

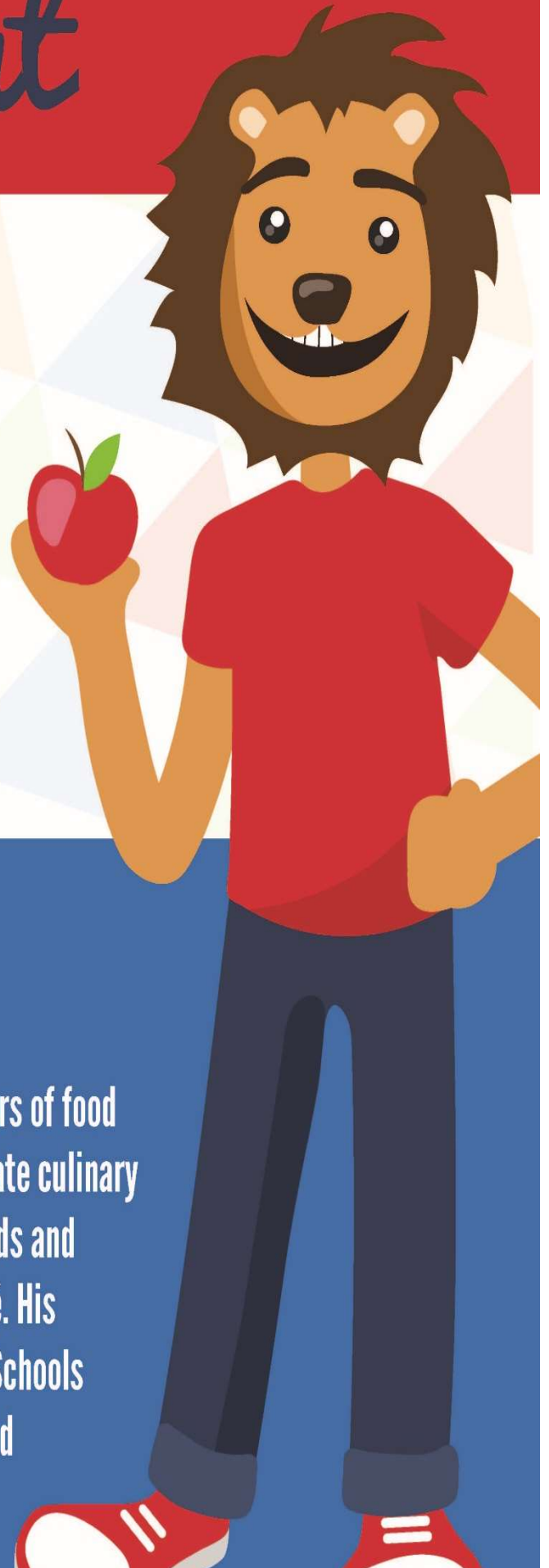
Meet

THEO, SYDNEY, & AVA

our nutrition and wellness team!

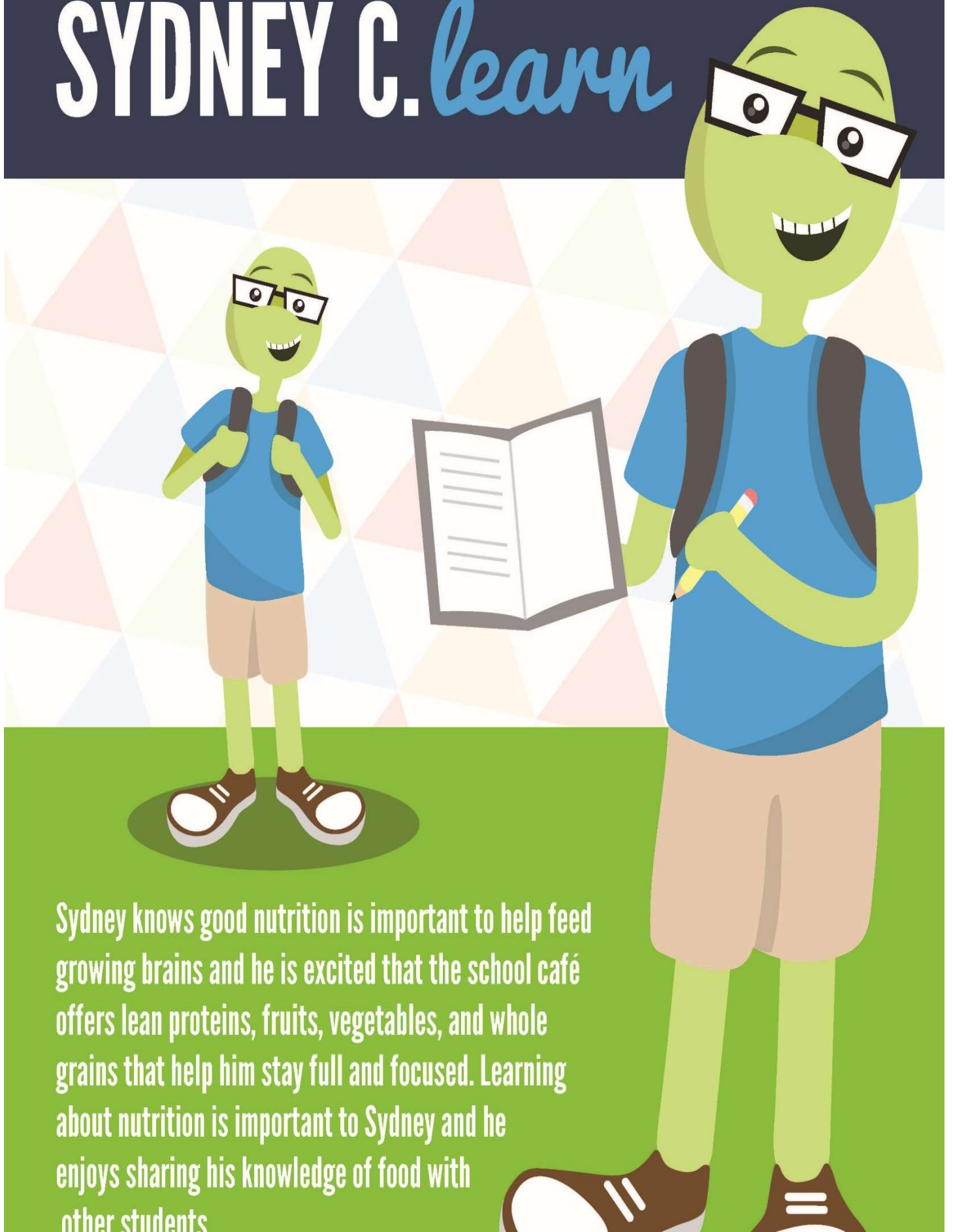


THEODORE *eat*



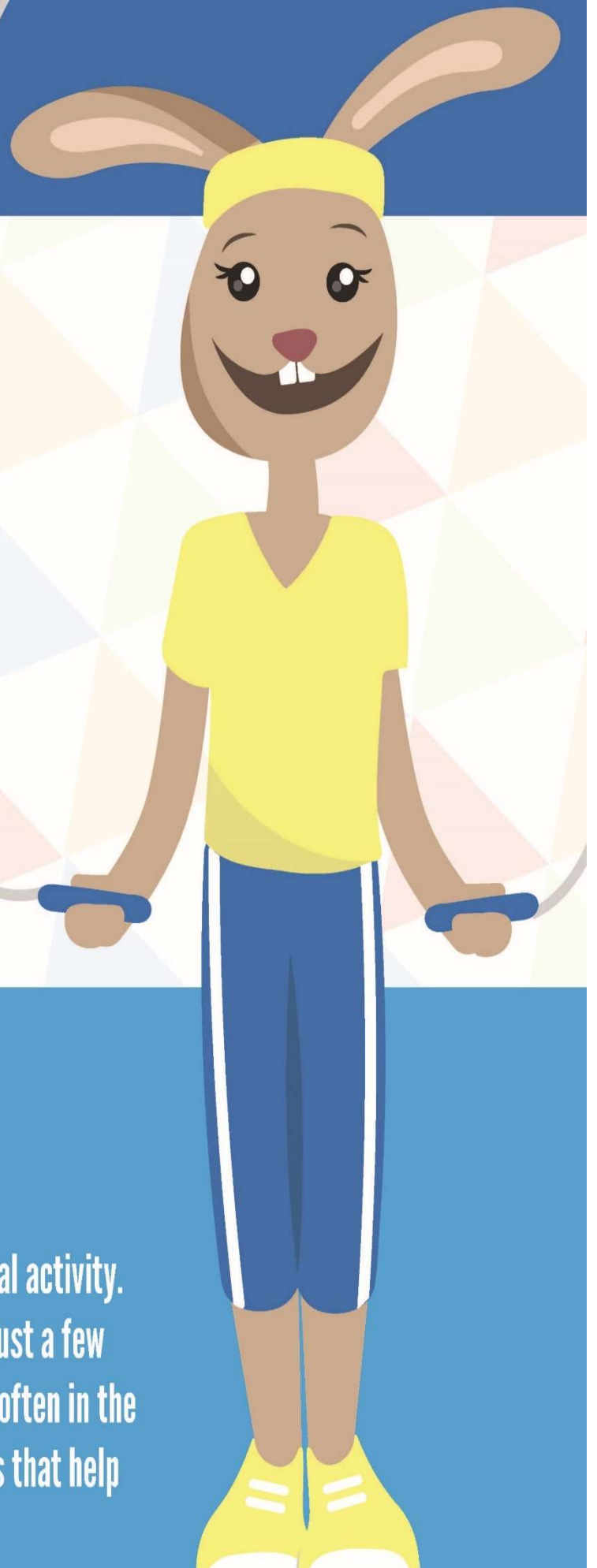
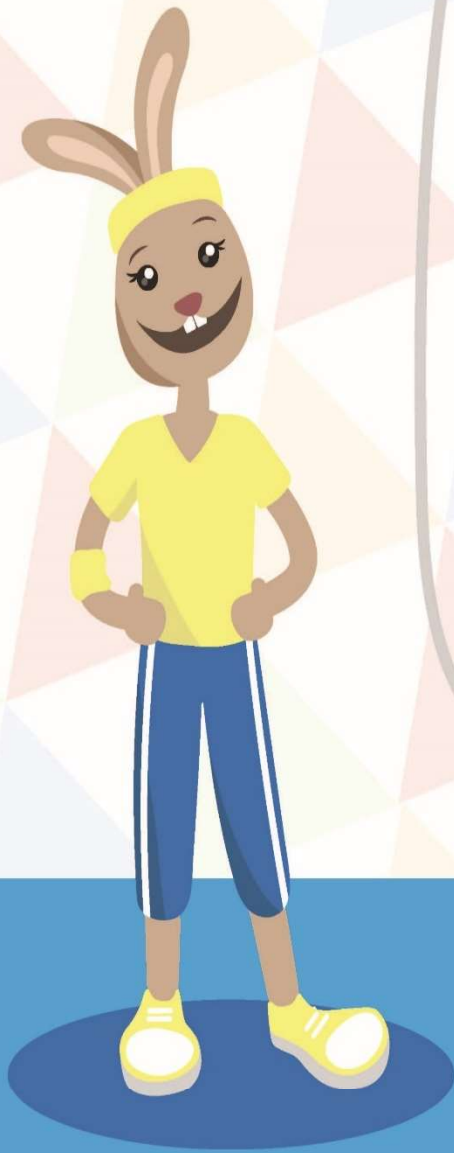
Theo is inspired by exploring the endless flavors of food and educating kids about how easy it is to create culinary magic! He encourages everyone to try new foods and enjoys the variety of choices in his school café. His favorite days are when chefs from the Chefs2Schools program visit the café to share new recipes and cooking tips.

SYDNEY C. *learn*



Sydney knows good nutrition is important to help feed growing brains and he is excited that the school café offers lean proteins, fruits, vegetables, and whole grains that help him stay full and focused. Learning about nutrition is important to Sydney and he enjoys sharing his knowledge of food with other students

AVA *live*



Ava loves sharing her passion for physical activity. Playing sports, hiking, and dancing are just a few ways she keeps her body moving. She is often in the café reminding students to choose foods that help fuel active lifestyles.