalmologic Principles and Their Relationship to Osteopathy in the Cranial Field*

San Francisco, California  
Course Directors: Paul E. Dart, MD, FCA  
The Cranial Academy  
8202 Clearvista Pkwy, #9-D Indianapolis, IN 46256  
(317) 594-0411 FAX: (317)594-9299  
[info@cranialacademy.org](mailto:info@cranialacademy.org) Web site: [www.CranialAcademy.org](http://www.CranialAcademy.org)

## February 13-17, 2010

*Midwinter Introductory Course in Osteopathy in the Cranial Field*

Fort Worth Hilton, Fort Worth, TX  
Course Director: Ralph W. Thieme DO  
The Cranial Academy  
8202 Clearvista Pkwy, #9-D Indianapolis, IN 46256  
(317) 594-0411 FAX: (317)594-9299  
[info@cranialacademy.org](mailto:info@cranialacademy.org) Web site: [www.CranialAcademy.org](http://www.CranialAcademy.org)

## February, 19-21, 2010

*Bensoussan Course – Intermediate Course*

Fort Worth Hilton, Fort Worth, TX  
Course Directors: Paul E. Dart, MD, FCA  
The Cranial Academy  
8202 Clearvista Pkwy, #9-D Indianapolis, IN 46256  
(317) 594-0411 FAX: (317)594-9299  
[info@cranialacademy.org](mailto:info@cranialacademy.org) Web site: [www.CranialAcademy.org](http://www.CranialAcademy.org)

## April 8-11, 2010

*Deepening Your Osteopathic Perceptual Field: Experiencing the Phenomena of Primary Respiration Through Continuum Movement*

San Francisco Bay Area  
Course Director: Bonnie Gintis, DO  
The Cranial Academy  
8202 Clearvista Pkwy, #9-D Indianapolis, IN 46256  
(317) 594-0411 FAX: (317)594-9299  
[info@cranialacademy.org](mailto:info@cranialacademy.org) Web site: [www.CranialAcademy.org](http://www.CranialAcademy.org)

## May 14-16, 2010

*Cranial Base*

Course Directors: Paul E. Dart, MD, FCA  
East Coast  
The Cranial Academy  
8202 Clearvista Pkwy, #9-D Indianapolis, IN 46256  
(317) 594-0411 FAX: (317)594-9299  
[info@cranialacademy.org](mailto:info@cranialacademy.org) Web site: [www.CranialAcademy.org](http://www.CranialAcademy.org)

## June 12-16, 2010

*Cranial Academy June Introductory Course in Osteopathy in the Cranial Field*

La Quinta Resort, Palm Springs, CA  
The Cranial Academy  
8202 Clearvista Pkwy, #9-D Indianapolis, IN 46256  
(317) 594-0411 FAX: (317)594-9299  
[info@cranialacademy.org](mailto:info@cranialacademy.org) Web site: [www.CranialAcademy.org](http://www.CranialAcademy.org)

## June 17-20, 2010

*Annual Conference - Dwelling Place: Spirit and Matter in Osteopathy*

Conference Director: R. Paul Lee DO FFAO  
La Quinta Resort, Palm Springs, CA  
The Cranial Academy  
8202 Clearvista Pkwy, #9-D Indianapolis, IN 46256  
(317) 594-0411 FAX: (317)594-9299  
[info@cranialacademy.org](mailto:info@cranialacademy.org) Web site: [www.CranialAcademy.org](http://www.CranialAcademy.org)

# Early Osteopathic Approaches to the Viscera

Using principles and techniques from Still, Sutherland, and Chapman

October 31-November 1, 2009 in New Orleans, LA

## Course Description:

This old style visceral course is designed for any osteopathic physician interested in treating visceral problems. Whether you have no experience or 25 years experience with the viscera, you are sure to learn a lot. Dr. Lossing has been training, practicing, and teaching visceral approaches for 23 years.

During that time he has found approaches/techniques that are fast, easy to learn, and achieve results for the patients. These approaches span from reflexes, Still techniques, Sutherland techniques, fluid techniques, and mechanical techniques. In this unique class, we will try to cover palpation, diagnosis, and treatment of all of the major visceral for the body in a short two day format. This format has never been taught before.

The combinations of styles allows for a simple, yet clinically profound experience.

## Presenting:

Kenneth J. Lossing, DO Program Chairperson

A 1994 graduate of the Kirksville College of Osteopathic Medicine, Dr. Lossing completed an internship and residency program at the Ohio University College of Osteopathic Medicine. He studied under the French Osteopath, Jean-Pierre Barral, DO and has become an internationally known speaker on Visceral Manipulation.

## Course objectives:

To palpate, diagnose and treat the liver, stomach, esophagus, duodenum, small intestine, large intestine, spleen, kidney, lungs, pericardium, prostate, cervix, and bladder. Diagnose visceral interactions with the cranial system.

Diagnose and treat visceral interactions with the spine

## CME

The program anticipates being approved for 16 hours of AOA Category 1-A CME credit pending approval by the AOA CCME.

## Program Time Table

Saturday, October 31 ..... 8:00 am - 5:30 pm

Sunday, November 1 ..... 8:00 am - 5:30 pm

(Includes (2) 15 minute breaks and a (1) hour lunch)

## Course Location:

Ernest N. Memorial Convention Center  
900 Convention Center Blvd  
New Orleans, LA 70130

## Travel Arrangements

Globally Yours Travel  
Tina Callahan  
(800)274-5975

Register Online at [http://www.academyofosteopathy.org/upcoming\\_courses](http://www.academyofosteopathy.org/upcoming_courses)

## Registration Form

### Early Osteopathic Approaches to the Viscera October 31- November 1, 2009

Name: \_\_\_\_\_

Nickname for Badge: \_\_\_\_\_

Street Address: \_\_\_\_\_

\_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Office Phone: \_\_\_\_\_ Fax: \_\_\_\_\_

E-Mail: \_\_\_\_\_

*By releasing your Fax/Email you have given the AAO permission to send marketing information regarding courses via fax or email.*

AOA#: \_\_\_\_\_ College/Yr Grad: \_\_\_\_\_

Lunch on your own

## Registration Rates

On or Before 9/30/09 After 9/30/09

### AAO Members

Physician \$545 \$645

Intern/Resident/Student \$445 \$545

### AAO Non-Member

Physician \$645 \$745

Intern/Resident/Student \$545 \$645

*Membership application can be completed online at*

*[www.academyofosteopathy.org](http://www.academyofosteopathy.org)*

AAO accepts Check, Visa, Mastercard, or Discover

Credit Card # \_\_\_\_\_

Cardholder's Name \_\_\_\_\_

Date of Expiration \_\_\_\_\_

I hereby authorize the American Academy of Osteopathy® to charge the above credit card for the total course registration fee.

Signature \_\_\_\_\_

Continued from page 7

program at Botsford Hospital in Farmington Hills, which has trained 50 fellows since Dr. Wickless co-founded the program in 1977. In addition, he served for nine years on the Board of Trustees for the A.T. Still University-Kirksville (MO) College of Osteopathic Medicine (ATSU-KCOM).

Dr. Wickless joined the AOA Board of Trustees in 2000. While serving on the Board, he has chaired the AOA Department of Educational Affairs, the Bureau of Membership and the Bureau of AOA Constitution and Bylaws in addition to serving as vice chairman of many task forces related to training and certification. He also began serving in the AOA House of Delegates in 1989.

Devoted to the unification and advancement of osteopathic medicine throughout the world, Dr. Wickless was instrumental in establishing the Osteopathic International Alliance (OIA), which he chaired since its incorporation in 2005 until 2008. At the state and local levels, Dr. Wickless is a past president of the Michigan Osteopathic Association and the Oakland County Osteopathic Association. He is also a past president of the American College of Osteopathic Internists (ACOI).

Dr. Wickless is the recipient of many honors and awards, including MSUCOM's highest honor, the Walter F. Patenge Medal of Public Service in 2005, and the Botsford Hospital Distinguished Service Award in 2000. He is also a fellow of the ACOI and was an inaugural AOA health policy fellow in 1994-95.

After earning his osteopathic medical degree (DO) from ATSU-KCOM in 1967, Dr. Wickless completed a one-year internship at Doctors Hospital in Columbus, Ohio, and trained for three years in the internal medicine residency program at the former Zeiger Hospital in Detroit and Botsford Hospital. He returned to Michigan to practice gastroenterology after completing a gastroenterology fellowship at what is now the University of Medicine and Dentistry of New Jersey.

## AOA Delegates Elect New Leadership

At the July 17-19 meeting of the AOA House of Delegates, the assembly elected their new leadership for the 2009-2010 fiscal year. Larry A. Wickless, DO of Michigan automatically assumed the post of AOA President and Carlo DiMarco, DO the office of Immediate Past President.

President-Elect	Karen J. Nichols, DO (AZ)	Trustee (2012)	Michael K. Murphy (KY)
1st Vice President	Barbara E. Walker (NC)	Trustee (2012)	Ray E. Stowers (OK)
2nd Vice President	Joseph M. Yasso, Jr (MO)	Trustee (2012)	Norman E. Vinn (CA)
3rd Vice President	Joseph A. Giaimo, DO (FL)	Intern/Resident (2010)	Nichole Y. Ottens (IL)
Trustee (2012)	John W. Becher, Jr (PA)	Student (2010)	Cory Maughan (MI)
Trustee (2012)	John E. Bodell (MI)	Speaker	Carl M. Pesta (MI)
Trustee (2012)	Carol L. Monson (MI)	Vice-Speaker	Ray L. Morrison (TX)



**Karen J. Nichols, DO, FACOI**, an AOA board-certified internist of Oak Brook, IL, as president-elect during its annual business meeting, which took place in Chicago over the weekend. The election puts Dr. Nichols on track to become the first female president of the association, which represents the nation's more than 67,000 osteopathic physicians (D.O.s), in 2010. Currently the dean of the Midwestern University/Chicago College of Osteopathic Medicine (MWU/CCOM) in Downers Grove, IL. Dr. Nichols has been a member of the AOA since 1981 and a member of the Board of Trustees since 1999. As one of only eight females in her graduating medical school class, Dr. Nichols takes pride in seeing the role of women in medicine grow.

"I have always been honored to be involved in the osteopathic medical profession and I hope to inspire future generations of female D.O.s to aspire to leadership positions. I always tell my female and male students that this is a growing profession and you can make an impact if you get involved," said Dr. Nichols.

Aside from serving as the chair of the AOA's Department of Public Affairs, Dr. Nichols is also chair of the AOA's Council on Palliative Care Issues. Her interest in hospice and palliative medicine began early in her career as a physician while serving as chief of staff of Mesa General Hospital in Mesa, AZ, where she became involved in a case that introduced her to the important role physicians play in the final days of terminally ill patients. Since then, she has helped develop policy and educate future generations of health care providers on end-of-life care issues.

Aside from her AOA responsibilities, Dr. Nichols has served as a member of the Board of Trustees for the Institute for National Health Policy Review; as president of the American College of Osteopathic Internists (ACOI); president of the Arizona Osteopathic Medical Association (AOMA); and as a member of the Illinois Osteopathic Medical Society (IOMS).

Dr. Nichols has received many honors and awards including the first AOMA Physician of the Year; AOA Mentor Hall of Fame Inductee; the Outstanding Achievement Award from the MWU/CCOM Alumni Association Board of Governors; Fellow of the Institute of Medicine-Chicago chapter; recipient of the IOMS Distinguished Service Award; Clinician of the Year from Mesa General Hospital; and the Horizon Award from the American Osteopathic Foundation.

Upon graduating from what is now the Kansas City (MO) University of Medicine and Biosciences College of Osteopathic Medicine, Dr. Nichols went on to serve an internship before entering a residency training program in internal medicine at the former Oklahoma Osteopathic Hospital in Tulsa. In addition to her board certification, she earned a certificate of added qualifications in geriatrics and is a Fellow of the ACOI.

# Exercise Prescription - Greenman's Method - January 22-24, 2010 at AZCOM

**Course Description: Level II**

How to access muscle balance of the musculoskeletal system, particularly in reference to somatic dysfunction. The primary goal is to prescribe an exercise program and self-mobilization techniques to fit the patient's somatic dysfunction in order for the patient to manage themselves.

**Presenting:**

Brad S. Sandler, DO, Program Chairperson  
Philip E. Greenman, DO, FAAO

**Learning Objectives**

1. To understand the functional anatomical connections of upper and lower quarter musculature to the proximal trunk and pelvis.
2. To introduce the concept of neuromuscular imbalance as a contribution to chronic musculoskeletal dysfunction.
3. To learn exercises to address specific somatic dysfunctions found in the vertebral column and pelvis.
4. To be able to design and sequence a home exercise program for patients to complement manual medicine.
5. To be able to instruct the patient in an exercise program based upon his/her functional goals and life-style.

**Prerequisites**

Functional Anatomy; (1) Level I course or equivalent

**CME:**

The program anticipates being approved for 20 hours of AOA Category 1-A CME credit pending approval by the AOA CCME.

**Program Time Table:**

Friday, January 22.....8:00 am - 5:30 pm  
Saturday, January 23 .....8:00 am - 5:30 pm  
Sunday, January 24 .....8:00 am - 1:30 pm  
Friday & Saturday include (2) 15 minute breaks and a (1) hour lunch; Sunday includes a 30 minute break.

**Course Location:**

Midwestern University  
Arizona College of Osteopathic Medicine  
19555 North 59th Ave  
Glendale, AZ, 85308  
www.midwestern.edu

**Register Online at [http://www.academyofosteopathy.org/upcoming\\_courses](http://www.academyofosteopathy.org/upcoming_courses)**

**Registration Form  
Exercise Prescription  
January 22-24, 2010**

Name: \_\_\_\_\_

Nickname for Badge: \_\_\_\_\_

Street Address: \_\_\_\_\_

\_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Office Phone: \_\_\_\_\_ Fax: \_\_\_\_\_

E-Mail: \_\_\_\_\_

*By releasing your Fax/Email you have given the AAO permission to send marketing information regarding courses via fax or email.*

AOA#: \_\_\_\_\_ College/Yr Grad: \_\_\_\_\_

I require a vegetarian meal.

*The AAO makes every attempt to provide snacks/meals that will meet the participant's needs, but we cannot guarantee to satisfy all requests.*

**Registration Rates**

On or Before 12/22/09    After 12/22/09

AAO Members

Physician	\$680	\$780
Intern/Resident/Student	\$580	\$680

AAO Non-Member

Physician	\$780	\$880
Intern/Resident/Student	\$680	\$780

*Membership application can be completed online at [www.academyofosteopathy.org](http://www.academyofosteopathy.org).*

AAO accepts Check, Visa, Mastercard, or Discover

Credit Card # \_\_\_\_\_

Cardholder's Name \_\_\_\_\_

Date of Expiration \_\_\_\_\_

I hereby authorize the American Academy of Osteopathy® to charge the above credit card for the total course registration fee.

Signature \_\_\_\_\_

## AAO Represented at AOA Postdoctoral Training Meetings

Jennifer Taylor, MPH, AAO staff represented the Postdoctoral Standards and Evaluations committee at the AOA's Program and Trainee Review Council (PTRC) and Council on Postdoctoral Training (COPT). The AAO approved the PSE's recommendations for continuing approval of 4 residency programs as well as an increase in number of residency positions at one program. The PSE committee is hard at work revising the *Basic Standard in Postdoctoral Training* documents to meet the new uniform standard guidelines directed by the AOA.

## AOBNMM to Exam 48 in November

Melicien A. Tettabel, DO, FAAO, Chair of the AOBNMM Board reports there are 36 residents setting for the oral, practical and written exams on November 21-22, 2009 in Indianapolis, IN. Twelve physicians are scheduled to sit for the recertification exam. Dr. Tettabel and the members of the Certifying Board will participate in an item writing session on Friday just prior to their fall meeting.



# Pelvic Pain: Mechanisms and Evidence Based Diagnosis & Treatment

## March 15-16, 2010 in Colorado Springs, CO

**Course Description:**

The etiology of the lumbopelvic pain has received much attention in this century due to the prevalence and economic impact of this condition. Often, the focus of investigation and treatment has been on topographic anatomy with the goal being to identify the specific pain generating structure (i.e. disc, facet, ligament, muscle). This model has led to diagnoses that are tissue specific - iliolumbar ligament syndrome, piriformis muscle syndrome. When the faulty structure cannot be identified, diagnoses such as nonspecific low back pain and idiopathic soft tissue disorders are offered.

Recently the focus of research has switched from an anatomical to a functional emphasis. Consequently, a model of how load is transferred through the lumbopelvic region has developed and furthermore, proposals of how the system can break down emerged. Clinically, specific tests have been developed to evaluate the function of the lumbopelvic region paying less attention to pain and more to biomechanical principles. Treatment programs, including both manual medicine and exercise, follow this biomechanical model. In addition, psychological factors, emotional influences and the effect they have on motor control are receiving greater attention amongst practitioners. Recovery requires attention to both the physical and psychological ramifications of dysfunction. This course will address both.

**Presenting:**

Doris B. Newman, DO, Program Chairperson  
 Andry Vleeming, Clinical Anatomist, PhD  
 Frank H. Willard, PhD

**CME:**

The program anticipates being approved for 16 hours of AOA Category 1-A CME credit pending approval by the AOA CCME.

**Course Location:**

The Broadmoor  
 1 Lake Avenue  
 Colorado Springs, CO 80906

**Andry Vleeming, Clinical Anatomist, PhD**

Dr. Vleeming is the founder of the Spine and Joint Centre in Rotterdam, The Netherlands; a specialized clinic to treat patients with severe chronic spinal problems. Dr. Vleeming's anatomical and biomechanical research in the lumbopelvic region has been accepted worldwide and incorporated into rehabilitation programs for patients with lumbopelvic dysfunction. This research is the foundation for rehabilitation at the Spine and Joint Centre. In addition, he is the Chairman of the Interdisciplinary World Congress on Low Back and Pelvic Pain. To date, there have been six such congresses which have seen health professionals from all disciplines come together to discuss and develop future research ideas for a clearer understanding of function and dysfunction within the low back and pelvis. Dr. Vleeming has adapted the scientific research of this team into an evidence based clinical model for assessment and treatment of lumbopelvic dysfunction. The protocol for diagnosis and rehabilitation follows sound scientific principles.

**Frank H. Willard, PhD**

Dr. Willard is a professor in the Department of Anatomy at the University of New England College of Osteopathic Medicine. He has earned a Bachelor of Science in Zoology from the University of Maine and a PhD in Anatomy from the University of Vermont. He was elected Professor of the Year in 1993 at UNECOM and was elected to the Visiting Scholar list from the AAO in 1989. Presently Dr. Willard is a member of the Society of Neuroscience, Sigma Xi, International Society for Developmental Neuroscience; International Brain Research Organization; American College of Neuropsychiatrists and is an honorary member of the AAO and the Russian Osteopathic Association. Dr. Willard is the author of Medical Neuroanatomy; A Problem oriented Manual with Annotated Atlas and Nociception and the Neuroendocrine-Immune Connection.

**Registration Form**

**Pelvic Pain: Mechanisms and Evidence Based  
 Diagnosis & Treatment  
 March 15-16, 2010**

Name: \_\_\_\_\_

Nickname for Badge: \_\_\_\_\_

Street Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Office Phone: \_\_\_\_\_ Fax: \_\_\_\_\_

E-Mail: \_\_\_\_\_

*By releasing your Fax/Email you have given the AAO permission to send marketing information regarding courses via fax or email.*

AOA#: \_\_\_\_\_ College/Yr Grad: \_\_\_\_\_

Lunch on your own

**Registration Rates**

On or before 2/15/09    After 2/15/09    On-Site

AO Members

Physician-AAO member	\$685	\$780	\$830
Student/Intern/Resident	\$580	\$680	\$730
Physician-Non-Member	\$920	\$1,020	\$1,070

*Membership application can be completed online at  
[www.academyofosteopathy.org](http://www.academyofosteopathy.org).*

AAO accepts Check, Visa, Mastercard, or Discover

Credit Card # \_\_\_\_\_

Cardholder's Name \_\_\_\_\_

Date of Expiration \_\_\_\_\_

I hereby authorize the American Academy of Osteopathy® to charge the above credit card for the full course registration amount.

Signature \_\_\_\_\_