

The Incredible 5 Point Scale

5

Hurting touch. This touch is against the law. This touch is mean touch and is scary and hurtful. You will get in trouble for this kind of touch.

4

Threatening touch. This touch does not actually hurt, but it will make another person *think* you are mad even if you are not. Always explain yourself to the other person for this kind of touch. You will get in trouble for this kind of touch.

3

Startling touch. This touch might startle another person. When you accidentally bump into someone, it is probably a 3. Saying “excuse me” or “I’m sorry” usually helps the other person understand.

2

Friendly touch. This would be the kind of touch that everyone knows is friendly, like shaking hands or giving high-fives. Be sure the other person knows you are going to use touch, or your friendly touch may turn out to be a 3.

1

No touch at all. If you are having trouble with touch, this is a good place to be while you are learning about how and when it is OK to touch other people.