AAO members can now register for the AOA Convention

The AOA has opened registration and housing reservations for its 114th Annual Convention and Scientific Seminar scheduled for November 1-5 in New Orleans. The overall theme for this year’s event is The Road to Health Begins with Prevention. AAO members will find information via DO-Online http://www.do-online.org/index.cfm?au=D&PageId=conv_main. The information will also be printed in the Academy’s and AOA’s upcoming publications. Please be sure to REGISTER AS AN ACADEMY MEMBER since the AAO’s only revenue from the Convention accrues from attendees who check the AAO on their registration forms.

You may register ONLINE or by completing the registration form and sending it to the AOA. Hotel and travel information for the AOA Convention may be obtained by clicking HERE.

AAO Program Chairperson David C. Mason, DO has organized the AAO program around the theme “Osteopathic Foundations of Clinical Practice: Case Studies and Treatment.” More details about the AAO’s program at the AOA Convention can be found on page 8.

AAO offers osteopathic diagnosis and treatment education

Each year at the AOA convention, the American Academy of Osteopathy (AAO) offers its free osteopathic diagnosis and treatment education sessions to convention goers, including guests and exhibitors. These sessions are provided for educational purposes only. DOs from all specialties are invited to volunteer to provide care for the AAO program. The AAO welcomes osteopathic physicians who want to volunteer. One half-hour Category IA CME credit is given for each person the physician sees. The AAO prefers advance notice from osteopathic physicians who want to volunteer, but will accept on-site registration. For more information about this event, contact Diana Finley on site in New Orleans. Volunteers must have their own professional liability coverage. All sessions will be held in Room 213 of the New Orleans Convention Center. The dates and times of the sessions are as follows:

<table>
<thead>
<tr>
<th>Date</th>
<th>Monday, November 2</th>
<th>Tuesday, November 3</th>
<th>Wednesday, November 4</th>
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<tr>
<td>Time</td>
<td>9 am-noon</td>
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<td>3 pm-5 pm</td>
<td>2 pm-5 pm</td>
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Osteopathic specialty colleges and AOA certifying boards to meet in Chicago

Leaders of the osteopathic specialty colleges and the AOA certifying boards on Thursday, July 16, at 2:00 – 5:30 PM in the International Ballroom of the Fairmont Hotel, during the AOA Annual Business Meeting in Chicago. The purpose of the meeting is to discuss implementation of Osteopathic Continuous Certification (OCC) and the relationships between the certifying boards, specialty colleges, and the AOA, and if and how these relationships should be strengthened. The president, president-elect and executive director of each specialty college and the chair, chair-elect, and executive director of the certifying boards are encouraged to attend.

New opportunities for your 2009-2010 golden ram contributions

AAO Bookkeeper, Phyllis McNamara, has announced a convenient new opportunity for donating to the Golden Ram Society. Beginning July 1, 2009, you have the option of making a recurring monthly donation (of $100 or more). Ms McNamara hopes this available system will ease your ability to continue donating to the AAO. For additional information, contact Ms. McNamara at 317/879-1881 to set up your rolling donation today.
**AAO offers two-day pre-convention workshop on treating visceral problems**

The American Academy of Osteopathy (AAO) will be holding a two-day pre-convention workshop, October 31-November 1. The workshop, “Early Osteopathic Approaches to the Viscera,” will be conducted by Kenneth Lossing, DO, and qualifies for 16 hours of Category 1A CME credit. This course is designed for any osteopathic physician interested in treating visceral problems. Whether you have no experience or 25 years experience with the viscera, you are sure to learn a lot. Dr Lossing has been training, practicing and teaching visceral approaches for 25 years. During that time he has found approaches and techniques that are fast, easy to learn and achieve results for the patients. These approaches span from reCexes, Still techniques, Sutherland techniques, Cuid techniques and mechanical techniques. In this unique class, Dr. Lossing will try to cover palpation, diagnosis and treatment of all major visceral for the body in a short two-day format. This format has never been taught before. The combinations of styles allows for a simple, yet clinically profound experience.

The combinations of styles allows for a simple, yet clinically profound experience.

Course objectives:

1. To palpate, diagnose and treat the liver, stomach, esophagus, duodenum, small intestine, large intestine, spleen, kidney, lungs, pericardium, prostate, cervix, and bladder.
2. Diagnose visceral interactions with the cranial system.
3. Diagnose and treat visceral interactions with the spine

**Academy leaders convene**

President George J. Pasquarello, DO, FAAO will convene the members of the Academy’s Board of Trustees for their summer meeting on July 11-12 in Indianapolis, Indiana. This agenda is an important one for the conduct of routine Academy business, including the adoption of an operating budget for the 2009-2010 fiscal year.

The American Osteopathic Association’s Board of Trustees and House of Delegates will meet at the Fairmont Hotel, Chicago, Illinois. Dr. Pasquarello and Richard A. Feely, DO, FAAO will attend the Board of Trustees meeting July 14-16 and testify at reference committees where the AOA Board addresses its own agenda items in addition to considering the House resolutions. This permits the Academy’s leadership with a wonderful opportunity to have an influence on the AOA Board’s position on these matters prior to their being debated by the full House of Delegates.

Guy A. DeFeo, DO will serve as the Academy’s delegate to the AOA House of Delegates for the July 17-19 meeting. Four other Academy Officers/Trustees will be attending the House of Delegates as either delegates or alternates for their state organizations, including Dr. Pasquarello, Dr. Feely, Mark S. Cantieri, DO, FAAO and David Coffey, DO, FAAO. For the 16th consecutive year, the Academy will sponsor osteopathic education and treatment education workshops at the House of Delegates meeting on Friday afternoon and all day Saturday. Kenneth Nelson, DO, FAAO, has agreed to act as staff physician at this service. OD&TE Committee Chairperson Nate DeLisi, DO solicits volunteers from among Academy members who are delegates from their state societies. This is an excellent opportunity to promote the Academy and its issues with the profession’s political leadership. Diana Finley, CMP, Interim Executive Director will attend the AOA Board of Trustees meeting as well as the House of Delegates. Kelli Bowersox, BA will staff the ODTE Service.

**Members in the news**

Kenneth E. Webster, EdD, Executive Director for PCOMS (Pinellas County Osteopathic Medical Society) and HCOMS (Hillsborough County Osteopathic Medical Society) was presented with a Special Presidential Award for his 20+ years of service to the Hillsborough County Osteopathic Medical Society.

AAO members Thomas Crow, DO, FAAO and Conrad Speece, DO presented at the 54th Annual Florida Academy of Osteopathy Conference on May 1-3, 2009 at LECOM/Bradenton.

UAAO Member Jacquelin McGinnis Ryan of LECOM-Bradenton was honored by the Florida Academy of Osteopathy as “Student of the Year”. She also served as 2008-2009 President of the LECOM-Bradenton Chapter of the Undergraduate Academy of Osteopathy.

Congratulations to Kendi Hensel, DO, PhD, who recently earned her PhD in OMM Clinical Research and Education from the TCOM - University of North Texas Health Science Center. Dr. Hensel actually started the PhD work in January 2004 and her dissertation focused on acute effects of OMM on hemodynamic, autonomic and biomechanical measures in pregnant women at 30 weeks gestation.

Congratulations to William Garrity, DO, MPH completed his MPH in June and graduated with the distinction of Highest Honors. The highest honors designation is awarded to the graduates finishing in the top 3% of their class. Dr. Garrity graduated with a cumulative score of 4.0. The MPH program was part of the Nova Southeastern University College of Osteopathic Medicine curriculum. What makes this experience even more special is three of his four children all graduated within the past year. Douglas graduated with honors from Wentworth Institute of Technology as a Mechanical Engineer, Lauren graduated from a Dental Hygiene program and just passed her national boards. Heather graduated with honors from nursing school and practices in Dr. Garrity’s office.
In Memorial

Our deepest condolences to Boyd R. Buser, DO in the death of his father, Charles Lamoyne “Charlie” Buser, 88, of Columbus Junction, Iowa on June 14, 2009. ‘Charlie’ was born on March 12, 1921, in Conesville, IA. He married Ruth M. Walker on June 29, 1941, in Morning Sun.

He was a farmer in the Conesville area. Charlie served on the Peoples National Bank Board as a director for 28 years, Columbus Community School Board for six years, L.W. Farm Service Board for 10 years and was a member of the United Methodist Church in Columbus Junction and Lions Club.

He was an avid Hawkeye fan who enjoyed fishing with his sons, golfing, playing cards and having coffee with the happy farmers. Most of all, he loved to spend time with his family. Mr. Buser will be dearly missed by his wife, Ruth Buser of Columbus Junction; four sons, Lamoyne G. Buser and wife, Janice, of Conesville, Loren E. Buser of Cedar Falls, Raymond A. Buser and wife, Sally, of Fairfax, and Dr. Boyd R. Buser and wife, Pamela, of Pikeville, Kentucky; three daughters, Beverly R. Nielsen and husband, Steve, of Columbus Junction, Sandra J. Schatzberg of Waterloo and Susan J. Williams and husband, Rob, of Manson; son-in-law, Dr. Brian Fulton of Cherokee; 22 grandchildren; 29 great grandchildren; and three great-great-grandchildren.

Calendar of events

June 2009
June 3: PS&E Committee Meeting, 6:00 pm (EST) via teleconference
June 18-21: Cranial Academy Annual Conference, Hyatt Regency Bethesda, MD

July 2009
July 11-12: AAO Board of Trustees Meeting, Indianapolis, IN
July 14-16: AOA Board of Trustees Meeting, Chicago, IL
July 17-19: AOA House of Delegates, Chicago, IL
July 29: AOA Council on OPTI (COPTI), Chicago, IL
July 30: AOA Program and Trainee Review Council (PTRC), Chicago, IL
July 31-August 1: AOA Council on Postdoctoral Training (COPT), Chicago, IL

August 2009
August 7-8: Education Committee, Indianapolis, Indiana
August 21-24: OMT for Common Conditions: Diagnosis, Treatment and Payment, Orlando, FL

September 2009
September 9: PS&E Committee Meeting, 6:00 pm (EST) via teleconference
September 12-13: AOA Bureau of Osteopathic Education, Chicago, IL

October 2009
October 8-10: Prolotherapy Weekend, Biddeford, ME
October 15-18: AOA Program and Trainee Review Council (PTRC), Chicago, IL
October 30-31: AOA Council on Postdoctoral Training (COPT), Chicago, IL
October 31-November 1: Two-Day Pre-AOA Convention Hands-on Workshop: “Early Osteopathic Approaches to the Viscera”, New Orleans, LA

November 2009
November 1-3: AAO Program at the AOA Convention, New Orleans, LA
November 1-5: AOA 2009 Convention, New Orleans, LA
November 1: AAO Board of Trustees Meeting, New Orleans, LA
November 2: PS&E Committee Meeting, 6:30 am (CST) in New Orleans, LA
November 2: LBORC Committee meeting, 6:30 am (CST) in New Orleans, LA
November 2: Fellowship Committee meeting, 12:00 noon (CST) in New Orleans, LA
November: Education Committee meeting, 12:00 noon (CST) in New Orleans, LA

December 2009
December 5: AOA Bureau of Osteopathic Education, Chicago, IL

January 2010
January 22-24: Exercise Prescription, AZCOM in Glendale, AZ

February 2010
February 3: PSE Committee Telconference at 6:00 pm (EST)

March 2010
March 14-16: 3-Day Pre-Convocation Workshop with Dr. Lossing, Colorado Springs, CO
March 16: 1-Day Pre-Convocation Workshop with Dr. Vleeming, Colorado Springs, CO
March 17-21: AAO Convocation, Colorado Springs, CO
March 18: PSE Committee Meeting at 6:30 am (Mountain Time), Colorado Springs, CO
March 18: AOA Annual Business Meeting, Colorado Springs, CO

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**Education committee holds summer meeting**

John Hohner, DO, FAAO will convene the Education Committee at AAO headquarters on August 7-8. Highlights of the Committee’s agenda include: Planning for Continuing Medical Education Workshops 2010-2011, Osteopathic Maintenance of Certification, Fund Raising, Solicitation of third party grants/sponsorships, wrap-up of 2009 Convention and 2010 Convocation, discussion of 2010 Convention plus much more.

The Committee has received commitments from all 2009-2010 program chairpersons and will put the finishing touches on the 2009 calendar of CME courses at this meeting. The schedule for the next fiscal year includes the following:

<table>
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<tr>
<th>Date</th>
<th>Program</th>
<th>Location</th>
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<tbody>
<tr>
<td>August 21-24, 2009</td>
<td>OMT for Common Conditions: Diagnosis, Treatment and Payment</td>
<td>Contemporary Resort Orlando, FL</td>
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<td>Program Chair: Ann L. Habenicht, DO, FAAO</td>
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<tr>
<td>September 23-26, 2009</td>
<td>Manipulation Under Anesthesia</td>
<td>MUA Center of Broward Davie, FL</td>
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<td>Program Chair: Joel D. Stein, DO, FAAO, FAOASM, FACOFP</td>
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<tr>
<td>October 8-10, 2009</td>
<td>Prolotherapy Weekend Program Chair: Mark S. Cantieri, DO, FAAO</td>
<td>UNECOM Biddeford, ME</td>
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<tr>
<td>October 31- November 1, 2009</td>
<td>“Early Osteopathic Approaches to the Viscera”</td>
<td>New Orleans, LA</td>
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<td>Using principles and techniques from Still, Sutherland, and Chapman</td>
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<td></td>
<td>Program Chair: Kenneth J. Lossing, DO</td>
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<tr>
<td>November 1-3, 2009</td>
<td>AAO Program at the AOA Convention Program Chair: David C. Mason, DO</td>
<td>New Orleans, LA</td>
</tr>
<tr>
<td>January 22-24, 2010</td>
<td>Exercise Prescription - Greenman’s Method Program Chair: Brad S. Sandler, DO Featured Guest: Philip Greenman, DO, FAAO</td>
<td>AZCOM Glendale, AZ</td>
</tr>
<tr>
<td>March 14-16, 2010</td>
<td>3-Day Pre-Convocation Workshop Program Chair: Kenneth J. Lossing, DO</td>
<td>The Broadmoor Colorado Springs, CO</td>
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<tr>
<td>March 17-21, 2010</td>
<td>AAO Convocation</td>
<td>The Broadmoor Colorado Springs, CO</td>
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**Honolulu, Hawaii**

**FOR SALE**

**OMM and Osteopathic pain management Practice**

*(easily expanded into Family practice)*

Ideal solo practice, small office with low overhead. In Waikiki, close to Downtown, convenient to tourists and locals. One of America’s most desirable cities. Aside from offering the obvious, sunshine, surf, beach, trade winds, clean air, mountains, shorts and sandals year round… A place for optimal health. Very reasonable. Call or drop by 808-591-1346

*Paid Advertisement*
Over the years the LBORC has become a resource for the uniquely osteopathic research community. It has gone from a poorly recognized committee of the American Academy of Osteopathy to a small but professionally respected arm of the Academy and proponent of the profession’s distinctiveness. The LBORC has been involved as a participant in developing the conceptualization and realization of the Osteopathic Research Center, Osteopathic Manipulative Technique guidelines, Clinical Assessment Program, Pay for Performance program, the first Osteopathic specific research grade data collection instruments (the Validated paper SOAP note series); and the development of the Osteopathic e-SOAP, electronic research grade, captured encounter, data collection instrument. In keeping with the mission statements and vision statements of the American Academy of Osteopathy* (see below) and the American Osteopathic Association, the LBORC is continuing to work with educators, clinicians, and profession organizations to produce and retain high quality Osteopathic research data and help grow a research savvy professional community.

The eSOAP project, 11 years in the making, is a tool designed to do just that. It is scheduled for launch as a refined, stand alone, EHR styled instrument in late 2009. This instrument is specifically constructed to meet research reporting criteria and is intended to collect normative data on the traditional Doctor/Patient interaction while accumulating the personally de-identified data at the national level. Single office practitioners as well as students, residents and OPTI clinics, are anticipated to participate in the first physician sponsored, research grade, profession wide capable, data collection ever attempted that has no insurance/financial based bias. It will also output reportable insurance data, billing data, receipts and Rx data. Office management scheduling and other expansions have been planned and are in various stages of construction.

Along those lines, early in 2009, the LBORC requested, and was granted, permission of the American Osteopathic Association Council on Research to help standardize the research grant application process across the profession by utilizing the American Osteopathic Association Research Manual, Handbook and Grant application process. All these instruments have undergone significant revisions in the last few years and reflect a much needed NIH-like format. The three together make it possible for a new investigator to have a hand hold on Research to help standardize the research grant application process across the profession by utilizing the American Osteopathic Association Research Manual, Handbook and Grant application process. All these instruments have undergone significant revisions in the last few years and reflect a much needed NIH-like format. The three together make it possible for a new investigator to have a hand hold on the process of grant writing and submission. If one follows the manual guidelines, the only difficulty one may encounter will be the subject matter itself and the quality of science behind the design.

The LBORC will also help new investigators to understand and lend assistance to, addressing the IRB process. We have established relationships with the ORC and other funding agencies in the profession that can smooth the process of getting an individual’s idea from a “passing thought or observational curiosity” to a functioning grant.

Though the LBORC does have grant funding available on a limited basis for pilot studies, it has also grown into a community resource connecting people to assets both within and outside the profession. The committee is dedicated to helping individuals do research at low cost and has access to people who are research savvy. Even in these tight financial times when monies for research are extremely limited, the LBORC has been able to help would be researchers connect with resources that currently have funding to appropriate.

LBORC has grown up. It is here to help guide you toward answering your fundamentally osteopathic research questions. From in utero through pediatrics, to geriatrics and through end of life circumstances there is a great deal of work to be done. This profession can no longer be thought of as just about back pain and we have the scientific capability to prove it.

For more information please go to the AAO website (http://wwwacademyofostepathy.org/) and review our letter of introduction under the LBORC tab or the American Osteopathic Association research website for access to the professional standard in research applications (www.DO-Online.org), handbook (http://www.osteopathic.org/pdf/res_hndbk.pdf) and research policy manuals (http://www.do-online.org/pdf/res_policymanual.pdf).

LBORC: Meeting the goals of the Osteopathic Research Community and representing you through your Organization, The American Academy of Osteopathy.

Sincerely yours in Osteopathy,
Louisa Burns Osteopathic Research Committee

* Each asterisk on page 4 represents one of the key issues of the profession that the LBORC has addressed in its work. We, the committee members, thank you for the opportunity to serve.

MISSION STATEMENT
The Mission of the American Academy of Osteopathy is to teach, advocate, and research the science, art and philosophy of osteopathic medicine, emphasizing the integration of osteopathic principles, practices and manipulative treatment in patient care.

VISION STATEMENTS
• The AAO is a resource of educational excellence on osteopathy.
• The AAO serves the osteopathic medical profession as an advocate, resource and guide in policy making and standard setting.
• The AAO facilitates programs promoting collaborative efforts that further OPP/NMM research and training.
• The AAO provides a source for fellowship for those interested in OPP/NMM.
• The AAO fosters an environment of mentoring for physicians, physicians in training students of osteopathy.

LONG RANGE GOALS
1. To foster a measurable change in the training of osteopathic interns and residents that enables them to improve their skills and utilization of osteopathic manipulative medicine.
2. To advocate universal recognition of the separations of OMT procedures from Evaluation and Management (E/M) services as an osteopathic standard of care, and thus influence appropriate reimbursement policy.
3. To promote and participate in collaborative efforts to foster OPP/NMM research and research training.
4. To expand the Academy's role as a viable medical specialty organization that serves the needs of physicians interested in OPP and NMM/OMM.

LBORC’S CHARGES MET
The AAO Board of Trustees has identified research on the efficacy and outcomes of osteopathic manipulative medicine as a priority item and pledged to dedicate AAO resources to facilitate the profession-wide efforts to accomplish its research objectives. The Academy supports the work of its Louisa Burns Osteopathic Research Committee, membership composed of both clinicians and basic scientists who assume primary responsibility for the AAO’s research goals and action plans. AAO members also serve on the American Osteopathic Association’s Council on Research and Bureau of Osteopathic Clinical Education and Research and closely collaborate with the profession’s Osteopathic Research Center located at the University of North Texas Health Science Center, College of Osteopathic Medicine in Fort Worth.

The AAO Board of Governors approved the AAO 2008-2011 Strategic Plan on March 21, 2007. It includes the following goals for research: Increase the participation, visibility, and promotion of quality NMM/OMM research and research training.

• 3.1 Increase member involvement in conducting quality osteopathic research.
• 3.2 Identify, prioritize, and advocate for areas of greatest research need by March 2008.
• 3.3 Identify existing and new funding resources for NMM/OMM research.
• 3.4 Offer NMM/OMM research training opportunities annually.
• 3.4.1 Promote the creation of opportunities and mentorship within osteopathic medical schools and OPTIs to involve students and residents in osteopathic research.
• 3.5 Promote the availability of an osteopathic research database, which is easily accessible to AAO members, through the collaboration with other organizations.

AAO introduces a new course on MUA
The AAO is pleased to present a new course this fall. Manipulation Under Anesthesia will take place October 15-18, 2009 in Davie, Florida with Program Chairperson Joel D. Stein, DO, FAAO and guest faculty Michael Flicker, DO and James Padula, DO. This course will provide the attendee an understanding of indications, techniques and complications of MUA. It will also provide fundamental concepts of pain management from a multidisciplinary approach including non-pharmacological, pharmacological, interventional and surgical arenas. Preoperative, peri-operative and post-operative care will be presented in real-time monitoring. Since the manipulative techniques utilized on an anesthetized patient differ from those utilized in an awake patient, the course will focus on a manipulative procedural protocol for use during MUA.

Topics will be presented with discussion of patient selection including appropriate diagnoses, age, co-morbidities and medical management decisions. Appropriate physical therapy protocols for the post-procedure period will also be discussed.

The program anticipates being approved for 28 hours of AOA Category 1-A CME credit pending approval by the AOA CCME. For more information please view the course brochure or you may register ONLINE for Manipulation Under Anesthesia today.

Pikeville College School of Osteopathic Medicine

Assistant Professor, Department of Osteopathic Principles and Practice

This is a full time position. Applicants should have experience in academic and clinical medicine, be a member of the AOA, board certified by an AOA certifying board (AOBSPOMM or AOBNMM preferred), have a current unrestricted medical license and physically capable of performing the duties. The successful candidate will be responsible for teaching OPP/OMT to osteopathic medical students in the classroom, laboratory and clinical settings. Faculty rank and salary are commensurate with experience. Candidates should submit a letter of interest, curriculum vitae and the names of three references to: Laura Griffin, D.O., FAAO, at 147 Sycamore St., Pikeville, Kentucky 41501 or by e-mail to lgriffin@pc.edu.
Returns to
Walt Disney World® Resort
Disney’s Contemporary Resort
Lake Buena Vista, FL
August 21-24, 2009
OMT for Common Conditions: Diagnosis, Treatment and Payment

Excellent Review for Family Practice and Neuromusculoskeletal Medicine
Are you taking your AOBFP or AOBNMM Exam this fall? This 4-day hands-on workshop will not only boost your skills in osteopathic manipulative medicine, but it will also help you study for the practical portion of the AOBFP Exam or the AOBNMM Exam this fall. At the completion of this truly “osteopathic” weekend, you will be just “9” weeks away from the Family Practice Board Exam and “12” weeks away from the Neuromusculoskeletal Board Exam. Join Ann L. Habenicht, DO, FAAO, Judith A. O’Connell, DO, FAAO and Laura É. Griffin, DO, FAAO and practice hands-on OMT. Leave knowing you are ready for the upcoming exams!

This course was created so that YOU can include time with family at Walt Disney World® as well as earn “24” hours of Category 1A CME. Course hours begin on Friday, August 21, 2009 at 5:00 pm (to give you enough time to either fly in that morning or spend the day at one of the parks). Friday evening includes a light dinner. Saturday, Sunday and Monday hours begin at 6:30 am (with a CME breakfast lecture) and end at 1:30 pm to give you the rest of the day to enjoy Walt Disney World® Resort.

Are you coming alone and not interested in attending the parks? No problem, you will have plenty of time to rest and relax at the pool as well as enjoy some of the finest dining in the world. Walt Disney World® Resort in Orlando has so much to offer ALL attendees!

This “hands-on” course will include
One evening of rapid diagnostic procedures for areas of somatic dysfunction.
Mornings will be spent learning techniques that are based on restrictions of joints, muscles and fascia.
Additional techniques will be utilized to treat common clinical conditions in a busy Family Practice. Topics will include, but not limited to: Headache, ENT problems, Whiplash, Carpal Tunnel, Epicondylitis, LBP- Psoas/piriformis, Sacroiliac pain, COPD, Rib dysfunctions, foot/ankle pain.

Who Should Attend?
Physicians taking the AOBFP and AOBNMM Boards (excellent study tool).
Physicians and physicians-in-training looking for different osteopathic manipulative techniques to treat your patients.
Those Physicians seeking time efficient techniques for the busy office.
Physicians who want a quick anatomy review and review of the basis of several technique modalities.
Physicians wanting new techniques and exercises for their patients of all ages.
Physicians who want to maximize their reimbursement for their time and treatments.
Physicians who want to learn new methods yet have quality time with their families.

Hotel Information:
Disney’s Contemporary Resort
4600 World Wide Drive
Lake Buena Vista, FL 32830
1-407-824-3869 (Group Reservation line)
Reservation Deadline: July 22, 2009
Room Rate: $159.00 single/double
Additional $25 per person (18 yrs or older)
(Identify yourself as attending the American Academy of Osteopathy’s Conference)

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<tr>
<td>Resident/Student</td>
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© Disney
PAAO update

PAAO Chair, Stacey Pierce Talsma, DO sent a monthly update out to all PAAO members. Highlights included:

The listserv and PAAO forum is up and running. The listserv allows me to email all PAAO members and keep you connected and up to date. The forum allows you the members to discuss hot topics, pose questions to other members and keep in contact with colleagues across the country. Many members of the PAAO were not able to be added to the listserv or membership so that they may access the forum. If you have a colleague who is a PAAO member who did not receive the PAAO update, or cannot access the listserv, it is probably because the AAO does not have their email address. They can update their information by contacting Kelli Bowersox atkbowersox@academyofosteopathy.org.

They have also been working hard at membership, and attracting UAAO members to the PAAO in order to have a greater impact within the AAO and offer more benefits to PAAO members.

They have many other projects in the works including:
• The PAAO Facebook page
• Resident of the Year Award
• Better representation at the AAO Convocation
• A social event for the PAAO members at Convocation
• Continuing better communication efforts among all interns and residents
• Adding more to the PAAO website including:
  • A tab for research where residents may update members on the types of projects going on around the country
  • A tab for CME offered by different courses such as SCTF, Cranial Academy, Biodynamics etc, so that there will be ONE place residents can look to find out course dates and times

The PAAO is looking for members to become ambassadors to the UAAO. If you are at a program that is connected to one of the COM schools and are interested in helping, please contact Stacey Pierce-Talsma DO at PAAOChair@academyofosteopathy.org. Duties are simply to attend one UAAO meeting a year and inform them of what the PAAO is, what we offer, and why they would want to join. The ambassador will help UAAO members understand that as they graduate and move into postgraduate training we can provide their link to the AAO. We are looking to strengthen the collaboration between the UAAO and the PAAO and stand strong together on student and resident issues.

If you have any questions, comments or concerns, please do not hesitate to contact Stacey Pierce-Talsma DO at PAAOChair@academyofosteopathy.org. Please put some kind of heading regarding PAAO in your email to eliminate it being identified as spam.

The “Red Flags” rule: What health care providers need to know about complying with new requirements for fighting identity theft

As many as nine million Americans have their identities stolen each year. The crime takes many forms. But when identity theft involves health care, the consequences can be particularly severe. Medical identity theft happens when a person seeks health care using someone else’s name or insurance information. A survey conducted by the Federal Trade Commission (FTC) found that close to 5% of identity theft victims have experienced some form of medical identity theft. Victims may find their benefits exhausted or face potentially life-threatening consequences due to inaccuracies in their medical records. The cost to health care providers — left with unpaid bills racked up by scam artists — can be staggering, too.

The Red Flags Rule, a law the FTC will begin to enforce on August 1, 2009, requires certain businesses and organizations — including many doctors’ offices, hospitals, and other health care providers — to develop a written program to spot the warning signs — or “red flags” — of identity theft.

Every health care organization and practice must review its billing and payment procedures to determine if it’s covered by the Red Flags Rule. Whether the law applies to you isn’t based on your status as a health care provider, but rather on whether your activities fall within the law’s definition of two key terms: “creditor” and “covered account.”

Health care providers may be subject to the Rule if they are “creditors.” The law defines “creditor” to include any entity that regularly defers payments for goods or services or arranges for the extension of credit. For example, you are a creditor if you regularly bill patients after the completion of services, including for the remainder of medical fees not reimbursed by insurance. Similarly, health care providers who regularly allow patients to set up payment plans after services have been rendered are creditors under the Rule. Health care providers are also considered creditors if they help patients get credit from other sources — for example, if they distribute and process applications for credit accounts tailored to the health care industry.

On the other hand, health care providers who require payment before or at the time of service are not creditors under the Red Flags Rule. In addition, if you accept only direct payment from Medicaid or similar programs where the patient has no responsibility for the fees, you are not a creditor. Simply accepting credit cards as a form of payment at the time of service does not make you a creditor under the Rule.

For the rest of this article, please visit: http://www.ftc.gov/bcp/edu/pubs/articles/art11.shtm.
The American Academy of Osteopathy is pleased to present…

Prolotherapy Weekend

For all Levels and Experience
October 8-10, 2009
University of New England College of Osteopathic Medicine
11 Hills Beach Road
Biddeford, ME 04005
www.une.edu

Featuring Course Faculty: Mark S. Cantieri, DO, FAAO and George J. Pasquarello, DO, FAAO

Prolotherapy ("Proliferative Injection Therapy") involves injecting an otherwise non-pharmacological and non-active irritant solution into the body, generally in the region of tendons or ligaments for the purpose of strengthening weakened connective tissue and alleviating musculoskeletal pain.

Course Benefits: After participating in this educational weekend, physicians will be able to understand the basic concepts of prolotherapy, wound healing, degenerative postural cascade, coding and billing as well as learn and practice prolotherapy injection techniques.

Courses Outline:
Thursday, Oct 8: This will be required for those physicians who have not taken a prior course in prolotherapy. It will include an introduction to prolotherapy, wound healing, degenerative postural cascade, coding and billing.
Friday and Saturday, Oct 9-10: Participants will be divided into two groups, beginners and advanced. These two groups will alternate between lectures and anatomy and injection technique while the other group will be in the anatomy lab performing injections under supervision and reviewing prosections.

CME: The program anticipates being approved for 20 hours of AOA Category 1-A CME credit pending approval by the AOA CCME.

For additional information contact the AAO Office at (317) 879-1881.

Dear Colleague,

The American Academy of Osteopathy is presenting a course on August 21-24, 2009 that will be very helpful to family physicians and OMM residents who are sitting for the respective boards. This workshop will not only increase your skills in osteopathic manipulative medicine, but it will also help you study for the practical portion of the AOBFP exam or the AOBNMM Board exam.

The great thing about this course is the fact that it is only a few weeks prior to the exams. In this four-day course, you will have one evening of didactics and learning coding skills so you can get paid for what you do! The mornings will be spent learning rapid diagnostic procedures for areas of somatic dysfunction and a variety of techniques to treat common clinical conditions found in a busy Family Practice. Topics will include, but not limited to: Headache, ENT problems, Whiplash, Carpal Tunnel, Epicondylitis, LBP- Psoas/ piriiformis, Sacroiliac pain, COPD, Rib dysfunctions, and foot/ankle pain.

Thinking about a vacation? This course will fit the bill there as well. You can join your family at 1:30 pm three out of the four days to visit the parks, relax pool side, dine at the finest restaurants, shop the many Disney stores available or simply relax and enjoy yourself away from your daily routine. Come on, you know you want to join us! Do you have children? Mickey and friends are waiting just for you!

To register, you may complete the attached brochure and return to the AAO or you can register online at www.academyofosteopathy.org. Registering now will save you $$, so don’t delay…

I look forward to welcoming you to Disney and the first board review in two years!

Sincerely,

Ann L. Habenicht, DO, FAAO
Program Chair

P.S. Do you need AAFP credits? This program will give you AOA 1A and AAFP credits!
Component society calendar of upcoming events

July 2-6, 2009
Osteopathy in the Cranial Field
South Pointe Hospital,
Warrensille Heights, OH 44122
Contact SCTF, Judy Staser
P: 1-817-926-7705
JHS4116@sbcglobal.net

July 9-12, 2009
Interventional Pain Management Course
West Virginia School of Osteopathic Medicine
Philip F. Fisher, DO, PhD, Course Director
American Osteopathic College of Physical Medicine & Rehabilitation
http://aocpmr.squarespace.com

August 7-9, 2009
The Pennsylvania Osteopathic Family Physicians Society's
Thirty-fourth Annual Convention
Hershey Lodge and Convention Center
Hershey, PA
20 hours of Category 1A AOA CME credits are anticipated.
For more information visit www.poma.org
Contact Mario E.J. Lanni, POFPS Executive Director
1(717) 939-9318 or (800) 544-7662
Fax (717) 939-7255
pofps@poma.org

August 28 - 30, 2009
Annual Seminar: “The Dynamics of the Fluid Body”
21 hours category 1-A CME credit anticipated, pending approval by AOA CCME
Radisson Hotel Carmel
Indianapolis, IN
Sponsor: Indiana Academy of Osteopathy
Co-Sponsor: Indiana Osteopathic Association
Contact: IAO, 3520 Guion Road, Suite 202,
Indianapolis, IN 4622
P: (800) 942-0501 or (317) 926-3009

September 11-13, 2009
Foma Mid Year Seminar
Grand Hyatt Tampa Bay
Tampa, FL
800-226-3662
http://www.foma.org/

October 16-18, 2009
An Osteopathic Approach to the First Two Months of Life
UNECOM
Biddedford, ME
Contact SCTF, Judy Staser
P: 1-817-926-7705
JHS4116@sbcglobal.net

AAO program at the AOA Convention

Monday, November 2, 2009
8:00-9:00: AOA Keynote Speaker
10:10: Welcome and Introductions George J. Pasquarello, FAAO, President and David C. Mason, DO, Program Chairperson
10:15-10:45: Pediatric OMM Case of Colic and Irritability
Jane E. Carreiro, DO
10:45-11:15: Osteopathic Case Based Approach to Asthma in Children. Ali Carine, DO
11:15-12:15: Pediatric OMM in Patients with Colic and Asthma (OMT Lab). Ali M. Carine, DO and Jane E. Carreiro, DO
12:15-1:15: Thomas L. Northup, DO Memorial Lecture
Kenneth H. Johnson, DO, FAAO
1:15-2:30: Alumni Luncheons
2:30-3:00: Pharmaceutical Update
3:00-4:00: Osteopathic Evaluation of Balance in the Elderly: A Case Based approach. Michael L. Kuchera, DO, FAAO
4:00-5:00: Osteopathic Evaluation of Balance in the Elderly (OMT Lab). Michael L. Kuchera, DO, FAAO

Tuesday, November 3, 2009
10:15-10:45: A Case of Dizziness: An Osteopathic Perspective
Harriet H. Shaw, DO
10:45-11:15: An Osteopathic ENT Evaluation for a Case of Ear Pain
Michael B. Shaw, DO
11:15-12:00: Hands On Evaluation and Treatment for Head and Neck Disorders (OMT Lab). Harriet H. Shaw, DO, Michael B. Shaw, DO, Michael L. Kuchera, DO, FAAO
12:00-1:30: Lunch Break
1:30-2:15: Osteopathic Treatment of Cough/SOB due to CHF
Brian E. Kaufman, DO
2:15-3:00: Patient presentation of SOB/ Fever/Cough an Osteopathic Pulmonary Approach. William M. Foley, DO
3:00-4:30: Hands on OMT For Patients with Cardio/Pulmonary Disease (OMT Lab). Brian E. Kaufman, DO and William M. Foley, DO

Wednesday, November 4, 2009
8:00-9:00: EMR Data Capture for OMT eSoap. Bryan Larson, PhD
Co-Sponsor: American Osteopathic Association of Medical Informatics
9:00-9:45: A Case Presentation of Pregnancy and LBP. Melicien A. Tettambel, DO, FAAO. Co-Sponsor: American College of Osteopathic Obstetricians and Gynecologists
10:30-12:00: Hands On OMT workshop for OB/GYN Patients
Melicien A. Tettambel, DO, FAAO and Kendi L. Hensel, DO
12:00-1:30: Lunch Break
Co-Sponsor: American Osteopathic Academy of Sports Medicine
Anne L. Kempf, D.O., president, announced that the Indiana Academy of Osteopathy (IAO) will hold its Annual Seminar, August 28 - 30, 2009, at the Radisson Hotel Indianapolis Carmel. 21 hours of AOA category 1-A credit will be offered.

James S. Jealous, D.O., will be the course director. Dr. Jealous is a 1970 graduate of A. T. Still University Kirksville College of Osteopathic Medicine. He is the recipient of four major awards for excellence in osteopathy. Dr. Jealous is the developer and founder of the Biodynamics of Osteopathy. Additional faculty will include Charles A. Beck, Jr., D.O. Dr. Beck is a 2004 graduate of Pikeville College School of Osteopathic Medicine (PCSOM). He is one of the original three teaching fellows from PCSOM, having spent an extra year studying manipulation under Edward G. Stiles, D.O., FAAO. Dr. Beck is currently a registered osteopath in New Zealand and a member of the PAAO, ABHM, ISOP and The Cranial Academy.

Book your room early! The Radisson’s address is 251 Pennsylvania Parkway, Indianapolis, IN 46280. Make your reservations by calling the hotel directly at (317) 574-4600. Room rates are $82.00 per night single or double until July 27. A 1:30 p.m. check-out time has been arranged for the last day, August 30, to accommodate the seminar’s ending time of 12:30 p.m. Be sure to mention the IAO Annual Seminar to receive these rates. If unable to reserve a room, call the IAO for other options.

Table Training will be an integral part of the seminar. Ample time will be provided for questions and answers throughout the seminar. This is intended to be as practical and useful as possible.

Lunch is included for registered physicians on Friday and Saturday. Vegetarian meals are available too. (Please indicate whether or not vegetarian meals are preferred on your registration form.)

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### IAO ANNUAL SEMINAR
**AUGUST 28 - 30, 2009**

#### REGISTRATION FORM

<table>
<thead>
<tr>
<th>Name (indicate first and last for name badges)</th>
<th>Degree</th>
<th>AOA Member Number</th>
</tr>
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<tbody>
<tr>
<td>Mailing Address (indicate G office or G residence)</td>
<td>City</td>
<td>State</td>
</tr>
<tr>
<td>Telephone Number (indicate G office or G residence)</td>
<td>Medical College</td>
<td>Year of Graduation</td>
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</tbody>
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**REGISTRATION FEES** (circle appropriate fee)

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<th>Before July 31, 2009</th>
<th>After July 31, 2009</th>
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<tbody>
<tr>
<td>Non Member</td>
<td>$500</td>
<td>$550</td>
</tr>
<tr>
<td>Member (Indiana Academy)</td>
<td>$450</td>
<td>$500</td>
</tr>
<tr>
<td>Fellows/Residents/Interns</td>
<td>$250</td>
<td>$275</td>
</tr>
</tbody>
</table>

We regret that medical students may not register for this seminar. No more than four (4) fellows/residents/interns may register for this seminar. The remaining registrants must be practicing physicians and they will pay full tuition.

9 Check (made payable to IAO) enclosed.

*Lunch is included for all registrants. Please Tick this box 9 if you would prefer vegetarian meals.*

**CANCELLATIONS & REFUNDS:**
The IAO must receive notice of cancellations by July 31, 2009, to grant full refunds. Cancellations received after July 31 are subject to a 5% service fee. After August 21, 2009, all cancellations are subject to a 25% service fee.

**MAIL REGISTRATION FORM WITH PAYMENT TO:**
IAO, 3520 Guion Road, Suite 202, Indianapolis, IN 46222

**QUESTIONS?**
Call (317) 926-3009 or (800) 942-0501.

**SPECIAL NEEDS?**
Contact the IAO before July 27, if possible.
CMS billing deadline changes

The Centers for Medicare and Medicaid Services (CMS) has shortened the time frame from 27 months to 30 days under which physicians can bill retroactively for services after successful enrollment or re-enrollment in Medicare. Thirty days also is the time frame for doctors to notify their contractors of reportable events such as a change in practice location, change in ownership, and final adverse action (i.e., suspension or revocation of license). The new timeline comes as a result of the 2009 Medicare physician fee schedule final rule which implemented several changes to the enrollment policy. The AOA, along with the AMA and other physician associations opposed the changes, noting that the changes would do more to aggravate enrollment challenges that already exist. Physicians have long complained that the enrollment process already is too cumbersome, time-consuming, and administratively burdensome. The effective date for billing privileges for physicians is the later of the date of filing of a Medicare enrollment application that was subsequently approved by a Medicare contractor or the date an enrolled physician first began furnishing services at a new practice location.

Physicians and non-physician practitioners can apply for enrollment in the Medicare program or make a change in their enrollment information using either of the paper-enrollment application process (CMS-855I or CMS-855R) or the Internet-based Provider Enrollment, Chain and Ownership System (PECOS). The agency hopes that PECOS will help streamline the process and alleviate burdens related to the paper-based process. For instructions on how to use PECOS, go to the CMS Web site. For additional information, the AOA has released a guide to help physicians with enrollment changes. To view the guide, please visit http://www.do-online.org/index.cfm?PageID=gov_enrollmentProcessGuide.

Effect of craniosacral therapy on lower urinary tract signs and symptoms in multiple sclerosis


Abstract
To examine whether craniosacral therapy improves lower urinary tract symptoms of multiple sclerosis (MS) patients. A prospective cohort study. Out-patient clinic of multiple sclerosis center in a referral medical center. Hands on craniosacral therapy (CST). Change in lower urinary tract symptoms, post voiding residual volume and quality of life. Patients from our multiple sclerosis clinic were assessed before and after craniosacral therapy. Evaluation included neurological examination, disability status determination, ultrasonographic post voiding residual volume estimation and questionnaires regarding lower urinary tract symptoms and quality of life. Twentyeight patients met eligibility criteria and were included in this study. Comparison of post voiding residual volume, lower urinary tract symptoms and quality of life before and after craniosacral therapy revealed a significant improvement (0.001 > p > 0.0001). CST was found to be an effective means for treating lower urinary tract symptoms and improving quality of life in MS patients.

7th Interdisciplinary World Congress on Low Back & Pelvic Pain -
Call for papers

Balanced Solutions: Effective Implementation of Evidence Based Research November 9 - 12, 2010
Hyatt Regency Century Plaza Los Angeles, CA, USA

Call For Papers: We would like to invite you to join us in Los Angeles, CA, USA for the 7th Interdisciplinary World Congress on Low Back & Pelvic Pain.

The instructions for the call for papers are available now on the conference website at www.worldcongresslbp.com. This international interdisciplinary congress welcomes practitioners, academics, researchers, and policymakers from the fields of medicine; orthopaedics, physiotherapy, osteopathy, chiropractic, manual therapy, exercise therapy, rehabilitation medicine, pediatrists, sports medicine, myotherapy and neurosurgery. Held every three years since 1992, this multidisciplinary conference attracts over 1000 participants from all over the world.

To submit an abstract visit the conference website at www.worldcongresslbp.com.

For More Information:
University of California, San Diego School of Medicine
Continuing Medical Education
9500 Gilman Drive, MC0617 La Jolla, CA 92093-0617 USA
Telephone: (858) 534-3940 Toll-free: (888) 229-6263 (within US) Fax: (858) 534-7672
E-mail: ocme@ucsd.edu Website: http://cme.ucsd.edu

In Cooperation With: University of California, San Diego Spine and Joint Centre, the Netherlands US Spine & Sport Foundation Rehabilitation Institute of Chicago Program Chairmen: Andry Vleeming, Vert Mooney & Colleen Fitzgerald

Program Chairmen: Andry Vleeming, Vert Mooney & Colleen Fitzgerald

Scientific Committee: Andry Vleeming, Vert Mooney, Colleen Fitzgerald, Jaap van Dieën, Maurits van Tulder, Robert Schleip, Leon Chaitow, Mel Cusi, Paul Chek, Diane Lee, Paul Hodges, Peter O’Sullivan and Paul Watson

To view a PDF of this information, please visit www.academyofosteopathy.org/CME/Call.for.Papers.pdf