

Excellence
Everyday, That's
The Panther Way!



September 15, 2017
Volume 8

Metropolitan School District of Warren Township



The Pride

Pleasant Run Elementary School
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Indianapolis, IN 46219
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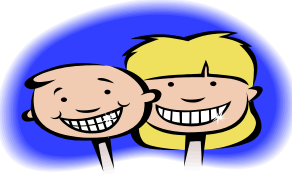
Civility
Order
Respect
Excellence
...the Pathway to 2025



Important Dates

SEPTEMBER 2017	
Picture Day	18
School Board Mtg	20
NO SCHOOL P/T CONF.	10/3

Picture Day 9/18



Pleasant Run Families:

Please remember that Monday September 18th is the exclusion date for those students that are in noncompliance with immunizations. Our nursing staff has been working very diligently to notify families, previous schools, CHIRP, and/or the student's health care providers. **We must have your students updated immunization records, or an appointment date for getting their updated immunizations by Monday.**

Thank you in advance for assisting with this process!
You may also find some helpful links below:

http://www.oakdale.k12.ca.us/cms/page_view?d=x&piid=&vpid=1391596408603

<http://www.lpssonline.com/site5521.php>

Enjoy your weekend!
Mr. Koomler

STUDENTS CAN ONLY BRING FOOD ITEMS FROM HOME IF THEY BRING THEIR ENTIRE LUNCH AND ARE NOT GETTING A SCHOOL LUNCH.



BREAKFAST & LUNCH MENUS for the week of Sept. 18– 22



	Monday	Tuesday	Wednesday	Thursday	Friday
BREAKFAST Universal Breakfast	Crunchmania Apple Juice Raisins	Pillsbury Frudel Apple Raisins	Sausage Pancake on stick Banana Raisins	Pop Tart Fruit Punch Raisins	Banana Choc. Chunk Bar Apple slices raisins
LUNCH FOOD BAR DAILY	Choice of: A. Chicken Parmesan/spaghetti B. Cheese Quesadilla Peas Fruit & Veggie Bar	Choice of: A. Chili cheese dog B. BBQ Chicken Sandwich Baked fries Fruit & Veggie Bar	Choice of: A. Chicken Fried Brown Rice B. Bosco sticks/sauce Broccoli Fruit & Veggie Bar	Choice of: A. Chicken Tenders B. Cheeseburger Carrot fries Fruit & Veggie Bar	Choice of: A. Pepperoni Pizza B. Fish Sandwich Steamed corn Fruit & Veggie Bar

September 15, 2017

Dear Parents, Guardians and Students,

The Indiana State Department of Health and the Indiana Department of Education have asked that school systems provide important information to parents and guardians of students about pertussis (whooping cough) and the vaccines available to prevent this serious illness.

Pertussis is a highly contagious respiratory infection caused by the bacteria *Bordetella pertussis*. Pertussis is spread by droplets created when an infected person coughs or sneezes. Infants and young children are usually vaccinated against pertussis, but the vaccine becomes less effective as children get older, and vaccinated children can become infected.

Pertussis causes severe coughing fits that can persist for weeks or months. During a coughing fit, the infected person may be short of breath. The coughing fit may be followed by vomiting and exhaustion. Young infants are at highest risk for developing complications from the disease like pneumonia, seizures, and death.

Teens and adults who received the pertussis vaccine when they were younger might have milder disease if they get sick with pertussis, but they can still spread it to others. The United States Centers for Disease Control and Prevention (CDC) recommends a pertussis vaccine (Tdap) for all 11-18 year old children. The Tdap vaccine, which protects against tetanus and diphtheria, as well as pertussis, can be given regardless of the time since receiving a regular tetanus booster (Td). CDC also recommends a dose of Tdap vaccine for all adults up to 65 years of age, and for adults 65 and older who have close contact with infants. Adults should talk to their healthcare provider about receiving a Tdap booster.

The Tdap vaccine is required for all students in grades 6-12. Please talk with your child's healthcare provider about the Tdap vaccine. Additional resources for families to obtain information about pertussis disease include the following websites:

The Indiana State Department of Health <http://www.in.gov/isdh/files/PertussisQF2011.pdf>

The Centers for Disease Control and Prevention <http://www.cdc.gov/vaccines/vpd-vac/pertussis/default.htm>

Sincerely,

Mrs. Wagner RN

School Nurse

Pleasant Run Elementary School

Are you 18 or Older with a Child between
Ages 2 and 8?
Earn \$150 in Target Gift Cards

Primordial Prevention Program

Seeking parents and children for a research study aimed at
preventing Type 2 Diabetes in children!

Eligible families must contain at least one parent AND child while
meeting one of the following criteria:

Child's mother had gestational diabetes (high blood sugar) during pregnancy

Child weighed 9 pounds or more at birth

One of child's biological parents has been diagnosed with pre-diabetes

One of the child's biological parents has been diagnosed as overweight or
obese

Call 317-278-5545 to see if you are eligible

RICHARD M. FAIRBANKS
SCHOOL OF PUBLIC HEALTH