

Information & Consent for Scaling & Root Planing for Periodontal Treatment

Steve Douglas DDS has examined me and advised me that I have periodontal disease. I understand that periodontal disease is a gum infection that weakens the support of my teeth by separating the gums from the teeth. The pockets caused by this separation allow for greater accumulation of plaque bacteria under the gum, which calcify deep on the root. The progressive accumulation of soft plaque and calculus causes further loss of bone supporting the teeth.

The treatment recommended by Steve Douglas DDS is scaling and root planing. This procedure involves deep cleaning of the plaque and calculus from the root surfaces in the pocket, and smoothing the root to remove toxic bacterial products. Local anesthetic is often used to perform this treatment.

In order for this treatment to be successful, I understand that I must maintain good oral hygiene and have regular periodontal maintenance care which will necessitate longer appointments and have more detailed/technical procedures.

I further understand that cigarette smoking is a major risk factor for the progression of this disease and probably future loss of teeth.

I have had a discussion with the staff who have explained the procedure and its risks to my satisfaction.

The expected benefits of scaling and root planing treatment are as follows:

- Preventing loss of teeth
- Stopping or slowing bone loss;
- Reducing mouth odors and bad tastes;
- Reducing gum bleeding and tenderness;
- Reducing tooth looseness

The alternatives to scaling and root planing:

- Do nothing, allowing the disease to progress;
- Regular cleanings, allowing disease to progress;
- Extract diseased teeth;
- Periodontal surgery

As with any dental treatment, certain risks and potential complications may be associated with this procedure. While these complications are rare, they do occasionally occur. They include:

- Pain, swelling &/or discomfort after treatment;
- Infection which may require medication and follow-up care;
- Tooth sensitivity to eating sweet and/or drinking hot or cold liquids, which may be temporary or permanent;

- Treatment may not completely control the periodontal disease, necessitating further treatment which may include surgery/referral to a specialist.

Statement of Consent for Treatment (accept)

- I have read and understand all of the information contained in this form.
- I have advised Steve Douglas DDS of all my medical or dental conditions, or other circumstances which may affect the success of this procedure.
- I have had all of my questions answered and understand that, if I wish, I may have a second opinion before this procedure is performed.
- I accept the risks described on this form and give Steve Douglas DDS permission to proceed with scaling and root planing treatment.

Statement of Refusal for Treatment (refuse):

- I refuse the above outlined treatment and understand that doing so will probably lead to the progression of the periodontal disease and possible loss of many teeth.